

## Two Rivers Senior Center Volunteer Opportunities

The Two Rivers Senior Center has a wide variety of volunteer opportunities for everyone (you do not have to be a Senior Center member to be a volunteer). Volunteering not only helps the Senior Center and other community events, but is good for your health and well-being. Please let us know what areas you might be interested in volunteering in. This is not a commitment; it is so that we are aware of all of the wonderful people looking to help us out. Please check the areas of your interests.

Sitting/Low Movement	<u>Moderate+ Activity (some lifting)</u>	<u>Special Events</u>
assembling raffle/gift baskets	baking	Check all that interest you
bingo caller	greeter	Car Show
card making	kitchen assistant (food handling)	Chili Cook Off
cashier	library assistant	Community Care Day
chorus	meals on wheels delivery (own transportation)	Craft Fair
Committee on Aging Board member	newsletter/poster delivery (own transportation)	Easter Breakfast
cutting and/or pasting	organizing materials	Fish Boil
decorating cookies / egg dying	photography (experienced)	Fundraising Event
folding	Point Beach volunteer (summers)	Health Fair
Friends Board member	seating people at events	Holiday Party
front desk	Special Events/Lunches (see Special Events)	Nat'l Sr Health & Fitness
mailings	clean-up	Open House (Sr. Center)
newsletter assembly	food handling	Over 80 Party
office assistant	set-up	Strawberry Shortcake
piano player	supply runner	Sundae Thursday
radio broadcast, calling in or writing	working at event	Thanksgiving
registration at events	Trust car driver	Trash to Treasure
stuffing bags	regular schedule	
tax preparer (experienced)	substitute driver	
tax receptionist	washing/drying dishes	
wrapping silverware		

OTHER: Please let us know if you have any interests or hobbies that do not fit into a category above.

Would you be interested in being an instructor short or long term? List types of activities:

Availability (please circle all that apply):	Other information:
Monday Tuesday Wednesday Thursday Friday Saturday Sunday	
Spring Summer Fall Winter	
Mornings Afternoons Evenings	

PHONE NUMBER: