



# *Two Rivers Senior Center*

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ENHANCING THE LIVES OF  
OLDER ADULTS

*September 2025*

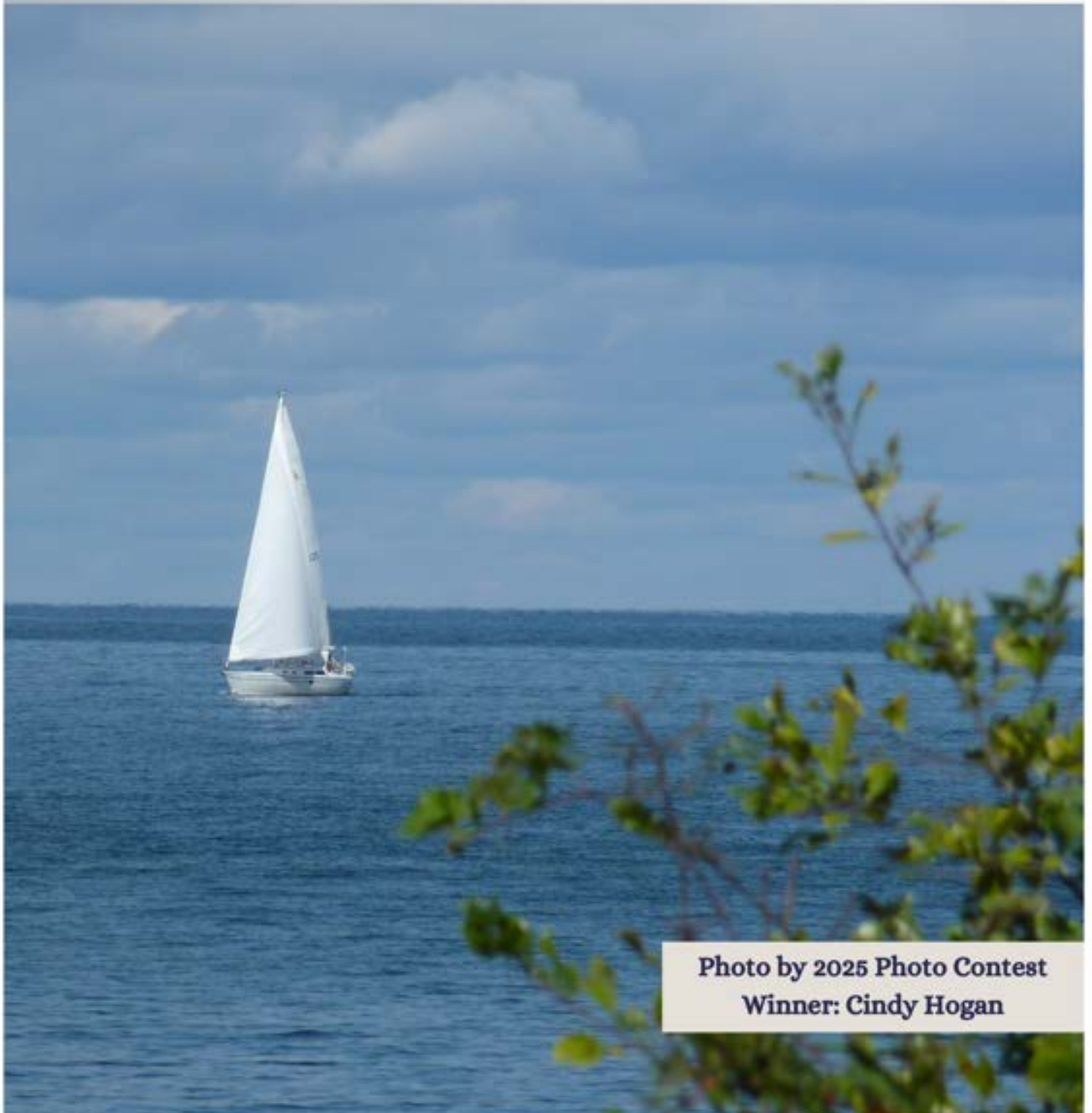


Photo by 2025 Photo Contest  
Winner: Cindy Hogan





# ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

## Activities

Bingo	Tuesdays @ 1 pm & Fridays @ 9 am
Bowling at The Hook	Wed @ 9:15 am
Bridge Club	Mondays @ 10am
Card Creators	Wednesdays @ 10:00 am
Creation Station	Varies, see Calendar
Cribbage	Wednesdays @ 1:30 pm
Dominoes	Tuesdays @ 1:00 pm
Golf Simulator	Tuesdays 9-11 am
Mahjong	Tuesdays @ 9:30 am
Movie Matinee	Mondays @ 1:00 pm
Quilting	Fridays @ 8:30 am
Red Hattitudes	Third Thursday of the month
Sheepshead	Thursdays @ 1:00 pm

## Exercise

Fitness Fun (virtual)	Mondays @ 10 am
Simply Seniors (P&R)	Tues & Thurs @ 9:15 am
Arthritis Exercise	Tuesdays @ 10:30 am
Yoga (in person instructor)	Mon & Wed @ 9 am
Cardio Drumming(virtual)	Mon & Thurs @ 9:00 am

## Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

## Health

Blood Pressure- Second Tuesdays  
Health Screenings- See Calendar  
Foot Care- Monday afternoons, Tuesday & Wednesday Mornings, and Thursdays by appointment.

## Transportation

TRUST Car Door-to-Door 920-793-5596  
Assist To Transport 920-682-8820  
Maritime Metro (bus) 920-686-3560  
One-stop-shop/ Mobility mgmt. 920-686-6977

## Services

### ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180  
Heat Assistance info- November-January 1-833-646-0823  
Home Delivered Meals- Please call the ADRC 920-683-4180

### Two Rivers Senior Center Services-

Books, DVD's, & puzzles available to borrow  
Chore list (hired help)  
Reassurance Calls- During Regular Hours  
Tax Assistance (AARP) - February - April  
Tech assistance- Wednesday Afternoons- Call for an appt.  
Tours- Call for personal appointment  
Vision Assistance TV Reader available  
\*TRSC Services are open to all

### Dining Room (Koska)

Call Mary at 793-7266 for details  
Lunch: Monday - Friday @ 11:30 am



Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.



# GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



## City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow.

## Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.

## Friends of the Two Rivers Senior Center Board

meets the second Thurs. of each month at 10 AM.  
President- Sharon Bauknecht  
Vice President- Jan Klein  
Secretary- Ruth Kadow  
Financial Secretary- Ann Plansky  
Treasurer- Cindy Schmidt  
Members at large- Cathy Cole, Sid Kemp

## Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

## Staff

### Senior Center Supervisor

Heather Ihlenfeldt

P: 920-793-5590

E: [heaih@two-rivers.org](mailto:heaih@two-rivers.org)

### Program Coordinator

Megan O'Connor

P: 920-793-5597

E: [megoco@two-rivers.org](mailto:megoco@two-rivers.org)

### Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266

E: [maromi@two-rivers.org](mailto:maromi@two-rivers.org)

**Two Rivers Senior Center 920-793-5596**

1520 17th Street, Two Rivers WI 54241





## ADRC Benefit specialist

Contact the ADRC at **920-683-4180** to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



## Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome. Free to everyone. Call **920-793-5596** to schedule today.



## Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays. **By appointment only.** Checks for \$25 payable directly to your nurse. Call **920-793-5596** to schedule today.



**NOW AVAILABLE 4  
DAYS A WEEK !**



# COMMITTEE ON AGING

**Next Meetings are Monday, September 8th, and Monday, October 6th @ 8:30 AM in the Library**

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.

## REMINDER

Please return items borrowed from the library, as well as any new donations, to the front desk.

Thank You!

## PEOPLE HELPING PEOPLE CHORE PROGRAM

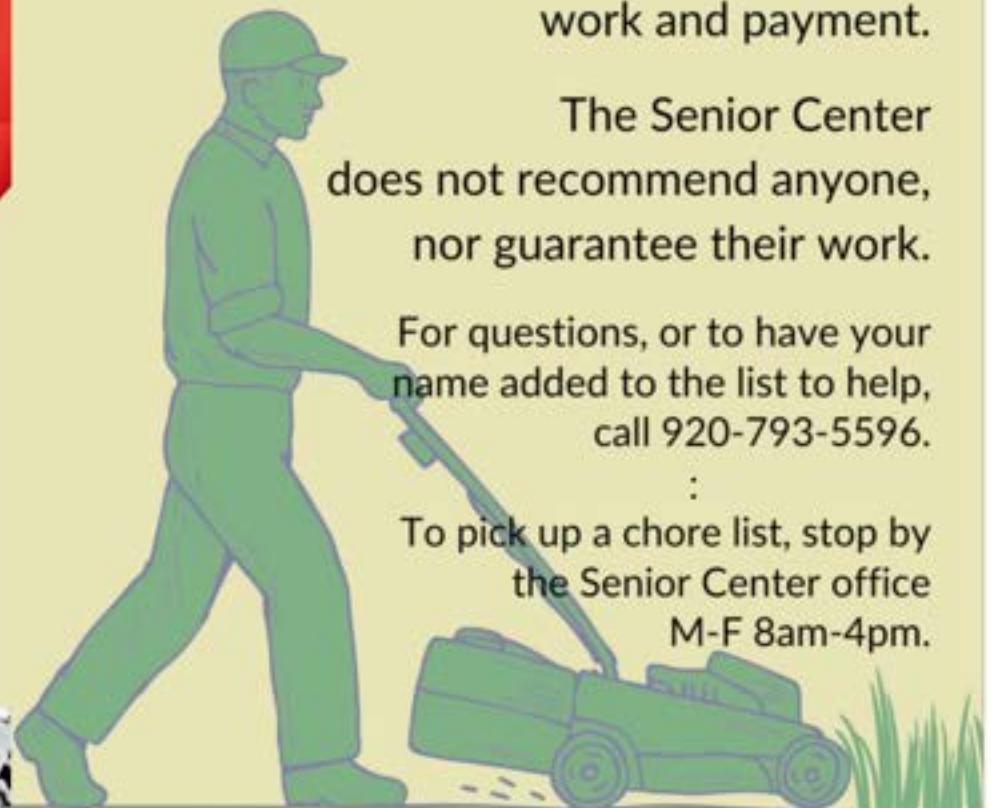
Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

For questions, or to have your name added to the list to help, call 920-793-5596.

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To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.





## Pick up our newsletter at these locations !

### Two Rivers

Two Rivers Family Dental  
St. Peter the Fisherman  
The Medicine Shoppe  
Patsy's Mobil Mart  
Delwan Apartments  
Bank First National  
Meadow View  
Northland Lodge  
Lester Library  
St. Luke's Place Apts

### Two Rivers Christian Thrift Store

Mueller Manor  
Community First Bank  
River House Apts  
Fox Community Credit Union  
Shoreline Credit Union  
Hamilton Care Center  
TREP  
Washington House  
St. Vincent De Paul  
Village Green East

### Village Green West

Schroeder's/ Red Bank Coffee

### Manitowoc

ADRC of the Lakeshore  
Felician Village  
Manitowoc Public Library  
The Lakehouse - Manitowoc  
Manitowoc Visitor's Center  
Manitowoc Senior Center  
Manitowoc County Chamber  
Manitowoc Tourist Info Center  
YMCA

# T.R.U.S.T. Car

Two Rivers Unique Senior Transportation

**The Two Rivers Senior Center TRUST car is available to take you to do all of your Two Rivers errands, whether shopping, social, or medical.**

This service is for members of the Senior Center who are living in Two Rivers.

Members can buy a TRUST card for \$15 either at the Senior Center front desk, or directly from the driver. Cash or check are accepted. Each card has 10 punches on it, and each stop takes one punch.

Members must call at least one day ahead of time to schedule a ride, as there are no same day rides scheduled. Rides can be scheduled months ahead!

For more information, or to schedule a ride, call 920-793-5596

All trips to and from the Senior Center are **FREE!**





# Memberships

**\$15/yr per person  
\$225 for a lifetime!**

**Stop in and sign up or renew your membership  
anytime during office hours!**

Membership is open to anyone 50 years and older. A Senior Center membership grants you access to many of our programs at no additional cost such as Movie Matinees, Mahjong, Bridge Club, Card Creators, Fitness Fun, Cardio Drumming, Sheepshead, trip discounts, parties, and more!

Memberships are payable by cash or check. We cannot accept cards at this time.

## *Sullivan Family Farm* Market Day @ the SC!

**We get them for one more month!** Sullivan Family Farms will be at the Senior Center twice more in September! They will be accepting WIC and the Senior Farmer's Market Voucher program through the ADRC.

**They'll be outside the 17<sup>th</sup> Street door of the SC from 9-11 am on 9/2 and 9/16.**

## **Educational opportunity!**

**Talk Sustainable Farming with Ryan from  
Sullivan Family Farms!**

**Wednesday, October 1st @  
6pm in the Koska room of  
the Senior Center.**

**This evening of education is free and  
open to the public. No registration  
required.**



# Birthday Party!

FRIDAY, SEPTEMBER 19TH  
12:00 – 1:00 PM

COME JOIN US TO CELEBRATE MEMBERS BORN IN  
JULY, AUGUST, AND SEPTEMBER WITH PORT  
SANDY BAY PIZZA, REFRESHMENTS, AND CAKE.  
MUSIC BY NORM BERTSCHY!

SIGN UP WITH THE SENIOR CENTER BY 9/12

## TWO RIVERS RAIDER FOOTBALL



**\$20**

**FUNDRAISER**

WHILE SUPPLIES LAST! Stop in at  
the Senior Center to pick up your  
Raider cards Starting  
Aug. 5<sup>th</sup> until they're gone!





# IT'S ALL FUN AND GAMES...

Come and join in the fun! To sign up ahead of time,  
give us a call at 920-793-5596

## Bridge Club

Mondays  
@ 10:00  
In the SC Library

## Bowling

Wednesdays  
@ 9:15  
At the Hook

## Mahjong

Tuesdays  
@ 9:30

In the SC  
Library

## Cribbage

Wednesdays  
@ 1:30  
In the SC  
Library

## Bingo

Tuesdays  
@ 1:00

In the Koska  
Room

## Sheepshead

Thursdays  
@ 1:00  
In the SC  
Library

## Dominoes

Tuesdays  
@ 1:00

In the SC  
Library

## Bingo Brunch

Fridays  
@ 9:00  
In the Koska  
Room

# Half page



# Exercise

Call: 920-793-5596 to register for classes.

## Senior Yoga

**Mondays  
&  
Wednesdays  
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

## Fitness Fun

**Mondays  
@ 10**

Join this eclectic virtual exercise class for all fitness levels. Activities include dancing, cardio, and more!

Classes are held in the Koska room.

Senior Center Class

## Arthritis Exercise

**Tuesdays  
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.

Senior Center Class

## Cardio Drumming

**NEW**

**Mondays  
&  
Thursdays  
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Koska Room.

Senior Center Class

**FRIDAYS  
ADDED  
STARTING  
OCT. 17!**





# UPCOMING

## Senior YOGA

opportunities

**CATHY HAS CHAIR YOGA  
ON THE MOVE!**

**Chair Yoga @ Londondairy Alpaca Ranch**

September 12th  
**1-3 PM \$13**

We'll be headed back out to Londondairy Alpaca Ranch to yoga with our furry friends from the south, and enjoy some South American wine!

## **PARKS & REC GOLF SIMULATOR**

**SENIOR CENTER HOURS!**

**THE GOLF SIMULATOR IS UP AND RUNNING,  
AND THE SENIOR CENTER GETS ITS OWN  
FREE TIME! EVERY TUESDAY 9-11 AM.**

The Senior Center has reserved the simulator every Tuesday from 9-11 am for seniors to come and play all of the games that the simulator has to offer, such as-

**Golf, Cornhole , Bowling, Foot golf, Disc Golf, Soccer,  
Dodgeball, Hockey, Pitching, and more!**

Call the Senior Center at  
920-793-5596 to sign up today!





# **Daytime rock painting class!**

Join Tracy, whose beautiful rock painting talents you might have seen around the Senior Center, as she leads another rock painting class! All of the materials for this fall themed class are provided, and no experience is necessary! Sign up today, space is limited!

**Wednesday, September 24th**

**1-3 pm. \$5 per person.**

Register and pay at the Senior  
Center front desk.



# **half page ad**



# TWO RIVERS SENIOR CENTER HEALTH & INFORMATION FAIR!



**Thursday, October 16, 2025 | 8 - 11 am**

*Two Rivers Community House Gymnasium, 1710 W Park Street, Two Rivers.*

## Details:

For over 20 years, the Two Rivers Senior Center has been connecting seniors with resources in our community. Stop in Thursday, October 16<sup>th</sup> and enjoy food and vendor resources from 8:00 to 11:00 am.



## Keeping tradition alive at the Senior Center

Stop in and enjoy a continental breakfast, visit vendors for helpful information, goodies, and services such as hearing screenings, flu shots, vitals checks, and injury screenings. Services available at the 2025 Health & Information Fair may vary. Enter to win door prizes, and more!

## Join us!

This FREE community event is meant to provide information to seniors on the health and safety resources available to them in our community by representatives from health care providers, insurance providers, and community businesses.





## Fraud Prevention Presentation

Vanessa Vanderwheele from Kohler Credit Union will be back for another presentation on fraud prevention! Sign up at the Senior Center today to make sure you get a seat to this popular presentation!

Thursday,  
September 4<sup>th</sup> @ 1 pm

**KOHLER**  
CREDIT UNION

WE BELIEVE...



half page ad



# HAPPY BIRTHDAY!

**SEPTEMBER 1**

Jean Herman  
Carla Kincaid

**SEPTEMBER 2**

Sandra Carsok  
Karen Karstaedt  
Lorraine Nicolette  
Marie Riha

**SEPTEMBER 3**

Dawn Boren  
Robert Ernstes  
Jim Wochos

**SEPTEMBER 4**

James Jablonowski  
Kay Knutson  
Barbara Powell

**SEPTEMBER 5**

Lola DeLong  
Ruth Kadow  
Bill Retzer

**SEPTEMBER 6**

Shan Bergeon  
Clarence Novachek

**SEPTEMBER 7**

Jim Skarvan  
Margaret Steffens  
John Wallace

**SEPTEMBER 8**

Sharon Bauknecht  
Paul LeVene  
Gary McVey  
Bob Pfefferkorn  
Karen VanSistine  
Patricia Wilson

**SEPTEMBER 9**

Denise Elfering  
Donna Fischer  
Roberta Galbraith  
Lois Williams

**SEPTEMBER 10**

James Jansky

**SEPTEMBER 11**

Anne Dirkman  
Noel Kruger  
Ronald Kryzenske  
Ellen Schettl  
Ellen Schmidt

**SEPTEMBER 13**

Mike Omillian

**SEPTEMBER 14**

Matt Konop  
Sharon Stone

**SEPTEMBER 15**

Terese Kubsh  
Diane Wick

**SEPTEMBER 16**

Roberta Ambrose  
Carol Blasczyk  
Sharon Reisbeck  
Pamela Stephens  
Kimball Strickland

**SEPTEMBER 17**

Jill Cadek  
Mary Jo Steiner

**SEPTEMBER 18**

Joyce Hayden  
Judy Stechmesser

**SEPTEMBER 19**

Grahame Campbell  
Christian DeKok  
Ruth Gass  
Mark Moore  
Vicki Suettinger  
Janice Wartick

**SEPTEMBER 20**

Tamra Fricke

**SEPTEMBER 22**

Dorothy Siehr  
Frederick Specht

**SEPTEMBER 23**

Ralph Wedekind  
Kenneth Zeman

**SEPTEMBER 24**

Mary Blohowiak  
Ann Durocher  
Barbara Kleckner  
Diana Smoker

**SEPTEMBER 25**

Stephanie Harrison  
Ruth Zeman

**SEPTEMBER 26**

Catherine Cole

**SEPTEMBER 27**

Richard Duvalle  
Susan Luebke  
Dale Vertz

**SEPTEMBER 28**

Mercy Moreno  
Larry Ross  
Pam Werth

**SEPTEMBER 29**

Karen Karbowski  
John Wilsman





## Happy Anniversary

### September 2

Marvin & Barbara Schermetzler

### September 3

Gerald & Geraldine Lyons

### September 4

Mike & Bonnie Monka

Gene & Janice Pagel

### September 8

Allen & Janet Haws

### September 10

Roger & Peggy Karman

### September 11

Michael & Stella Johaneck

Bill & Alice Mohr

### September 12

Chuck & Betty Peterson

Kenneth & Jeanne Walvrood

### September 16

James & LaVonne Whitehouse

### September 17

Charles & Sandra Curtis

Wayne & Dorothy Krall

### September 20

Raymond & Kathryn Kronforst

Kennard & Barbara Powell

### September 23

Donald & Dorothy Siehr

### September 25

David & Mary Franz

### September 29

Jerome & Gail Levanetz

## Two Rivers Senior Center Thanksgiving Community Meal

### Thursday, November 27th

Come Join us at the Two Rivers Senior Center in the Koska Room @ 12:00 PM for a Thanksgiving meal of turkey, mashed potatoes and gravy, stuffing, green bean casserole, cranberry sauce, dinner roll, and don't forget the pie!

This meal is made possible by our generous community business sponsors and our volunteers.

THANK YOU!

Reservations required by 11/20

To make your reservation call 920-793-5596





## CARS Program

This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit:  
[careasy.org/nonprofit/friendsofthetworiversseniorcenter](http://careasy.org/nonprofit/friendsofthetworiversseniorcenter)  
or call 855-500-7433



## COFFEE WITH A COP

Come chat with Police  
Department officers at the  
Two Rivers Senior Center!

10-11 AM

NEXT MEETING:  
September 3rd



# half page ad



# NOW SHOWING

MOVIE MATINEE- MONDAYS @ 1 PM

## September 8th- White Bird-

Julian has struggled to belong ever since he was expelled from his former school for his treatment of Auggie Pullman. To transform his life, Julian's grandmother finally reveals her own story of courage. During her youth in Nazi-occupied France, a boy shelters her from mortal danger. Together, they find first love in a stunning, magical world of their own creation, while the boy's mother risks everything to keep her safe. - IMDb  
Rated PG-13. Run time 1 hr 59 minutes.

## September 15th- It Happened on 5<sup>th</sup> Ave.-

While rich businessman Mike O'Connor resides in Virginia, his luxury townhouse in New York City appears vacant. However, in reality, drifter Aloysius "Mac" McKeever has been staying there. Mac invites Jim, an unemployed veteran who has just been evicted from a building owned by O'Connor, to stay at the house without revealing he's squatting. - IMDb  
Rated NR. Run time 1 hr 56 min.

## September 22nd- Connie & Carla-

Best pals Connie and Carla have a song-and-dance act at a Chicago airport, but they go on the run after witnessing a murder. In Los Angeles, they glimpse the city's drag queen scene, and believing that stage success is just a wardrobe change away, they become female impersonators. But the killers want to make sure the women never tell what they know. - IMDb  
Rated PG-13. Run time 1 hr 38 min..

## September 29th- Going in Style-

Lifelong buddies Willie, Joe, and Albert decide to buck retirement and step off the straight-and-narrow when their pension funds become a corporate casualty. Desperate to pay the bills and come through for their loved ones, the three men risk it all by embarking on a daring adventure to knock off the very bank that absconded with their money. - IMDb  
Rated PG-13. Run time 1 hr 36 min..

**Pre-register by calling 920-793-5596. Space is limited**

Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.







## CARD CREATORS

Wednesdays @10am  
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING  
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

## Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in  
the Library**

Call 920-793-5596 to register



## Creation Station

PAPER TUBE OWLS

Follow the directions provided to create this adorable paper tube owl. Don't be afraid to add your own flare!

To reserve your kit, call 920-793-5596.  
Call by Friday, September 12th.

Kits will be ready for pick up September 19th  
at the Senior Center front desk.

One kit per person. Additional kits may be  
purchased for the guest price of \$5.

**Members FREE, Guest \$5**

*Creation Station Sponsored By:*

  
For all your insurance needs

**AMERICAN FAMILY  
INSURANCE**

**P.A. Wargin Agency, Inc. (920) 794-1114**

[www.pamwargin.com](http://www.pamwargin.com) • [teamwargin@amfam.com](mailto:teamwargin@amfam.com)





## **Tech assistance appointments**

Thanks to a volunteer high school student with an interest in technology and helping people, we're able to offer one on one tech appointments on Wednesdays from 1-3 pm.

Our volunteer can help with basic technology questions across multiple devices, so make an appointment and bring in your smart phones, tablets, and laptops for user guidance.


Call 920-793-5596 and sign up for an appointment today!

## **LEGAL APPOINTMENTS**

The law offices of Kummer, Lambert, Fox, Glandt, and Nelson, LLP will be offering appointments to consult on general legal matters.

September 24th from 1:30 -3:30 pm. Each appointment is 30 minutes maximum.

Call the Senior Center at 920-793-5596 to make an appointment.

 **KUMMER, LAMBERT,  
FOX, GLANDT &  
NELSON, LLP**

# Half Page Ad



# TRIAD *fundraiser*

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

**\$36 each**



## Two Rivers Senior Center *Red Hattitudes*

**Thursday, September 18th  
at 12:00 pm**

**Join the Red Hattitudes for a meal  
and a meeting at:**

Pizza Ranch  
3212 Calumet Ave.  
Manitowoc, WI 54220

Pat is your hostess.



### THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the **2nd Thursday** of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

**920-684-7117 M-TH 9am- 4pm.**

### AMERICAN LEGION AUXILIARY

Unit 165- Two Rivers

## FUNDRAISER

The American Legion Auxiliary is selling Kwik Trip gift cards with a value of either \$10 or \$20 to raise money to assist veterans with a range of needs.

Kwik Trip Gift cards will be available for purchase by cash or check at the Two Rivers Senior Center, or by contacting the auxiliary by email: [auxwipost165tr@gmail.com](mailto:auxwipost165tr@gmail.com) or on Facebook





far places of strategic interest and will discuss possible collaborations nationally. Early, we will visit several places of strategic interest

## AARP Tax-Aide volunteers needed!

We are looking for friendly and service-oriented people to join our volunteer tax preparer team. You'll receive training and support, and a chance to learn new things and help others! To learn more, visit [aarpfoundation.org](http://aarpfoundation.org), or call Mary Omillian at 920-793-7266

ought major changes in Earth. We will visit several places of strategic interest and will discuss possible collaborations nationally. Among other things will also discuss new measures on global security. Last

## Dave Ehlert's Mark Twain Storytime

SEPTEMBER 22<sup>ND</sup> @ 1PM

COME DOWN TO THE SENIOR CENTER  
AND ENJOY STORIES BY MARK TWAIN  
AS PORTRAYED BY ENTERTAINER DAVE  
EHLERT! CALL TO SIGN UP TODAY!



## DAY TRIP!

### Menopause The Musical 2 Cruising Through 'The Change'



**SIGN UP DEADLINE  
OCTOBER 1**

### NOVEMBER 1ST, 2025

12:00- Board bus @ Senior Center  
(12:30 in Manitowoc)  
1:00- Lunch in Sheboygan  
3:00- Menopause the Musical 2 at  
The Weill PAC  
5:00- Head back to TR  
6:00- Arrive at the Senior Center

**\$80 MEMBERS**

**\$85 NON-MEMBERS**

**SPONSORED IN PART BY THE FRIENDS OF THE TWO RIVERS SENIOR CENTER**



# Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

**2025**

## JOHN MICHAEL KOHLER ARTS CENTER DAY TRIP

September 25th

## ALBUQUERQUE BALLOON FIESTA & SANTA FE

October 3rd - 8th

**SIGN UP  
CLOSED**

## DISCOVER SWITZERLAND, AUSTRIA, & BAVARIA

**SIGN UP  
CLOSED**

October 15th - 24th

## MENOPAUSE THE MUSICAL 2

November 1st

## SOUTHERN CHARM HOLIDAY

December 2nd - 8th

**2026**

## SUNNY PORTUGAL

March 5th - 14th

## DISCOVER AMERICA'S MUSIC CITIES

April 30th - May 7th

## ICELAND EXPLORER

June 10th - 17th

## MAJESTIC CANADIAN ROCKIES

June 14th - 20th

## SOUTH PACIFIC WONDERS

October 13th - 27th

## DISCOVER JAPAN BY BULLET TRAIN

November 5th - 17th

*\* Call for availability.*

**Sign up today! 920-793-5596**



**SEPTEMBER 25TH**

**\$40 MEMBERS  
\$45 NON-MEMBERS**

REGISTER BY: 8/25/25



**John Michael  
Kohler Arts Center**

*Day Trip!*

**Head to Sheboygan with us!**

Stop for a guided tour of the John Michael Kohler Arts Center with time in the galleries in the morning, lunch at the CAFE, and an afternoon browsing the shops on 8<sup>th</sup> street. Return home by 4pm. All tax and gratuity included.

**Choice of lunch from CAFE @ registration**

Chicken Caesar Wrap  
Hummus & Veggie Wrap  
Caesar Salad

Grilled Chicken CAFE Salad  
Cranberry Spinach Salad

\*all meals come with a side, cookie, and bottled water.

Depart from the SC at 9:15, or Perkins Park & Ride at 9:30



**~~COLLETTE TRAVEL SHOW~~**

~~JULY 22 @ 10 AM~~

~~Let our Collette Travel Guide show you what awaits you on their trip to sunny Portugal, America's Music Cities, and The South Pacific.~~

**~~PREMIER TRAVEL SHOW~~**

~~AUGUST 5 @ 10 AM~~

~~Let our Premier travel agent guide you through a selection of their upcoming trips through the Two Rivers Senior Center!~~

**PERSONALIZED TOURS TRAVEL SHOW**

**SEPTEMBER 2 @ 3:30 PM**

Come chat with a travel agent and find out what kinds of tours are available through Personalized Tours, out of Waldo, WI!

**PREMIER TRAVEL SHOW**

**OCTOBER 15 @ 2 PM**

Let our Premier travel agent guide you through their trips of "Iceland Explorer" and "Majestic Canadian Rockies".

**COLLETTE TRAVEL SHOW**

**OCTOBER 22 @ 1 PM**

Let our Collette Travel Guide show you what awaits you on their trips to The South Pacific and The Christmas Markets of Montreal & Quebec.



**BOOK NOW**

**CALL: 920-793-5596**

FOR MORE INFORMATION



Explore The  
*world*

with the

*Two Rivers  
Senior Center*



**2025**



### **SOUTHERN CHARM HOLIDAY**

Enjoy a tour through South Carolina and Georgia with stops in Charleston at the Boone Hall Plantation, and experience the James Island county Park Holiday Display. In Savannah, experience your choice of Trolley tour or Haunted Savannah walking tour, St. Simmons Island, and caroling. Final payment due 9/3/25

\$3,699 pp Double

December 2nd - 8th, 2025

**2026**



### **SUNNY PORTUGAL**

Enjoy a choice of art or commerce walking tour in Lisbon, Visit a cork factory, Evora, Alentejo, Lagos, Algarve, Portimao, Setubal, Portugese Riviera, Obidos, and a walking tour of the National Palace of Sintra, or a UNESCO world Heritage Site. Final payment 12/5/25

\$3,999 pp Double

March 5 -14, 2026



### **A CULINARY JOURNEY THROUGH TUSCANY & FLORENCE**

5 nights in Tuscany followed by 2 nights in Florence. Attend a pasta making class, wine tasting, guided talking tours, with delicious food experiences throughout. Activity level 4 . Final payment. due 1/21/26

\$5,149 pp Double

April 21 - 30, 2026



### **DISCOVER AMERICA'S MUSIC CITIES**

Enjoy stops in Nashville TN, Memphis TN, Oxford MS, and New Orleans LA. Visit the French Quarter, Jazz Revue, Grammy Museum, Graceland, a Civil Rights Tour, Grand Ole Opry Show, Country Music Hall of Fame, Historic RCA Studio B, and a choice of Goo Goo Cluster Candy or Johnny Cash Museum tours. Final Payment due 1/30/26

\$3,799 pp double

April 30 - May 7, 2026



**BOOK NOW**

**CALL: 920-793-5596**  
FOR MORE INFORMATION



with the

*Two Rivers  
Senior Center*



### ICELAND EXPLORER

Spend 5 nights in breathtaking Reykjavik. Visit museums, hot springs, The Blue Lagoon, national parks, waterfalls, and more. Activity level 3.

Final payment due 3/10/26

\$5,199 pp Double

June 10 - 17, 2026



### MAJESTIC CANADIAN ROCKIES

Spend 5 nights in Banff National Park! Explore Banff National Park with tours on Emerald, Peyto, and Moraine lakes, The Columbia Icefields, and more. Activity Level 2. Final payment deadline 3/14/26

\$4,225 pp Double

June 14 - 20, 2026



### SOUTH PACIFIC WONDERS

Start your tour of the South Pacific in Cairns, Australia. Experience a guided tour of the Reforestation Nature Park, a tour of the Great Barrier Reef in a glass bottom boat, and stops in Sydney and Christchurch. End your tour in Queenstown with a trip on a coal fired lake cruise. Final payment due 7/5/26

\$8,449 pp Double.

October 13th - 27th, 2026



### DISCOVER JAPAN BY BULLET TRAIN

Catch the bullet train through Tokyo, Kyoto, Hiroshima, and Himeji. Take a tour through the Imperial Palace and Est Gardens of Tokyo. Visit the Tsukiji fish market, Mt. Fuji, Hiroshima Peace Memorial Park & Museum, Himeji Castle, and more! Tour activity level 3.

Final payment due 8/5/26

\$8,249 pp Double.

November 5th - 17th, 2026



# THANK YOU!

## WE APPRECIATE YOU!

### GENERAL DONATIONS

*For the donations made in the names of Jerry Bonino and Wayne Markusen, thank you. And Thank you to all those who donated anonymously!*

### SUPPORTING BUSINESSES AND ORGANIZATIONS

*Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars- Two Rivers), Village Green East & West*

### AUGUST HOME DELIVERED MEAL VOLUNTEERS

*1st Anderson Real Estate LLC, Hamilton Home, The Two Rivers School District, St. Peter the Fisherman Church, TR fire Department, TR Kiwanis Club, TR Rotary Club, and all the individuals who drive for us!*

## TREP

### *Birthday cake kits*

The Two Rivers Senior Center is putting together birthday cake kits for TREP to give out, and is taking donations of the following items:

- Boxes of cake mix
- Canned frosting
- large birthday gift bags
- 9x13 disposable aluminum cake pans
- Birthday candles
- White soda

This project is ongoing, so there is no deadline! Please drop off your donations to the Two Rivers Senior Center front desk.





# AMERICAN LEGION AUXILIARY

REMEMBER

HONOR

TEACH



## WREATHS — *across* — AMERICA



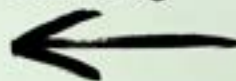
**Sponsor Wreaths at  
\$17.00 each**

**sign up forms available at the  
Two Rivers Senior center , or  
with the QR code below.**

Pioneer Rest  
Calvary  
Cemetery

**&**

Holy Cross  
Forest View  
Cemetery



## ADRC LUNCH PROGRAM

**MONDAY- FRIDAY @ 11:30 AM**

**Sign up for the ADRC lunch program and dine in at  
the Two Rivers Senior Center. Reservations required  
by 11:00 AM the day before. Call 920-793-7266 to  
make your reservation.**

**Suggested Contribution of \$7.00 for those over 60**



2025 Two Rivers &  
Mishicot Area Dine  
In & Home Delivered  
Meals

# SEPTEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Meal Site Closed. Happy Labor Day!	2 Chicken Alfredo, romaine salad, county veggies, garlic breadstick, banana	3 Brat on WW bun, Caesar potatoes, baked beans, golden salad	4 Meatloaf, mashed potatoes & gravy, carrots, rye bread, chocolate pudding torte	5 Chicken dumpling soup, ham salad on rye, chilled pears, cucumber salad, chocolate chip bar
8 Beef stroganoff, mashed potatoes, corn, WW dinner roll, strawberries, angel food cake	9 Egg, ham, & cheese scramble, diced sweet potatoes, tropical fruit, mini muffin, yogurt 	10 Chicken pesto with cheese, romaine salad, tomato wedges, potato bucks, WW bread, black bean brownie	11 Tuna noodle casserole, winter squash, grapes, biscuit, lemon bar	12 Meatballs, mashed potatoes & gravy, broccoli, WW bread, fruited Jello w/ whipped topping
15 Hamburger on WW bun, German potato salad, cucumbers w/ hummus, apple bar	16 Broccoli & cheese soup, egg salad on WW, coleslaw, fruit & yogurt parfait w/ granola	17 Baked chicken, mashed potatoes & gravy, carrots, WW bread, peanut butter bar*	18 Scalloped potatoes & ham, romaine salad, banana, dinner roll	 19 Stuffed pepper casserole, country blend veggies, pears, dinner roll, poke cake
22 Chicken veggie pasta, apricots, garlic bread, Black Forest Cake 	23 Sloppy Joe on WW bun, cold potato salad, baked beans, fresh fruit	24 Tater tot casserole, wax beans, Mandarin oranges, WW bread, vanilla pudding	25 Chef salad, French bread, turkey & bean soup, banana bar	26 Salmon, tartar sauce, boiled red potatoes, carrots, WW dinner roll, fruited lemon fluff
29 Meatloaf, whipped sweet potatoes, broccoli, WW bread, orange 	30 Philly style mac & cheese w/ chicken, mixed veggies, peaches, WW bread, tapioca pudding	 <p>ADRC Aging and Disability Resource Center of the Lakeshore</p>		

\*Contains nuts.

Please note: our kitchen is  
NOT a nut-free facility.

Menu is subject  
to change.