

September

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Senior Center Closed

1

8:30 Footcare Appts
9:00 Golf Simulator
9:00 Sullivan Market
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
3:30 Travel Show

2

8:30 Footcare Appt
9:00 Yoga
9:15 Bowling @ the Hook
10:00 Card Creators
10:00 Coffee with a Cop
11:30 Lunch
1:00 Tech appointments
1:30 Cribbage

3

8:30 Benefit Specialist
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead
1:00 Fraud Prevention

4

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

5

8:30 Committee on Aging
9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: White Bird

8

8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
10:30 Blood Pressure Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes

9

8:30 Footcare Appt
9:00 Yoga
9:15 Bowling @ the Hook
10:00 Card Creators
11:30 Lunch
1:00 Tech appointments
1:30 Cribbage

10

8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

11

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

12

Alpaca Yoga @ 1

Creation Station
reservation deadline

9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: It Happened
on 5th Avenue

15

8:30 Footcare Appts
9:00 Golf Simulator
9:00 Sullivan Market
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

16

8:30 Footcare Appt
9:00 Yoga
9:15 Bowling @ the Hook
10:00 Card Creators
11:30 Lunch
1:00 Tech appointments
1:30 Cribbage

17

8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
11:30 Red Hattitudes
1:00 Sheepshead

18

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

19

Quarterly Birthday
Party 12:00pm

9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Connie
&Carla
1:00 Mark Twain
Storytime

22

8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

23

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ the Hook
10:00 Card Creators
10:00 ADRC Benefit
Specialist Presentation
11:30 Lunch
1:00 Rock Painting
1:30 Cribbage
1:30 Legal Appts

24

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

25

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

26

Creation Station pick up

9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Going in
Style

29

8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

30

Call 920-793-5596 to sign up for classes and activities today!

