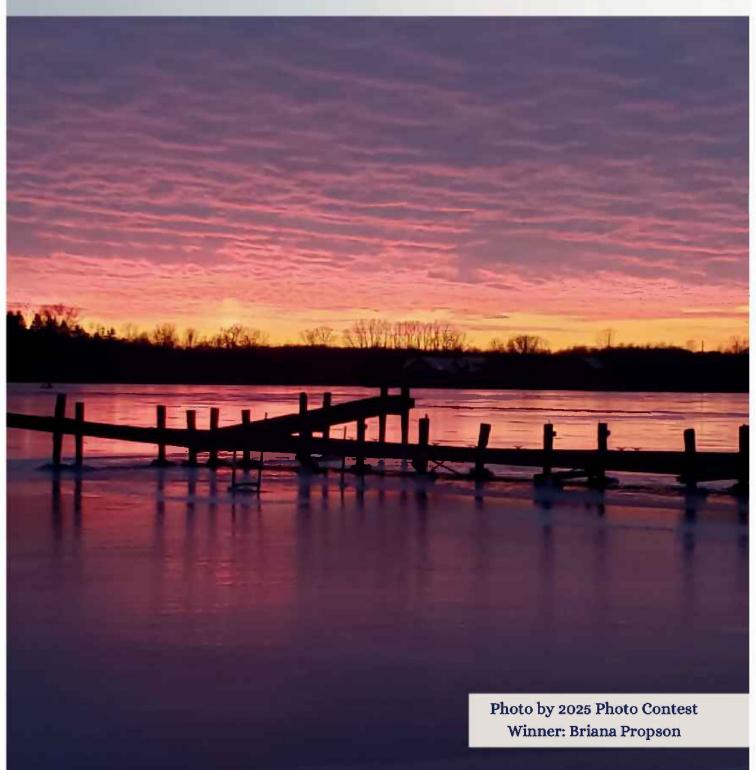


Two Rivers Senior Center

ENHANCING THE LIVES OF OLDER ADULTS

Movember 2025





ACTIVITIES AND SERVICES

Call 920-793-5596 for inquiries, appointments, and registration

Activities

Tuesdays @ 1 pm & Fridays @ 9 am Bingo Wed @ 9:15 am Bowling at The Hook Bridge Club Mondays @10am Card Creators Wednesdays @ 10:00 am Creation Station Varies, see Calendar Wednesdays @ 1:30 pm Cribbage Dominoes Tuesdays @ 1:00 pm Golf Simulator Tuesdays 9-11 am Tuesdays @ 9:30 am Mahjong Mondays @ 1:00 pm Movie Matinee Quilting Fridays e 8:30 am Red Hattitudes Third Thursday of the month Thursdays @ 1:00 pm Sheepshead

Exercise

Fitness Fun (virtual)

Simply Seniors (P&R)

Arthritis Exercise

Yoga (in person instructor)

Cardio Drumming(virtual)

Mondays @ 10 am

Tues & Thurs @ 9:15 am

Tuesdays @ 10:30 am

M, W, F @ 9 am

Mon & Thurs @ 9:00 am

Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Health

Blood Pressure- Second Tuesdays
Health Screenings- See Calendar
Foot Care- Monday afternoons, Tuesday
&Wednesday Mornings, and Thursdays by
appointment.

Transportation

TRUST Car Door-to-Door 920-793-5596 Assist To Transport 920-682-8820 Maritime Metro (bus) 920-686-3560 One-stop-shop/ Mobility mgmt. 920-686-6977

Services

ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920–683–4180 Heat Assistance info- November-January 1–833–646–0823 Home Delivered Meals- Please call the ADRC 920–683–4180

Two Rivers Senior Center Services-

Books, DVD's, & puzzles available to borrow
Chore list (hired help)
Peassurance Calls, During Peagular Hours

Reassurance Calls- During Regular Hours
Tax Assistance (AARP) - February - April
Tech assistance- Wednesday Afternoons- Call
for an appt.

Tours- Call for personal appointment Vision Assistance TV Reader available *TRSC Services are open to all

Dining Room (Koska)

Call Mary at 793–7266 for details Lunch: Monday – Friday @ 11:30 am

Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

GOVERNANCE & MORE



Call 920-793-5596 for inquiries, appointments, and registration

City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow.

Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.

Friends of the Two Rivers Senior Center Board meets the second Thurs. of each month at 10 AM. President- Sharon Bauknecht Vice President- Jan Klein Secretary- Ruth Kadow Financial Secretary- Ann Plansky Treasurer- Cindy Schmidt Members at large- Cathy Cole, Sid Kemp

Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Staff

Senior Center Supervisor

Heather Ihlenfeldt P: 920-793-5590

E: heaihletwo-rivers.org

Program Coordinator

Megan O'Connor P: 920-793-5597

E: megoco@two-rivers.org

Nutrition & Volunteer Coordinator

Mary Omillian P: 920-793-7266

E: maromi@two-rivers.org

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241





ADRC Benefit specialist

Contact the ADRC at 920-683-4180 to schedule an appointment to meet with a benefit specialist at the Senior Center the first Thursday of each month. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome. Free to everyone.

Call 920-793-5596 to schedule today.

Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays.

By appointment only. Checks for \$25 payable directly

to your nurse.

Call 920-793-5596 to schedule today.



NOW AVAILABLE 4
DAYS A WEEK!

COMMITTEE ON AGING

Next Meetings are Monday, November 3rd, and Monday, December 1st @ 8:30 AM in the Library

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.

REMINDER

Please return items borrowed from the library, as well as any new donations, to the front desk.

Thank You!

PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.
To have your name added to the list to help, call 920-793-5596.

To pick up a chore list, stop by the Senior.
Center office
M-F 8am-4pm.

Pick up our newsletter at these locations!

Two Rivers

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift Store
Mueller Manor
Community First Bank
River House Apts
Fox Community Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP
Washington House
St. Vincent De Paul
Village Green East

Village Green West
Schroeder's/ Red Bank Coffee

Manitowoc

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
The Lakehouse - Manitowoc
Manitowoc Visitor's Center

Manitowoc Senior Center
Manitowoc County Chamber
Manitowoc Tourist Info Center
YMCA

T.R.U.S.T. Car <u>Two Rivers Unique Senior Transportation</u>

The Two Rivers Senior Center TRUST car is available to take you to do all of your Two Rivers errands, whether shopping, social, or medical.

This service is for members of the Senior Center who are living in Two

Members can buy a TRUST card for \$15 either at the Senior Center front desk, or directly from the driver. Cash or check are accepted. Each card has 10 punches on it, and each stop takes one punch.

Members must call at least one day ahead of time to schedule a ride, as there are no same day rides scheduled. Rides can be scheduled months ahead!

For more information, or to schedule a ride, call 920-793-5596

All trips to and from the Senior Center are FREE!





Memberships

\$15/yr per person \$225 for a lifetime!

Stop in and sign up or renew your membership anytime during office hours!

Membership is open to anyone 50 years and older. A Senior Center membership grants you access to many of our programs at no additional cost such as Movie Matinees, Mahjong, Bridge Club, Card Creators, Fitness Fun, Cardio Drumming, Sheepshead, trip discounts, parties, and more!

Memberships are payable by cash or check. We cannot accept cards at this time.



Newsletter Fee Update for 2026

Starting in 2026, the annual fee to have our newsletter mailed to you will **increase from \$25 to \$30.** This small increase is necessary to help cover the rising cost of postage. We appreciate your understanding and continued support as we work to keep you informed and connected.

Membership Fee Update for 2026

Starting in 2026, our annual membership fee will **increase from \$15 to \$20**. The last time our membership fee was adjusted was in 2016, and after a decade, we are implementing a **modest \$5 increase**. This adjustment will help us cover rising operational costs and the increased expenses associated with services and programming for seniors. We appreciate your understanding and continued support as we work to maintain the quality programs and resources our members value. If you would like assistance paying your fees, please contact Heather at 793-5590 to discuss our Golden Givers assistance program, made possible by the Friends of the Two Rivers Senior Center.

WAYS MEMBERS CAN SUPPORT THE FRIENDS OF THE TWO RIVERS SENIOR CENTER

- Name the Friends of the Two Rivers Senior Center as the beneficiary of your non-probate assets. This is a way to donate that doesn't cost you anything during your lifetime.
- If you are a member of Thrivent, designate the Senior Center as a recipient of your Thrivent Choice Dollars. You can also lead a Thrivent Action Team to benefit the Senior Center.
- Donate an old car and designate the Senior Center as the recipient of the funds. Information can be found at careasy.org
- Purchase greeting cards (anytime), raffle tickets (when offered), and TRUST car tickets for yourself or to donate to someone else.
- Collect aluminum tabs and used ink cartridges, and donate them to the Senior Center
- Donate your time or skills.
- Participate in your employee gift matching programs.
- · Donate Cash.
- · Donate Stocks.
- Make qualified charitable distributions from your retirement account.
- · Leave a bequest in your will.

The Friends of the Two Rivers Senior Center is a qualifying 501 c3 corporation and may receive donations that are tax-deductible to the donors. Contact Heather, the Senior Center Supervisor, at 920-793-5590 for information on making a tax-deductible donation.

TE BLANKETS

VOLUNTEER OPPORTUNITY!

Join the Friends of the Senior Center to assemble nosew, tie style blankets for those in need this winter. All materials provided by the Friends.

WEDNESDAY, NOVEMBER 5TH @ 1 PM

Call to sign up today! 920-793-5596



Exercise

Call: 920-793-5596 to register for classes.

Senior Yoga

Mondays, Wednesdays & Fridays @ 9

This class, with inperson instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Fitness Fun

Mondays @ 10

Join this eclectic
virtual exercise
class for all
fitness levels.
Activities include
dancing, cardio,
and more!
Classes are held
in the Koska
room.

Senior Center Class

Arthritis Exercise

Tuesdays @ 10:30

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.

Senior Center Class

<u>Cardio</u> <u>Drumming</u>

NEW

Mondays & Thursdays @ 9

Join this fun
group for 60
minutes of
drumming at your
own pace, led by
a virtual
instructor. All
levels welcome.
Classes are held
in the Koska
Room.

Senior Center Class



Two Rivers Senior Center Thanksgiving Community Meal

Thursday, November 27th

Come Join us at the Two Rivers Senior Center in the Koska Room @ 12:00 PM for a Thanksgiving meal of turkey, mashed potatoes and gravy, stuffing, green bean casserole, cranberry sauce, dinner roll, and don't forget the pie!

This meal is made possible by our generous community business sponsors and our volunteers.

THANK YOU!



PARKS & REC GOLF SIMULATOR

SENIOR CENTER HOURS!

CALL OR STOP IN TO SIGN UP FOR A DESIGNATED SENIOR CENTER TIME SLOT IN THE GOLF SIMULATOR. TUESDAYS 9-11 AM.

The Senior Center has reserved the simulator every Tuesday from 9-11 am for seniors to come and play all of the games that the simulator has to offer, such as-

Golf, Cornhole, Bowling, Foot golf, Disc Golf, Soccer, Dodgeball, Hockey, Pitching, and more!

Call the Senior Center at 920-793-5596 to sign up today!



Get to Know the New City Manager!

Join our new City Manager, Kyle Kordell, for congregate lunch on **Tuesday, November 18th.**This lunch is part of the ADRC meal program, and **sign-up is required by 11:00 a.m. on Monday, November 17th.**

- For those age **60 and over**, the ADRC suggests a **\$7** contribution.
- For those under 60, the cost is \$11.50.

Come enjoy a good meal, meet Kyle, and take the opportunity to welcome him to our community!

Book Club?

The Senior Center, in partnership with the Lester Public Library, is looking to revive our monthly book club. If you are interested in joining, please call Megan and ask to have your name added to the list. Once we have a handful of interested members, we'll hold a meeting to get organized. 920-793-5597

Holiday Choir Performance During Lunch

The Two Rivers High School Choir will be performing a holiday compilation during congregate lunch on **Wednesday**, **December 10th at 11:30 a.m.**This lunch is part of the ADRC meal program, and **sign-up is required by 11:00 a.m. on Tuesday**, **December 9th**.

- For those age 60 and over, the ADRC suggests a \$7 contribution.
- For those under 60, the cost is \$11.50.

Come enjoy a festive meal and beautiful holiday music from our talented local students!

SULLIVAN FAMILY FARM WINTER MARKET

Sullivan Family Farms will be extending their market at the Senior Center through the winter! **They will be in the Koska room every 2nd and 4th Tuesday from 9-11 am**. Come down, buy some locally sourced goods and food, and say hi to Ryan! **November dates: 11th and 25th**



Fall Leaf Raking Outreach November 7 & 8

Once again the Optimist Club of Two Rivers is offering fall yard leaf raking. Seniors in need can call the Senior Center and sign up to have the optimist students come out to rake leaves. Space is limited, and Registration Required. Call 920-793-5596 to make a reservation.

HAPPY BIRTHDAY.

NOVEMBER 1

Sharon Baetz Kay Koach Liz Markle Gesine McVey Joel O'Connell

NOVEMBER 2

Mary Kober Barry Hett Karen Myers Shana Shoblaska

NOVEMBER 3

Nancy Brown Sue Jansky Judy Pilger Linda Schwartz

NOVEMBER 4

Mary Gehrke Michael Williams

NOVEMBER 6

Chris Blimel Kathleen Klein Pauline Rusch Pam Simac Cindy Wenzel

NOVEMBER 7

Kay Faber Roni Mueller Marcela Porras-Goedjen Howard Havlichek Lynn Skarvan

NOVEMBER 8

Dee Ann Keip Bernadine Wachtel Bruce Yungerman

NOVEMBER 9

Linda Langman

NOVEMBER 10

Lori Brandt Dennis Swetlik

NOVEMBER 11

Dale Gordon Yolanda Klabunde Claire Schroeder

NOVEMBER 12

Todd Mueller

NOVEMBER 13

Nancy Rosenthal Collette Tegen

NOVEMBER 14

Ron Mueller Barbara Oswald

NOVEMBER 15

Mark Ralph **Bob Rank**

NOVEMBER 16

Doris Mattie

NOVEMBER 17

Marie Hawkins Phyllis Reinert

NOVEMBER 19

Bill Dean Jeanne Jandrin

NOVEMBER 20

Joann Budnik Adeline Morella Marie Richards

Marlis Skwor Deb Waldron

NOVEMBER 21

Gail Levanetz Ann Marie Lodl

NOVEMBER 22

Sue Lemberger Marilyn Schmitt

NOVEMBER 23

Marie Hayes Carol Kamyszek Julie Klein Dean LaRose Richard Larson Sharon Lieding John Stueck Elizabeth Wallander

NOVEMBER 24

Ron Houssaye Louise Krause Betty Peterson Catherine Zellner Susan Durocher

NOVEMBER 25

Ruth Gosz

NOVEMBER 26

Alice Eder Barbara SchermetzlerPatricia Gasparino Kathryn Kronforst

NOVEMBER 27

Harlas Luckow Jean Sauer Tim Schroeder

NOVEMBER 30

Debra Jones Nancy McGough



Happy Anniversary

November 3

Ed & Ann Plansky

November 6

Donald & Patricia DeWitt

November 8

Robert & Ruthann Hearley

November 9

Robert & Yolanda Klabunde

November 13

Jim & Patricia Michalek

November 22

Lloyd & Margaret Nemetz

November 25

Steve & Bonnie Becker

November 26

Philip & Mary Rehrauer

November 28

Ron & Jan Klein Gary & Barbara Yauger

myseniorcenter

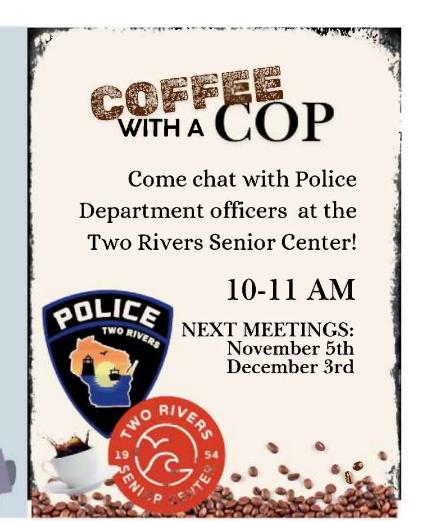
Don't forget to click "Hello, I'm here" along with the activity that you are joining us for. Selecting this option helps us get an accurate count of patrons that come and go at our senior center. That data reflects just how busy we are!



CARS Program

This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit: careasy.org/nonprofit/friendsofthe tworiversseniorcenter or call 855-500-7433







November 3rd- Elsa & Fred-

In New Orleans, a feisty retiree (Shirley MacLaine) and her new neighbor, an uptight widower (Christopher Plummer), discover that it's never too late for true love and romance. - IMDb

Rated PG-13, Run time 1 hr 37 minutes.

November 10th- Green & Gold-

A fourth-generation dairy farmer, on the brink of losing his farm to the bank, wagers everything on a bet involving his beloved Green Bay Packers. His granddaughter pursues a music career to save what they have worked for their entire lives. - IMDb Rated PG, Run time 1 hr 45 min.

November 17th- Home for The Holidays-

When her teenage daughter opts out of Thanksgiving, single mother Claudia Larson (Holly Hunter) travels alone to her childhood home for an explosive holiday dinner with her dysfunctional family. Claudia quickly tires of her parents, her long-suffering sister (Cynthia Stevenson), her snobby brother-in-law (Steve Guttenberg) and her nutty aunt (Geraldine Chaplin). But the evening gets interesting when sparks fly between Claudia and her brother's handsome friend Leo Fish (Dylan McDermott). - IMDb

Rated PG-13, Run time 1 hr 44 min.,

November 24th- Planes, Trains, & Automobiles-

Easily excitable Neal Page (Steve Martin) is somewhat of a control freak.

Trying to get home to Chicago to spend Thanksgiving with his wife (Laila Robins) and kids, his flight is rerouted to a distant city in Kansas because of a freak snowstorm, and his sanity begins to fray. Worse yet, he is forced to bunk up with talkative Del Griffith (John Candy), whom he finds extremely annoying. Together they must overcome the insanity of holiday travel to reach their intended destination. - IMDb Rated R. Run time 1 hr 33 min.

Pre-register by calling 920-793-5596. Space is limited

Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.



CARD **CREATORS**

Wednesdays @10am Two Rivers Senior Center Library

> PRE-REGISTER BY CALLING 920-793-5596

The card creators are a group of membervolunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

Fridays at 8:30 am in the Library

Call 920-793-5596 to register

NO GREATION STATION IN DEG



AMERICAN FAMIL

Creation Station

RECYCLED CD SNOWMEN

Follow the directions provided to create these adorable winter friends!

To reserve your kit, call 920-793-5596. Call by Friday, November 14th.

Kits will be ready for pick up ber 21st at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5

For all your insurance needs P.A.Wargin Agency, Inc. (920) 794-1114 www.pamwargin.com • teamwargin@amfam.com

👚 🚗 🙀



LEGAL APPOINTMENTS

The law offices of Kummer, Lambert, Fox, Glandt, and Nelson, LLP will be offering appointments to consult on general legal matters.

The next appointment date is:

January 22nd from 1:30 -3:30 pm.

Each appointment is 30 minutes maximum.

Call the Senior Center at 920-793-5596 to make an appointment.



TRIAD

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

\$36 each





wo Rivers Senior Center

Thursday, November 20th at 11:30 pm

Join the Red Hattitudes for a meal and a meeting at:

> Friar Tuck's Restaurant 3702 Calumet Ave. Manitowoc, WI 54220

Marge is your hostess.

THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the 2nd Thursday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am-4pm.



Unit 165-Two Rivers

FUNDRAISER

The American Legion Auxiliary is selling Kwik Trip gift cards with a value of either \$10 or \$20 to raise money to assist veterans with a range of needs.

Kwik Trip Gift cards will be available for purchase by cash or check at the Two Rivers Senior Center, or by contacting the auxiliary by email: auxwipost165tr@gmail.com or on Facebook







meeting was ve and has changes on visit several egic interest uss possible nationally.

global warmrism issues
things will
ew measures
curity. Last
ing was very
has brought
on Earth. We
ral places of
est and

AARP Tax-Aide volunteers needed!

We are looking for friendly and serviceoriented people to join our volunteer tax
preparer team. You'll receive training and
support, and a chance to learn new things and
help others! To learn more, visit
aarpfoundation.org, or call Mary Omillian at
920-793-7266

meeting wa tive and ha changes on visit several gic interest possible co tionally.

Will also di sures on Last time the very produbrought material. We very places of s and will collaboratio

Discussion ing and to Among of

Tech assistance appointments available now!

By appointment only. Stop in or call to make an appointment to sit with Dangelo, a high school student, who would like to help seniors with basic technology questions.

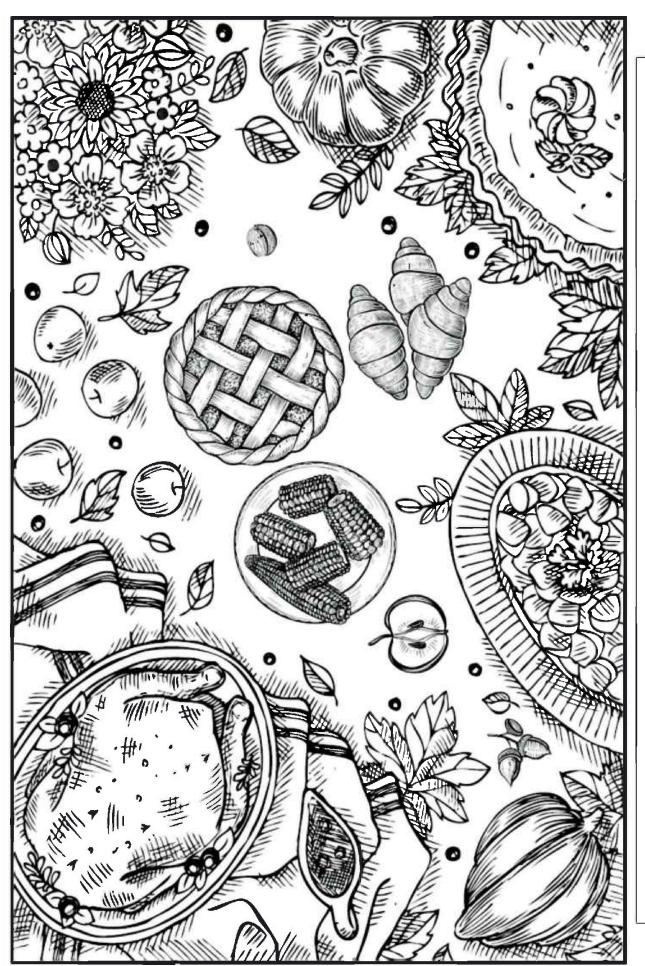
Call 920-793-5596





You can have our monthly newsletter and activity calendar mailed to you each month FREE! Email your information to Megan at megoco.two-rivers.org to sign up!

Unharations mationally



Be on the look out for a sunflower, a pumpkin, a gourd, a pie, corn, croissants, a cut apple, acorns, a gravy boat, a walnut, and a turkey.



Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

2025

MENOPAUSE THE MUSICAL 2

November 1st

SOUTHERN CHARM HOLIDAY

December 2nd - 8th

2026

SUNNY PORTUGAL

March 5th - 14th

A CULINARY JOURNEY THROUGH TUSCANY & FLORENCE

April 521st - 30th

DISCOVER AMERICA'S MUSIC CITIES

April 30th - May 7th

ICELAND EXPLORER

June 10th - 17th

MAJESTIC CANADIAN ROCKIES

June 14th - 20th

SOUTH PACIFIC WONDERS

October 13th - 27th

DISCOVER JAPAN BY BULLET
TRAIN

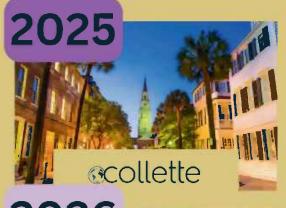
November 5th - 17th

*Call for availability. Sign up today! 920-793-5596

BOOK NOW

CALL: 920-793-5596 FOR MORE INFORMATION





SOUTHERN CHARM HOLIDAY

Enjoy a tour through South Carolina and Georgia with stops in Charleston at the Boone Hall Plantation, and experience the James Island county Park Holiday Display. In Savannah, experience your choice of Trolley tour or Haunted Savannah walking tour, St. Simmons Island, and caroling. Final payment due 9/3/25 \$3,699 pp Double December 2nd - 8th, 2025



SUNNY PORTUGAL

Enjoy a choice of art or commerce walking tour in Lisbon, Visit a cork factory, Evora, Alentejo, Lagos, Algarve, Portimao, Setubal, Portugese Riviera, Obidos, and a walking tour of the National Palace of Sintra, or a UNESCO world Heritage Site. Final payment 12/5/25

\$3,999 pp Double

March 5 -14, 2026



A CULINARY JOURNEY THROUGH TUSCANY & FLORENCE

5 nights in Tuscany followed by 2 nights in Florence.
Attend a pasta making class, wine tasting, guided talking tours, with delicious food experiences throughout. Activity level 4 . Final payment. due 1/21/26 \$5,149 pp Double April 21 - 30, 2026



DISCOVER AMERICA'S MUSIC CITIES

Enjoy stops in Nashville TN, Memphis TN, Oxford MS, and New Orleans LA. Visit the French Quarter, Jazz Revue, Grammy Museum, Graceland, a Civil Rights Tour, Grand Ole Opry Show, Country Music Hall of Fame, Historic RCA Studio B, and a choice of Goo Goo Cluster Candy or Johnny Cash Museum tours. Final Payment due 1/30/26

\$3,799 pp double

April 30 - May 7, 2026

BOOK NOW

CALL: 920-793-5596 FOR MORE INFORMATION





ICELAND EXPLORER

Spend 5 nights in breathtaking Reykjavik. Visit museums, hot springs, The Blue Lagoon, national parks, waterfalls, and more. Activity level 3. Final payment due 3/10/26

\$5,199 pp Double

June 10 - 17, 2026



MAJESTIC CANADIAN ROCKIES

Spend 5 nights in Banff National Park! Explore Banff National Park with tours on Emerald, Peyto, and Moraine lakes, The Columbia Icefields, and more. Activity Level 2. Final payment deadline 3/14/26

\$4,225 pp Double

June 14 - 20, 2026

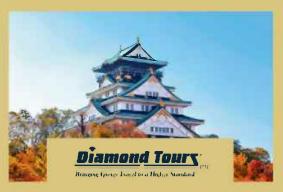


SOUTH PACIFIC WONDERS

Start your tour of the South Pacific in Cairns, Australia. Experience a guided tour of the Reforestation Nature Park, a tour of the Great Barrier Reef in a glass bottom boat, and stops in Sydney and Christchurch. End your tour in Queenstown with a trip on a coal fired lake cruise. Final payment due 7/5/26

\$8,449 pp Double.

October 13th - 27th, 2026



DISCOVER JAPAN BY BULLET TRAIN

Catch the bullet train through Tokyo, Kyoto, Hiroshima, and Himeji. Take a tour through the Imperial Palace and Est Gardens of Tokyo. Visit the Tsujkiji fish market, Mt. Fuji, Hiroshima Peace Memorial Park & Museum, Himeji Castle, and more! Tour activity level 3.

Final payment due 8/5/26

\$8,249 pp Double.

November 5th - 17th, 2026

THANK YOU!

WE APPRECIATE YOU!

SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars-Two Rivers), Village Green East & West

OCTOBER HOME DELIVERED MEAL VOLUNTEERS

Ist Anderson Real Estate LLC, Hamilton Home, The Two Rivers School District, St. Peter the Fisherman Church, TR Kiwanis Club, Good Shepherd Church, and all the individuals who drive for us!

IN MEMORIAM

Donations to the Senior Center have been made in loving memory of Jim Jansky, by Bruce & Jo Yungerman, & Heather Ihlenfeldt

TREP Birthday cake kits

The Two Rivers Senior Center is putting together birthday cake kits for TREP to give out, and is taking donations of the following items:

- Boxes of cake mix
- Canned frosting
- large birthday gift bags
- 9x13 disposable aluminum cake pans
- Birthday candles
- · Cans of White soda

This project is ongoing, so there is no deadline! Please drop off your donations to the Two Rivers Senior Center front desk.



Pre orders only. Call 920-793-5596 or stop in to place your order by December 5th!

Pick up: December 15th through the 19th.







AURG LUNCH PROBRAME

MONDAY- FRIDAY @ 11:30 AM

Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.

Suggested Contribution of \$7.00 for those over 60



NOVEMBER Two Rivers & Mishicot Area Dine In & Home

2025 Two Rivers & Mishicot **Delivered Meals**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef stroganoff, mashed potatoes & gravy, corn, WW dinner roll, fruit & yogurt parfait w/ granola	4 Beef vegetable soup, turkey & ham on WW, Mandarin oranges, angel food cake w/ strawberries	5 Tuna noodle casserole, winter squash, grapes, biscuit, lemon bar	6 Chicken parmesan, spaghetti pasta, potato bucks, French bread, black bean brownie	7 Salisbury steak, mashed potatoes, broccoli, WW bread, fruited Jello w/ whipped topping
1 0 Hamburger on WW bun, German potato salad, hummus, cucumbers, apple bar	11 Eggs, pancakes, sausage links, diced sweet potatoes, tropical fruit yogurt	1 2 Chicken noodle soup, Italian sandwich, side salad, fresh fruit	13 Baked ziti, country blend veggies, pears, dinner roll, poke cake	1 4 Baked chicken, mashed potatoes & gravy, peas, WW bread, peanut butter*
17 Chicken rice casserole, wax beans, apricots, garlic bread, black forest cake	18 Sloppy Joe on WW bun, cold potato salad, baked beans, raspberry bar	19 Tator tot casserole, Mandarin oranges, WW bread, pumpkin mousse	20 Chef salad, turkey bean soup, French bread, banana bar	2 1 Seafood alfredo casserole, carrots, WW dinner roll, fruited lemon fluff
2 4 Roast turkey, mashed potatoes & gravy, green beans, WW dinner roll, pumpkin pie	25 BBQ shredded pork on WW bun, cheesy potatoes, buttered lima beans, fresh fruit	2 6 Meatloaf, whipped sweet potatoes, broccoli, WW bread, orange	27 28 Meal Site Closed Thanksgiving	

*Contains nuts. Please note: our kitchen is NOT a nut-free facility.



Menu is subject to change.