

# Two Rivers Senior Center

ENHANCING THE LIVES OF OLDER ADULTS

May 2025





## ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

#### **Activities**

Tuesdays @ 1 pm & Fridays @ 9 am Bingo Bowling at The Hook Wed @ 9:15am Bridge Club Mondays @10am **Card Creators** Wednesdays @ 10:00 am Creation Station Varies, see Calendar Cribbage Wednesdays @ 1:30 pm **Dominoes** Tuesdays @ 1:00 pm Golf Simulator Tuesdays 9-11 am Mahjong Tuesdays @ 9:30 am Movie Matinee Mondays @ 1:00 pm Quilting Fridays @ 8:30 am Red Hattitudes Third Thursday of the month Sheepshead Thursdays @ 1:00 pm

#### **Exercise**

Fitness Fun (virtual)

Simply Seniors (P&R)

Arthritis Exercise

Yoga (in person instructor)

Cardio & Strength (in prsn inst.)

Mondays @ 10 am

Tuesdays @ 10:30 am

Mon & Wed @ 9 am

Cardio & Strength (in prsn inst.)

Wed @ 10:15 am

Thursdays @ 9:00 am

#### Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

#### Health

Blood Pressure– Second Tuesdays Health Screenings– See Calendar Foot Care– Monday afternoons, Tuesday &Wednesday Mornings, and Thursdays by appointment.

#### **Transportation**

TRUST Car Door-to-Door 920-793-5596 Assist To Transport 920-682-8820 Maritime Metro (bus) 920-686-3560 One-stop-shop/ Mobility mgmt. 920-686-6977

#### Services

#### **ADRC Services-**

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180 Heat Assistance info- November-January 1-833-646-0823 Home Delivered Meals- Please call the ADRC 920-683-4180

#### **Two Rivers Senior Center Services-**

Books, DVD's, & puzzles available to borrow Chore list (hired help)

Reassurance Calls- During Regular Hours Tax Assistance (AARP) - February - April Tech assistance- Wednesday Afternoons- Call for an appt.

Tours- Call for personal appointment Vision Assistance TV Reader available \*TRSC Services are open to all

#### Dining Room (Koska)

Call Mary at 793–7266 for details Lunch: Monday – Friday @ 11:30 am

Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

## GOVERNANCE & MORE



Call 920-793-5596 for inquiries, appointments, and registration

#### City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow.

#### Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.

#### **Our Mission**

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

## Staff

#### **Senior Center Supervisor**

Heather Ihlenfeldt P: 920-793-5590

E: heaihletwo-rivers.org

#### **Program Coordinator**

Megan O'Connor P: 920-793-5597

E: megoco@two-rivers.org

## **Nutrition & Volunteer Coordinator**

Mary Omillian P: 920-793-7266

E: maromietwo-rivers.org

#### Friends of the Two Rivers Senior

Center Board meets the second

Thurs. of each month at 12pm.

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Ruth Kadow

Financial Secretary- Ann Plansky

Treasurer- Cindy Schmidt

Members at large- Cathy Cole, Sid

Kemp

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241





## **ADRC Benefit specialist**

Contact the ADRC at 920-683-4180 to schedule an appointment to meet with a benefit specialist at the Senior Center the first Thursday of each month. The benefit specialist can talk with you about health insurance access, community based services, and housing/utilities.



## **Blood Pressure Screenings**

Free blood pressure screenings are available the second Tuesday of every month from 10:30 to 11:30 am, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome. Free to everyone.

Call **920-793-5596** to schedule today.



## **Foot Care**

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays. By appointment only. Checks for \$25 payable directly to your nurse.

Call **920-793-5596** to schedule today.

**NOW AVAILABLE 4 DAYS A WEEK!** 

## **COMMITTEE ON AGING**

Next Meetings are Monday, May 5th, and Monday, June 2nd @ 8:30 AM in the Library

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.

### REMINDER

Please return items borrowed from the library, as well as any new donations, to the front desk.

Thank You!

## PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

For questions, or to have your name added to the list to help, call:920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.

## Pick up our newsletter at these locations!

#### **Two Rivers**

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift Store
Mueller Manor
Community First Bank
River House Apts
Fox Community Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP
Washington House
St. Vincent De Paul
Village Green East

Schroeder's/ Red Bank Coffee

Manitowoc

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
The Lakehouse - Manitowoc
Manitowoc Visitor's Center
Manitowoc Senior Center
Manitowoc County Chamber

Village Green West

Manitowoc Tourist Info Center
YMCA

# T.R.U.S.T. Car Two Rivers Unique Senior Transportation

The Two Rivers Senior Center TRUST car is available to take you to do all of your Two Rivers errands, whether shopping, social, or medical.

This service is for members of the Senior Center who are living in Two Rivers.

Members can buy a TRUST card for \$15 either at the senior center front desk, or directly from the driver. Cash or check are accepted. Each card has 10 punches on it, and each stop takes one punch.

Members must call at least one day ahead of time to schedule a ride, as there are no same day rides scheduled. Rides can be scheduled months ahead!

For more information, or to schedule a ride, call 920-793-5596

All trips to and from the Senior Center are FREE!





## Memberships

\$15/yr per person \$225 for a lifetime!

# Stop in and sign up or renew your membership anytime during office hours!

Membership is open to anyone 50 years and older. A Senior Center membership grants you access to many of our programs at no additional cost such as Movie Matinees, Mahjong, Bridge Club, Card Creators, Fitness Fun, Cardio Drumming, Sheepshead, trip discounts, parties, and more!

Memberships are payable by cash or check. We cannot accept cards at this time.

# Gift Certificates!

Stop in today and pick up a Senior Center gift certificate for a friend or loved one! Gift certificates can be made out in any denomination and are good for:

Annual memberships, Lifetime memberships, TRUST cards, Day trips, Extended bus trips, Senior Center special meals, Senior Center bake sales, and Special Senior Center classes that require a fee such as: Cork & Canvas, Cooking for 1 or 2.







Tu

May 22nd 8am-3pm

May 23rd-

8am-10am Fill-a-bag \$5 10am-12pm EVERYTHING FREE

Dicele all gates

Tuesday & Wednesday, May 20th & 21st 8am-4pm

We are accepting crafts, outdoor items, holiday wares, home and garden goods, decor, books, and more!

WE CANNOT ACCEPT DONATIONS OF CLOTHING OR ELECTRONICS. CALL US AT 920-793-5596 FOR QUESTIONS.



#### PRESENTATION BY:

JOHN WYROSTEK OF THE WISCONSIN SHIPWRECK COAST NATIONAL MARINE SANCTUARY ADVISORY COUNCIL

**HOSTED BY: TWO RIVERS SENIOR CENTER** 

THIS PRESENTATION IS OPEN TO THE PUBLIC! JOIN US TO LEARN ABOUT THE FAMOUS SHIPWRECKS OF RAWLEY POINT, ASK QUESTIONS, AND TOUCH REAL SHIPWRECK TREASURES!

TWO RIVERS COMMUNITY HOUSE 1520 17TH STREET, TWO RIVERS, WI 54241

920-793-5596

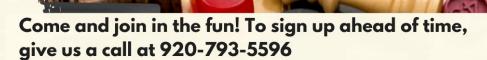
IT'S ALL FUN AND GAMES...

## **Bridge Club**

Mondays @ 10:00 In the SC Library

## **Bowling**

Wednesdays @ 9:15 At the Hook



## **Mahjong**

Tuesdays @ 9:30

In the SC Library

## **Cribbage**

Wednesdays @ 1:30 In the SC Library

## **Bingo**

Tuesdays @ 1:00

In the Koska Room

## **Sheepshead**

Thursdays @ 1:00 In the SC Library

## **Dominoes**

Tuesdays @ 1:00

In the SC Library

## **Bingo Brunch**

Fridays @ 9:00 In the Koska Room

# Exercise

\*See page 14 for details on Silver Sneakers classes, and page 13 for 2025 wellness card policies.

## Senior Yoga

## **Mondays**

@ 9

This class, with inperson instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Silver Sneakers class!

## **Fitness Fun**

### Mondays @ 10

Join this eclectic
virtual exercise
class for all
fitness levels.
Activities include
dancing, cardio,
and more!
Classes are held
in the Koska
room.

Senior Center Class

## Arthritis Exercise

### Tuesdays @ 10:30

This class can
help get you
moving to
increase strength
and flexibility,
reduce joint pain,
and help combat
fatigue. In the
Behringer room.

Senior Center Class

## Senior Yoga

### Wednesdays

@ 9

This class, with inperson instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Silver Sneakers class!

## <u>Cardio &</u> <u>Strength</u>

Wednesdays
@ 10:15am

Join this fun
workout class to
improve cardio
endurance,
strength, and burn
calories. In the
Behringer room.

Silver Sneakers class!

## <u>Cardio</u> <u>Drumming</u>

## **Thursdays**

@9

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome.
Classes are held in the Koska Room.

**Senior Center Class** 

#### NOTICE!

There will be no yoga, Cardio & Strength, or Arthritis Exercise classes 4/25 through 5/11.

Call 920-793-5596 to register for classes.

## FARKS & REC GOLF SIMULATOR

SENIOR CENTER HOURS!

# THE GOLF SIMULATOR IS UP AND RUNNING, AND THE SENIOR CENTER GETS ITS OWN FREE TIME! EVERY TUESDAY 9-11 AM.

The Senior Center has reserved the simulator every Tuesday from 9-11 am for seniors to come and play all of the games that the simulator has to offer, such as-

Golf, Cornhole, Bowling, Foot golf, Disc Golf, Soccer, Dodgeball, Hockey, Pitching, and more!

Call the Senior Center at 920-793-5596 to sign up today!



Location: Two Rivers Senior Center 1520 17th Street Two Rivers, WI 54241

Here's how it works:

Silver Sneakers eligible members- FREE

#### NOTICE!

There will be no yoga, Cardio & Strength, or Arthritis Exercise classes 4/25 through 5/11.

Not sure if you're eligible? Visit silversneakers.com to check your eligibility and find your member ID, or ask your instructor.

Punch cards are available for purchase directly through your instructor. Prices are as follows:

Senior Center Members- \$10 for a 5 class punch card
Non-Members- \$20 for a 5 class punch card
Drop in to try a single class for \$5!

Mondays 9:00 am- Yoga (Range of Motion)
Wednesdays 9:00 am- Yoga (Range of Motion)
Wednesdays 10:15 am- Move (Cardio Dance)

# **VOLUNTEER OPPORTUNITY!**

We're teaming up with the Lester Public Library for an intergenerational activity! Come help local kids explore art in nature, and paint a giant rock snake! Call and sign up today!

Nature is an Art @ Zander Park
Wednesday, July 30<sup>th</sup> 2-4 pm
Explore the beauty of nature and art
with the new StoryWalk selection,
Nature is an Artist, by Jennifer Lavallee.
Finterprint art, mud play, and nature
prints. Kids and seniors work together to
paint a giant rock snake!



# CATHY HAS CHAIR YOGA ON THE MOVE!

#### Chair Yoga @ Londondairy Alpaca Ranch

June 27th & September 9th

1-3 PM **\$13** 

We'll be headed back out to Londondairy Alpaca Ranch to yoga with our furry friends from the south, and enjoy some South American wine!

# WEDNESDAY'S MOVE CLASS NOW: CARDIO & STRENGTH

This class will get your heart rate up while you move through different movements at your own pace. A fun mix of cardio and weights....paired with a fun collection of upbeat tunes.

#### **NOTICE!**

There will be no yoga, Cardio & Strength, or Arthritis Exercise classes 4/25 through 5/11.

Wednesdays @ 10:15 - 10:45am





## Cork & Canvas

Join us Thursday, June 12th at 6 pm

Express a little creativity while enjoying libations, light snacks, and fun! No experience needed!

\$15

Sign up at the Two Rivers Senior Center by 6/6/2025

# PPY BIRTHDAY!

#### MAY 1

Sharon Bruckschen Jan LeClair Sue Wiesner

#### MAY 2

Alice Davis Margaret Nemetz Linda Olp Donna Reilly Michael Wallander

#### MAY 3

Debbie Cribbs Gerald Juckem Judi Mason

#### MAY 4

Ida Coy Cecelia Franks David Karbon Joyce LaPalm Robert Schild

#### MAY 5

Norbert Braun Terry Casavant Merry Lee Pankow Lucyna Welnetz

#### MAY 6

Margaret Kappelman Julie Schroeder

#### MAY 7

Karen Mielke

#### MAY 8

Mary Swetlik

#### MAY 9

Lloyd Gass Michael Johanek Marion Ralph

#### **MAY 10**

Sue Wachowski

#### **MAY 11**

Ruth Meier

#### **MAY 12**

Jacqueline Ackerman Debbie Dunn Cindy Hallada Linda Hansen Russell Olp Lorraine Schroeder Lynn Skarvan Wendy Strutz

#### **MAY 13**

Barb Schweitzer

#### **MAY 15**

Joyce Schrubring Mary Jo Vertz

#### **MAY 16**

Betty Bittner Linda Edwards-Sontic Bonnie Kern Wendy Peters Bonnie Wilker

#### **MAY 17**

Roger Murray

#### **MAY 18**

Cindy Hogan Lois Vanne

#### **MAY 20**

Dana Jaeger Leon Laurin Berdie Maigatter

#### **MAY 21**

Linda Braun Jan Donatell

#### **MAY 22**

Karen Tisler

#### **MAY 23**

Frank Ciha Dorothy Gibbs Ronald Klein Dick Reuhr

#### **MAY 24**

Anna Fechner Audrey Hansen Carol Heller

#### **MAY 25**

Gary Clark Gerald Shimek

#### **MAY 26**

Marc Boren Mary LeVene Carol Ploeckelmann Karen Neumaier Dorothy Wolf

#### **MAY 27**

Jon Steuer Gary Wagner Mary Wallace

#### **MAY 28**

J'Ette Koeppel James Mielke David Pfeifer

#### **MAY 29**

Allen Haws Gloria Irrgang Mary Star Dorothy Tinkham Delo

#### **MAY 30**

Sandra Curtis Robert Goodine Lucinda Weck

#### **MAY 31**

Janice Meissner



# Happy Anniversary

May 2

Eugene & Joyce Schubring

May 4

Todd & Roni Mueller

May 9

Benjamin & Nancy Valenta

May 10

Joe & Carol Siebold

May 11

Phillip & Gail Zaidel

May 14

Thomas & Sandra Becker

May 17

Allen & Katherine Beranek

Michael & Dian Polich

May 18

Dave & Sonja DeVore

May 20

Dennis & Mary Swetlik

May 21

Barry & Joyce Morrison

May 22

Vincent & Arlene Vogel

May 24

Charles & Diana Smoker

May 27

Bill & Betsy Freiberg

May 29

John & Sandree Kleckner

May 31

Tim & Karen Myers



Come chat with Police Department officers at the Two Rivers Senior Center!



10-11 AM

NEXT MEETING: May 7th





FRIDAY, JUNE 20TH AT 12:00

JOIN US FOR A MEAL, CAKE, AND ENTERTAINMENT BY:

MYSTIC MOODS!



## **CARS Program**

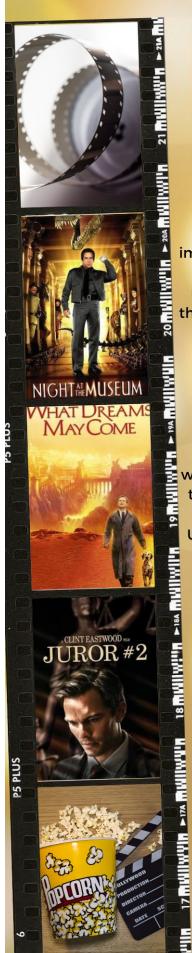
This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit: careasy.org/nonprofit/friendsofthe tworiversseniorcenter or call 855-500-7433

The Two Rivers elementary schools are participating in a new math program for the 2025-26 school year. This program includes a high level of hands on materials. The school is asking for support in acquiring these materials to offset the cost that would otherwise be put onto the teachers and students.

- Ribbon, Yarn, or Cotton String
- Empty & Clean 6-8 oz yogurt, cottage cheese, or margerine containers
- Empty & Clean 1 pint containers
- Small cloth grocery bags, or wine bottle sized gift bags
- Dish Towels
- Small bath towels
- Small baskets without handles
- Large baskets without handles
- Paper grocery bags
- Large mason jars with lids

Please drop any donations off to the Two Rivers Senior Center office by June 1st





#### May 5th- Night at the Museum-

Dreamer Larry Daley thinks he's destined for something big but his imaginative ideas never pay off and in desperate need of a job, he accepts to be a security guard at the Natural History Museum. During his watch, Larry makes a startling discovery. Thanks to the unleashing of an Egyptian curse, the museum's animals spring to life after the building closes. Larry must find a way to save the chaotic situation. - IMDb Rated PG. Run time 1 hr 48 minutes.

#### **May 12th- What Dreams May Come-**

After Chris Nielsen (Robin Williams) dies in a car accident, he is guided through the afterlife by his spirit guide, Albert (Cuba Gooding Jr.). His new world is beautiful and can be whatever Chris imagines. Even his children are there. But, when his wife, Annie (Annabella Sciorra), commits suicide and is sent to hell, Chris ignores Albert's warnings and journeys there to save her. Upon arrival, Chris finds that rescuing Annie will be more difficult than he'd imagined. -IMDb

Rated PG-13, Run time 1 hr 53 minutes.

#### May 19th- Juror #2-

A juror for a high-profile murder trial finds himself struggling with a serious moral dilemma that could influence the verdict and potentially convict, or free, the accused killer. - IMDb

Rated PG-13. Run time 1 hr 54 min..

Pre-register by calling 920-793-5596. Space is limited Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.



# CARD

Wednesdays @10am
Two Rivers Senior Center Library

#### PRE-REGISTER BY CALLING 920-793-5596

The card creators are a group of membervolunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

## **Quilting Group**

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

# Fridays at 8:30 am in the Library

Call 920-793-5596 to register



## Creation Station

FUNNY FACED POTS

Follow the directions provided and create a fun face on a terra cotta pot!

To reserve your kit, call 920-793-5596. Call by Friday, May 9th.

Kits will be ready for pick up May 23trd at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5

For all your insurance needs

AMERICAN FAMILY

P.A.Wargin Agency, Inc. (920) 794-1114

www.pamwargin.com • teamwargin@amfam.con

# Tech assistance appointments

Thanks to a volunteer high school student with an interest in technology and helping people, we're able to offer one on one tech appointments on Wednesdays from 1-3 pm.

Our volunteer can help with basic technology questions across multiple devices, so make an appointment and bring in your smart phones, tablets, and laptops for user guidance.

Call 920-793-5596 and sign up for an appointment today!

## Pull Tabs

Yes! We're still accepting pull tabs!

Drop your pull tabs off at the Senior Center front desk during operating hours. Proceeds from tabs go to support the Friends of the Two Rivers Senior Center, who in turn support Senior Center programming.



# TRIAD

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

\$36 each





#### THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the 2nd Thursday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am-4pm.



Thursday, May 15th at 11:30 am

Join the Red Hattitudes for a meal and a meeting at:

> Whiskey D's 1215 26th Street Two Rivers, WI 54241

Glenda & Sandy are your hostes



Unit 165-Two Rivers

## **FUNDRAISER**

The American Legion Auxiliary is selling Kwik Trip gift cards with a value of either \$10 or \$20 to raise money to assist veterans with a range of needs.

Kwik Trip Gift cards will be available for purchase by cash or check at the Two Rivers Senior Center, or by contacting the auxiliary by email: auxwipost165tr@gmail.com or on Facebook







## Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

Köninsberg

2025

BREWERS AT WRIGLEY
FIELD DAY TOURS
JUNE 19th SOLD OUT

ALASKA: CALL OF SIGN UP CLOSED

LAMBEAU FIELD DAY TRIP August 7th

MACKINAC ISLAND
September 1st - 5th
SOLD OUT

2026

SUNNY PORTUGA March 5th - 14th SIGN UP &SANTA FE CLOSED October 3rd - 8th

SIGN UP USTRIA, & BAVARIA CLOSED October 15th - 24th

CHRISTMAS IN MONTREAL &
QUEBEC CITY

December 1st - 6th

SOUTHERN CHARM HOLIDAY
December 2nd - 8th

DISCOVER AMERICA'S MUSIC
CITIES

April 30th - May 7th

\*Call for availability. Sign up today! 920-793-5596



JOIN US ON THIS ACTION PACKED DAY TRIP TO SEE THE BREWERS PLAY THE CUBS AT WRIGLEY FIELD! PRICE INCLUDES A LIGHT BREAKFAST PROVIDED BY THE SC, BUS FARE, GAME TICKETS, AND A TOUR OF WRIGLEY FIELD. PARTICIPANTS WILL HAVE TIME TO GRAB LUNCH IN WRIGLEYVILLE BEFORE THE GAME.

TRIP SPONSORED IN PART BY THE FRIENDS OF THE TWO RIVERS SENIOR CENTER.

STOP IN TO SIGN UP BY MAY 19TH!



Lambeau

# FIELD TRIP

STADIUM
HALL OF FAME &
STEP- ON BUS TOUR

& LUNCH @

1919 KITCHEN & TAP

JOIN THE TWO RIVERS SENIOR CENTER FOR A TOUR OF LAMBEAU WHICH INCLUDES THE ATRIUM, ENDZONE ROOFTOP, CLUB BOXES, THE PRESS BOX, TEAM TUNNEL, SIDELINES, AND MORE! ENJOY STEP ON GUIDED TOUR OF PACKERS HERITAGE TRAIL SITES, AND ENJOY LUNCH AT 1919 KITCHEN & TAP. FOOD OPTIONS INCLUDE WISCOBURGER, TURKEY CLUB, OR HICKORY SMOKED PULLED PORK ALL WITH CHIPS, OR A COBB SALAD.

TRIP SPONSORED IN PART BY THE FRIENDS OF THE TWO RIVERS SENIOR CENTER

**AUGUST 7TH** 8:30 AM DEPARTURE **\$70** 

\$75

MEMBERS

NON-MEMBERS

**STOP IN TO REGISTER** 

OR CALL: 920-793-5596

## **BOOK NOW**

CALL: 920-793-5596 FOR MORE INFORMATION





#### ALASKA: CALL OF THE WILD

Go on a land journey featuring a rail ride from Anchorage to Denali, a tundra wilderness tour at Denali National Park, look for seals, sea otters, whales, a day out to shop and relax in Seward, and more. Final payment deadline 4/25/25

\$5625 pp Double

July 24th - 30th



#### **MACKINAC ISLAND**

Experience a guided tour at Mackinaw City and visit
Mackinac Island for a guided carriage tour. Board a
boat for a ride through the Soo Locks and enjoy free
time in Sault Sainte Marie. Conclude your trip with stops
at Colonial Michilimackinac and a Northern Michigan
Casino! Final payment due 6/24/25
\$855 pp Double.
September 1st - 5th

SIGN UP CLOSED PREMIER

## ALBUQUERQUE BALLOON FESTIVAL & SANTA FE

Start your journey in Albuqurque at the Balloon Fiesta and a stroll through Old Town. Head up to Santa Fe and visit the Indian Pueblo Cultural center and Los Alamos Bradbury Science Museum. Return to Santa Fe for a city tour and farewell dinner. Final payment due 8/4/25 \$3575 pp Double October 3rd - 8th



## DISCOVER SWITZERLAND, AUSTRIA, & BAVARIA

Explore Bern, visit an Alphorn maker, experience a yodeling demonstration, fondue, Lucerne, and the Austrian Alps. Visit Innsbruck, Salzburg, Mirabell Gardens, Linderhof Palace, and Tyrolean Folk Show. Final payment due 7/16/25

\$4,549 pp Double

October 15th - 24th

## **BOOK NOW**

CALL: 920-793-5596 FOR MORE INFORMATION





#### **MONTREAL & QUEBEC CITY CHRISTMAS**

Take a city tour through Montreal including Notre Dame Cathedral, and explore the city. Travel from Montreal to Quebec City, where you'll experience the Christmas Markets of Old Quebec, and a demonstration at the Sugar Shack.

Final payment due 9/11/26 \$3,449 pp Double

December 1st -6th, 2025



#### SOUTHERN CHARM HOLIDAY

Enjoy a tour through South Carolina and Georgia with stops in Charleston at the Boone Hall Plantation, and experience the James Island county Park Holiday Display. In Savannah, experience your choice of Trolley tour or Haunted Savannah walking tour, St. Simmons Island, and caroling. Final payment due 9/3/25 \$3,699 pp Double December 2nd - 8th, 2025



#### **SUNNY PORTUGAL**

Enjoy a choice of art or commerce walking tour in Lisbon, Visit a cork factory, Evora, Alentejo, Lagos, Algarve, Portimao, Setubal, Portugese Riviera, Obidos, and a walking tour of the National Palace of Sintra, or a UNESCO world Heritage Site. Final payment 12/5/25

\$3,999 pp Double

March 5 -14, 2026



#### **DISCOVER AMERICA'S MUSIC CITIES**

Enjoy stops in Nashville TN, Memphis TN, Oxford MS, and New Orleans LA. Visit the French Quarter, Jazz Revue, Grammy Museum, Graceland, a Civil Rights Tour, Grand Ole Opry Show, Country Music Hall of Fame, Historic RCA Studio B, and a choice of Goo Goo Cluster Candy or Johnny Cash Museum tours. Final Payment due 1/30/26

\$3,799 pp double

April 30 - May 7, 2026

# THANKYOU!

#### **GENERAL DONATIONS**

Sue Luebke, Frank Ciha, Virginia Coffman, Nancy Cohen, and Thank you to all those who donated anonymously!

# SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral
Home, Dominitz Flowers, Felician Village, Holy Family
Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care,
Lakeshore Family Funeral Homes/ Klein & Stangel, Lester
Public Library, Manitowoc Health & Rehab, Maritime
Metro Transit, Meadow View Assisted Living, Park Lane
Apartments/ Mishicot housing, Patch Adams &
Associates, Shady Lane Senior Living, Sharon S.
Richardson Community Hospice, Society of St. Vincent De
Paul, The Bay at North Ridge, The Medicine Shoppe, Two
Rivers TRIAD Committee, Unity Hospice, Valley View
Apartments, VFW #1248 (Veterans of Foreign Wars- Two
Rivers), Village Green East & West

#### APRIL HOME DELIVERED MEAL VOLUNTEERS

Ist Anderson Real Estate LLC, Hamilton Home, The Two Rivers School District, St. Peter the Fisherman Church, Good shepherd Church, and all the individuals who drive for us!

# TREP Birthday cake kits

The Two Rivers Senior Center is putting together birthday cake kits for TREP to give out, and is taking donations of the following items:

- Boxes of cake mix
- Canned frosting
- 9x13 disposable aluminum cake pans
- Birthday candles

This project is ongoing, so there is no deadline!

Please drop off your donations to the Two Rivers

Senior Center front desk.



# ADRE LUNCH Draineram

## **MONDAY- FRIDAY @ 11:30 AM**

Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.

Suggested Contribution of \$7.00 for those over 60

## 2025 Two Rivers/Mishicot Area Dine In & Home Delivered Meals



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Caesar salad, vegetable bean soup, dinner roll, butterscotch mousse	2 Lasagna, capri blend veggies, peaches, French bread, apple pie square
Chicken ala king, herbed rice, wax beans, WW dinner roll, fresh fruit	6 Sloppy Joe on WW bun, pasta salad, baked beans, cherry cake	7 Irish stew, broccoli, coleslaw, white bread, blueberry torte	8 Pineapple glazed ham, cheesy potatoes, carrots, French bread, tropical fruit	9 Salmon, roasted Brussel sprouts, whipped sweet potatoes, rye bread, lemon polenta cake
1 2 Chicken stir fry, brown & white rice, carrots, pineapple, peanut butter cookie*	1 3 Meatloaf, mashed potatoes & gravy, California blend veggies, rye bread, chocolate pudding torte	1 4 Brat on WW bun, Caesar potatoes, baked beans, golden salad	15 Beef tamale casserole, romaine salad, country blend veggies, garlic breadstick, banana	1 6 Chicken pepper steak, rice, cucumber salad, pears, chocolate chip bar
19 Beef stroganoff, mashed potatoes, corn, WW dinner roll, fruit & yogurt parfait w/ granola	20 Chef salad, chicken tortellini soup, WW bread, black bean brownie	2 1 Tuna noodle casserole, winter squash, grapes, biscuit, lemon bar	2 2 Orange zest chicken, potato bucks, WW bread, strawberries w/ angel food cake	2 3 Cranberry meatballs, mashed potatoes, broccoli, WW bread, fruited Jello w/ whipped topping
26 Meal Site Closed for Memorial Day	27 Hamburger on WW bun, German potato salad, cucumbers & hummus, apple bar		29 Egg, ham, & cheese scramble, diced sweet potatoes, tropical fruit, minimuffin, yogurt	3 0 Salisbury steak, potato casserole, romaine salad, WW dinner roll, banana

\*Contains nuts.
Please note: our kitchen is
NOT a nut-free facility.

Menu subject to change.

