

# March

MON

TUE

WED

THU

FRI

8:30 Committee on Aging  
9:00 Yoga  
10:00 Fitness Fun  
10:00 Bridge Club  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: Mouse Hunt

3

8:30 Footcare Appts  
9:00 Golf Simulator  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes

4

8:30 Footcare Appts  
9:00 Yoga  
9:15 Bowling @ The Hook  
10:00 Card Creators  
10:15 Cardio& Strength  
11:30 Lunch  
1:00 Tech Appts.  
1:30 Cribbage

5

8:00 ADRC Benefit Specialist  
9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Lunch  
12:15 Footcare Appts.  
1:00 Sheepshead

6

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch

7

9:00 Yoga  
10:00 Fitness Fun  
10:00 Bridge Club  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: Seabiscuit

10

8:30 Footcare Appts  
9:00 Golf Simulator  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
10:30 Blood Pressure Screening  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes

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8:30 Footcare Appts  
9:00 Yoga  
9:15 Bowling @ The Hook  
10:00 Card Creators  
10:15 Cardio& Strength  
11:30 Lunch  
1:00 Tech Appts.  
1:30 Cribbage

12

8:30 Footcare Appts.  
9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Lunch  
1:00 Sheepshead

13

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch

14

**PI Day pie order  
pick-up 9-2pm**

Creation Station  
reservation deadline

9:00 Yoga  
10:00 Fitness Fun  
10:00 Bridge Club  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: Conclave

17

8:30 Footcare Appts  
9:00 Golf Simulator  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes

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8:30 Footcare Appts  
9:00 Yoga  
9:15 Bowling @ The Hook  
10:00 Card Creators  
10:15 Cardio& Strength  
11:30 Lunch  
1:00 Tech Appts.  
1:30 Cribbage

19

8:30 Footcare Appts.  
9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Lunch  
11:30 Red Hattitudes  
1:00 Sheepshead

20

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch

21

9:00 Yoga  
10:00 Fitness Fun  
10:00 Bridge Club  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: Janet Planet

24

8:30 Footcare Appts  
9:00 Golf Simulator  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes

25

8:30 Footcare Appts  
9:00 Yoga  
9:15 Bowling @ The Hook  
10:00 Card Creators  
10:15 Cardio& Strength  
11:30 Lunch  
1:00 Tech Appts.  
1:30 Cribbage

26

9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Lunch  
1:00 Sheepshead

27

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch

28

**Soup order  
pick-up 9-2pm**

Creation Station pick up

9:00 Yoga  
10:00 Fitness Fun  
10:00 Bridge Club  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: We Dare to Dream

31



Call 920-793-5596 to sign up for classes and activities today!



# Frank's March Calendar

|   |   |  |  |  |
|---|---|--|--|--|
| <b>8:30</b> COA Library <b>3</b><br><b>9:00</b> Yoga- Behringer<br>10:00 Bridge club- library<br><b>10:00</b> Fitness Fun- Koska<br><b>11:20</b> Taxes- Behringer<br><b>11:30</b> Lunch- koska<br><b>12:00</b> Footcare Appts- conf room<br><b>1:00</b> Movie-library | <b>8:30</b> Footcare Appts- Conf- rm. <b>4</b><br>9:00 Golf simulator<br><b>9:15</b> Simply Seniors<br><b>9:30</b> Mahjong<br><b>10:30</b> Arthritis Exercise<br><b>11:30</b> Lunch<br><b>1:00</b> BINGO<br><b>1:00</b> Dominoes  | <b>8:30</b> Footcare Appts- Conf. room <b>5</b><br><b>9:00</b> Yoga- Behringer<br><b>10:00</b> Card Creators- Library<br>10:15 “Move” in Beh.<br><b>11:30</b> Lunch- Koska<br><b>1:30</b> Cribbage-Library   | <b>8:00</b> ADRC Benefit <b>6</b><br>Specialist- SC conf. room<br><b>9:00</b> Cardio Drumming- koska<br><b>9:15</b> Simply Seniors- gym<br><b>11:30</b> Lunch- koska<br><b>12:00</b> footcare<br><b>1:00</b> Sheepshead- library | <b>8:00</b> Taxes- Behringer <b>7</b><br><b>8:30</b> Quilting-library<br><b>9:00</b> BINGO Brunch- koska<br><b>11:30</b> Lunch-koska   |
| <b>9:00</b> Yoga- Behringer <b>10</b><br><b>10:00</b> Fitness Fun- koska<br>10:00 Bridge club<br>11:20 Taxes- Behringer<br><b>11:30</b> Lunch-koska<br><b>12:00</b> Footcare Appts-conf room<br><b>1:00</b> Movie-library   | <b>8:30</b> Footcare Appts- Conf. room <b>11</b><br>9:00 Golf simulator<br><b>9:15</b> Simply Seniors<br><b>9:30</b> Mahjong<br><b>10:30</b> Arthritis Exercise<br><b>10:30</b> Blood Pressure Screening<br><b>11:30</b> Lunch<br><b>1:00</b> BINGO<br><b>1:00</b> Dominoes | <b>8:30</b> Footcare Appts- Conf. room <b>12</b><br><b>9:00</b> Yoga- Behringer<br><b>10:00</b> Card Creators- Library<br>10:15 “Move” in Beh.<br><b>11:30</b> Lunch- Koska<br><b>1:30</b> Cribbage-Library  | <b>8:30</b> Footcare <b>13</b><br><b>10:00</b> Cardio Drumming- Koska<br><b>9:15</b> Simply Seniors- GYM<br><b>11:30</b> Lunch- Koska<br><b>1:00</b> Sheepshead- Library<br>12:00- Friends of the TRSC Board Meeting- conf. room | <b>8:00</b> Taxes- Behringer <b>14</b><br><b>8:30</b> Quilting-library<br><b>9:00</b> BINGO Brunch- koska<br><b>11:30</b> Lunch-koska  |
| <b>9:00</b> Yoga- Behringer <b>17</b><br><b>10:00</b> Fitness Fun- koska<br>10:00 Bridge club<br><b>11:00</b> Taxes- Behringer<br><b>11:30</b> Lunch-koska<br><b>12:00</b> Footcare Appts-conf. room<br><b>1:00</b> Movie-library                                     | <b>8:30</b> Footcare Appts- Conf- rm. <b>18</b><br>9:00 Golf simulator<br><b>9:15</b> Simply Seniors<br><b>9:30</b> Mahjong<br><b>10:30</b> Arthritis Exercise<br><b>11:30</b> Lunch<br><b>1:00</b> BINGO<br><b>1:00</b> Dominoes   | <b>8:30</b> Footcare Appts- Conf. room <b>19</b><br><b>9:00</b> Yoga- Behringer<br><b>10:00</b> Card Creators- Library<br>10:15 “Move” in Beh.<br><b>11:30</b> Lunch- Koska<br><b>1:30</b> Cribbage-Library  | <b>8:30</b> Foorcare- Conf. <b>20</b><br><b>10:00</b> Cardio Drumming- Koska<br><b>9:15</b> Simply Seniors-GYM<br><b>11:30</b> Lunch- Koska<br><b>1:00</b> Sheepshead-Library  | <b>8:00</b> Taxes- Behringer <b>21</b><br><b>8:30</b> Quilting-library<br><b>9:00</b> BINGO Brunch- koska<br><b>11:30</b> Lunch-koska<br>Creation station reservation deadline |
| <b>9:00</b> Yoga- behringer <b>24</b><br><b>10:00</b> Fitness Fun- koska<br><b>10:00</b> Bridge club<br><b>11:00</b> Taxes- Behringer<br><b>11:30</b> Lunch-koska<br><b>12:00</b> Footcare Appts-conf. room<br><b>1:00</b> Movie-library                              | <b>8:30</b> Footcare Appts- Conf- rm. <b>25</b><br>9:00 Golf simulator<br><b>9:15</b> Simply Seniors<br><b>9:30</b> Mahjong<br><b>10:30</b> Arthritis Exercise<br><b>11:30</b> Lunch<br><b>1:00</b> BINGO<br><b>1:00</b> Dominoes   | <b>8:30</b> Footcare Appts- Conf. room <b>26</b><br><b>9:00</b> Yoga- Behringer<br><b>10:00</b> Card Creators- Library<br>10:15 EnerChi in Beh.<br><b>11:30</b> Lunch- Koska<br><b>1:30</b> Cribbage-Library | <b>10:00</b> Cardio <b>27</b><br>Drumming- Koska<br><b>9:15</b> Simply Seniors-GYM<br><b>11:30</b> Lunch- Koska<br><b>1:00</b> Sheepshead-Library  | <b>8:00</b> Taxes- Behringer <b>28</b><br><b>8:30</b> Quilting-library<br><b>9:00</b> BINGO Brunch- koska<br><b>11:30</b> Lunch-koska<br>Creation station pick up              |
| <b>9:00</b> Yoga- beh. <b>31</b><br><b>10:00</b> Fitness Fun- koska<br><b>10:00</b> Bridge club<br><b>11:00</b> Taxes- Behringer<br><b>11:30</b> Lunch-koska<br><b>12:00</b> Footcare Appts-conf. room<br><b>1:00</b> Movie-library                                   | <b>0</b>  | <b>0</b>   | <b>0</b>   | <b>0</b>   |

## Special Dates