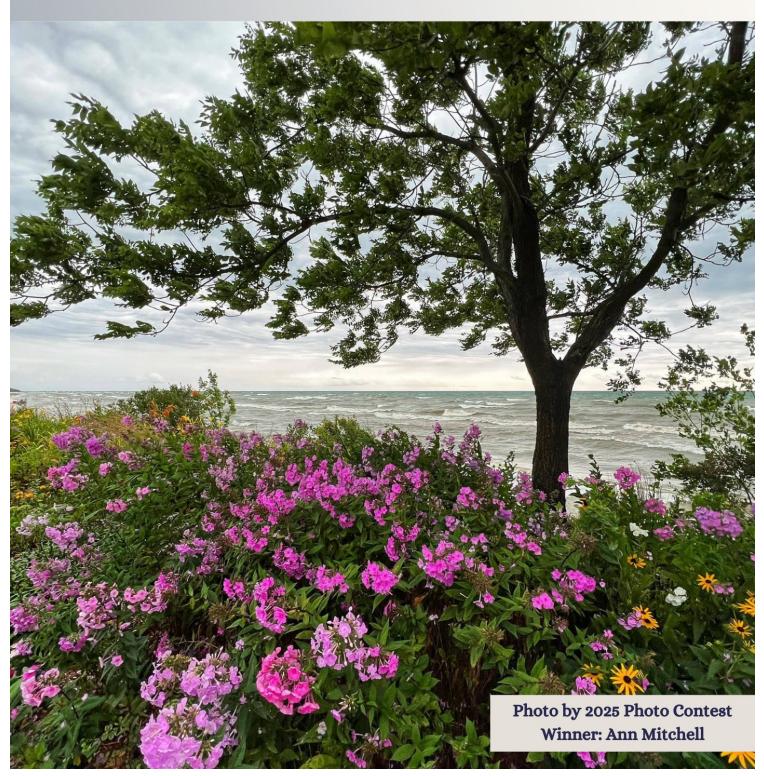


Two Rivers Senior Center

ENHANCING THE LIVES OF OLDER ADULTS

June 2025





ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

Activities

Tuesdays @ 1 pm & Fridays @ 9 am Bingo Bowling at The Hook will resume in fall Bridge Club Mondays @10am **Card Creators** Wednesdays @ 10:00 am Creation Station Varies, see Calendar Cribbage Wednesdays @ 1:30 pm **Dominoes** Tuesdays @ 1:00 pm Golf Simulator Tuesdays 9-11 am Mahjong Tuesdays @ 9:30 am Movie Matinee Mondays @ 1:00 pm Quilting Fridays @ 8:30 am Red Hattitudes Third Thursday of the month Sheepshead Thursdays @ 1:00 pm

Exercise

Fitness Fun (virtual)

Simply Seniors (P&R)

Arthritis Exercise

Yoga (in person instructor)

Cardio & Strength (in prsn inst.)

Mondays @ 10 am

Tuesdays @ 10:30 am

Mon & Wed @ 9 am

Cardio & Strength (in prsn inst.)

Wed @ 10:15 am

Cardio Drumming(virtual)

Thursdays @ 9:00 am

Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Health

Blood Pressure– Second Tuesdays Health Screenings– See Calendar Foot Care– Monday afternoons, Tuesday &Wednesday Mornings, and Thursdays by appointment.

Transportation

TRUST Car Door-to-Door 920-793-5596 Assist To Transport 920-682-8820 Maritime Metro (bus) 920-686-3560 One-stop-shop/ Mobility mgmt. 920-686-6977

Services

ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180 Heat Assistance info- November-January 1-833-646-0823 Home Delivered Meals- Please call the ADRC 920-683-4180

Two Rivers Senior Center Services-

Books, DVD's, & puzzles available to borrow Chore list (hired help)

Reassurance Calls- During Regular Hours Tax Assistance (AARP) - February - April Tech assistance- Wednesday Afternoons- Call for an appt.

Tours- Call for personal appointment Vision Assistance TV Reader available *TRSC Services are open to all

Dining Room (Koska)

Call Mary at 793–7266 for details Lunch: Monday – Friday @ 11:30 am

Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

GOVERNANCE & MORE



Call 920-793-5596 for inquiries, appointments, and registration

City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow.

Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.

Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Staff

Senior Center Supervisor

Heather Ihlenfeldt P: 920-793-5590

E: heaihletwo-rivers.org

Program Coordinator

Megan O'Connor P: 920-793-5597

E: megoco@two-rivers.org

Nutrition & Volunteer Coordinator

Mary Omillian P: 920-793-7266

E: maromietwo-rivers.org

Friends of the Two Rivers Senior

Center Board meets the second

Thurs. of each month at 12pm.

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Ruth Kadow

Financial Secretary- Ann Plansky

Treasurer- Cindy Schmidt

Members at large- Cathy Cole, Sid

Kemp

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241





ADRC Benefit specialist

Contact the ADRC at 920-683-4180 to schedule an appointment to meet with a benefit specialist at the Senior Center the first Thursday of each month. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome.

Free to everyone.

Call **920-793-5596** to schedule today.



Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays.

By appointment only. Checks for \$25 payable directly to your nurse.

NOW AVAILABLE 4
DAYS A WEEK!

Call **920-793-5596** to schedule today.

COMMITTEE ON AGING

Next Meetings are Monday, June 2nd, and Monday, July 7th @ 8:30 AM in the Library

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.

REMINDER

Please return items borrowed from the library, as well as any new donations, to the front desk.

Thank You!

PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

For questions, or to have your name added to the list to help, call:920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.

Pick up our newsletter at these locations!

Two Rivers

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift Store
Mueller Manor
Community First Bank
River House Apts
Fox Community Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP
Washington House
St. Vincent De Paul
Village Green East

Village Green West Schroeder's/ Red Bank Coffee <u>Manitowoc</u>

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
The Lakehouse - Manitowoc
Manitowoc Visitor's Center
Manitowoc Senior Center
Manitowoc County Chamber
Manitowoc Tourist Info Center
YMCA

T.R.U.S.T. Car <u>Two Rivers Unique Senior Transportation</u>

The Two Rivers Senior Center TRUST car is available to take you to do all of your Two Rivers errands, whether shopping, social, or medical.

This service is for members of the Senior Center who are living in Two Rivers.

Members can buy a TRUST card for \$15 either at the Senior Center front desk, or directly from the driver. Cash or check are accepted. Each card has 10 punches on it, and each stop takes one punch.

Members must call at least one day ahead of time to schedule a ride, as there are no same day rides scheduled. Rides can be scheduled months ahead!

For more information, or to schedule a ride, call 920-793-5596

All trips to and from the Senior Center are FREE!





Memberships

\$15/yr per person \$225 for a lifetime!

Stop in and sign up or renew your membership anytime during office hours!

Membership is open to anyone 50 years and older. A Senior Center membership grants you access to many of our programs at no additional cost such as Movie Matinees, Mahjong, Bridge Club, Card Creators, Fitness Fun, Cardio Drumming, Sheepshead, trip discounts, parties, and more!

Memberships are payable by cash or check. We cannot accept cards at this time.

Gift Certificates!

Stop in today and pick up a Senior Center gift certificate for a friend or loved one! Gift certificates can be made out in any denomination and are good for:

Annual memberships, Lifetime memberships, TRUST cards, Day trips, Extended bus trips, Senior Center special meals, Senior Center bake sales, and Special Senior Center classes that require a fee such as: Cork & Canvas, Cooking for 1 or 2.



Gift Certificate

To:

Solve of the second o

SHIPWRECKS OF RAWLEY POINT

TUESDAY, JUNE 17TH
6:30 - 8:00 PM
TWO RIVERS COMMUNITY
HOUSE- BEHRINGER ROOM



PRESENTATION BY:

JOHN WYROSTEK OF THE WISCONSIN SHIPWRECK COAST NATIONAL MARINE SANCTUARY ADVISORY COUNCIL

HOSTED BY:

TWO RIVERS SENIOR CENTER

THIS PRESENTATION IS OPEN TO THE PUBLIC! JOIN US TO LEARN ABOUT THE FAMOUS SHIPWRECKS OF RAWLEY POINT, ASK QUESTIONS, AND TOUCH REAL SHIPWRECK TREASURES!

TWO RIVERS COMMUNITY HOUSE 1520 17TH STREET, TWO RIVERS, WI 54241

920-793-5596

IT'S ALL FUN AND GAMES...

Bridge Club

Mondays @ 10:00 In the SC Library

Bowling

Wednesdays @ 9:15

Will resume in fall! Come and join in the fun! To sign up ahead of time, give us a call at 920-793-5596

Mahjong

Tuesdays @ 9:30

In the SC Library

Cribbage

Wednesdays @ 1:30 In the SC Library

Bingo

Tuesdays @ 1:00

In the Koska Room

Sheepshead

Thursdays @ 1:00 In the SC Library

Dominoes

Tuesdays @ 1:00

In the SC Library

Bingo Brunch

Fridays @ 9:00 In the Koska Room

Exercise

Call: 920-793-5596 to registerfor classes.

Senior **Yoga**

Mondays

@ 9

This class, with inperson instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Fitness Fun

Mondays @10

Join this eclectic virtual exercise class for all fitness levels. **Activities include** dancing, cardio, and more! Classes are held in the Koska room.

Senior Center Class

Arthritis Exercise

Tuesdays @10:30

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.

Senior Center Class

Senior Yoga

Wednesdays

person instruction, includes yoga & range of motion moves tailored to seniors. All skill the Behringer room.

Cardio & <u>Strength</u>

Wednesdays

@ 10:15am

calori

Behrin

Join t Attention! workout improv Our Cardio & endu strength

Strength class is taking a break. We'll keep you posted on

<u>it's return!</u>

@ 9

This class, with inlevels welcome. In

Cardio **Drumming**

Thursdays

@9

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Koska Room.

Senior Center Class



CATHY HAS CHAIR YOGA ON THE MOVE!

Chair Yoga @ Londondairy Alpaca Ranch

June 27th & September 9th

1-3 PM **\$13**

We'll be headed back out to Londondairy Alpaca Ranch to yoga with our furry friends from the south, and enjoy some South American wine!

PARKS & REC GOLF SIMULATOR

SENIOR CENTER HOURS!

THE GOLF SIMULATOR IS UP AND RUNNING, AND THE SENIOR CENTER GETS ITS OWN FREE TIME! EVERY TUESDAY 9-11 AM.

The Senior Center has reserved the simulator every Tuesday from 9-11 am for seniors to come and play all of the games that the simulator has to offer, such as-

Golf, Cornhole, Bowling, Foot golf, Disc Golf, Soccer, Dodgeball, Hockey, Pitching, and more!

Call the Senior Center at 920-793-5596 to sign up today!





VOLUNTEER OPPORTUNITY!

We're teaming up with the Lester Public Library for an intergenerational activity! Come help local kids explore art in nature, and paint a giant rock snake! Call and sign up today!

Wednesday, July 30th 2-4 pm
Explore the beauty of nature and art
with the new StoryWalk selection,
Nature is an Artist, by Jennifer Lavallee.

Nature is an Art @ Zander Park

Finterprint art, mud play, and nature prints. Kids and seniors work together to paint a giant rock snake!

Daytime rock painting class!

Join Tracy, whose beautiful rock painting talents you might have seen around the Senior Center, as she leads us in a rock painting class! All of the materials for this class are provided, and no experience is necessary! Sign up today, space is limited!



Wednesday, June 25th 1-3 pm. \$5 per person.

Register and pay at the Senior Center front desk.



Cork & Canwas

Join us Thursday, June 12th at 6 pm

Express a little creativity while enjoying libations, light snacks, and fun! No experience needed!

\$15

Sign up at the Two Rivers Senior Center by 6/6/2025

PY BIRTHDAY!

JUNE 1

Charlotte Fuerbringer Greg Goodchild David Kleckner

JUNE 2

Laveda Grimm Jerome Levanetz

JUNE 3

Joan Luckow Ronald Sorenson

JUNE 4

Katherine Beranek Mary Birgham Jean Hlavachek

JUNE 5

Alice Gauthier Beverly Schmidt

JUNE 6

Judith Tadych

JUNE 7

Edna Backhaus Joan Hebel Ruby Mueller Edward Planksy Gerald Schmidt Marge Schweppe Jeannette Thomas

JUNE 8

Jill Jaeger Sharon Tome

JUNE 10

Lois Erickson

JUNE 11

Lori Ernstes Norman Oestreich

JUNE 12

Tamara Gates Sharon Gordon

JUNE 13

Jane Bonfigt Cathy Hendrickson Sandree Kleckner Allan Peroutka Lois Posvic Karen Schreoder

JUNE 14

June Pasch

JUNE 15

Donald Ahrndt Sally Hunner

JUNE 16

Debra Frenn Barry Morrison Lloyd Nemetz Judy Wojcik Michael Zahorik

JUNE 17

Ann O'Connell George Walsh

JUNE 18

Bonnie Shambeau Eugene Schubring

JUNE 19

Beverly Markovics Nancy Mueller Carol Thomas

JUNE 20

Marge Hendrickson Deb Mitchler Mary Jane Raatz Barbara Yauger

JUNE 21

Diane Ebert Rosana Jasmer Janice Kakes

JUNE 22

Marcia Donlon Geri Heusterberg Jeannette Roberts

JUNE 24

Jerry Johnson Jean Ney

JUNE 25

Richard Wier

JUNE 26

Bill Freiberg Wolf Kannegiesser Marvin Schermetzler Richard Wegner

JUNE 27

Karen Ewald Linda Harlow Geraldine Lyons Romy Petri Shari St. John Mary Margaret Reindl

JUNE 28

Diane Duvall Patti Hayes Arleen Houssaye James Wisnowski

JUNE 29

Susan Huber James Stueck

JUNE 30

Virginia Hatton Darlene Jacquart Raymond Kronforst Peter Schoepp



Happy Anniversary

June 1

Wolf & Betty Kannegiesser

June 2

Donald & Dorothy Konop Robert & Ruth Kornely Glenn & Carol Shedivy

June 3

Leon & Maria Laurin

June 8

Nicolas & Jean Schaden Tim & Karen Schroeder

Tune 10

Dan & Connie Blashka

June 12

Grahame & Catherine Campbell

June 13

Ronald & Audrey Gagnon
David & Sarah Gallagher

June 14

Jack & Linda Eis

June 15

John & Mary Wallace

June 17

Paul & Mary LeVene

June 19

Bob & Kathy Pfefferkorn

June 22

Tom & Jean Mulhaney Lee & Char Neubert

June 24

Mark & Sue Ollendorf

June 25

James & Luvine Mielke

June 26

Richard & Sharon Kornely Anthony & Mary Margaret Reindl

June 27

David & Barbra Kleckner Russell & Linda Olp Russell & Bonnie Shambeau

June 28

Michael & Margaret Lenth

June 29

Lloyd & Ruth Gass
Matt & Karen Konop
Harlan & Bonnie Krizizke

June 30

L<mark>eigh & J</mark>an Coenen Will<mark>ian & Mar</mark>y Stegemann

The Two Rivers elementary schools are participating in a new math program for the 2025-26 school year. This program includes a high level of hands on materials. The school is asking for support in acquiring these materials to offset the cost that would otherwise be put onto the teachers and students.

- · Ribbon, Yarn, or Cotton String
- Empty & Clean 6-8 oz yogurt, cottage cheese, or margerine containers
- Empty & Clean 1 pint containers
- Small cloth grocery bags, or wine bottle sized gift bags
- Dish Towels
- Small bath towels
- · Small baskets without handles
- · Large baskets without handles
- Paper grocery bags
- · Large mason jars with lids

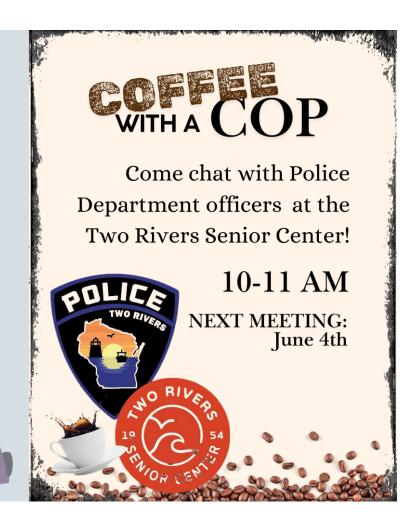
Please drop any donations off to the Two Rivers Senior Center office.



CARS Program

This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit: careasy.org/nonprofit/friendsofthe tworiversseniorcenter or call 855-500-7433







June 2nd-The Fabulous Four-

Lifelong friends travel to Key West, Fla., to be bridesmaids in a college girlfriend's surprise wedding. Over the course of one outrageous trip, sisterhoods are rekindled, the past resurfaces, and there are enough sparks, sex and romance to change all of their lives in unexpected ways. - IMDb Rated R. Run time 1 hr 38 minutes.

June 9th- Charlie Wilson's War-

In the 1980s U.S.Rep. Charlie Wilson (Tom Hanks), Texas socialite Joanne Herring and CIA agent Gust Avrakotos form an unlikely alliance to boost funding for Afghan freedom fighters in their war against invading Soviets. The trio's successful efforts to finance these covert operations contributes to the fall of the Soviet Union and the end of the Cold War. -IMDb Rated R. Run time 1 hr 42 minutes.

June 16th-Playing Through-

Late in her career, Ann Gregory finds the courage to be the first woman of color to enter the USGA Women's Amateur. She collides with Babs Whatling, a privileged white woman from the south who is searching for her own identity. - IMDb Rated PG-13. Run time 1 hr 54 min.

June 23rd-RV-

The Munros are a typically American dysfunctional family, complete with rebellious, uncommunicative offspring and baffled parents. Patriarch Bob would like to remedy the situation before his son and daughter instantmessage their parents out of their lives. Bob rents a motor home to take the clan on vacation but soon finds that camping and togetherness can be hazardous to one's health. - IMDb Rated PG. Run time 1 hr 39 min...

June 30th-Radio-

In a racially divided town, coach Jones spots a mentally disabled African-American student named Radio near his practice field and is inspired to befriend him. Things start to sour when Jones begins taking guff from fans who feel that his devotion to Radio is getting in the way of the team's quest for a championship.- IMDb Rated PG. Run time 1 hr 54 min...

Pre-register by calling 920-793-5596. Space is limited Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.



CARD

Wednesdays @10am
Two Rivers Senior Center Library

PRE-REGISTER BY CALLING 920-793-5596

The card creators are a group of membervolunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

Fridays at 8:30 am in the Library

Call 920-793-5596 to register



Creation Station

CANNING TOP GARDEN MARKERS

Follow the directions provided to create these cute garden markers!

To reserve your kit, call 920-793-5596. Call by Friday, June 13th.

Kits will be ready for pick up June 27th at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5

For all your insurance needs

AMERICAN FAMILY

P.A.Wargin Agency, Inc. (920) 794-1114

www.pamwargin.com • teamwargin@amfam.con

Tech assistance appointments

Thanks to a volunteer high school student with an interest in technology and helping people, we're able to offer one on one tech appointments on Wednesdays from 1-3 pm.

Our volunteer can help with basic technology questions across multiple devices, so make an appointment and bring in your smart phones, tablets, and laptops for user guidance.

Call 920-793-5596 and sign up for an appointment today!

Pull Tabs

Yes! We're still accepting pull tabs!

Drop your pull tabs off at the Senior Center front desk during operating hours. Proceeds from tabs go to support the Friends of the Two Rivers Senior Center, who in turn support Senior Center programming.



TRIAD

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

\$36 each





THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the 2nd Thursday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am- 4pm.



Thursday, May 15th at 11:30 am

Join the Red Hattitudes for a meal and a meeting at:

Two Rivers Family Restaurant 3015 Tannery Rd Two Rivers, WI 54241

Sandy is your hostess



Unit 165-Two Rivers

AUXILIARY

FUNDRAISER

The American Legion Auxiliary is selling Kwik Trip gift cards with a value of either \$10 or \$20 to raise money to assist veterans with a range of needs.

Kwik Trip Gift cards will be available for purchase by cash or check at the Two Rivers Senior Center, or by contacting the auxiliary by email: auxwipost165tr@gmail.com









FRIDAY, JUNE 20TH, 12:00-1 PM

JOIN US FOR CHICKEN SOUP FROM CONNIE'S,
FATZO'S SUB SANDWICHES, CAKE, AND
ENTERTAINMENT BY:

MYSTIC MOODS!



TWO RIVERS PARKS + REC

THE FRIENDS OF THE TWO
RIVERS SENIOR HAVE
SPONSORED THE DEL RAYS
FOR THE CONCERT IN THE
PARK SERIES. COME ENJOY
MUSIC, CONCESSIONS, AND
SUPPORT THE SENIOR CENTER
THROUGH RAFFLE BASKETS
AND A 50/50 RAFFLE!

Rockin' for a Reason!

THE DEL RAYS

CENTRAL PARK WEST 6-8PM

Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

2025

FIELD DAY TOURS 19th SOLD OUT

ALASKA: CALL OF SIGN UP CLOSED

LAMBEAU FIELD DAY TRIP August 7th

MACKINAC ISLAND September 1st - 5th

JOHN MICHAEL KOHLER ARTS
CENTER DAY TRIP
September 25th

2026

SUNNY PORTUGAL March 5th - 14th SIGN UP &SANTA FE CLOSED October 3rd - 8th

SIGN UP USTRIA, & BAVARIA CLOSED October 15th - 24th

CHRISTMAS IN MONTREAL & QUEBEC CITY

December 1st - 6th

SOUTHERN CHARM HOLIDAY
December 2nd - 8th

*Call for availability. Sign up today! 920-793-5596

DISCOVER AMERICA'S MUSIC
CITIES

April 30th - May 7th

SEPTEMBER 25TH

\$40 MEMBERS \$45 NON-MEMBERS

REGISTER BY: 8/25/25



Head to Sheboygan with us!

Stop for a guided tour of the John Michael Kohler Arts
Center with time in the galleries in the morning, lunch at
the CAFE, and an afternoon browsing the shops on 8th
street. Return home by 4pm. All tax and gratuity included.

Choice of lunch from CAFE @ registration

Chicken Caesar Wrap
Hummus & Veggie Wrap
Caesar Salad
Grilled Chicken CAFE Salad
Cranberry Spinach Salad
*all meals come with a side, cookie, and bottled water.
Depart from the SC at 9:15, or Perkins Park & Ride at 9:30



Lambeau

STADIUM HALL OF FAME & STEP- ON BUS TOUR

& LUNCH @ 1919 KITCHEN & TAP

JOIN THE TWO RIVERS SENIOR CENTER FOR A TOUR OF LAMBEAU WHICH INCLUDES THE ATRIUM, ENDZONE ROOFTOP, CLUB BOXES, THE PRESS BOX, TEAM TUNNEL, SIDELINES, AND MORE! ENJOY STEP ON GUIDED TOUR OF PACKERS HERITAGE TRAIL SITES, AND **ENJOY LUNCH AT 1919 KITCHEN & TAP. FOOD OPTIONS INCLUDE** WISCOBURGER, TURKEY CLUB, OR HICKORY SMOKED PULLED PORK ALL WITH CHIPS, OR A COBB SALAD.

TRIP SPONSORED IN PART BY THE FRIENDS OF THE TWO RIVERS **SENIOR CENTER**

AUGUST 7

8:30 AM DEPARTURE

STOP IN TO REGISTER

OR CALL: 920-793-5596



BOOK NOW

CALL: 920-793-5596 FOR MORE INFORMATION





MACKINAC ISLAND

Experience a guided tour at Mackinaw City and visit Mackinac Island for a guided carriage tour. Board a boat for a ride through the Soo Locks and enjoy free time in Sault Sainte Marie. Conclude your trip with stops at Colonial Michilimackinac and a Northern Michigan Casino! Final payment due 6/24/25 \$855 pp Double. September 1st - 5th

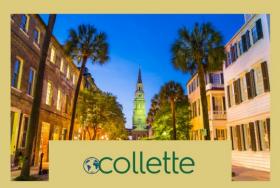


MONTREAL & QUEBEC CITY CHRISTMAS

Take a city tour through Montreal including Notre Dame Cathedral, and explore the city. Travel from Montreal to Quebec City, where you'll experience the Christmas Markets of Old Quebec, and a demonstration at the Sugar Shack.

Final payment due 9/11/26 \$3,449 pp Double

December 1st -6th, 2025



SOUTHERN CHARM HOLIDAY

Enjoy a tour through South Carolina and Georgia with stops in Charleston at the Boone Hall Plantation, and experience the James Island county Park Holiday Display. In Savannah, experience your choice of Trolley tour or Haunted Savannah walking tour, St. Simmons Island, and caroling. Final payment due 9/3/25 December 2nd - 8th, 2025 \$3,699 pp Double



SUNNY PORTUGAL

Enjoy a choice of art or commerce walking tour in Lisbon, Visit a cork factory, Evora, Alentejo, Lagos, Algarve, Portimao, Setubal, Portugese Riviera, Obidos, and a walking tour of the National Palace of Sintra, or a UNESCO world Heritage Site. Final payment 12/5/25

\$3,999 pp Double

March 5 -14, 2026

BOOK NOW

CALL: 920-793-5596 FOR MORE INFORMATION





A CULINARY JOURNEY THROUGH TUSCANY & FLORENCE

5 nights in Tuscany followed by 2 nights in Florence.
Attend a pasta making class, wine tasting, guided talking tours, with delicious food experiences throughout. Activity level 4 . Final payment. due 1/21/26 \$5,149 pp Double

April 21 - 30, 2026



DISCOVER AMERICA'S MUSIC CITIES

Enjoy stops in Nashville TN, Memphis TN, Oxford MS, and New Orleans LA. Visit the French Quarter, Jazz Revue, Grammy Museum, Graceland, a Civil Rights Tour, Grand Ole Opry Show, Country Music Hall of Fame, Historic RCA Studio B, and a choice of Goo Goo Cluster Candy or Johnny Cash Museum tours. Final Payment due 1/30/26

\$3,799 pp double

April 30 - May 7, 2026



ICELAND EXPLORER

Spend 5 nights in breathtaking Reykjavik. Visit museums, hot springs, The Blue Lagoon, national parks, waterfalls, and more. Activity level 3.

Final payment due 4/10/26 \$5,299 pp Double

June 10 - 17, 2026



MAJESTIC CANADIAN ROCKIES

Spend 5 nights in Banff National Park! Explore Banff National Park with tours on Emerald, Peyto, and Moraine lakes, The Columbia Icefields, and more. Activity Level 2. Final payment deadline 3/14/26 \$4,275 pp Double June 14 - 20, 2026

THANK YOU!

GENERAL DONATIONS

Sue Luebke, Frank Ciha, Virginia Coffman, Nancy Cohen, and Thank you to all those who donated anonymously!

SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars-Two Rivers), Village Green East & West

MAY HOME DELIVERED MEAL VOLUNTEERS

Ist Anderson Real Estate LLC, Hamilton Home, The Two Rivers School District, St. Peter the Fisherman Church, Good shepherd Church, Grace Church, Two Rivers Rotary Club, and all the individuals who drive for us!

TREP Birthday cake kits

The Two Rivers Senior Center is putting together birthday cake kits for TREP to give out, and is taking donations of the following items:

- Boxes of cake mix
- Canned frosting
- large birthday gift bags
- 9x13 disposable aluminum cake pans
- Birthday candles
- White soda

This project is ongoing, so there is no deadline! Please drop off your donations to the Two Rivers Senior Center front desk.





Open to the public! Sullivan Family Farms will be outside the 17th street door of the Senior Center twice a month through summer! They will be accepting WIC and the Senior Farmer's Market Voucher program through the ADRC.

They'll be outside the 17th Street door of the SC from 9-11 am on:



June 3rd & 17th
July 1st & 15th
August 5th & 19th

TRUST car rides are available to SC members at no cost. You must schedule a ride 1 week in advance at: 920-793-5596

ADRE LUNCH PROGRAM

MONDAY- FRIDAY @ 11:30 AM

Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.

Suggested Contribution of \$7.00 for those over 60

2025 Two Rivers & Mishicot Area Dine In & Home Delivered Meals





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken vegetable pasta, apricots, garlic bread, Black Forest cake	Sloppy Joe on WW bun, cold potato salad, baked beans, fresh fruit	Tator tot casserole, wax beans, Mandarin oranges, WW bread, vanilla pudding	5 Chef salad, turkey & bean soup, French bread, banana bar	6 Fish sandwich on WW bun w/tartar sauce, boiled red potatoes, carrots, fruited lemon fluff
9 Beef tips, mashed potatoes & gravy, green beans, WW bread, pumpkin bar	10 Philly style mac & cheese w/ chicken, mixed vegetables, peaches, WW bread, tapioca pudding	11 BBQ shredded pork on WW bun, cheesy potatoes, buttered lima beans, raspberry bar	1 2 Meatloaf, whipped sweet potatoes, broccoli, WW bread, fresh orange	13 Lemon pepper chicken, rice, side salad, pears, lemon bar
16 Spaghetti & meat sauce over WW noodles, peas, applesauce, brownie	17 Pork roast, baby red potatoes, carrots, WW bread, spiced apples	18 Chicken noodle soup, turkey on WW bread, Mandarin oranges, choc. chip bar	19 Pork stir fry, rice, fruit salad, strawberry pretzel bar	2 0 Swedish meatballs, mashed potatoes, California blend vegetables, apricots, WW dinner roll, oatmeal cookie
23 Beef soft shell tacos, refried beans, corn, WW bread, Golden salad	2 4 Salisbury steak, potato casserole, broccoli, WW dinner roll, choc. chip cookie	25 Lasagna, Capri blend vegetables, peaches, French bread, apple pie square	26 Baked chicken, whipped potatoes & gravy, carrots, WW bread, fruited Jello	27 Pesto chicken, whipped sweet potatoes, pears, dinner roll, chocolate mousse
30 Chicken ala king, mashed potatoes, wax beans, WW dinner roll, fresh fruit	Milk is served Red items contain that are highligh nutrition educatio Happy June Dair	nutrients ted in the n handout.	Aging and Disal	bility Resource Center of the Lakeshore

*Contains nuts.

Please note: our kitchen is

NOT a nut-free facility.

Menu subject to change.