JUNE

MON	TUE	WED	THU	FRI
1 8:30 Committee on Aging 9:00 Yoga 9:00 Cardio Drumming 10:00 Fitness Fun 10:00 Bridge Club 11:30 Lunch 12:00 Footcare Appts 1:00 A Man Named Otto	**2** 8:00 Golf Simulator 8:30 Footcare Appts 9:15 Simply Seniors 9:30 Mahjong 10:30 Arthritis Exercise 11:30 Lunch 1:00 BINGO 1:00 Dominoes	**3** 8:30 Footcare Appt 9:00 Yoga 10:00 Card Creators 10:00 Chat with the Chiefs 11:30 Lunch 1:00 Cardio Drumming 1:30 Cribbage 1:30 Chair Massage appts.	**4** 9:00 Cardio Drumming 9:15 Simply Seniors 11:30 Lunch 1:00 Sheepshead	**5** 8:30 Quilting 9:00 BINGO Brunch 9:00 Yoga 11:30 Lunch 1:00 Book Club
8 9:00 Yoga 9:00 Cardio Drumming 10:00 Fitness Fun 10:00 Bridge Club 11:30 Lunch 12:00 Footcare Appts 1:00 Movie: The Good Nurse	**9** 8:00 Golf Simulator 8:30 Footcare Appts 9:15 Simply Seniors 9:30 Mahjong 10:30 Arthritis Exercise 10:30 BP Screening 11:30 Lunch 1:00 BINGO 1:00 Dominoes	**10** 8:30 Footcare Appt 9:00 Yoga 10:00 Card Creators 11:30 Lunch 1:00 Cardio Drumming 1:30 Cribbage	**11** 8:30 Footcare Appts. 9:00 Cardio Drumming 9:15 Simply Seniors 11:30 Lunch 1:00 Sheepshead *Office closed 1-4 PM **Friends Meeting @ 10**	**12** 8:30 Quilting 9:00 BINGO Brunch 9:00 Yoga 11:30 Lunch & BIRTHDAY PARTY 2:00 ADRC memory screening **Creation Station Deadline**
15 9:00 Yoga 9:00 Cardio Drumming 10:00 Fitness Fun 10:00 Bridge Club 11:30 Lunch 12:00 Footcare Appts 1:00 Movie: Me Before You 1:00 Palative vs. Hospice care presentation with Heartland Hospice	**16** 8:00 **Golf Simulator** 8:30 Footcare Appts 9:15 Simply Seniors 9:30 Mahjong 10:30 Arthritis Exercise 11:30 Lunch 1:00 BINGO 1:00 Dominoes	**17** 8:30 Footcare Appt 9:00 Yoga 10:00 Card Creators 11:30 Lunch 1:00 Cardio Drumming 1:30 Cribbage	**18** 8:30 Footcare Appts. 9:00 Cardio Drumming 9:15 Simply Seniors 11:30 Lunch 11:30 Red Hattitudes 1:00 Sheepshead	**19** 8:30 Quilting 9:00 BINGO Brunch 9:00 Yoga 11:30 Lunch
22 9:00 Yoga 9:00 Cardio Drumming 10:00 Fitness Fun 10:00 Bridge Club 11:30 Lunch 12:00 Footcare Appts 1:00 Movie: Atonement	**23** 8:00 Golf Simulator 8:30 Footcare Appts 9:15 Simply Seniors 9:30 Mahjong 10:30 Arthritis Exercise 11:30 Lunch 1:00 BINGO 1:00 Dominoes	**24** 8:30 Footcare Appt 9:00 Yoga 10:00 Card Creators 11:30 Lunch 1:00 Cardio Drumming 1:00 Rock Painting 1:30 Cribbage	**25** 9:00 Cardio Drumming 9:15 Simply Seniors 11:30 Lunch 1:00 Sheepshead 1:30 Legal Appts	**26** 8:30 Quilting 9:00 BINGO Brunch 9:00 Yoga 11:30 Lunch **Creation Station Pick up**
29 9:00 Yoga 9:00 Cardio Drumming 10:00 Fitness Fun 10:00 Bridge Club 11:30 Lunch 12:00 Footcare Appts 1:00 Movie: American Graffiti	**30** 8:00 Golf Simulator 8:30 Footcare Appts 9:15 Simply Seniors 9:30 Mahjong 10:30 Arthritis Exercise 11:30 Lunch 1:00 BINGO 1:00 Dominoes			

Call 920-793-5596 to sign up for classes and activities today!