

8:30 Committee on 2
Aging
9:00 Yoga
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: The
Fabulous Four

8:30 Footcare Appts

9:00 Golf Simulator

9:15 Simply Seniors

9:30 Mahjong

10:30 Arthritis Exercise

11:30 Lunch

1:00 BINGO

1:00 Dominoes

8:30 Footcare Appt
9:00 Yoga
10:00 Card Creators
10:00 Coffee with a Cop
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

8:30 Footcare Appts.
8:30 Benefit Specialist
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

Creation Station reservation deadline

13

9:00 Yoga 10:00 Fitness Fun 10:00 Bridge Club 11:30 Lunch 12:00 Footcare Appts 1:00 Movie: Charlie

Wilson's War

8:30 Footcare Appts 10
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
10:30 Blood Pressure
Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes

8:30 Footcare Appt 9:00 Yoga 10:00 Card Creators 11:30 Lunch 1:00 Tech Appts. 1:30 Cribbage 12
8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

12:00- Friends of the

TRSC Board Meeting

CORK & CANVAS @ 6

8:30 Quilting 9:00 BINGO Brunch 11:30 Lunch

9:00 Yoga 10:00 Fitness Fun

10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Playing
Through

8:30 Footcare Appts 7
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch

10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
SHIPWRECK
PRESENTATION @ 6:30

8:30 Footcare Appt9:00 Yoga10:00 Card Creators11:30 Lunch1:00 Tech Appts.1:30 Cribbage

8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
11:30 Red Hattitudes
1:00 Sheepshead

20 8:30 Quilting 9:00 BINGO Brunch 11:30 Lunch

BIRTHDAY PARTY @ 12

Creation Station pick up

9:00 Yoga
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: RV

8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

8:30 Footcare Appts
9:00 Yoga
10:00 Card Creators
11:30 Lunch
1:00 Tech Appts.
1:00 Rock Painting Class
1:30 Cribbage

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

SUNDAE THURSDAY

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

ALPACA YOGA @ I

9:00 Yoga 30
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Radio

