



Two Rivers Senior Center

ENHANCING THE LIVES OF
OLDER ADULTS

July 2025



Photo by 2025 Photo Contest
Winner: Cyndi Skidmore



ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

Activities

Bingo	Tuesdays @ 1 pm & Fridays @ 9 am
Bowling at The Hook	will resume in fall
Bridge Club	Mondays @ 10am
Card Creators	Wednesdays @ 10:00 am
Creation Station	Varies, see Calendar
Cribbage	Wednesdays @ 1:30 pm
Dominoes	Tuesdays @ 1:00 pm
Golf Simulator	Tuesdays 9-11 am
Mahjong	Tuesdays @ 9:30 am
Movie Matinee	Mondays @ 1:00 pm
Quilting	Fridays @ 8:30 am
Red Hattitudes	Third Thursday of the month
Sheepshead	Thursdays @ 1:00 pm

Exercise

Fitness Fun (virtual)	Mondays @ 10 am
Simply Seniors (P&R)	Tues & Thurs @ 9:15 am
Arthritis Exercise	Tuesdays @ 10:30 am
Yoga (in person instructor)	Mon & Wed @ 9 am
Cardio Drumming(virtual)	Thursdays @ 9:00 am

Health

Blood Pressure- Second Tuesdays
Health Screenings- See Calendar
Foot Care- Monday afternoons, Tuesday & Wednesday Mornings, and Thursdays by appointment.

Transportation

TRUST Car Door-to-Door 920-793-5596
Assist To Transport 920-682-8820
Maritime Metro (bus) 920-686-3560
One-stop-shop/ Mobility mgmt. 920-686-6977

Services

ADRC Services-

ADRC Benefit Specialist- First Thursday- call
ADRC for appt. at 920-683-4180
Heat Assistance info- November-January
1-833-646-0823
Home Delivered Meals- Please call the
ADRC 920-683-4180

Two Rivers Senior Center Services-

Books, DVD's, & puzzles available to borrow
Chore list (hired help)
Reassurance Calls- During Regular Hours
Tax Assistance (AARP) - February - April
Tech assistance- Wednesday Afternoons- Call
for an appt.
Tours- Call for personal appointment
Vision Assistance TV Reader available
*TRSC Services are open to all

Dining Room (Koska)

Call Mary at 793-7266 for details
Lunch: Monday - Friday @ 11:30 am



Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow.

Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.

Friends of the Two Rivers Senior Center Board

meets the second Thurs. of each month at 12pm.

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Ruth Kadow

Financial Secretary- Ann Plansky

Treasurer- Cindy Schmidt

Members at large- Cathy Cole, Sid Kemp

Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Staff

Senior Center Supervisor

Heather Ihlenfeldt

P: 920-793-5590

E: heaihl@two-rivers.org

Program Coordinator

Megan O'Connor

P: 920-793-5597

E: megoco@two-rivers.org

Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266


E: maromi@two-rivers.org

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241



ADRC Benefit specialist



Contact the ADRC at **920-683-4180** to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am** , provided by Sharon S. Richardson Community Hospice. Walk-ins welcome.

Free to everyone.

Call **920-793-5596** to schedule today.



Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays.

By appointment only. Checks for \$25 payable directly to your nurse.

Call **920-793-5596** to schedule today.

**NOW AVAILABLE 4
DAYS A WEEK !**

COMMITTEE ON AGING

Next Meetings are Monday, July 7th, and Monday, August 4th @ 8:30 AM in the Library

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.

REMINDER

Please return items borrowed from the library, as well as any new donations, to the front desk.

Thank You!

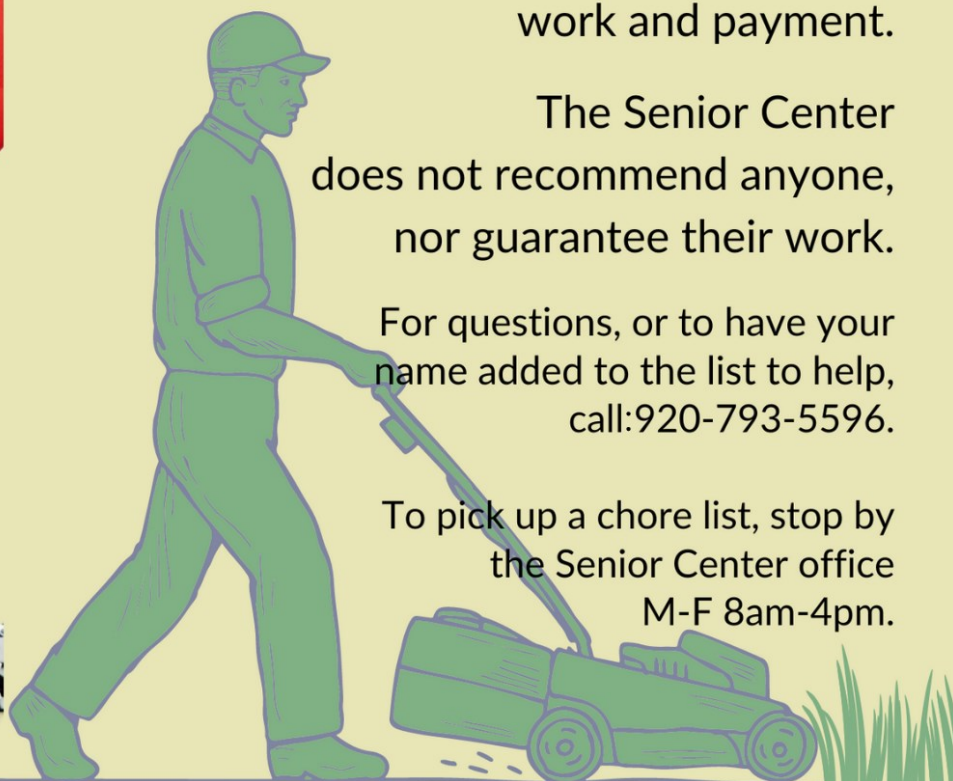
PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

For questions, or to have your name added to the list to help, call: 920-793-5596.

To pick up a chore list, stop by the Senior Center office
M-F 8am-4pm.



Pick up our newsletter at these locations !

Two Rivers

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift Store

Mueller Manor
Community First Bank
River House Apts
Fox Community Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP
Washington House
St. Vincent De Paul
Village Green East

Village Green West

Schroeder's/ Red Bank Coffee

Manitowoc

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
The Lakehouse - Manitowoc
Manitowoc Visitor's Center
Manitowoc Senior Center
Manitowoc County Chamber
Manitowoc Tourist Info Center
YMCA

T.R.U.S.T. Car

Two Rivers Unique Senior Transportation

The Two Rivers Senior Center TRUST car is available to take you to do all of your Two Rivers errands, whether shopping, social, or medical.

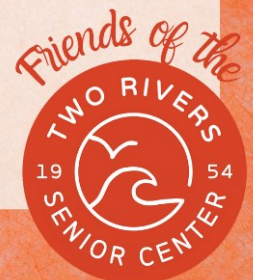
This service is for members of the Senior Center who are living in Two Rivers.

Members can buy a TRUST card for \$15 either at the Senior Center front desk, or directly from the driver. Cash or check are accepted. Each card has 10 punches on it, and each stop takes one punch.

Members must call at least one day ahead of time to schedule a ride, as there are no same day rides scheduled. Rides can be scheduled months ahead!

For more information, or to schedule a ride, call 920-793-5596

All trips to and from the Senior Center are **FREE!**



Memberships

**\$15/yr per person
\$225 for a lifetime!**

**Stop in and sign up or renew your membership
anytime during office hours!**

Membership is open to anyone 50 years and older. A Senior Center membership grants you access to many of our programs at no additional cost such as Movie Matinees, Mahjong, Bridge Club, Card Creators, Fitness Fun, Cardio Drumming, Sheepshead, trip discounts, parties, and more!

Memberships are payable by cash or check. We cannot accept cards at this time.

Gift Certificates!

Stop in today and pick up a Senior Center gift certificate for a friend or loved one! Gift certificates can be made out in any denomination and are good for:

Annual memberships, Lifetime memberships, TRUST cards, Day trips, Extended bus trips, Senior Center special meals, Senior Center bake sales, and Special Senior Center classes that require a fee such as: Cork & Canvas, Cooking for 1 or 2.



<i>Gift Certificate</i>	
To:	_____
From:	_____



WAYS MEMBERS CAN SUPPORT THE FRIENDS OF THE TWO RIVERS SENIOR CENTER

- Name the Friends of the Two Rivers Senior Center as the beneficiary of your non-probate assets. This is a way to donate that doesn't cost you anything during your lifetime.
- If you are a member of Thrivent, designate the Senior Center as a recipient of your Thrivent Choice Dollars. You can also lead a Thrivent Action Team to benefit the Senior Center.
- Donate an old car and designate the Senior Center as the recipient of the funds. Information can be found at careasy.org
- Purchase greeting cards (anytime), raffle tickets (when offered), and TRUST car tickets for yourself or to donate to someone else.
- Collect aluminum tabs and used ink cartridges, and donate them to the Senior Center
- Donate your time or skills.
- Participate in your employee gift matching programs.
- Donate Cash.
- Donate Stocks.
- Make qualified charitable distributions from your retirement account.
- Leave a bequest in your will.

The Friends of the Two Rivers Senior Center is a qualifying 501 c3 corporation and may receive donations that are tax-deductible to the donors. Contact Heather, the Senior Center Supervisor, at 920-793-5590 for information on making a tax-deductible donation.



The Senior Center is asking for donations of paper bags with handles as we start preparing for next year's rummage sale! Bring your donations to the front desk of the Senior Center any time.



IT'S ALL FUN AND GAMES...

Come and join in the fun! To sign up ahead of time,
give us a call at 920-793-5596

Bridge Club

Mondays
@ 10:00
In the SC Library

Bowling

Wednesdays
@ 9:15

At the
Will resume
in fall!

Mahjong

Tuesdays
@ 9:30

In the SC
Library

Cribbage

Wednesdays
@ 1:30
In the SC
Library

Bingo

Tuesdays
@ 1:00

In the Koska
Room

Sheepshead

Thursdays
@ 1:00
In the SC
Library

Dominoes

Tuesdays
@ 1:00

In the SC
Library

Bingo Brunch

Fridays
@ 9:00
In the Koska
Room

Exercise

Call: 920-793-5596 to register for classes.

Senior Yoga

**Mondays
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Arthritis Exercise

**Tuesdays
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.

Senior Center Class

Senior Yoga

**Wednesdays
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Cardio Drumming

**Thursdays
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Koska Room.

Fitness Fun

**Mondays
@ 10**

Join this eclectic virtual exercise class for all fitness levels. Activities include dancing, cardio, and more! Classes are held in the Koska room.

Senior Center Class

Cardio & Strength

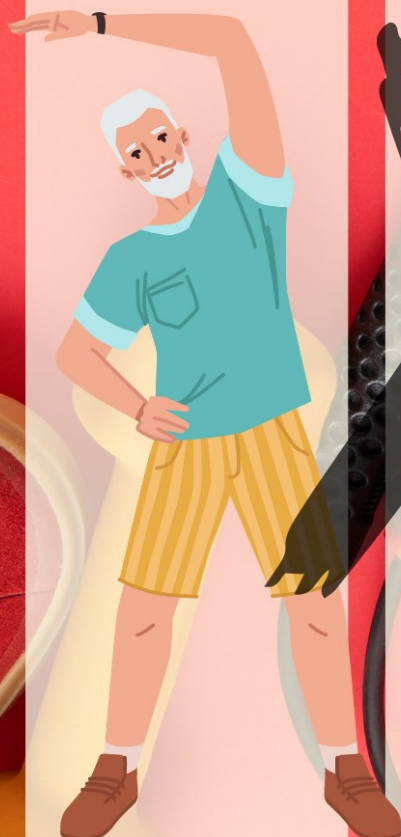
**Wednesdays
@ 10:15am**

Join the workout to improve endurance, strength, and calorie burn. In the Behringer room.

Senior Center Class

Attention!

Our Cardio & Strength (move) class is ending. Please check out our other offerings!



UPCOMING

Senior YOGA

opportunities

**CATHY HAS CHAIR YOGA
ON THE MOVE!**

Chair Yoga @ Londondairy Alpaca Ranch

September 12th
1-3 PM \$13

We'll be headed back out to Londondairy Alpaca Ranch to yoga with our furry friends from the south, and enjoy some South American wine!

PARKS & REC GOLF SIMULATOR

SENIOR CENTER HOURS!

**THE GOLF SIMULATOR IS UP AND RUNNING,
AND THE SENIOR CENTER GETS ITS OWN
FREE TIME! EVERY TUESDAY 9-11 AM.**

The Senior Center has reserved the simulator every Tuesday from 9-11 am for seniors to come and play all of the games that the simulator has to offer, such as-

**Golf, Cornhole , Bowling, Foot golf, Disc Golf, Soccer,
Dodgeball, Hockey, Pitching, and more!**

**Call the Senior Center at
920-793-5596 to sign up today!**



SENIOR CENTER NIGHT @ WALSH FIELD!

**TR POLAR BEARS VS.
KEWAUNEE CHIEFS
7/14 @ 7:30 PM**

**COME ENJOY A GREAT GAME AND
SUPPORT THE SENIOR CENTER AND THE
TWO RIVERS SCHOOL DISTRICT!**

**REGISTER AHEAD BY CALLING 920-793-
5596 FOR SENIOR SEATING.**

- 
- FREE TRUST CAR RIDES FOR MEMBERS
 - FREE ADMISSION
 - BACK TO SCHOOL CARNIVAL ITEM DRIVE
 - 50/50 RAFFLE

VOLUNTEER OPPORTUNITY!

We're teaming up with the Lester Public Library for an inter-generational activity! Come help local kids explore art in nature, and paint a giant rock snake! Call and sign up today!



Nature is an Art @ Zander Park

Wednesday, July 30th 2-4 pm

Explore the beauty of nature and art with the new StoryWalk selection, *Nature is an Artist*, by Jennifer Lavallee. Fingerprint art, mud play, and nature prints. Kids and seniors work together to paint a giant rock snake!

LEGAL APPOINTMENTS

The law offices of Kummer, Lambert, Fox, Glandt, and Nelson, LLP will be holding appointments to discuss general legal matters.

July 30th from 1-3 pm. Each appointment is 30 minutes maximum.

Call the Senior Center at 920-793-5596 to make an appointment.





Resource Table

The ADRC will be at the Senior Center and available to chat and provide resources on **Tuesday, August 4th from 9-11 am.** Stop and see what they may have available to you!

Fraud Prevention Presentation

Vanessa Vanderwheele from Kohler Credit Union will be back for another presentation on fraud prevention! Sign up at the Senior Center today to make sure you get a seat to this popular presentation!

Thursday,
September 4th @ 1 pm



HAPPY BIRTHDAY!

JULY 1

Lee Neubert

JULY 2

Audrey Gagnon
Donnie Polifka

JULY 3

Julie Carter
Eldona Daffner
Kim Graves
Mike Leroy
Diane Warner

JULY 4

Judi Bodwin
Vincent Vogel

JULY 5

Sharon Jobelius
Suzanne Olson
Barb Wilker

JULY 6

Lois Witting

JULY 7

Karen Konop
Sue Matczyński
Nancy Valenta

July 8

Victoria Fogeltanz
Judy Stefaniak

July 10

Barbara Samz

JULY 11

Patricia Bauman
Wendy Kusiak
Joyce Repenn
Pat Shedal

JULY 12

Patricia Ciha
Nancy Rameker
Lynn Rysticken

JULY 13

Carol Hansen
John Oswald

JULY 14

Karin Charland
Beatrice Cisler
Stephen Schwartz
Donald Siehr
Mary Lou Wilson

JULY 15

Ellen Kemper
Alice Kornely
Barb Kussman
Karen Samz
Jerry Walters
Kathleen Wondrash

JULY 16

Georgia Brotski
Diane Hagerty
Peter T. Harlow
Elizabeth Myers
Gilbert St. Pierre

JULY 17

Nancy Bundy
Colleen Gordon
Robin Polsene

JULY 18

Melanie Anhalt
Wayne Krall
Jean Ploger
Gerald Staral

JULY 19

Sandra Becker

JULY 21

Charles Crabb
Janet LeClair
Delores Cisler

JULY 22

Lois Schroeder
Phillip Zaidel

JULY 24

Sally Eckardt
Barbara Hendrickson
Emmy Rebitz
Patty Sullivan

JULY 26

Susie Carlson
Kennard Powell
Karen Schuster
Leonard Wavrunek

JULY 27

Janet Graycarek
Nancy Kunesh
Bonnie Tonkin
Joy Walters

JULY 28

Jeanne Walvoord

JULY 29

Kay Abendroth
Shirley Jarvis
Denise Kluck

JULY 30

Douglas Devries
Alison Hunner
Laurette Poltzer

JULY 31

Judy Johnson
Alice Mohr
Mike Sauer



Happy Anniversary

July 6

Paul & Nancy Remeker

July 21

Greg & Judy Goodchild

July 9

Donald & Carol Ahrndt
Patrick & Bonnie Wichlacz

July 23

Michael & Linda Tollefson

July 11

Walter & Karen Duval

July 29

Dave & Sandra Boehm
Kevin & Diane Hagerty

July 19

Jeff & Jean Hansen

The Two Rivers elementary schools are participating in a new math program for the 2025-26 school year. This program includes a high level of hands on materials. The school is asking for support in acquiring these materials to offset the cost that would otherwise be put onto the teachers and students.

- Ribbon, Yarn, or Cotton String
- Empty & Clean 6-8 oz yogurt, cottage cheese, or margarine containers
- Empty & Clean 1 pint containers
- Small cloth grocery bags, or wine bottle sized gift bags
- Dish Towels
- Small bath towels
- Small baskets without handles
- Large baskets without handles
- Paper grocery bags
- Large mason jars with lids

Please drop any donations off to the Two Rivers Senior Center office.

CARS Program

This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit:
careasy.org/nonprofit/friendsofthetworiversseniorcenter
or call 855-500-7433



COFFEE WITH A COP

Come chat with Police
Department officers at the
Two Rivers Senior Center!

10-11 AM

NEXT MEETING:
July 2nd



NOW SHOWING

MOVIE MATINEE- MONDAYS @1 PM

July 7th- Steel Magnolias-

M'Lynn (Sally Field) is the mother of bride-to-be Shelby Eatenton (Julia Roberts), and as friend Truvy Jones (Dolly Parton) fixes the women's hair for the ceremony, they welcome a helping hand from aspiring beautician Annelle Dupuy Desoto (Daryl Hannah). Diabetic Shelby has a health scare, which is averted but doesn't bode well for her hopes of having children. Time passes, and the women and their friends encounter tragedy and good fortune, growing stronger and closer in the process. - IMDb
Rated PG. Run time 1 hr 57 minutes.

July 14th- Freedom Writers-

A dedicated teacher (Hilary Swank) in a racially divided Los Angeles school has a class of at-risk teenagers deemed incapable of learning. Instead of giving up, she inspires her students to take an interest in their education and planning their future. She assigns reading material that relates to their lives and encourages them all to keep journals. -IMDb
Rated PG-13 . Run time 2 hr 3 minutes.

July 21st- Liza: A Truly Terrific Absolutely True Story-

Rich with archival gems and Liza Minnelli's own point of view, Bruce David Klein's luminous documentary celebrates a young entertainer full of boundless raw talent and the deep, creative relationships with her mentors and influences. - IMDb
Rated NR. Run time 1 hr 44 min.

July 28th- The Piano Lesson-

The Charles family grapples with family legacy and difficult decisions as they determine the fate of their heirloom piano, exploring deeper themes along the way. - IMDb
Rated PG-13. Run time 2 hr 7 min..

Pre-register by calling 920-793-5596. Space is limited
Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.





CARD CREATORS

Wednesdays @10am
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in
the Library**

Call 920-793-5596 to register



Creation Station

GOLF BALL GARDEN LADYBUGS

Follow the directions provided to create these fun garden friends!

To reserve your kit, call 920-793-5596.
Call by Friday, July 11th.

Kits will be ready for pick up July 25th at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5

Creation Station Sponsored By:



For all your insurance needs

**AMERICAN FAMILY
INSURANCE**



P.A. Wargin Agency, Inc. (920) 794-1114

www.pamwargin.com • teamwargin@amfam.com

Tech assistance appointments

Thanks to a volunteer high school student with an interest in technology and helping people, we're able to offer one on one tech appointments on Wednesdays from 1-3 pm.

Our volunteer can help with basic technology questions across multiple devices, so make an appointment and bring in your smart phones, tablets, and laptops for user guidance.

Call 920-793-5596 and sign up for an appointment today!

Pull Tabs

Yes! We're still accepting pull tabs!

Drop your pull tabs off at the Senior Center front desk during operating hours. Proceeds from tabs go to support the Friends of the Two Rivers Senior Center, who in turn support Senior Center programming.

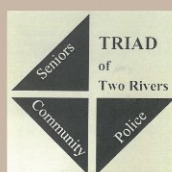
Thank you!



TRIAD *fundraiser*

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

\$36 each



Two Rivers Senior Center *Red Hattitudes*

Thursday, July 17th at 11:30 am

Join the Red Hattitudes for a meal
and a meeting at:

Tipsy Tomato Pub
1228 Memorial Dr.
Two Rivers, WI 54241

Clara is your hostess.



THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the **2nd Thursday** of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am- 4pm.



Unit 165- Two Rivers

FUNDRAISER

The American Legion Auxiliary is selling Kwik Trip gift cards with a value of either \$10 or \$20 to raise money to assist veterans with a range of needs.

Kwik Trip Gift cards will be available for purchase by cash or check at the Two Rivers Senior Center, or by contacting the auxiliary by email: auxwipost165tr@gmail.com or on Facebook



eral places of strategic interest and will discuss possible places of strategic interest

AARP Tax-Aide volunteers needed!

We are looking for friendly and service-oriented people to join our volunteer tax preparer team. You'll receive training and support, and a chance to learn new things and help others! To learn more, visit aarpfoundation.org, or call Mary Omillian at 920-793-7266

ought major changes collaborations nationally.
a Earth. We will visit several places of strategic interest and will discuss possible
Among other things will also discuss new measures

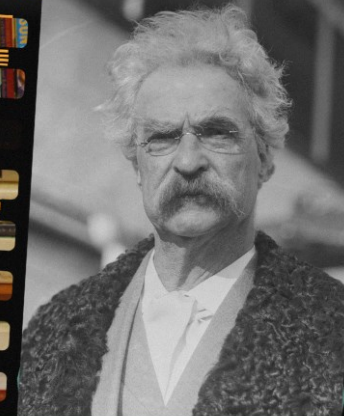
Dave Ehlert's

Mark Twain

Storytime

SEPTEMBER 22ND @ 1PM

COME DOWN TO THE SENIOR CENTER
AND ENJOY STORIES BY MARK TWAIN
AS PORTRAYED BY ENTERTAINER DAVE
EHLERT! CALL TO SIGN UP TODAY!



TWO RIVERS PARKS + REC CONCERTS IN THE PARK



THE FRIENDS OF THE TWO
RIVERS SENIOR HAVE
SPONSORED THE DEL RAYS
FOR THE CONCERT IN THE
PARK SERIES. COME ENJOY
MUSIC, CONCESSIONS, AND
SUPPORT THE SENIOR CENTER
THROUGH RAFFLE BASKETS
AND A 50/50 RAFFLE!

Rockin' for a
Reason!



THE DEL RAYS
08.21.25

CENTRAL PARK WEST
6-8PM

Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

2025

**BREWERS AT WRIGLEY
FIELD DAY TRIP**
JUNE 19th

SOLD OUT

ALASKA: CALL OF THE WILD
July 24th - 30th

**SIGN UP
CLOSED**

LAMBEAU FIELD DAY TRIP
August 7th

MACKINAC ISLAND
September 1st - 5th

SOLD OUT

**JOHN MICHAEL KOHLER ARTS
CENTER DAY TRIP**
September 25th

**ALBUQUERQUE BALLON FIESTA
& SANTA FE**
October 3rd - 8th

**SIGN UP
CLOSED**

**DISCOVER SWITZERLAND,
AUSTRIA, & BAVARIA**
October 15th - 24th

**SIGN UP
CLOSED**

SOUTHERN CHARM HOLIDAY
December 2nd - 8th

2026

SUNNY PORTUGAL
March 5th - 14th

**DISCOVER AMERICA'S MUSIC
CITIES**
April 30th - May 7th

ICELAND EXPLORER
June 10th - 17th

**MAJESTIC CANADIAN
ROCKIES**
June 14th - 20th

**DISCOVER JAPAN BY BULLET
TRAIN**
November 5th - 17th

SOUTH PACIFIC WONDERS
November 5th - 17th

**Call for availability.
Sign up today! 920-793-5596*

SEPTEMBER 25TH

\$40 MEMBERS \$45 NON-MEMBERS

REGISTER BY: 8/25/25



**John Michael
Kohler Arts Center**

Day Trip!

Head to Sheboygan with us!

Stop for a guided tour of the John Michael Kohler Arts Center with time in the galleries in the morning, lunch at the CAFE, and an afternoon browsing the shops on 8th street. Return home by 4pm. All tax and gratuity included.

Choice of lunch from CAFE @ registration

Chicken Caesar Wrap
Hummus & Veggie Wrap
Caesar Salad

Grilled Chicken CAFE Salad
Cranberry Spinach Salad

*all meals come with a side, cookie, and bottled water.

Depart from the SC at 9:15, or Perkins Park & Ride at 9:30

COLLETTE TRAVEL SHOW

JULY 22 @ 10 AM

Let our Collette Travel Guide show you what awaits you on their trips to Sunny Portugal, America's Music Cities, and The South Pacific.

PREMIER TRAVEL SHOW

AUGUST 5 @ 10 AM

Let our Premier travel agent guide you through their trips to "A Culinary Journey Through Tuscany & Florence", and "Discover America's Music Cities"

PERSONALIZED TOURS TRAVEL SHOW

SEPTEMBER 2 @ 3:30 PM

Come chat with a travel agent and find out what kinds of tours are available through Personalized Tours, out of Waldo, WI!

PREMIER TRAVEL SHOW

OCTOBER 15 @ 2 PM

Let our Premier travel agent guide you through their trips of "Iceland Explorer" and "Majestic Canadian Rockies".

COLLETTE TRAVEL SHOW

OCTOBER 22 @ 1 PM

Let our Collette Travel Guide show you what awaits you on their trips to The South Pacific and The Christmas Markets of Montreal & Quebec.



BOOK NOW

CALL: 920-793-5596
FOR MORE INFORMATION



with the

*Two Rivers
Senior Center*



2025



 **collette**

SOUTHERN CHARM HOLIDAY

Enjoy a tour through South Carolina and Georgia with stops in Charleston at the Boone Hall Plantation, and experience the James Island county Park Holiday Display. In Savannah, experience your choice of Trolley tour or Haunted Savannah walking tour, St. Simons Island, and caroling. Final payment due 9/3/25
\$3,699 pp Double December 2nd - 8th, 2025

2026



 **collette**

SUNNY PORTUGAL

Enjoy a choice of art or commerce walking tour in Lisbon, Visit a cork factory, Evora, Alentejo, Lagos, Algarve, Portimao, Setubal, Portugese Riviera, Obidos, and a walking tour of the National Palace of Sintra, or a UNESCO world Heritage Site. Final payment 12/5/25

\$3,999 pp Double

March 5 -14, 2026



PREMIER
WORLD DISCOVERY

A CULINARY JOURNEY THROUGH TUSCANY & FLORENCE

5 nights in Tuscany followed by 2 nights in Florence. Attend a pasta making class, wine tasting, guided talking tours, with delicious food experiences throughout. Activity level 4 . Final payment. due 1/21/26
\$5,149 pp Double April 21 - 30, 2026



PREMIER
WORLD DISCOVERY

DISCOVER AMERICA'S MUSIC CITIES

Enjoy stops in Nashville TN, Memphis TN, Oxford MS, and New Orleans LA. Visit the French Quarter, Jazz Revue, Grammy Museum, Graceland, a Civil Rights Tour, Grand Ole Opry Show, Country Music Hall of Fame, Historic RCA Studio B, and a choice of Goo Goo Cluster Candy or Johnny Cash Museum tours. Final Payment due 1/30/26

\$3,799 pp double

April 30 - May 7, 2026

BOOK NOW

CALL: 920-793-5596
FOR MORE INFORMATION



with the

*Two Rivers
Senior Center*



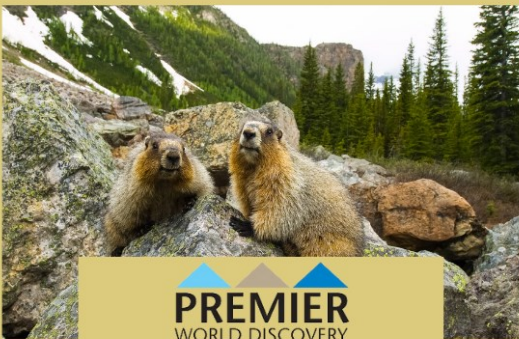
ICELAND EXPLORER

Spend 5 nights in breathtaking Reykjavik. Visit museums, hot springs, The Blue Lagoon, national parks, waterfalls, and more. Activity level 3.

Final payment due 3/10/26

\$5,199 pp Double

June 10 - 17, 2026



MAJESTIC CANADIAN ROCKIES

Spend 5 nights in Banff National Park! Explore Banff National Park with tours on Emerald, Peyto, and Moraine lakes, The Columbia Icefields, and more.

Activity Level 2. Final payment deadline 3/14/26

\$4,225 pp Double

June 14 - 20, 2026



DISCOVER JAPAN BY BULLET TRAIN

Catch the bullet train through Tokyo, Kyoto, Hiroshima, and Himeji. Take a tour through the Imperial Palace and Est Gardens of Tokyo. Visit the Tsukiji fish market, Mt. Fuji, Hiroshima Peace Memorial Park & Museum, Himeji Castle, and more! Tour activity level 3.

Final payment due 8/5/25

\$8,249 pp Double.

November 5th - 17th



SOUTH PACIFIC WONDERS

INFORMATION INCOMING!

THANK YOU!

WE APPRECIATE YOU!

GENERAL DONATIONS

Thank you to all those who donated anonymously!

SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars- Two Rivers), Village Green East & West

JUNE HOME DELIVERED MEAL VOLUNTEERS

1st Anderson Real Estate LLC, Hamilton Home, The Two Rivers School District, St. Peter the Fisherman Church, Two Rivers Kiwanis Club, and all the individuals who drive for us!

TREP

Birthday cake kits

The Two Rivers Senior Center is putting together birthday cake kits for TREP to give out, and is taking donations of the following items:

- Boxes of cake mix
- Canned frosting
- large birthday gift bags
- 9x13 disposable aluminum cake pans
- Birthday candles
- White soda

This project is ongoing, so there is no deadline! Please drop off your donations to the Two Rivers Senior Center front desk.



Sullivan Family Farm Market Day @ the SC!

Open to the public! Sullivan Family Farms will be at the Senior Center twice a month through summer! They will be accepting WIC and the Senior Farmer's Market Voucher program through the ADRC.

They'll be outside the 17th Street door of the SC from 9-11 am on:

**July 1st & 15th
August 5th & 19th**

TRUST car rides are available to SC members at no cost. You must schedule a ride 1 week in advance at: 920-793-5596



ADRC LUNCH PROGRAM

MONDAY- FRIDAY @ 11:30 AM

Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.

Suggested Contribution of \$7.00 for those over 60



2025 Two Rivers & Mishicot Area Dine In & Home Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Salmon, potatoes O'Brien, cabbage & carrots, rye bread, bread pudding	2 Pineapple glazed ham, cheesy potatoes, peas, WW bread, tropical fruit	3 Sloppy Joe on WW bun, cold potato salad, baked beans, cantaloupe wedge	4 Meal Site Closed. Happy 4th of July! 
7 Pork stir fry, brown/white rice, lima beans, pineapple tidbits , peanut butter cookie*	8 Baked ziti w/ ground beef, romaine side salad , country blend veggies, garlic breadstick, banana 	9 Meatloaf, mashed potatoes & gravy, California blend veggies, rye bread, chocolate pudding torte	10 Brat on WW bun, Caesar potatoes, cucumbers w/ artichoke dip, golden salad	11 Chicken rice casserole, corn, pears, WW bread, chocolate chip bar
14 Roast turkey, mashed potatoes & gravy, broccoli, WW dinner roll, pumpkin pie 	15 Tuna noodle casserole, summer squash, grapes, biscuit, lemon bar	16 Hamburger on WW bun, German potato salad, baked beans, apple bar	17 Egg, ham, & cheese scramble, diced sweet potatoes, tropical fruit, mini muffin, yogurt	18 Chicken bacon ranch casserole, country blend veggies, applesauce, dinner roll, poke cake
21 Shepherd's pie, green beans, white bread, peanut butter bar*	22 Chef salad , chicken salad on whole wheat, pears, black bean brownie	23 Baked chicken, mashed potatoes & gravy, peas, WW bread, orange dreamsicle cake	24 Cranberry meatballs, rice pilaf, carrots, marble rye bread, fruited Jello	25 Beef stroganoff over egg noodles, corn, WW dinner roll, fruit & yogurt parfait w/ granola
28 Chicken vegetable pasta, apricots, garlic bread, Black Forest Cake	29 Scalloped potatoes & ham, romaine side salad , banana, WW dinner roll 	30 Beef noodle casserole, rye bread, Mandarin oranges, angel food cake w/ strawberries	31 Lemon pepper chicken, romaine side salad w/ tomato wedges, potato bucks, WW bread, banana bar	Red items are highlighted in this month's nutrition education handout.

*Contains nuts.

Please note: our kitchen is NOT a nut-free facility.



Milk served daily.

Menu subject to change.