



# TWO RIVERS SENIOR CENTER

*Enhancing the lives of older adults*

**FEBRUARY 2026**



**VIBRANT COMMUNITY COVER SERIES**

**PHOTO CREDIT: EXPLORE TWO RIVERS, TWO RIVERS, WISCONSIN**





# ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

## Activities

Bingo	Tuesdays @ 1 pm & Fridays @ 9 am
Bowling at The Hook	Wed @ 9:15 am
Bridge Club	Mondays @ 10am
Card Creators	Wednesdays @ 10:00 am
Creation Station	Varies, see Calendar
Cribbage	Wednesdays @ 1:30 pm
Dominoes	Tuesdays @ 1:00 pm
Golf Simulator	Tuesdays 9-11 am
Mahjong	Tuesdays @ 9:30 am
Movie Matinee	Mondays @ 1:00 pm
Quilting	Fridays @ 8:30 am
Red Hattitudes	Third Thursday of the month
Sheepshead	Thursdays @ 1:00 pm

## Exercise

Fitness Fun (virtual)	Mondays @ 10 am
Simply Seniors (P&R)	Tues & Thurs @ 9:15 am
Arthritis Exercise	Tuesdays @ 10:30 am
Yoga (in person inst.)	M, W & F @ 9 am
Cardio Drumming(virtual)	Mon & Thurs @ 9:00 am

## Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

## Health

Blood Pressure- Second Tuesdays  
Health Screenings- See Calendar  
Foot Care- Monday afternoons, Tuesday & Wednesday Mornings, and Thursdays by appointment.

## Transportation

TRUST Car Door-to-Door 920-793-5596  
Assist To Transport 920-682-8820  
Maritime Metro (bus) 920-686-3560  
One-stop-shop/ Mobility mgmt. 920-686-6977

## Services

### ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180  
Heat Assistance info- November-January 1-833-646-0823  
Home Delivered Meals- Please call the ADRC 920-683-4180

### Two Rivers Senior Center Services-

Books, DVD's, & puzzles available to borrow  
Chore list (hired help)  
Reassurance Calls- During Regular Hours  
Tax Assistance (AARP) - February - April  
Tech assistance- Wednesday Afternoons- Call for an appt.  
Tours- Call for personal appointment  
Vision Assistance TV Reader available  
\*TRSC Services are open to all

### Dining Room (Koska)

Call Mary at 793-7266 for details  
Lunch: Monday - Friday @ 11:30 am



Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.



# GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



## City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow, Bruce Yungerman.

## Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.

## Friends of the Two Rivers Senior Center Board

meets the second Thurs. of each month at 10 AM.

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Ruth Kadow

Financial Secretary- Ann Plansky

Treasurer- Cindy Schmidt

Members at large- Cathy Cole, Sid Kemp

## Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

## Staff

### Senior Center Supervisor

Heather Ihlenfeldt

P: 920-793-5590

E: [heaih@two-rivers.org](mailto:heaih@two-rivers.org)

### Program Coordinator

Megan O'Connor

P: 920-793-5597

E: [megoco@two-rivers.org](mailto:megoco@two-rivers.org)

### Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266

E: [maromi@two-rivers.org](mailto:maromi@two-rivers.org)

**Two Rivers Senior Center 920-793-5596**

1520 17th Street, Two Rivers WI 54241





## ADRC Benefit specialist

Contact the ADRC at **920-683-4180** to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



## Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome. Free to everyone. Call **920-793-5596** to schedule today.



## Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays. **By appointment only.** Checks for \$25 payable directly to your nurse. Call **920-793-5596** to schedule today.



**NOW AVAILABLE 4  
DAYS A WEEK !**



# COMMITTEE ON AGING

**Next Meetings are Monday, February 2nd, and Monday, March 2nd @ 8:30 AM in the Library**

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.



## WEATHER NOTICE

**ANY TIME BAD WEATHER IS PREDICTED, IT IS UP TO THE INDIVIDUAL TO DECIDE IF THEY WANT TO ATTEND SC PROGRAMMING.**

**IF WE HAVE TO CLOSE THE SENIOR CENTER, IT WILL BE REPORTED ON SEEHAFFER BROADCASTING STATIONS, WBAY, AND WFRB, AND OUR FACEBOOK PAGE.**

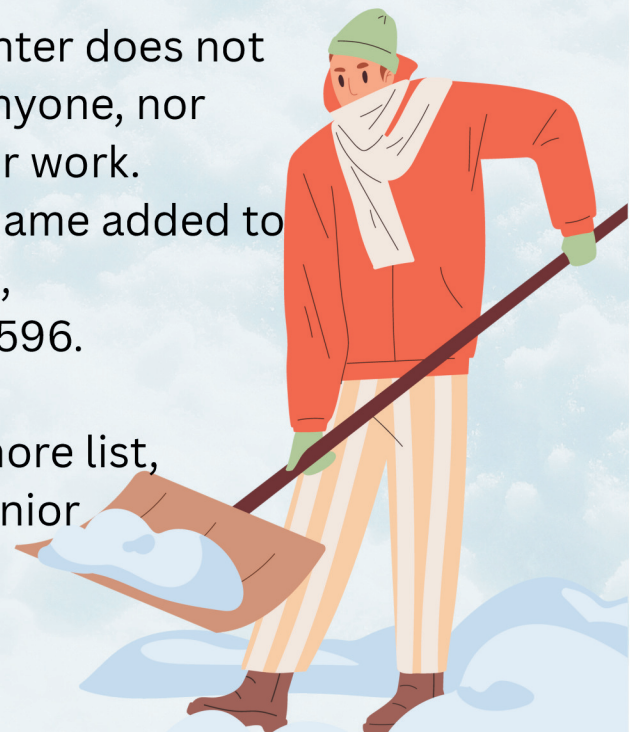
**ANYONE REGISTERED FOR A PROGRAM WILL RECEIVE A CALL TO NOTIFY THEM OF THE CLOSURE.**

## PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work. To have your name added to the list to help, call 920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.







# TECH FOR SENIORS CLASS SCHEDULE

## JANUARY INTERNET BASICS

**21**

10AM-11:30AM- KOSKA ROOM

LEARN THE BASICS ON HOW TO EASILY  
NAVIGATE WHAT THE INTERNET HAS TO OFFER!

## FEBRUARY EMAIL BASICS

**11**

10:00 AM-11:30 AM- KOSKA ROOM

LEARN HOW TO USE AND MAKE THE MOST OF  
YOUR EMAIL!

## FEBRUARY CYBERSECURITY BASICS

**18**

10-11:30 AM- KOSKA ROOM

LEARN HOW TO PROTECT YOURSELF  
FROM ONLINE THREATS.

## MARCH ANDROID MOBILE DEVICE BASICS

**11**

10-11:30 AM- KOSKA ROOM

FOR ANDROID USERS-HOW TO NAVIGATE  
YOUR MOBILE PHONE.

EVERY

**WED**

## OPEN OFFICE HOURS

3:00 PM-4:00 PM- KOSKA ROOM

GET YOUR TECH QUESTIONS ANSWERED  
AND PRACTICE NEW SKILLS!





## Pick up our newsletter at these locations !

### Two Rivers

Two Rivers Family Dental  
St. Peter the Fisherman  
The Medicine Shoppe  
Patsy's Mobil Mart  
Delwan Apartments  
Bank First National  
Meadow View  
Northland Lodge  
Lester Library  
St. Luke's Place Apts

Two Rivers Christian Thrift Store  
Mueller Manor  
Community First Bank  
River House Apts  
Fox Community Credit Union  
Shoreline Credit Union  
Hamilton Care Center  
TREP  
Washington House  
St. Vincent De Paul  
Village Green East

### Village Green West

Schroeder's/ Red Bank Coffee

### Manitowoc

ADRC of the Lakeshore  
Felician Village  
Manitowoc Public Library  
The Lakehouse - Manitowoc  
Manitowoc Senior Center  
Manitowoc County Chamber  
Manitowoc Tourist Info Center  
YMCA

# T.R.U.S.T. Car

Two Rivers Unique Senior Transportation

**The Two Rivers Senior Center TRUST car is available to take you to do all of your Two Rivers errands, whether shopping, social, or medical.**

This service is for members of the Senior Center who are living in Two Rivers.

Members can buy a TRUST card for \$15 either at the Senior Center front desk, or directly from the driver. Cash or check are accepted. Each card has 10 punches on it, and each stop takes one punch.

Members must call at least one day ahead of time to schedule a ride, as there are no same day rides scheduled. Rides can be scheduled months ahead!

For more information, or to schedule a ride, call 920-793-5596

All trips to and from the Senior Center are **FREE!**





# Memberships

**\$20/yr per person  
\$225 for a lifetime!**

**Stop in and sign up or renew your membership  
anytime during office hours!**

Membership is open to anyone 50 years and older. A Senior Center membership grants you access to many of our programs at no additional cost such as Movie Matinees, Mahjong, Bridge Club, Card Creators, Fitness Fun, Cardio Drumming, Sheepshead, trip discounts, parties, and more!

Memberships are payable by cash or check. We cannot accept cards at this time.

**ATTENTION**

## **Newsletter Fee Update for 2026**

For 2026 annual fee to have our newsletter mailed to you has **increased from \$25 to \$30**. This small increase is necessary to help cover the rising cost of postage. We appreciate your understanding and continued support as we work to keep you informed and connected.

## **Membership Fee Update for 2026**

For 2026, our annual membership fee has **increased from \$15 to \$20**.

The last time our membership fee was adjusted was in 2016, and after a decade, we are implementing a **modest \$5 increase**. This adjustment will help us cover rising operational costs and the increased expenses associated with services and programming for seniors. We appreciate your understanding and continued support as we work to maintain the quality programs and resources our members value. If you would like assistance paying your fees, please contact Heather at 793-5590 to discuss our Golden Givers assistance program, made possible by the Friends of the Two Rivers Senior Center.



## WAYS MEMBERS CAN SUPPORT THE FRIENDS OF THE TWO RIVERS SENIOR CENTER

- Name the Friends of the Two Rivers Senior Center as the beneficiary of your non-probate assets. This is a way to donate that doesn't cost you anything during your lifetime.
- If you are a member of Thrivent, designate the Senior Center as a recipient of your Thrivent Choice Dollars. You can also lead a Thrivent Action Team to benefit the Senior Center.
- Donate an old car and designate the Senior Center as the recipient of the funds. Information can be found at [careasy.org](http://careasy.org)
- Purchase greeting cards (anytime), raffle tickets (when offered), and TRUST car tickets for yourself or to donate to someone else.
- Collect aluminum tabs and used ink cartridges, and donate them to the Senior Center
- Donate your time or skills.
- Participate in your employee gift matching programs.
- Donate Cash.
- Donate Stocks.
- Make qualified charitable distributions from your retirement account.
- Leave a bequest in your will.

The Friends of the Two Rivers Senior Center is a qualifying 501 c3 corporation and may receive donations that are tax-deductible to the donors. Contact Heather, the Senior Center Supervisor, at 920-793-5590 for information on making a tax-deductible donation.

### Raffle basket items-

**The Senior Center is in search of items suitable for raffle baskets. Items must be new. Puzzle books, knickknacks, Skin care items, local gift cards, and shelf stable treats are some examples of sought after items. You can turn items in to the Senior Center front desk.**





# IT'S ALL FUN AND GAMES...

Come and join in the fun! To sign up ahead of time,  
give us a call at 920-793-5596

## Bridge Club

Mondays  
@ 10:00  
In the SC Library

## Bowling

Wednesdays  
@ 9:15  
At the Hook

## Mahjong

Tuesdays  
@ 9:30

In the SC  
Library

## Cribbage

Wednesdays  
@ 1:30  
In the SC  
Library

## Bingo

Tuesdays  
@ 1:00

In the Koska  
Room

## Sheepshead

Thursdays  
@ 1:00  
In the SC  
Library

## Dominoes

Tuesdays  
@ 1:00

In the SC  
Library

## Bingo Brunch

Fridays  
@ 9:00  
In the Koska  
Room

Play Canasta? The Senior Center is putting out feelers to get a regular group  
together to play. If you're interested in playing at the Senior Center, please call  
Megan at 793-5597.



# Exercise

Call: 920-793-5596 to register for classes.

## Senior Yoga

**Mondays,  
Wednesdays,  
&  
Fridays  
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

## Fitness Fun

**Mondays  
@ 10**

Join this eclectic virtual exercise class for all fitness levels.

Activities include dancing, cardio, and more!  
Classes are held in the Koska room.

Senior Center Class

## Arthritis Exercise

**Tuesdays  
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.

Senior Center Class

## Cardio Drumming

**Mondays  
&  
Thursdays  
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Koska Room.

Senior Center Class





# THANK YOU!

## WE APPRECIATE YOU!

### GENERAL DONATIONS

*Lou Ann Smith, and Thank you to all those who donated anonymously!*

### SUPPORTING BUSINESSES AND ORGANIZATIONS

*Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars- Two Rivers), Village Green East & West*

### JANUARY HOME DELIVERED MEAL VOLUNTEERS

*1st Anderson Real Estate LLC, Hamilton Health Services, The Two Rivers School District, Grace Church, Two Rivers Fire Department, Two Rivers Fish Derby Inc., and all the individuals who drive for us!*

## TREP *Birthday cake kits*

The Two Rivers Senior Center is putting together birthday cake kits for TREP to give out, and is taking donations of the following items:

- Boxes of cake mix
- Canned frosting
- large birthday gift bags
- 9x13 disposable aluminum cake pans
- Birthday candles
- Cans of White soda

This project is ongoing, so there is no deadline! Please drop off your donations to the Two Rivers Senior Center front desk.





# GOLF SIMULATOR SENIOR CENTER HOURS!

The Senior Center has reserved the simulator every Tuesday from 9-11 am for members to come and play all of the games that the simulator has to offer, such as-



Golf, Cornhole , Bowling, Foot golf,  
Disc Golf, Soccer, Dodgeball,  
Hockey, Pitching, and more!

**CALL OR STOP IN  
TO SIGN UP TODAY!**

**920-793-5596**



## SteppingOn

© Clemson, Swann & Mahoney, 2022

Back by popular demand, the Aging and Disability Resource Center's Stepping On class will have another session in the spring, which will run from **March 11th through April 22nd.**

**This 7 week workshop will teach you how:**

- To spot fall hazards.
- How vision, medications, and footwear affect your balance.
- Easy at-home exercises to build strength and improve balance.
- How to safely get back up if you ever take a tumble.

**Call 920-793-5590 to sign up today!**



## UPCOMING EVENTS

**KUMMER, LAMBERT,  
FOX, GLANDT &  
NELSON, LLP**

## LEGAL APPOINTMENTS

The law offices of Kummer, Lambert, Fox, Glandt, and Nelson, LLP will be offering appointments to consult on general legal matters.

The next appointment dates are:  
February 26th and March 26th from 1:30 -3:30 pm.  
Each appointment is 30 minutes maximum.

Call the Senior Center at 920-793-5596 to make an appointment.

## STEPPING UP YOUR NUTRITION

Mark your calendars! This nutrition information class will be held on April 27th from 1-3 pm. WATCH THE NEWSLETTER FOR MORE INFORMATION!

## Sip and Swipe: Beginner Technology Class

Join the Aging and Disability Resource Center for this two-part class that teaches you technology basics in a safe, secure environment. February 25 & March 4th 2-4 pm @ The ADRC.

**Call the ADRC to register today!**  
**877-416-7083**

## Book Club?

The Senior Center, in partnership with the Lester Public Library, is looking to revive our monthly book club. If you are interested in joining, please call Megan and ask to have your name added to the list. Once we have a handful of interested members, we'll hold a meeting to get organized. 920-793-5597



# Cork & Canvas

## Spring Edition



Join Megan and paint these adorable spring shoes. Enjoy a casual atmosphere and light snacks and refreshments, both soft and hard.

**Tuesday, April 14th 5-7 PM**

Call 920-793-5596 or stop in to sign up by Friday, 4/3!

**\$15**  
Members

**\$30**  
Non-Members



# HAPPY BIRTHDAY!

## **FEBRUARY 1**

Alice Gordon  
Jennifer Hudon  
Sharon Kitzerow  
Gregory Morgan  
Ruth Petri  
Lou Ann Smith

## **FEBRUARY 1**

Robert Gahl  
Mike Monka  
Jean Mulhaney  
Christine Reagan  
Barb Wachowski  
Karen Zander

## **FEBRUARY 3**

Allen Beranek  
Connie Hendries  
Julie Hippert

## **FEBRUARY 4**

Dan Zachek

## **FEBRUARY 5**

Renee McDougall  
Cheryl Pitrie  
Sandra Way

## **FEBRUARY 6**

Mark Bittner  
Darlene Goldschmidt  
Diane Grimmer  
Ricky Henrickson  
Dan Krizizke  
Linda LeClair  
Stephen Theiss

## **FEBRUARY 7**

Joyce Marczak

## **FEBRUARY 8**

David Franz  
Eunice Kuehn  
Jeanette Meunier  
Mary Jo Mott  
Carol Schultz

## **FEBRUARY 9**

John Hebel  
Jan Klein

## **FEBRUARY 10**

Dan Tegen

## **FEBRUARY 11**

Casimer Drenski  
Marlene Hartlich  
Rita Lorrigan  
Carol Wachholz

## **FEBRUARY 12**

David Hilke  
Joyce Marcelle  
Barbara Sitkiewitz

## **FEBRUARY 13**

Betsy Freiberg  
Janet Haws

## **FEBRUARY 14**

George Bamman  
Keith Galbraith  
Ralph Schlueter

## **FEBRUARY 15**

Jeff Hansen  
Larry Wensauer

## **FEBRUARY 16**

Lisa Bowie

## **FEBRUARY 17**

Carol Jaeger  
Ken Ray  
Carol Shedivy

## **FEBRUARY 18**

Nancy Gamble  
Ruth Klein  
Gail Shimulunas

## **FEBRUARY 19**

Rita Klein  
Mary Rehrauer  
Arlene Vogel

## **FEBRUARY 20**

Sharon Arnold  
Cindy Breuchel  
Linda Forry  
Mary Karbon  
Sandy Larson  
Diann Moore  
Alice Sheehan

## **FEBRUARY 21**

Charles Curtis  
Gerald Kirk  
Mary Peterik  
Mary Stegemann

## **FEBRUARY 22**

Donna Franz  
Barb Ott

## **FEBRUARY 23**

Shelby Bohman  
Eugene Warner

## **FEBRUARY 24**

Tim Abendroth  
Lynne Frank  
Linda Kurtz  
Theo Lynne Hoffman  
Larry Wilker

## **FEBRUARY 25**

Robert L Hoffman  
Robert Klabunde

## **FEBRUARY 26**

Teresa Brendemuehl  
David Gallagher  
Cheryl Gibbs  
Barbara Nordstrom

## **FEBRUARY 27**

Patricia Klein  
Terry Mattie  
Jim Michalek

## **FEBRUARY 28**

Lee Pilger  
Gene Stec

## **FEBRUARY 29**

Walter Duval



## *Happy Anniversary*

***February 11***

John & Jacque Moseler

***February 14***

Sid & Sue Kemp

***February 14***

Gary & Gesine McVey

***February 21***

James & Cindy Haese

***February 23***

Patrick & Sue Zur

***February 28***

Keith & Roberta Galbraith



# PIE SALE!

**WHOLE = \$15**

**SLICES = \$3**

**RASPBERRY CUSTARD**

**RHUBARB CUSTARD**

**APPLE**

**CHERRY**

**PECAN**

**PRE ORDERS STRONGLY RECOMMENDED. STOP IN OR CALL 920-793-5596**

**ORDER BY 3/6**

**PICK UP 3/12 & 13**



# CARS Program

This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit:  
[careasy.org/nonprofit/friendsofthetworiversseniorcenter](http://careasy.org/nonprofit/friendsofthetworiversseniorcenter)  
or call 855-500-7433



# COFFEE WITH A COP

Come chat with Police  
Department officers at the  
Two Rivers Senior Center!



10-11 AM

NEXT MEETINGS:  
February 4th  
March 1st  
April 1st





NOW SHOWING

MOVIE MATINEE- MONDAYS @1PM

### February 2nd- Dreamgirls-

Deena (Beyoncé Knowles), Effie (Jennifer Hudson) and Lorrell (Anika Noni Rose) form a music trio called the Dreamettes. When ambitious manager Curtis Taylor Jr. (Jamie Foxx) spots the act at a talent show, he offers the chance of a lifetime, to be backup singers for a national star (Eddie Murphy). Taylor takes creative control of the group and eventually pushes the singers into the spotlight. However, one becomes the star, forcing another out, which teaches them about the high cost of fame. - IMDb  
Rated PG-13. Run time 2 hrs 10 minutes.

### February 9th- Bourne Identity-

A man, salvaged, near death, from the ocean by an Italian fishing boat. When he recuperates, the man suffers from total amnesia, without identity or background, except for a range of extraordinary talents in fighting, linguistic skills and self-defense that speak of a dangerous past. He sets out on a desperate search-assisted by the initially rebellious Marie, to discover who he really is, and why he's being lethally pursued by assassins. - IMDb  
Rated PG-13. Run time 1 hr 59 min.

### February 16th- Wake up Dead Man: A Knives Out Mystery

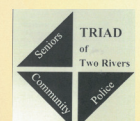
A baffling death inside a quiet church draws Benoit Blanc into a tense investigation where faith secrets and suspicion blur as a close community turns against itself. - IMDb  
Rated PG-13. Run time 2 hr 24 min..

### February 23rd- Wicked: For Good-

Now demonized as the Wicked Witch of the West, Elphaba lives in exile in the Ozian forest, while Glinda resides at the palace in Emerald City, reveling in the perks of fame and popularity. As an angry mob rises against the Wicked Witch, she'll need to reunite with Glinda to transform herself, and all of Oz, for good.- IMDb  
Rated PG. Run time 2 hr 17 min..

Pre-register by calling 920-793-5596. Space is limited

Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.







# CARD CREATORS

Wednesdays @10am  
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING  
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

## Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in  
the Library**

Call 920-793-5596 to register

## Creation Station

### COOKIE CUTTER BIRD FEEDERS

Follow the directions provided to create these delicious Bird treats!

To reserve your kit, call 920-793-5596.  
Call by Friday, February 13th.

Kits will be ready for pick up February 27th  
at the Senior Center front desk.

One kit per person. Additional kits may be  
purchased for the guest price of \$5.

**Members FREE, Guest \$5**

*Creation Station Sponsored By:*



**AMERICAN FAMILY  
INSURANCE**

**P.A. Wargin Agency, Inc. (920) 794-1114**

**www.pamwargin.com • teamwargin@amfam.com**





# Brewer's Game vs Giants

**THURSDAY, JUNE 4, 2026**

**\$159 per person**

## **PRICE INCLUDES:**

**\$36 FOOD / DRINK VOUCHER**

**COVERED SEATING AT THE BREWERS VS. GIANTS GAME**

**DELUXE MOTORCOACH TRANSPORTATION**

**PERSONALIZED TOUR DIRECTOR.**

**DEPART THE S.C. AT 9:30 AM**

**DEPART MANITOWOC PARK & RIDE AT 10 AM**

**RETURN AT 6 & 6:30 PM**



*Planned With You In Mind*

*Step in to sign up today!*

## **TREP** *Birthday cake kits*

The Two Rivers Senior Center is putting together birthday cake kits for TREP to give out, and is taking donations of the following items:

- Boxes of cake mix
- Canned frosting
- large birthday gift bags
- 9x13 disposable aluminum cake pans
- Birthday candles
- Cans of White soda

This project is ongoing, so there is no deadline! Please drop off your donations to the Two Rivers Senior Center front desk.

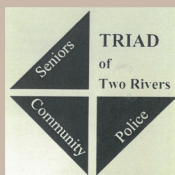




# TRIAD *fundraiser*

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

**\$36 each**



## THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the **2nd Thursday** of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

**920-684-7117 M-TH 9am- 4pm.**

## Two Rivers Senior Center *Red Hattitudes*

**Thursday, February 19th  
at 12:00 pm**

**Join the Red Hattitudes  
for a meal and a meeting at:**

Montana Rae's  
1713 East Street  
Two Rivers, WI 54241

Sandy is your hostess.



**Unit 165- Two Rivers**

## FUNDRAISER

The American Legion Auxiliary is selling Kwik Trip gift cards with a value of either \$10 or \$20 to raise money to assist veterans with a range of needs.

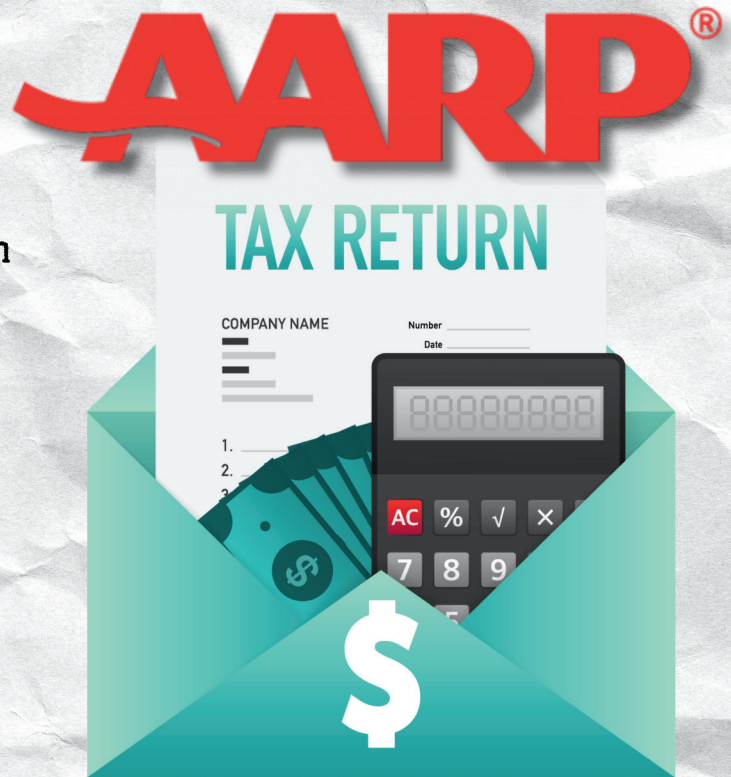
Kwik Trip Gift cards will be available for purchase by cash or check at the Two Rivers Senior Center, or by contacting the auxiliary by email: [auxwipost165tr@gmail.com](mailto:auxwipost165tr@gmail.com) or on Facebook





# AARP TAX PREPARATION SIGN UP!

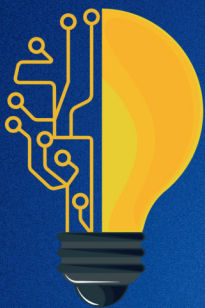
**NOW OPEN**— as of January 2<sup>nd</sup>, the Senior Center is taking appointments for the 2026 tax season. Call 920-793-5596 to sign up for an appointment. Appointments are required. This is a very popular program, so making appointments well in advance is recommended, even if you have not yet received all of your documents.



## Tech assistance appointments available now!

By appointment only. Stop in or call to make an appointment to sit with DeAngelo, a high school student, who would like to help seniors with basic technology questions.

Call 920-793-5596



You can have our monthly newsletter and activity calendar emailed to you each month FREE! Email your information to Megan at [megoco.two-rivers.org](mailto:megoco.two-rivers.org) to sign up!



# Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

**2026**

## **SUNNY PORTUGAL**

March 5th - 14th

## **DOOR COUNTY YOGA RETREAT WITH CATHY**

April 21st - 23rd

## **A CULINARY JOURNEY THROUGH TUSCANY & FLORENCE**

April 21st - 30th

## **DISCOVER AMERICA'S MUSIC CITIES**

April 30th - May 7th

## **HOLLAND TULIP TIME**

May 7th - 10th

## **BREWER'S VS GIANTS**

June 4th

## **ICELAND EXPLORER**

June 10th - 17th

## **MAJESTIC CANADIAN ROCKIES**

June 14th - 20th

## **MACKINAC ISLAND**

October 6th - 9th

## **SOUTH PACIFIC WONDERS**

October 13th - 27th

## **DISCOVER JAPAN BY BULLET TRAIN**

November 5th - 17th

## **CHRISTMAS MARKETS OF MONTREAL AND QUEBEC CITY**

December 10th - 16th

*\*Call for availability.*

**Sign up today! 920-793-5596**

**2027**

**INFORMATION INCOMING SOON!**





# Chair Yoga Retreat w/Cathy

DATES: APRIL 21 - 23, 2026

Register today through the Two Rivers Senior Center



## *What's Included*

- Transportation from Two Rivers
- A stop at Oneida Casino
- 2 nights lodging with breakfast
- \$25 Resort certificate
- Welcome gathering w/hors d'oeuvres
- Daily Yoga & Meditation
- Door County Candle Company private candle making class
- Local wine tasting
- A stop at the Mulva Cultural Center
- Lots of fun!

## *Investment*

Double Occupancy at Stone Harbor Resort in Sturgeon Bay.

**Hold** your space with a \$100 deposit.

Total Cost \$550/pp

Single Supplement add'l \$75

Minimum 12ppl to hold retreat so register early!





# Holland Tulip Time May 7-10th



Travel to Holland, Michigan to take in the sights and sounds of their annual Tulip time Festival. Highlights include Windmill Island Gardens, Veldheer Tulip Gardens, and a guided tour of Holland, MI. Performance opportunities include The Texas Tenors, The Volksparade, and The Suite Surrender Theater Show. Transportation, 3 nights accommodation, 3 breakfasts, 1 lunch, and 2 dinners, and a personalized tour guide.

Per Person  
Occupancy:

\$1748 Single  
\$1448 Double  
\$1378 Triple

\$500 due at reservation.  
Stop in to sign up today!



# Mackinac Island October 6-9th



Catch the ferry out to Mackinac Island to enjoy a 3 night stay at The Grand Hotel. Get out and experience the Soo Locks, a horse drawn carriage tour, and shops galore. Enjoy an elegant evening at The Grand Hotel, with a 5 course dinner and a performance by the Grand Hotel Orchestra. Take time for shopping and exploration on the Island, including stops at artisan shops and boutiques, and of course, fudge!

Per Person  
Occupancy:

\$2,765 Single  
\$2,199 Double

\$500 due at reservation.  
Stop in to sign up today!



**BOOK NOW**

**CALL: 920-793-5596**

FOR MORE INFORMATION



with the

*Two Rivers  
Senior Center*



**2026**



 **collette**

## **SUNNY PORTUGAL**

Enjoy a choice of art or commerce walking tour in Lisbon, Visit a cork factory, Evora, Alentejo, Lagos, Algarve, Portimao, Setubal, Portugese Riviera, Obidos, and a walking tour of the National Palace of Sintra, or a UNESCO world Heritage Site. Final payment 12/5/25

\$3,999 pp Double

March 5 -14, 2026



 **PREMIER**  
WORLD DISCOVERY

## **A CULINARY JOURNEY THROUGH TUSCANY & FLORENCE**

5 nights in Tuscany followed by 2 nights in Florence. Attend a pasta making class, wine tasting, guided talking tours, with delicious food experiences throughout. Activity level 4 . Final payment. due 1/21/26  
\$5,149 pp Double April 21 - 30, 2026



 **collette**

## **DISCOVER AMERICA'S MUSIC CITIES**

Enjoy stops in Nashville TN, Memphis TN, Oxford MS, and New Orleans LA. Visit the French Quarter, Jazz Revue, Grammy Museum, Graceland, a Civil Rights Tour, Grand Ole Opry Show, Country Music Hall of Fame, Historic RCA Studio B, and a choice of Goo Goo Cluster Candy or Johnny Cash Museum tours. Final Payment due 1/30/26

\$3,799 pp double

April 30 - May 7, 2026



 **PREMIER**  
WORLD DISCOVERY

## **ICELAND EXPLORER**

Spend 5 nights in breathtaking Reykjavik. Visit museums, hot springs, The Blue Lagoon, national parks, waterfalls, and more. Activity level 3.  
Final payment due 3/10/26

\$5,199 pp Double

June 10 - 17, 2026



**BOOK NOW**

**CALL: 920-793-5596**  
FOR MORE INFORMATION



with the

*Two Rivers  
Senior Center*



**PREMIER**  
WORLD DISCOVERY

## MAJESTIC CANADIAN ROCKIES

Spend 5 nights in Banff National Park! Explore Banff National Park with tours on Emerald, Peyto, and Moraine lakes, The Columbia Icefields, and more. Activity Level 2. Final payment deadline 3/14/26

\$4,225 pp Double

June 14 - 20, 2026



 **collette**

## SOUTH PACIFIC WONDERS

Start your tour of the South Pacific in Cairns, Australia. Experience a guided tour of the Reforestation Nature Park, a tour of the Great Barrier Reef in a glass bottom boat, and stops in Sydney and Christchurch. End your tour in Queenstown with a trip on a coal fired lake cruise. Final payment due 7/5/26

\$8,449 pp Double.

October 13th - 27th, 2026



**Diamond Tours**  
inc.  
Bringing Group Travel to a Higher Standard

## DISCOVER JAPAN BY BULLET TRAIN

Catch the bullet train through Tokyo, Kyoto, Hiroshima, and Himeji. Take a tour through the Imperial Palace and Est Gardens of Tokyo. Visit the Tsukiji fish market, Mt. Fuji, Hiroshima Peace Memorial Park & Museum, Himeji Castle, and more! Tour activity level 3.

Final payment due 8/5/26

\$8,249 pp Double.

November 5th - 17th, 2026



 **collette**

## CHRISTMAS MARKETS OF MONTREAL & QUEBEC

Visit Quebec City's German Christmas Markets, Montreal's Christmas Markets, Montmorency Falls, The Maple Sugar Shack, The Buche de Noel Workshop, and more! Final payment due 9/11/26

\$8,249 pp Double.

December 10th - 16th, 2026



# Congregate Lunch Open House

Sponsored by the Friends of the Two Rivers  
Senior Center

Curious about eating lunch at the Senior Center? Sign up for one of our quarterly “try-it Friday” lunch dates! These Friday meals are free to anyone 60+ who is interested in trying out lunch and meeting friends, new and old, here at the Senior Center, either for the first time, or after a lengthy hiatus!

Just like with any congregate meal, you must sign up by **11 am the day before**, and completing the Older Americans Act paperwork is required, which can be filled out when you come to dine with us. The first “try-it Friday” will be: **FRIDAY, MARCH 27 @ 11:30am.**

**MENU: BAKED CHICKEN, MASHED POTATOES, VEGGIE BLEND, DINNER ROLL, CHOCOLATE PUDDING TORTE**

**Call 793-5596 or stop in to sign up today!**

## **ADRC LUNCH PROGRAM**

**MONDAY- FRIDAY @ 11:30 AM**

**Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.**




**Suggested Contribution of \$7.00 for those over 60**



2026  
Two Rivers/Mishicot  
Area Dine In & Home  
Delivered Meals

# February



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken tacos, refried beans, corn, golden salad 	3 Beef pepper steak, potato casserole, broccoli, WW dinner roll, strawberry pretzel bar	4 Lasagna, capri blend veggies, peaches, apple pie square	5 Chicken Caesar salad, broccoli cheddar soup, dinner roll, chocolate mousse	6 Tilapia, potato O'Brien, cabbage & carrots, rye bread, bread pudding
9 Meatballs, egg noodles, wax beans, fresh fruit, peanut butter cookie*	10 Chili, sweet 'n' sour chicken wrap, three bean salad, applesauce, lemon bar	11 Baked chicken, whipped potatoes & gravy, carrots, <b>whole wheat bread</b> , cherry cake	12 Ham, cheesy potatoes, green beans, dinner roll, pears	13 Seafood pasta, romaine salad, country blend veggies, Valentine cookie
16 Orange chicken, brown/white rice, broccoli, pineapple, dreamsicle cake	17 Meatloaf, mashed potatoes & gravy, winter blend veggies, rye bread, chocolate pudding torte 	18 Brat on WW bun, Caesar potatoes, baked beans, golden salad	19 Bacon cheeseburger casserole, <b>romaine salad</b> , carrots, banana	20 Chicken dumpling soup, ham salad on rye, cucumber salad, pears, polka dot bar
23 Beef stroganoff, mashed potatoes & gravy, corn, WW dinner roll, <b>mixed berry</b> & yogurt parfait w/ granola	24 Beef vegetable soup, ham & turkey sandwich, Mandarin oranges, angel food cake w/ strawberries	25 Pesto chicken, romaine salad w/ tomato wedges, potato bucks, WW bread, <b>black bean</b> brownie	26 Tuna noodle casserole, winter squash, grapes, chocolate chip cookie 	27 Salisbury steak, mashed potatoes & gravy, broccoli, WW bread, fruited Jello w/ whipped topping

\*Contains nuts.

Please note: our  
kitchen is NOT a  
nut-free facility.



Menu subject  
to change.

Items in red are highlighted in this  
month's nutrition education handout.