

February

MON

TUE

WED

THU

FRI

8:30 Committee on Aging
9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Dreamgirls

8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

8:30 Footcare Appt
9:00 Yoga
9:15 Bowling @ the Hook
10:00 Card Creators
10:00 Coffee with a Cop
11:30 Lunch
1:30 Cribbage
3:00 Tech appointments

5
8:30 Benefit Specialist
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

6
8:30 Quilting
9:00 BINGO Brunch
9:00 Yoga
11:30 Lunch

9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: The Bourne Identity

8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
10:30 BP Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes

11
8:30 Footcare Appt
9:00 Yoga
9:15 Bowling @ the Hook
10:00 Card Creators
10:00 Tech class
11:30 Lunch
1:30 Cribbage
3:00 Tech appointments

12
8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

13
8:30 Quilting
9:00 BINGO Brunch
9:00 Yoga
11:30 Lunch

Creation Station Deadline

9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Wake Up Dead Men

16
8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

17
8:30 Footcare Appt
9:00 Yoga
9:15 Bowling @ the Hook
10:00 Card Creators
10:00 Tech class
11:30 Lunch
1:30 Cribbage
3:00 Tech appointments

18
8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
11:30 Red Hattitudes
1:00 Sheepshead

19
8:30 Quilting
9:00 BINGO Brunch
9:00 Yoga
11:30 Lunch

9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Wicked: for Good

23
8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

24
8:30 Footcare Appt
9:00 Yoga
9:15 Bowling @ the Hook
10:00 Card Creators
10:00 Tech class
11:30 Lunch
1:30 Cribbage
3:00 Tech appointments

25
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead
1:30 Legal Appts

26
8:30 Quilting
9:00 BINGO Brunch
9:00 Yoga
11:30 Lunch

Creation Station Pick up