



Two Rivers Senior Center

ENHANCING THE LIVES OF
OLDER ADULTS

August 2025



Photo by 2025 Photo Contest
Winner: Michael Henderson



ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

Activities

| | |
|---------------------|----------------------------------|
| Bingo | Tuesdays @ 1 pm & Fridays @ 9 am |
| Bowling at The Hook | will resume in fall |
| Bridge Club | Mondays @ 10am |
| Card Creators | Wednesdays @ 10:00 am |
| Creation Station | Varies, see Calendar |
| Cribbage | Wednesdays @ 1:30 pm |
| Dominoes | Tuesdays @ 1:00 pm |
| Golf Simulator | Tuesdays 9-11 am |
| Mahjong | Tuesdays @ 9:30 am |
| Movie Matinee | Mondays @ 1:00 pm |
| Quilting | Fridays @ 8:30 am |
| Red Hattitudes | Third Thursday of the month |
| Sheepshead | Thursdays @ 1:00 pm |

Exercise

| | |
|-----------------------------|------------------------|
| Fitness Fun (virtual) | Mondays @ 10 am |
| Simply Seniors (P&R) | Tues & Thurs @ 9:15 am |
| Arthritis Exercise | Tuesdays @ 10:30 am |
| Yoga (in person instructor) | Mon & Wed @ 9 am |
| Cardio Drumming(virtual) | Mon & Thurs @ 9:00 am |

Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Health

Blood Pressure- Second Tuesdays
Health Screenings- See Calendar
Foot Care- Monday afternoons, Tuesday & Wednesday Mornings, and Thursdays by appointment.

Transportation

TRUST Car Door-to-Door 920-793-5596
Assist To Transport 920-682-8820
Maritime Metro (bus) 920-686-3560
One-stop-shop/ Mobility mgmt. 920-686-6977

Services

ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180
Heat Assistance info- November-January 1-833-646-0823
Home Delivered Meals- Please call the ADRC 920-683-4180

Two Rivers Senior Center Services-

Books, DVD's, & puzzles available to borrow
Chore list (hired help)
Reassurance Calls- During Regular Hours
Tax Assistance (AARP) - February - April
Tech assistance- Wednesday Afternoons- Call for an appt.
Tours- Call for personal appointment
Vision Assistance TV Reader available
*TRSC Services are open to all

Dining Room (Koska)

Call Mary at 793-7266 for details
Lunch: Monday - Friday @ 11:30 am



Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow.

Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.

Friends of the Two Rivers Senior Center Board

meets the second Thurs. of each month at 12pm.
President- Sharon Bauknecht
Vice President- Jan Klein
Secretary- Ruth Kadow
Financial Secretary- Ann Plansky
Treasurer- Cindy Schmidt
Members at large- Cathy Cole, Sid Kemp

Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Staff

Senior Center Supervisor

Heather Ihlenfeldt

P: 920-793-5590

E: heaih1@two-rivers.org

Program Coordinator

Megan O'Connor

P: 920-793-5597

E: megoco@two-rivers.org

Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266

E: maromi@two-rivers.org

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241



ADRC Benefit specialist

Contact the ADRC at 920-683-4180 to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome. Free to everyone. Call **920-793-5596** to schedule today.



Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays. **By appointment only.** Checks for \$25 payable directly to your nurse. Call **920-793-5596** to schedule today.



**NOW AVAILABLE 4
DAYS A WEEK !**

COMMITTEE ON AGING

Next Meetings are Monday, August 4th, and Monday, September 8th @ 8:30 AM in the Library

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.



REMINDER

Please return items borrowed from the library, as well as any new donations, to the front desk.

Thank You!

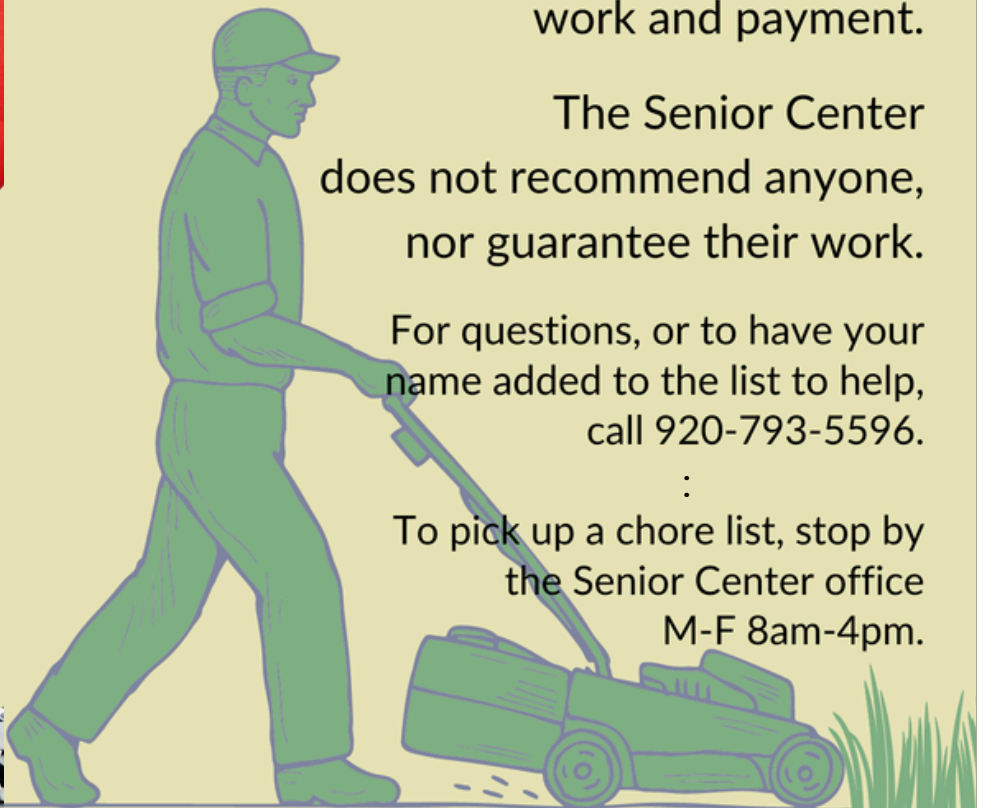
PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

For questions, or to have your name added to the list to help, call 920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.



Pick up our newsletter at these locations !

Two Rivers

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift Store
Mueller Manor
Community First Bank
River House Apts
Fox Community Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP
Washington House
St. Vincent De Paul
Village Green East

Village Green West
Schroeder's/ Red Bank Coffee

Manitowoc

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
The Lakehouse - Manitowoc
Manitowoc Visitor's Center
Manitowoc Senior Center
Manitowoc County Chamber
Manitowoc Tourist Info Center
YMCA

T.R.U.S.T. Car

Two Rivers Unique Senior Transportation

The Two Rivers Senior Center TRUST car is available to take you to do all of your Two Rivers errands, whether shopping, social, or medical.

This service is for members of the Senior Center who are living in Two Rivers.

Members can buy a TRUST card for \$15 either at the Senior Center front desk, or directly from the driver. Cash or check are accepted. Each card has 10 punches on it, and each stop takes one punch.

Members must call at least one day ahead of time to schedule a ride, as there are no same day rides scheduled. Rides can be scheduled months ahead!

For more information, or to schedule a ride, call 920-793-5596

All trips to and from the Senior Center are FREE!



Memberships

**\$15/yr per person
\$225 for a lifetime!**

**Stop in and sign up or renew your membership
anytime during office hours!**

Membership is open to anyone 50 years and older. A Senior Center membership grants you access to many of our programs at no additional cost such as Movie Matinees, Mahjong, Bridge Club, Card Creators, Fitness Fun, Cardio Drumming, Sheepshead, trip discounts, parties, and more!

Memberships are payable by cash or check. We cannot accept cards at this time.

TWO RIVERS PARKS + REC
CONCERTS IN THE PARK



THE FRIENDS OF THE TWO
RIVERS SENIOR CENTER HAVE
SPONSORED THE DEL RAYS
FOR THE CONCERT IN THE
PARK SERIES. COME ENJOY
MUSIC, CONCESSIONS, AND
SUPPORT THE SENIOR CENTER
THROUGH RAFFLE BASKETS
AND A 50/50 RAFFLE!

**Rockin' for a
Reason!**



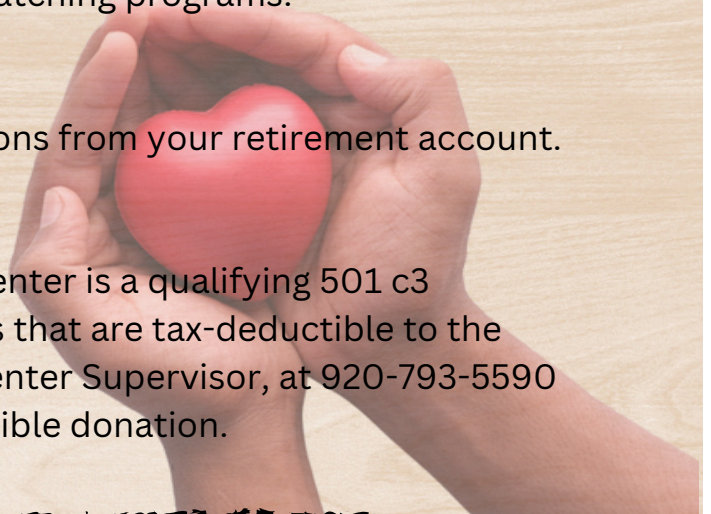
THE DEL RAYS
08.21.25

**CENTRAL PARK WEST
6-8PM**

WAYS MEMBERS CAN SUPPORT THE FRIENDS OF THE TWO RIVERS SENIOR CENTER

- Name the Friends of the Two Rivers Senior Center as the beneficiary of your non-probate assets. This is a way to donate that doesn't cost you anything during your lifetime.
- If you are a member of Thrivent, designate the Senior Center as a recipient of your Thrivent Choice Dollars. You can also lead a Thrivent Action Team to benefit the Senior Center.
- Donate an old car and designate the Senior Center as the recipient of the funds. Information can be found at careasy.org
- Purchase greeting cards (anytime), raffle tickets (when offered), and TRUST car tickets for yourself or to donate to someone else.
- Collect aluminum tabs and used ink cartridges, and donate them to the Senior Center
- Donate your time or skills.
- Participate in your employee gift matching programs.
- Donate Cash.
- Donate Stocks.
- Make qualified charitable distributions from your retirement account.
- Leave a bequest in your will.

The Friends of the Two Rivers Senior Center is a qualifying 501 c3 corporation and may receive donations that are tax-deductible to the donors. Contact Heather, the Senior Center Supervisor, at 920-793-5590 for information on making a tax-deductible donation.



TWO RIVERS RAIDER FOOTBALL FUNDRAISER

\$20

**WHILE SUPPLIES LAST! Stop in at
the Senior Center to pick up your
Raider cards Starting
Aug. 5th until they're gone!**

IT'S ALL FUN AND GAMES...

Come and join in the fun! To sign up ahead of time,
give us a call at 920-793-5596

Bridge Club

Mondays
@ 10:00
In the SC Library

Bowling

Wednesdays
@ 9:15

Will resume
in fall!

Mahjong

Tuesdays
@ 9:30

In the SC
Library

Cribbage

Wednesdays
@ 1:30
In the SC
Library

Bingo

Tuesdays
@ 1:00

In the Koska
Room

Sheepshead

Thursdays
@ 1:00
In the SC
Library

Dominoes

Tuesdays
@ 1:00

In the SC
Library

Bingo Brunch

Fridays
@ 9:00
In the Koska
Room

Half page

Exercise

Call: 920-793-5596 to register for classes.

Senior Yoga

**Mondays
&
Wednesdays
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Fitness Fun

**Mondays
@ 10**

Join this eclectic virtual exercise class for all fitness levels.

Activities include dancing, cardio, and more!

Classes are held in the Koska room.

Senior Center Class

Arthritis Exercise

**Tuesdays
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.

Senior Center Class

Cardio Drumming

NEW

**Mondays
&
Thursdays
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Koska Room.

Senior Center Class



UPCOMING

Senior
opportunities

YOGA

CATHY HAS CHAIR YOGA ON THE MOVE!

Chair Yoga @ Londondairy Alpaca Ranch

September 12th
1-3 PM \$13

We'll be headed back out to
Londondairy Alpaca Ranch
to yoga with our furry
friends from the south,
and enjoy some South
American wine!

PARKS & REC GOLF SIMULATOR

SENIOR CENTER HOURS!

**THE GOLF SIMULATOR IS UP AND RUNNING,
AND THE SENIOR CENTER GETS ITS OWN
FREE TIME! EVERY TUESDAY 9-11 AM.**

The Senior Center has reserved the simulator every Tuesday from
9-11 am for seniors to come and play all of the games that the
simulator has to offer, such as-

**Golf, Cornhole , Bowling, Foot golf, Disc Golf, Soccer,
Dodgeball, Hockey, Pitching, and more!**

**Call the Senior Center at
920-793-5596 to sign up today!**



Daytime rock painting class!

Join Tracy, whose beautiful rock painting talents you might have seen around the Senior Center, as she leads another rock painting class! All of the materials for this fall themed class are provided, and no experience is necessary! Sign up today, space is limited!



Wednesday, September 24th

1-3 pm. \$5 per person.

Register and pay at the Senior
Center front desk.



half page ad

TWO RIVERS SENIOR CENTER HEALTH & INFORMATION FAIR!



Thursday, October 16, 2025 | 8 - 11 am

Two Rivers Community House Gymnasium, 1710 W Park Street, Two Rivers.

Details:

For over 20 years, the Two Rivers Senior Center has been connecting seniors with resources in our community. Stop in Thursday, October 16th and enjoy food and vendor resources from 8:00 to 11:00 am.



Keeping tradition alive at the Senior Center

Stop in and enjoy a continental breakfast, visit vendors for helpful information, goodies, and services such as hearing screenings, flu shots, vitals checks, and injury screenings. Services available at the 2025 Health & Information Fair may vary. Enter to win door prizes, and more!

Join us!

This FREE community event is meant to provide information to seniors on the health and safety resources available to them in our community by representatives from health care providers, insurance providers, and community businesses.





Resource Table

The ADRC will be at the Senior Center and available to chat and provide resources on **Tuesday, August 5th from 9-11 am.** Stop and see what they may have available to you!

Fraud Prevention Presentation

Vanessa Vanderwheele from Kohler Credit Union will be back for another presentation on fraud prevention! Sign up at the Senior Center today to make sure you get a seat to this popular presentation!

Thursday,
September 4th @ 1 pm



half page ad

HAPPY BIRTHDAY!

AUGUST 1

Rita Kreeger
Kay Mott
Russell Shambeau

AUGUST 2

Cheryl Butz
Mary Sue Eesley
Dale Havlichek
Nancy Pietroske

AUGUST 4

Jane Dworak
Linda Eis
Paul Rameker
Rita Schilder
Gary Yauger

AUGUST 5

Jane Stedl

AUGUST 6

Helen Schmidt

AUGUST 7

Charles Becker
Jeanette Korinek

AUGUST 8

Sharon Desten
Michael Polich

AUGUST 10

Lawrence Cosby
Charles Greene

AUGUST 11

Dana Skarda

AUGUST 12

Christine Beck

AUGUST 13

Sandra Kozlowski
Jennie Petri
Shirley Shimulunas
Mary Specht

AUGUST 14

Gene Pagel

AUGUST 17

Donna Benzinger
Claude Koch
Nancy Piskule
Cindy Schmidt
Lori Stiefvater

AUGUST 18

Gail Zahn

AUGUST 19

Linda Konop
Thomas Mittnacht

AUGUST 20

Daniel Kleckner

AUGUST 21

Sandy Beyer
Terry Fischer
Dennis Gaber
Betty Saunders

AUGUST 22

Dolores Dyzak
Joan Taddy
Ann Wilsmann

AUGUST 23

Joan Goessl
Kay Keller
Judy Rank

AUGUST 24

Sandy Abts
Betty Fink
Charles Peterson

AUGUST 25

Ann DeWitt
Charlotte Mahnke
Karen Strohm
Norman Wick

AUGUST 26

Pat Casavant
Patrick Gagne
Ruth Hauboldt
Janet Malfroid
Charles Smoker

AUGUST 27

Kevin Hagerty

AUGUST 28

Theodore Melanson
Wayne Mueller
Annette Rohrer
Janet Wilsmann

AUGUST 29

Jane Ihlenfeldt

AUGUST 31

Steve Becker
Dan Blashka
Joellen Sierra



Happy Anniversary

August 4

Dave & Sue Wiesner

August 7

John & Rita Kreeger

Larry & Bonnie Wilker

August 8

John & Susan Schuh

August 9

Scott & Cathy Hendrickson

August 12

Dan & Collette Tegen

August 13

Alvin & Catherine Zellner

August 15

Eugene & Diane Warner

August 17

Bill & Mary Dean

August 19

Jerry & Joy Walters

August 21

Ricky & Barbara Hendrickson

August 22

John & MaryAnn Rabitz

August 26

Paul & Eileen Hagebusch

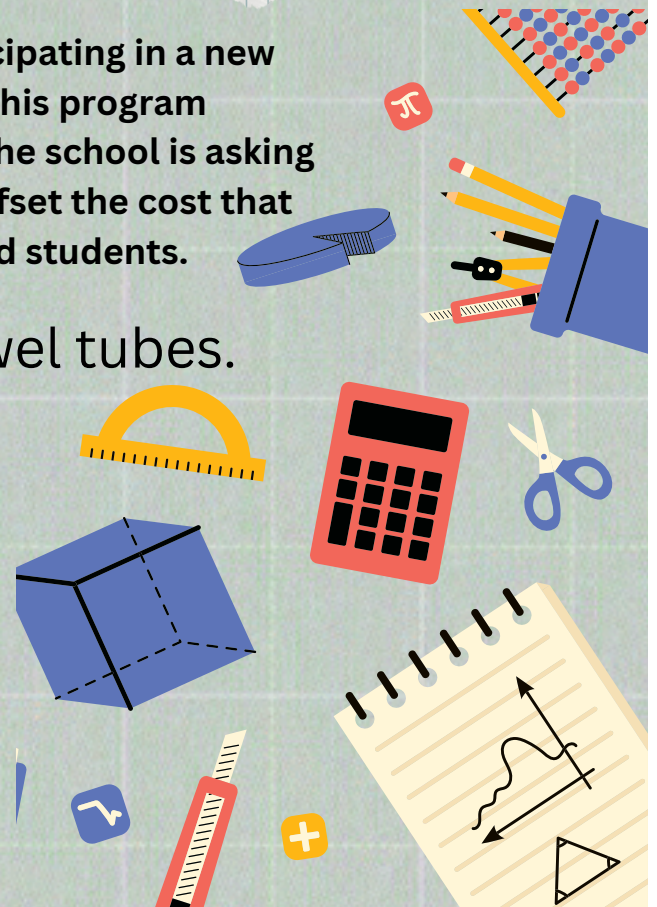
August 31

Wayne & Nancy Mueller

The Two Rivers elementary schools are participating in a new math program for the 2025-26 school year. This program includes a high level of hands on materials. The school is asking for support in acquiring these materials to offset the cost that would otherwise be put onto the teachers and students.

- Toilet paper and paper towel tubes.
- Egg cartons
- Gift Wrap Tubes
- Dish towels
- 2 liter bottles
- ice cream pails

Please drop any donations off to the Two Rivers Senior Center office.



CARS Program

This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit:
careasy.org/nonprofit/friendsofthetworiversseniorcenter
or call 855-500-7433



COFFEE WITH A COP

Come chat with Police
Department officers at the
Two Rivers Senior Center!

10-11 AM

NEXT MEETING:
August 6th



half page ad

NOW SHOWING

MOVIE MATINEE- MONDAYS @1 PM

August 4th- Patch Adams-

After struggling with depression in a mental hospital, Hunter "Patch" Adams decides he wants to become a doctor. He enrolls at Virginia Medical University but is disillusioned by the school's clinical perspective on patient care. With the aid of a wealthy friend, Adams opens his own medical clinic for those without insurance. He forms a deep bond with fellow medical student Carin Fisher before a tragedy causes Adams to re-evaluate his approach. - IMDb
Rated PG-13. Run time 1 hr 55 minutes.

August 11th- Best in show-

The tension is palpable, the excitement is mounting and the heady scent of competition is in the air as hundreds of eager contestants from across America prepare to take part in what is undoubtedly one of the greatest events of their lives -- the Mayflower Dog Show. The canine contestants and their owners are as wondrously diverse as the great country that has bred them.-IMDb
Rated PG-13 . Run time 1 hr 30 minutes.

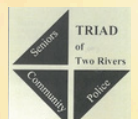
August 18th- Beaches-

Hillary (Barbara Hershey) and CC (Bette Midler) meet as children vacationing in Atlantic City, N.J., and remain friends throughout the decades. As CC, a loud New Yorker, pursues a singing career, Hillary, a staid Californian, becomes a successful lawyer. Over the years, they often quarrel or compete, but, as other relationships flourish and die, the two women are always there for each other, traveling from coast to coast through the most tumultuous times. - IMDb
Rated PG-13. Run time 2 hr 3 min.

August 25th- Indiana Jones: Dial of Destiny-

Daredevil archaeologist Indiana Jones races against time to retrieve a legendary dial that can change the course of history. Accompanied by his goddaughter, he soon finds himself squaring off against Jürgen Voller, a former Nazi who works for NASA. - IMDb
Rated PG-13. Run time 2 hr 34 min..

Pre-register by calling 920-793-5596. Space is limited
Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.





CARD CREATORS

Wednesdays @10am
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in
the Library**

Call 920-793-5596 to register

Creation Station

BEAN MOSAIC PANELS

Follow the directions provided to create this mosaic panel with beans!!

To reserve your kit, call 920-793-5596.
Call by Friday, August 8th.

Kits will be ready for pick up August 22nd at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5

Creation Station Sponsored By:



**AMERICAN FAMILY
INSURANCE**

P.A. Wargin Agency, Inc. (920) 794-1114

www.pamwargin.com • teamwargin@amfam.com



Tech assistance appointments

Thanks to a volunteer high school student with an interest in technology and helping people, we're able to offer one on one tech appointments on Wednesdays from 1-3 pm.

Our volunteer can help with basic technology questions across multiple devices, so make an appointment and bring in your smart phones, tablets, and laptops for user guidance.

Call 920-793-5596 and sign up for an appointment today!

Pull Tabs

Yes! We're still accepting pull tabs!

Drop your pull tabs off at the Senior Center front desk during operating hours. Proceeds from tabs go to support the Friends of the Two Rivers Senior Center, who in turn support Senior Center programming.

Thank you!



Half Page Ad

TRIAD *fundraiser*

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

\$36 each



THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the **2nd Thursday** of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am- 4pm.

Two Rivers Senior Center *Red Hattitudes*

Thursday, August 21th at 12:00 pm

Join the Red Hattitudes for a meal
and a meeting at:

Spruce Lodge
1110 30th Street.
Two Rivers, WI 54241

Sandy is your hostess.



Unit 165- Two Rivers

FUNDRAISER

The American Legion Auxiliary is selling Kwik Trip gift cards with a value of either \$10 or \$20 to raise money to assist veterans with a range of needs.

Kwik Trip Gift cards will be available for purchase by cash or check at the Two Rivers Senior Center, or by contacting the auxiliary by email: auxwipost165tr@gmail.com or on Facebook



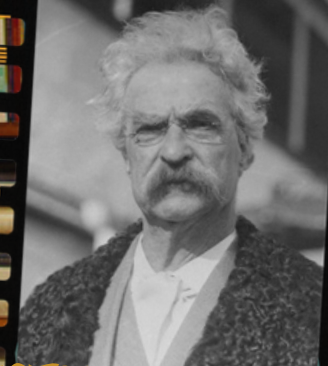
AARP Tax-Aide volunteers needed!

We are looking for friendly and service-oriented people to join our volunteer tax preparer team. You'll receive training and support, and a chance to learn new things and help others! To learn more, visit aarpfoundation.org, or call Mary Omillian at 920-793-7266

Dave Ehlert's Mark Twain Storytime

SEPTEMBER 22ND @ 1PM

COME DOWN TO THE SENIOR CENTER
AND ENJOY STORIES BY MARK TWAIN
AS PORTRAYED BY ENTERTAINER DAVE
EHLERT! CALL TO SIGN UP TODAY!



DAY TRIP!



**SIGN UP DEADLINE
OCTOBER 1**

NOVEMBER 1ST, 2025

12:00- Board bus @ Senior Center
(12:30 in Manitowoc)
1:00- Lunch in Sheboygan
3:00- Menopause the Musical 2 at
The Weill PAC
5:00- Head back to TR
6:00- Arrive at the Senior Center

\$80 MEMBERS

\$85 NON-MEMBERS

SPONSORED IN PART BY THE FRIENDS OF THE TWO RIVERS SENIOR CENTER

Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

2025

ALASKA: CALL OF THE WILD

July 24th - 30th

**SIGN UP
CLOSED**

LAMBEAU FIELD DAY TRIP

August 7th

MACKINAC ISLAND

September 1st - 5th

SOLD OUT

JOHN MICHAEL KOHLER ARTS

CENTER DAY TRIP

September 25th

ALBUQUERQUE BALLON FIESTA

& SANTA FE

October 3rd - 8th

**SIGN UP
CLOSED**

DISCOVER SWITZERLAND,

AUSTRIA, & BAVARIA

October 15th - 24th

**SIGN UP
CLOSED**

MENOPAUSE THE MUSICAL

November 1st

SOUTHERN CHARM HOLIDAY

December 2nd - 8th

2026

SUNNY PORTUGAL

March 5th - 14th

DISCOVER AMERICA'S MUSIC CITIES

April 30th - May 7th

ICELAND EXPLORER

June 10th - 17th

MAJESTIC CANADIAN

ROCKIES

June 14th - 20th

SOUTH PACIFIC WONDERS

October 13th - 27th

DISCOVER JAPAN BY BULLET

TRAIN

November 5th - 17th

** Call for availability.*

Sign up today! 920-793-5596

SEPTEMBER 25TH

**\$40 MEMBERS
\$45 NON-MEMBERS**

REGISTER BY: 8/25/25



**John Michael
Kohler Arts Center**

Day Trip!

Head to Sheboygan with us!

Stop for a guided tour of the John Michael Kohler Arts Center with time in the galleries in the morning, lunch at the CAFE, and an afternoon browsing the shops on 8th street. Return home by 4pm. All tax and gratuity included.

Choice of lunch from CAFE @ registration

Chicken Caesar Wrap
Hummus & Veggie Wrap
Caesar Salad

Grilled Chicken CAFE Salad
Cranberry Spinach Salad

*all meals come with a side, cookie, and bottled water.

Depart from the SC at 9:15, or Perkins Park & Ride at 9:30



~~COLLETTE TRAVEL SHOW~~

~~JULY 22 @ 10 AM~~

~~Let our Collette Travel Guide show you what awaits you on their trips to Family Portuguese, America's Music Cities, and The South Pacific.~~

PREMIER TRAVEL SHOW

AUGUST 5 @ 10 AM

Let our Premier travel agent guide you through a selection of their upcoming trips through the Two rivers Senior Center!

PERSONALIZED TOURS TRAVEL SHOW

SEPTEMBER 2 @ 3:30 PM

Come chat with a travel agent and find out what kinds of tours are available through Personalized Tours, out of Waldo, WI!

PREMIER TRAVEL SHOW

OCTOBER 15 @ 2 PM

Let our Premier travel agent guide you through their trips of "Iceland Explorer" and "Majestic Canadian Rockies".

COLLETTE TRAVEL SHOW

OCTOBER 22 @ 1 PM

Let our Collette Travel Guide show you what awaits you on their trips to The South Pacific and The Christmas Markets of Montreal & Quebec.

BOOK NOW

CALL: 920-793-5596

FOR MORE INFORMATION



with the

*Two Rivers
Senior Center*



2025



SOUTHERN CHARM HOLIDAY

Enjoy a tour through South Carolina and Georgia with stops in Charleston at the Boone Hall Plantation, and experience the James Island county Park Holiday Display. In Savannah, experience your choice of Trolley tour or Haunted Savannah walking tour, St. Simmons Island, and caroling. Final payment due 9/3/25

\$3,699 pp Double

December 2nd - 8th, 2025

2026



SUNNY PORTUGAL

Enjoy a choice of art or commerce walking tour in Lisbon, Visit a cork factory, Evora, Alentejo, Lagos, Algarve, Portimao, Setubal, Portugese Riviera, Obidos, and a walking tour of the National Palace of Sintra, or a UNESCO world Heritage Site. Final payment 12/5/25

\$3,999 pp Double

March 5 -14, 2026



A CULINARY JOURNEY THROUGH TUSCANY & FLORENCE

5 nights in Tuscany followed by 2 nights in Florence. Attend a pasta making class, wine tasting, guided talking tours, with delicious food experiences throughout. Activity level 4 . Final payment. due 1/21/26

\$5,149 pp Double

April 21 - 30, 2026



DISCOVER AMERICA'S MUSIC CITIES

Enjoy stops in Nashville TN, Memphis TN, Oxford MS, and New Orleans LA. Visit the French Quarter, Jazz Revue, Grammy Museum, Graceland, a Civil Rights Tour, Grand Ole Opry Show, Country Music Hall of Fame, Historic RCA Studio B, and a choice of Goo Goo Cluster Candy or Johnny Cash Museum tours. Final Payment due 1/30/26

\$3,799 pp double

April 30 - May 7, 2026

BOOK NOW

CALL: 920-793-5596
FOR MORE INFORMATION



with the

*Two Rivers
Senior Center*



PREMIER
WORLD DISCOVERY

ICELAND EXPLORER

Spend 5 nights in breathtaking Reykjavik. Visit museums, hot springs, The Blue Lagoon, national parks, waterfalls, and more. Activity level 3.

Final payment due 3/10/26

\$5,199 pp Double

June 10 - 17, 2026



PREMIER
WORLD DISCOVERY

MAJESTIC CANADIAN ROCKIES

Spend 5 nights in Banff National Park! Explore Banff National Park with tours on Emerald, Peyto, and Moraine lakes, The Columbia Icefields, and more. Activity Level 2. Final payment deadline 3/14/26

\$4,225 pp Double

June 14 - 20, 2026



 **collette**

SOUTH PACIFIC WONDERS

Start your tour of the South Pacific in Cairns, Australia. Experience a guided tour of the Reforestation Nature Park, a tour of the Great Barrier Reef in a glass bottom boat, and stops in Sydney and Christchurch. End your tour in Queenstown with a trip on a coal fired lake cruise. Final payment due 7/5/26

\$8,449 pp Double.

October 13th - 27th



Diamond Tours
INC.
Bringing Group Travel to a Higher Standard

DISCOVER JAPAN BY BULLET TRAIN

Catch the bullet train through Tokyo, Kyoto, Hiroshima, and Himeji. Take a tour through the Imperial Palace and Est Gardens of Tokyo. Visit the Tsukiji fish market, Mt. Fuji, Hiroshima Peace Memorial Park & Museum, Himeji Castle, and more! Tour activity level 3.

Final payment due 8/5/26

\$8,249 pp Double.

November 5th - 17th

THANK YOU!

WE APPRECIATE YOU!

GENERAL DONATIONS

Thank you to Audrey Laurent, George Schmidt, and all those who donated anonymously!

SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars- Two Rivers), Village Green East & West

JULY HOME DELIVERED MEAL VOLUNTEERS

1st Anderson Real Estate LLC, Hamilton Home, The Two Rivers School District, St. Peter the Fisherman Church, Good Shepherd Church, Grace Congregational Church, and all the individuals who drive for us!

TREP *Birthday cake kits*

The Two Rivers Senior Center is putting together birthday cake kits for TREP to give out, and is taking donations of the following items:

- Boxes of cake mix
- Canned frosting
- large birthday gift bags
- 9x13 disposable aluminum cake pans
- Birthday candles
- White soda

This project is ongoing, so there is no deadline! Please drop off your donations to the Two Rivers Senior Center front desk.



Sullivan Family Farm Market Day @ the SC!

Open to the public! Sullivan Family Farms will be at the Senior Center twice a month through summer! They will be accepting WIC and the Senior Farmer's Market Voucher program through the ADRC.

They'll be outside the 17th Street door of the SC from 9-11 am on:

August 5th & 19th

TRUST car rides are available to SC members at no cost. You must schedule a ride 1 week in advance at: 920-793-5596



ADRC LUNCH PROGRAM

MONDAY- FRIDAY @ 11:30 AM

Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.

Suggested Contribution of \$7.00 for those over 60



August

2025 Two Rivers &
Mishicot Area Dine
In & Home Delivered
Meals




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|--|---|--|--|
| | | | | 1 Fish sandwich on WW bun w/ tartar sauce, boiled red potatoes, carrots , fruited lemon fluff |
| 4 Meatloaf, whipped sweet potatoes, broccoli , WW bread, fresh orange  | 5 Philly style mac & cheese w/ chicken, mixed veggies, peaches, WW bread, butterscotch pudding | 6 BBQ shredded pork on WW bun, cheesy potatoes, baked beans, raspberry bar | 7 Beef tips & gravy, mashed potatoes, green beans , WW bread, pumpkin bar  | 8 Orange chicken, white/brown rice, stir fry veggie mix, pears, pineapple shortcake  |
| 11 Spaghetti & meat sauce over WW noodles, peas, applesauce , brownie | 12 Beef tamale casserole, romaine salad , seasoned black beans, garlic breadstick, banana | 13 Pork roast, baby red potatoes, carrots , WW bread, spiced apples | 14 Apple glazed chicken breast, rice, country blend veggies, seasonal fruit salad, WW bread, strawberry pretzel bar | 15 Cherry glazed meatballs, mashed potatoes, green beans , apricots, dinner roll, oatmeal cookie |
| 18 Chicken ala king, whipped sweet potatoes, wax beans, WW dinner roll, fresh fruit | 19 Ham loaf, potato casserole, broccoli , WW dinner roll, chocolate chip cookie | 20 Baked chicken, whipped potatoes & gravy, carrots , WW bread, fruited Jello | 21 Pizza casserole, lima beans, grapes, biscuit, lemon bar | 22 Seafood alfredo (contains shrimp & crab), California blend veggies, dinner roll, Mandarin oranges, chocolate mousse |
| 25 Soft shell beef tacos, refried beans, corn, golden salad | 26 Lasagna, broccoli , peaches, French bread, apple pie square  | 27 Shepherd's pie, zucchini & tomato bake , strawberries, white bread, M&M cookie bar | 28 Pineapple glazed ham, cheesy potatoes, Brussels sprouts, WW roll, tropical fruit | 29 Tilapia, potatoes O'Brien, cabbage & carrots , rye bread, bread pudding |

Milk served daily.
Please note: our kitchen is
NOT a nut-free facility.



Menu is subject to change.
Items in red are highlighted in this
month's nutrition education.