

August

MON

TUE

WED

THU

FRI

8:30 Committee on Aging
9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: The Guernsey Literary and Potato Peel Pie Society

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8:00 Golf Simulator
8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

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8:30 Footcare Appt
9:00 Yoga
10:00 Card Creators
10:00 Chat with the Chiefs
11:30 Lunch
1:00 Cardio Drumming
1:30 Cribbage

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9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead
1:00 Newcomer Funeral Presentation: Planning

6

8:30 Quilting
9:00 BINGO Brunch
9:00 Yoga
11:30 Lunch
1:00 Book Club

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9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: The Talented Mr. Ripley

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8:00 Golf Simulator
8:30 Footcare Appts
9:00 Sullivan Farm Stand
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
10:30 BP Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes

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8:30 Footcare Appt
9:00 Yoga
10:00 Card Creators
11:30 Lunch
1:00 Cardio Drumming
1:30 Cribbage

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8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

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8:30 Quilting
9:00 BINGO Brunch
9:00 Yoga
11:30 Lunch

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Creation Station
Deadline

9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Wine Country

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8:00 Golf Simulator
8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

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8:30 Footcare Appt
9:00 Yoga
10:00 Card Creators
11:30 Lunch
1:00 Cardio Drumming
1:30 Cribbage

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8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
11:30 Red Hattitudes
1:00 Sheepshead

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8:30 Quilting
9:00 BINGO Brunch
9:00 Yoga
11:30 Lunch

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9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Under the Tuscan Sun

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8:00 Golf Simulator
8:30 Footcare Appts
9:00 Sullivan Farm Stand
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

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8:30 Footcare Appt
9:00 Yoga
10:00 Card Creators
11:30 Lunch
1:00 Cardio Drumming
1:30 Cribbage

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9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead
1:30 Legal Appts

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8:30 Quilting
9:00 BINGO Brunch
9:00 Yoga
11:30 Lunch

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Creation Station Pick up

9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Barb and Star go to Vista Del Mar

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Call 920-793-5596 to sign up for
classes and activities today!