

AUGUST

MON

TUE

WED

THU

FRI

1

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

8

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

Creation Station
reservation deadline

15

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

22

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

Creation Station pick up

29

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

7

8:30 Footcare Appts.
8:30 Benefit Specialist
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheephead

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8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheephead

Friends Meeting @ 12 pm

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8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
11:30 Red Hattitudes
1:00 Sheephead

Del Rays @ Central Park
West 6-8 pm

28

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheephead

6

8:30 Footcare Appt
9:00 Yoga
10:00 Card Creators
10:00 Coffee with a Cop
11:30 Lunch
1:30 Cribbage

Back to School Carnival -
gym @6

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8:30 Footcare Appt
9:00 Yoga
10:00 Card Creators
11:30 Lunch
1:30 Cribbage

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8:30 Footcare Appts
9:00 Yoga
10:00 Card Creators
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

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8:30 Footcare Appts
9:00 Yoga
10:00 Card Creators
11:30 Lunch
1:00 Legal Appts.
1:30 Cribbage

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8:30 Footcare Appts
9:00 Golf Simulator
9:00 Sullivan Market Stand
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
Travel Show @ 10 am

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8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
10:30 Blood Pressure
Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes

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8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Sullivan Market Stand

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8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

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8:30 Committee on Aging
9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Patch Adams

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9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Here

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9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Beaches

25

9:00 Yoga
9:00 Cardio Drumming
10:00 Fitness Fun
10:00 Bridge Club
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Indiana Jones: Dial of Destiny

Call 920-793-5596 to sign up for classes and activities today!