



Two Rivers Senior Center

ENHANCING THE LIVES OF
OLDER ADULTS

April 2025



**Photo by 2025 Photo Contest
Winner: Michael Henderson**



ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

Activities

Bingo Tuesdays @ 1 pm & Fridays @ 9 am
 Bowling at The Hook Wed @ 9:15am
 Bridge Club Mondays @10am
 Card Creators Wednesdays @ 10:00 am
 Creation Station Varies, see Calendar
 Cribbage Wednesdays @ 1:30 pm
 Dominoes Tuesdays @ 1:00 pm
 Golf Simulator Tuesdays 9-11 am
 Mahjong Tuesdays @ 9:30 am
 Movie Matinee Mondays @ 1:00 pm
 Quilting Fridays @ 8:30 am
 Red Hattitudes Third Thursday of the month
 Sheepshead Thursdays @ 1:00 pm

Exercise

Fitness Fun (virtual) Mondays @ 10 am
 Simply Seniors (P&R) Tues & Thurs @ 9:15 am
 Arthritis Exercise Tuesdays @ 10:30 am
 Yoga (in person instructor) Mon & Wed @ 9 am
 Cardio & Strength (in prsn inst.) Wed @ 10:15 am
 Cardio Drumming(virtual) Thursdays @ 9:00 am

Health

Blood Pressure- Second Tuesdays
 Health Screenings- See Calendar
 Foot Care- Monday afternoons, Tuesday & Wednesday Mornings, and Thursdays by appointment.

Transportation

TRUST Car Door-to-Door 920-793-5596
 Assist To Transport 920-682-8820
 Maritime Metro (bus) 920-686-3560
 One-stop-shop/ Mobility mgmt. 920-686-6977

Services

ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180
 Heat Assistance info- November-January 1-833-646-0823
 Home Delivered Meals- Please call the ADRC 920-683-4180

Two Rivers Senior Center Services-

Books, DVD's, & puzzles available to borrow
 Chore list (hired help)
 Reassurance Calls- During Regular Hours
 Tax Assistance (AARP) - February - April
 Tech assistance- Wednesday Afternoons- Call for an appt.
 Tours- Call for personal appointment
 Vision Assistance TV Reader available
 *TRSC Services are open to all

Dining Room (Koska)

Call Mary at 793-7266 for details
 Lunch: Monday - Friday @ 11:30 am



Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow.

Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.

Friends of the Two Rivers Senior Center Board

meets the second Thurs. of each month at 12pm.

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Ruth Kadow

Financial Secretary- Ann Plansky

Treasurer- Cindy Schmidt

Members at large- Cathy Cole, Sid Kemp

Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Staff

Senior Center Supervisor

Heather Ihlenfeldt

P: 920-793-5590

E: heaih@two-rivers.org

Program Coordinator

Megan O'Connor

P: 920-793-5597

E: megoco@two-rivers.org

Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266

E: marom@two-rivers.org

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241



ADRC Benefit specialist

Contact the ADRC at **920-683-4180** to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome.

Free to everyone.

Call **920-793-5596** to schedule today.



Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays.

By appointment only. Checks for \$25 payable directly to your nurse.

Call **920-793-5596** to schedule today.



**NOW AVAILABLE 4
DAYS A WEEK !**

COMMITTEE ON AGING

**Next Meetings are Monday, April 7th, and Monday,
May 5th @ 8:30 AM in the Library**

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.



REMINDER

Please return items borrowed from the library, as well as any new donations, to the front desk.

Thank You!

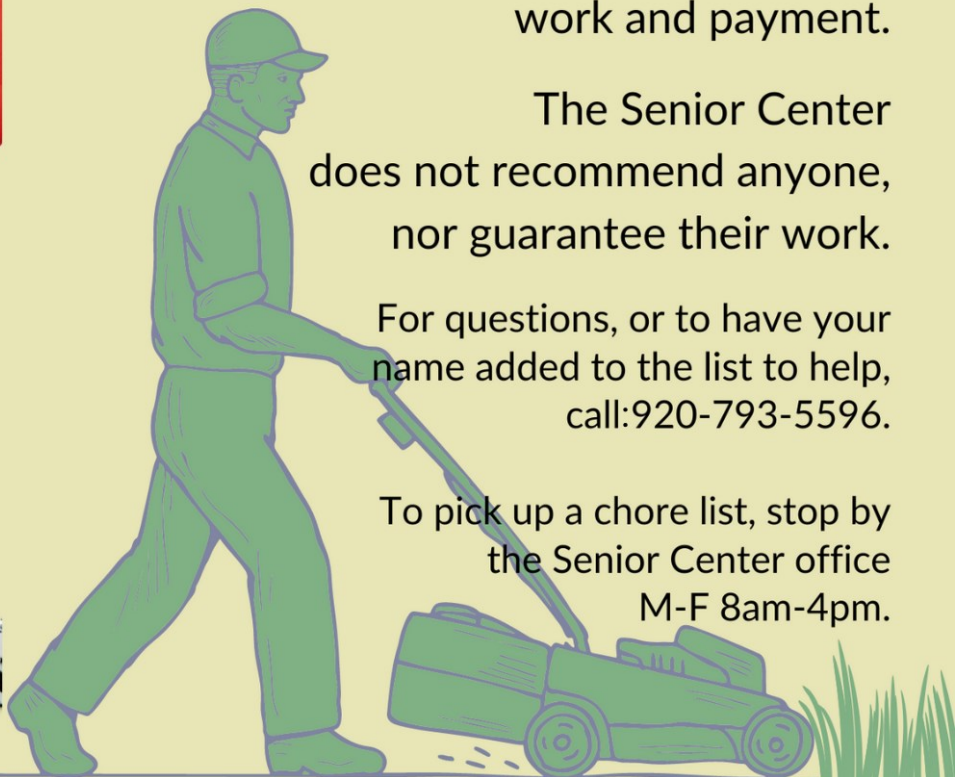
PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

For questions, or to have your name added to the list to help, call: 920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.



Pick up our newsletter at these locations !

Two Rivers

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift Store

Mueller Manor
Community First Bank
River House Apts
Fox Community Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP
Washington House
St. Vincent De Paul
Village Green East

Village Green West

Schroeder's/ Red Bank Coffee

Manitowoc

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
The Lakehouse - Manitowoc
Manitowoc Visitor's Center
Manitowoc Senior Center
Manitowoc County Chamber
Manitowoc Tourist Info Center
YMCA

T.R.U.S.T. Car

Two Rivers Unique Senior Transportation

The Two Rivers Senior Center TRUST car is available to take you to do all of your Two Rivers errands, whether shopping, social, or medical.

This service is for members of the Senior Center who are living in Two Rivers.

Members can buy a TRUST card for \$15 either at the senior center front desk, or directly from the driver. Cash or check are accepted. Each card has 10 punches on it, and each stop takes one punch.

Members must call at least one day ahead of time to schedule a ride, as there are no same day rides scheduled. Rides can be scheduled months ahead!

For more information, or to schedule a ride, call 920-793-5596

All trips to and from the Senior Center are **FREE!**



Memberships

**\$15/yr per person
\$225 for a lifetime!**

**Stop in and sign up or renew your membership
anytime during office hours!**

Membership is open to anyone 50 years and older. A Senior Center membership grants you access to many of our programs at no additional cost such as Movie Matinees, Mahjong, Bridge Club, Card Creators, Fitness Fun, Cardio Drumming, Sheepshead, trip discounts, parties, and more!

Memberships are payable by cash or check. We cannot accept cards at this time.

Gift Certificates!

Stop in today and pick up a Senior Center gift certificate for a friend or loved one! Gift certificates can be made out in any denomination and are good for:

Annual memberships, Lifetime memberships, TRUST cards, Day trips, Extended bus trips, Senior Center special meals, Senior Center bake sales, and Special Senior Center classes that require a fee such as: Cork & Canvas, Cooking for 1 or 2.



<i>Gift Certificate</i>	
<i>To:</i>	_____
<i>From:</i>	_____



Annual Rummage

SALE



May 22nd 8am-3pm

May 23rd-

8am-10am Fill-a-bag \$5

10am-12pm EVERYTHING FREE

Drop-off dates

Tuesday & Wednesday, May 20th & 21st 8am-4pm

We are accepting crafts, outdoor items, holiday wares, home and garden goods, decor, books, and more!

**WE CANNOT ACCEPT DONATIONS OF CLOTHING OR ELECTRONICS.
CALL US AT 920-793-5596 FOR QUESTIONS.**



SPRING EDUCATION SERIES

Join Froedtert for a 4 part educational series on chronic disease prevention.

**Every Wednesday at 10am - April 2nd, 9th, 16th, & 23rd
in the Senior Center Koska Room**

April 2nd- *Mentally Sharp* with Gloria Rosenbauer, RN

April 9th- *Footcare* with Ann Rojaz, NP

April 16th- *Eating Right and Food Safety for Seniors* with Cher Zeddies

April 23rd- *Advanced Directives and End of Life Decision Making* with Roxanne Minor

Call 920-793-5596 to sign up today!

IT'S ALL FUN AND GAMES...

Come and join in the fun! To sign up ahead of time,
give us a call at 920-793-5596

Bridge Club

Mondays
@ 10:00
In the SC Library

Bowling

Wednesdays
@ 9:15
At the Hook

Mahjong

Tuesdays
@ 9:30

In the SC
Library

Cribbage

Wednesdays
@ 1:30
In the SC
Library

Bingo

Tuesdays
@ 1:00

In the Koska
Room

Sheepshead

Thursdays
@ 1:00
In the SC
Library

Dominoes

Tuesdays
@ 1:00

In the SC
Library

Bingo Brunch

Fridays
@ 9:00
In the Koska
Room

Exercise

*See page 14 for details on Silver Sneakers classes, and page 13 for 2025 wellness card policies.

Senior Yoga

**Mondays
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Silver Sneakers class!

Arthritis Exercise

**Tuesdays
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.

Senior Center Class

Senior Yoga

**Wednesdays
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Silver Sneakers class!

Cardio Drumming

**Thursdays
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Koska Room.

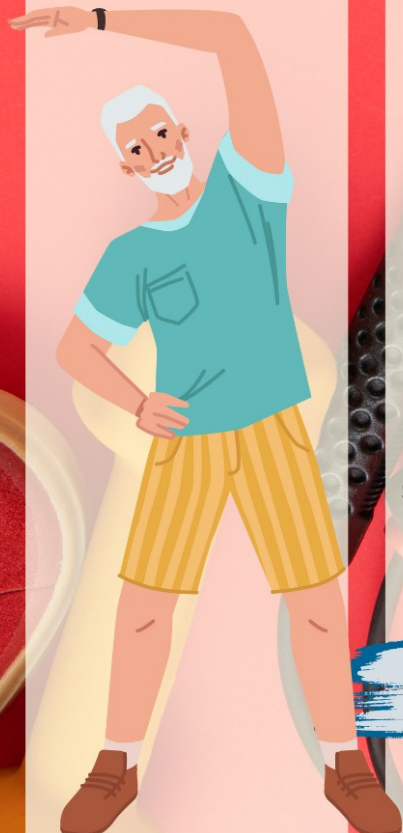
Senior Center Class

Fitness Fun

**Mondays
@ 10**

Join this eclectic virtual exercise class for all fitness levels. Activities include dancing, cardio, and more! Classes are held in the Koska room.

Senior Center Class



Cardio & Strength

**Wednesdays
@ 10:15am**

Join this fun workout class to improve cardio endurance, strength, and burn calories. In the Behringer room.

Silver Sneakers class!

NOTICE!

There will be no yoga, Cardio & Strength, or Arthritis Exercise classes 4/25 through 5/11.

**Call
920-793-5596
to register
for classes.**

NEW!

PARKS & REC GOLF SIMULATOR

SENIOR CENTER HOURS!

**THE GOLF SIMULATOR IS UP AND RUNNING,
AND THE SENIOR CENTER GETS ITS OWN
FREE TIME! EVERY TUESDAY 9-11 AM.**

The Senior Center has reserved the simulator every Tuesday from 9-11 am for seniors to come and play all of the games that the simulator has to offer, such as-

**Golf, Cornhole , Bowling, Foot golf, Disc Golf, Soccer,
Dodgeball, Hockey, Pitching, and more!**

Call the senior center at
920-793-5596 to sign up today!



THANK YOU FRIENDS OF THE SENIOR CENTER!

The Friends of the Two Rivers Senior Center are generously sponsoring all Senior Center wellness classes for all of 2025, so you enjoy Fitness Fun, Arthritis Exercise, and Cardio Drumming FREE





Silver Sneakers

sign up for Silver Sneakers
classes with Cathy!

Location: Two Rivers Senior Center
1520 17th Street
Two Rivers, WI 54241

Here's how it works:

Silver Sneakers eligible members- **FREE**

NOTICE!

There will be no
yoga, Cardio &
Strength, or
Arthritis Exercise
classes 4/25
through 5/11.

Not sure if you're eligible? Visit silversneakers.com to check your eligibility
and find your member ID, or ask your instructor.

Punch cards are available for purchase directly through
your instructor. Prices are as follows:

Senior Center Members- \$10 for a 5 class punch card

Non-Members- \$20 for a 5 class punch card

Drop in to try a single class for \$5!

Mondays 9:00 am- Yoga (Range of Motion)
Wednesdays 9:00 am- Yoga (Range of Motion)
Wednesdays 10:15 am- Move (Cardio Dance)

UPCOMING

Senior YOGA

opportunities

CATHY HAS CHAIR YOGA ON THE MOVE!

Chair Yoga @ Londondairy Alpaca Ranch

June 27th & September 9th
1-3 PM \$13

We'll be headed back out to Londondairy Alpaca Ranch to yoga with our furry friends from the south, and enjoy some South American wine!

WEDNESDAY'S MOVE CLASS NOW: CARDIO & STRENGTH

This class will get your heart rate up while you move through different movements at your own pace. A fun mix of cardio and weights....paired with a fun collection of upbeat tunes.

NOTICE!

There will be no yoga, Cardio & Strength, or Arthritis Exercise classes 4/25 through 5/11.

Wednesdays @
10:15 - 10:45am

Two Rivers Senior Center
Red Hattitudes

Thursday, April 17th at 11:30 am

Join the Red Hattitudes for a meal
and a meeting at:

Lonz's Tannery Club
4317 Tannery Rd
Two Rivers, WI 54241

Marge is your hostess.



We're at it again!

Cork & Canvas

-Spring Edition-

Join us Friday, April 4th at 6 pm

Express a little creativity while enjoying
libations, light snacks, and fun!



**Sign up at the Two Rivers
Senior Center by 3/27/2025**

HAPPY BIRTHDAY!

APRIL 1

Dave DeVore
Sonja DeVore
Steven Elsen
Susanne Hinkle
Laura Prellwitz

APRIL 2

Diane Breman
Donald DeWitt
Jacque Dickenshield
Judy Goodchild
Paul Reilly

APRIL 3

Bonnie Becker Patricia Schultz- Reeths
Lucille DeWein Debbie Wochos
Sandra Fonda
Wanda Swiggum

APRIL 4

Ruth Murphy

APRIL 5

Sam Gerros
Janice Pagel
Florence Schmidt
Joyce Zoerb

APRIL 6

Dave Boehm
Deborah Farr

APRIL 7

Maribeth Wester

APRIL 8

Virginia Coffman
Kenneth Walvoord

APRIL 10

Helen Belonger
Peggy Karman
Nancy Schultz

APRIL 11

Ronald Olson

APRIL 12

Maria Laurin
Judy Ray

APRIL 13

Debra Augustine
Rosemary Bodart
Debra Eirich
Marilyn Miller
Sue Zur

APRIL 14

Roger Karman
Linda Konitzer
Donna Morgan

APRIL 15

Linda Pakarek
Joan Schmid

APRIL 16

Cyndi Teuke
Lois Thorndson

APRIL 17

Ronald Desten
Karen Duval
John Kreeger

APRIL 18

Lou Ann Gray

APRIL 19

Donna Coenen
Richard Laurent
Amy LeGreve
Robert Nicholson

APRIL 20

Marlene Guehlstorf

APRIL 21

Ronald Ciha

APRIL 22

Jean Huempfer
Ricard Kornely

APRIL 23

Nancy Denfeld

APRIL 24

Carol Swoboda
Joyce Wilfert
Kathryn Zeman

APRIL 25

Jan Lane

APRIL 26

Joan Brault

APRIL 28

Lenore McDonough
Kimberly Radzinske

APRIL 29

Harlan Krizizke

APRIL 30

Paulette Hollatz
James Prellwitz
Jerry Schubring



Happy Anniversary

April 1

James & Laura Prellwitz

April 2

Ronald & Donna Kryzenske

April 8

Romy & Jennie Petri

April 18

Joel & Ann O'Connell

April 19

John & Janet Wilsmann

April 23

Bruce & Jo Yungerman

April 25

Ronald & Sharon Desten

Thomas & Yvonne Sheley

William & Joan Theodorou

April 26

Robert & Joan Brault

COFFEE WITH A COP

Come chat with Police
Department officers at the
Two Rivers Senior Center!

10-11 AM

NEXT MEETING:
April 30



**QUARTERLY
BIRTHDAY PARTY!**

FRIDAY, JUNE 20TH AT 12:00

**JOIN US FOR A MEAL, CAKE,
AND ENTERTAINMENT!**

CARS Program

This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit:
careasy.org/nonprofit/friendsofthetworiversseniorcenter
or call 855-500-7433



NEW

BRIDGE CLUB

**NEW! Join this new group
MONDAYS from 10am - 12pm
in the Senior Center Library.**

For questions, or to sign up, call the
Senior Center at: 920-793-5596.





NOW SHOWING
 MOVIE MATINEE- MONDAYS @ 1 PM

April 7th- Indian in the Cupboard-

On his birthday, Omri (Hal Scardino) is given several simple gifts, including an old wooden cupboard and a small plastic figurine of a Native American man. When he locks the toy inside the cabinet it magically comes to life as a tiny, cagey warrior named Little Bear (Litefoot). The boy then places other toys in the cupboard and they too come to life, even engaging in entertaining battles. But after Little Bear is wounded, Omri begins to understand that his animate toys are not mere playthings. - IMDb
 Rated PG. Run time 1 hr 38 minutes.

April 14th- Sleepless in Seattle-

After the death of his wife, Sam Baldwin moves to Seattle with his son, Jonah. When Jonah calls in to a talk-radio program to find a new wife for his father, Sam grudgingly gets on the line to discuss his feelings. Annie Reed, a reporter in Baltimore, hears Sam speak and falls for him, even though she is engaged. Unsure where it will lead, she writes Sam a letter asking him to meet her at the Empire State Building on Valentine's Day. -IMDb
 Rated PG . Run time 1 hr 40 minutes.

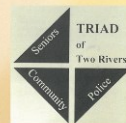
April 21st- Philadelphia-

Fearing it would compromise his career, lawyer Andrew Beckett hides his homosexuality and HIV status at a powerful Philadelphia law firm. But his secret is exposed when a colleague spots the illness's telltale lesions. Fired shortly afterwards, Beckett resolves to sue for discrimination, teaming up with Joe Miller, the only lawyer willing to help. In court, they face one of his ex-employer's top litigators. - IMDb
 Rated PG-13. Run time 2 hrs 6 min..

April 28th- Reagan-

From the glitter of Hollywood to the world stage, Ronald Reagan overcomes the odds to become the 40th president of the United States. IMDb
 Rated PG-13. Run time 2 hrs 15 minutes.

Pre-register by calling 920-793-5596. Space is limited
 Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.



CARD CREATORS

Wednesdays @10am
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in
the Library**

Call 920-793-5596 to register



Creation Station

SMALL BATCH COOKIES IN A JAR

Follow the directions provided to add to these dry cookie ingredients for a delicious small batch of cookies!

To reserve your kit, call 920-793-5596.
Call by Friday, April 11th.

Kits will be ready for pick up April 25th at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5

Creation Station Sponsored By:


For all your insurance needs

**AMERICAN FAMILY
INSURANCE**



P.A. Wargin Agency, Inc. (920) 794-1114

www.pamwargin.com • teamwargin@amfam.com

NEW

Tech assistance appointments!

Thanks to a volunteer high school student with an interest in technology and helping people, we're able to offer one on one tech appointments on Wednesdays from 1-3 pm.

Our volunteer can help with technology questions across multiple devices, so make an appointment and bring in your smart phones, tablets, and laptops for user guidance.

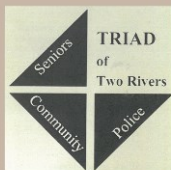
Call 920-793-5596 and sign up for an appointment today!



TRIAD *fundraiser*

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

\$36 each



THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

NOW ON THURSDAYS!

On the 2nd Thursday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am- 4pm.



Serving Manitowoc Co.

The Manitowoc/ Two Rivers Lion Club is in need of gently used wheelchairs and knee scooters. To donate, contact Jan Klein at 920-323-4986



Unit 165- Two Rivers

FUNDRAISER

The American Legion Auxiliary is selling Kwik Trip gift cards with a value of either \$10 or \$20 to raise money to assist veterans with a range of needs.

Kwik Trip Gift cards will be available for purchase by cash or check at the Two Rivers Senior Center, or by contacting the auxiliary by email: auxwipost165tr@gmail.com

or on Facebook



Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

2025

WESTSIDE STORY AT THE FIRESIDE THEATER

April 3rd

BREWERS AT WRIGLEY FIELD DAY TRIP

JUNE 19th

ALASKA: CALL OF THE WILD

July 24th - 30th

LAMBEAU FIELD DAY TRIP

August 7th

MACKINAC ISLAND

September 1st - 5th

ALBUQUERQUE BALLON FIESTA & SANTA FE

October 3rd - 8th

DISCOVER SWITZERLAND, AUSTRIA, & BAVARIA

October 15th - 24th

SOUTHERN CHARM HOLIDAY

December 2nd - 8th

CHRISTMAS IN MONTREAL & QUEBEC CITY

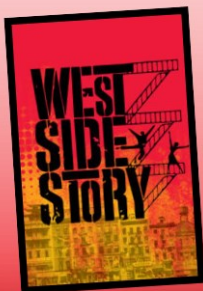
December 3rd - 9th

**Call for availability.*

Sign up today! 920-793-5596

JOIN US AT THE **The Fireside, Inc.**

APRIL 3, 2025 MEMBER COST - \$120 NON-MEMBERS - \$130



"From the first notes to the final breath, WEST SIDE STORY is a theatrical event not to be missed. Shakespeare's Romeo and Juliet is transported to modern-day New York City as two young lovers find themselves caught between warring street gangs. Their struggle to survive in a world of hate, violence, and prejudice is one of the most innovative, heart-wrenching, and relevant musical dramas of our time..." - Fireside

Departures: 7:30 AM from The Two Rivers Senior Center
8:00 am from The Perkins Park & Ride in Manitowoc

BREWERS V. CUBS @ WRIGLEY FIELD

JUNE 19TH
7:00 AM DEPARTURE



\$80 MEMBERS **\$85 NON-MEMBERS**

JOIN US ON THIS ACTION PACKED DAY TRIP TO SEE THE BREWERS PLAY THE CUBS AT WRIGLEY FIELD! PRICE INCLUDES A LIGHT BREAKFAST PROVIDED BY THE SC, BUS FARE, GAME TICKETS, AND A TOUR OF WRIGLEY FIELD. PARTICIPANTS WILL HAVE TIME TO GRAB LUNCH IN WRIGLEYVILLE BEFORE THE GAME.



TRIP SPONSORED IN PART BY THE FRIENDS OF THE TWO RIVERS SENIOR CENTER.

STOP IN TO SIGN UP BY MAY 19TH!



Lambeau **FIELD TRIP**

**STADIUM
HALL OF FAME &
STEP-ON BUS TOUR**



**& LUNCH @
1919 KITCHEN & TAP**

JOIN THE TWO RIVERS SENIOR CENTER FOR A TOUR OF LAMBEAU WHICH INCLUDES THE ATRIUM, ENDZONE ROOFTOP, CLUB BOXES, THE PRESS BOX, TEAM TUNNEL, SIDELINES, AND MORE! ENJOY STEP ON GUIDED TOUR OF PACKERS HERITAGE TRAIL SITES, AND ENJOY LUNCH AT 1919 KITCHEN & TAP. FOOD OPTIONS INCLUDE WISCOBURGER, TURKEY CLUB, OR HICKORY SMOKED PULLED PORK ALL WITH CHIPS, OR A COBB SALAD.

TRIP SPONSORED IN PART BY THE FRIENDS OF THE TWO RIVERS SENIOR CENTER

AUGUST 7TH

8:30 AM DEPARTURE

\$70

MEMBERS

\$75

NON-MEMBERS

STOP IN TO REGISTER

OR CALL: 920-793-5596

ALASKA: CALL OF THE WILD

July 24th - 30th

Go on a land journey featuring a rail ride from Anchorage to Denali, a tundra wilderness tour at Denali National Park, look for seals, sea otters, whales, and more by the face of a glacier at Kenai Fjords National Park, and a day out to shop and relax in Seward.

\$5625 pp Double



PREMIER
WORLD DISCOVERY

MACKINAC ISLAND

September 1st - 5th

Hop on a motorcoach for a beautiful drive up to northern Michigan. Experience a guided tour at Mackinaw City and visit Mackinac Island for a guided carriage tour. Board a boat for a ride through the Soo Locks and enjoy free time in Sault Sainte Marie. Conclude your trip with stops at Colonial Michilimackinac and a Northern Michigan Casino!

\$855 pp Double.

Diamond Tours
inc
Bringing Group Travel to a Higher Standard

ALBUQUERQUE BALLOON FIESTA & SANTA FE

October 3rd - 8th

Start your journey in Albuquerque at the Balloon Fiesta and a stroll through Old Town. Then head up to Santa Fe and visit the Indian Pueblo Cultural center and Los Alamos Bradbury Science Museum. Take the "high road to Taos" for the day, then return to Santa Fe for a city tour and farewell dinner.

\$3575 pp Double

PREMIER
WORLD DISCOVERY

DISCOVER SWITZERLAND, AUSTRIA, & BAVARIA

October 15th - 24th

Explore Bern, visit an Alphorn maker, experience a yodeling demonstration, fondue, Lucerne, and the Austrian Alps. Your choice of a Cultural City Walking Tour or Anarchitectural Walking Tour. Visit Innsbruck, Salzburg, Mirabell Gardens, Linderhof Palace, and Tyrolean Folk Show.

\$4,549 pp Double \$5,249 pp Single

collette

SOUTHERN CHARM HOLIDAY

December 2nd - 8th

Enjoy a tour through South Carolina and Georgia with stops in Charleston at the Boone Hall Plantation and your choice of a city walking tour or Fort Sumter Cruise, and experience the James Island county Park Holiday Display. In Savannah, experience your choice of Trolley tour or Haunted Savannah walking tour, St. Simmons Island, and Christmas caroling.

\$3,699 pp Double \$4,699 pp Single

collette

CHRISTMAS IN MONTREAL & QUEBEC CITY

Dec. 3rd - Dec. 9th

Take a city tour through Montreal including Notre Dame Cathedral. Then take a train tour from Montreal to Quebec City, where you'll experience the christmas Markets of Old Quebec, Gilles Copper Museum, and a demonstration at the Sugar Shack.

\$3,375 pp Double

THANK YOU!

WE APPRECIATE YOU!

GENERAL DONATIONS

Thank you to all those who donated anonymously!

SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars- Two Rivers), Village Green East & West

FEBRUARY HOME DELIVERED MEAL VOLUNTEERS

1st Anderson Real Estate LLC, Hamilton Home, Grace Church, The Two Rivers School District, Two Rivers Rotary, Good shepherd Church, and all the individuals who drive for us!

TREP

Birthday cake kits

The Two Rivers Senior Center is putting together birthday cake kits for TREP to give out, and is taking donations of the following items:

- Boxes of cake mix
- Canned frosting
- 9x13 disposable aluminum cake pans
- Birthday candles

This project is ongoing, so there is no deadline!
Please drop off your donations to the Two Rivers Senior Center front desk.



ADRC LUNCH PROGRAM

MONDAY- FRIDAY @ 11:30 AM

Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.


Suggested Contribution of \$7.00 for those over 60

2025

Two Rivers/Mishicot
Area Dine In & Home
Delivered Meals

APRIL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Baked chicken, mashed potatoes & gravy, broccoli, WW bread, peanut butter bar* 	2 Stuffed pepper casserole, country blend veggies, pears, dinner roll, poke cake	3 Hamburger on WW bun, German potato salad, hummus, cucumbers, apple bar	4 Salmon, cabbage & carrots, potatoes O'Brien, rye bread, bread pudding
7 Tator tot casserole, wax beans, Mandarin oranges, WW bread, vanilla pudding	8 Sloppy Joe on WW bun, cold potato salad, baked beans, fresh fruit	9 Chicken alfredo, pasta, carrots, apricots, French bread	10 Chef salad, turkey & bean soup, French bread, banana bar	11 Philly style mac & cheese w/ beef, mixed veggies, tropical fruit, WW bread, chocolate chip cookie
14 Lasagna, side salad, Capri blend veggies, peaches, garlic bread	15 BBQ shredded pork on WW bun, cheesy potatoes, buttered lima beans, raspberry bar	16 Beef tips in gravy, mashed potatoes, green beans, WW bread, pumpkin bar	17 Sweet & sour chicken, rice pilaf, baby corn, pears, apple cobbler	18 Meal Site Closed for Spring Holiday 
21 Split pea soup, Capri blend veggies, peaches, garlic bread	22 Spaghetti w/ meat sauce & WW noodles, peas, applesauce, brownie 	23 Pork roast, baby red potatoes, carrots, WW bread, yogurt w/ blueberries	24 Lemon pepper chicken, rice, side salad, winter fruit salad, strawberry pretzel bar	25 Swedish meatballs, mashed potatoes, California blend veggies, apricots, WW dinner roll, oatmeal cookie
28 Meatloaf, whipped sweet potatoes, broccoli, WW bread, fresh orange	29 Soft shell beef tacos, refried beans, corn, golden salad	30 Baked chicken, whipped potatoes & gravy, carrots, WW bread, fruited Jello		

*Contains nuts.

Please note: our kitchen is NOT a nut-free facility.

Menu subject to change.