

April

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1

8:30 Committee on Aging meeting
9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Ferris Bueller's Day Off

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8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Let's Get Moving

3

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling at the Hook
10:00 Card Creators
11:30 Lunch
1:30 Cribbage
2:00 EnerChi

4

8:00 ADRC benefit specialist
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

5

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

8

9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Driving Miss Daisy

9

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
10:30 Blood Pressure Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Let's Get Moving

10

8:30 Footcare Appts
9:00 Yoga
11:30 Lunch
2:00 EnerChi

11

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

12

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

**NO SC ACTIVITIES:
VOLUNTEER APPRECIATION DINNER**

12:00- Friends of the TRSC Board Meeting

Creation Station reservation deadline

15

9:00 **NO YOGA**
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Never Too Late

16

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Let's Get Moving

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8:30 Footcare Appts
9:00 Yoga
9:15 Bowling at the Hook
10:00 Card Creators
11:30 Lunch
1:30 Cribbage
2:00 EnerChi

18

9:00 Cardio Drumming
9:15 Simply Seniors
11:00 Red Hattitudes
11:30 Lunch
1:00 Sheepshead

19

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

**1:30-2:30pm-
Birthday Party!**

Creation Station pick up

22

9:00 **NO YOGA**
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Overboard

23

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Let's Get Moving

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8:30 Footcare Appts
9:00 Yoga
9:15 Bowling at the Hook
10:00 Card Creators
11:30 Lunch
1:30 Cribbage
2:00 EnerChi

25

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

26

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

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9:00 **NO YOGA**
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: The shakiest gun in the West

30

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Let's Get Moving

Special Dates

April 1st- Committee on Aging meeting @ 8:30am
April 4th- Sharon Richardson Hospice Presentation @ 1pm
April 10th- Volunteer Appreciation lunch. NO SC ACTIVITIES
April 15th- Anniversary Planning Meeting @ 2pm
April 16th- Ireland Trip Meeting @ 10am
April 19th- Monthly Birthday Party @ 1:30pm

Call 920-793-5596 to sign up for classes and activities today!