



Two Rivers Senior Center

ENHANCING THE LIVES OF
OLDER ADULTS.

AUGUST 2023

PICTURE COURTESY OF ANN BARBEAU



ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

Activities

Bingo	Tuesdays @ 1 pm & Fridays @ 9 am
Bowling at The Hook (fall)	Wednesdays @ 9:15am
Card Creators	Wednesdays @ 10:00 am
Creation Station	Varies, see Calendar
Cribbage	Wednesdays @ 1:30 pm
Dominoes	Tuesdays @ 1:00 pm
Early Birds meeting	Thursdays @ 9 am
Mahjong	Tuesdays @ 9:30 am
Movie Matinee	Mondays @ 1:00 pm
Quilting	Fridays @ 8:30 am
Red Hattitudes	Third Thursdays
Sheepshead	Thursdays @ 1:00 pm

Exercise

Arthritis Exercise	Tuesdays @ 10:30 am
Let's Get Moving	Tuesdays @ 1:00 pm
Senior Yoga (in person instructor)	Wed @ 10 am
Cardio Drumming(virtual)	Thursdays @ 9:00 am
Fitness Fun (virtual)	Mondays @ 9 am
Simply Seniors (P&R)	Tues & Thurs @ 9:15 am

Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Health

Blood Pressure- Second Tuesdays
Health Screenings- See Calendar
Foot Care- Monday afternoons & Wednesday Mornings by appointment.

Transportation

TRUST Car Door-to-Door 920-793-5596
Assist To Transport 920-682-8823
Maritime Metro (bus) 920-686-3560
One-stop-shop/ Mobility mgmt. 920-686-6977

Services

ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180
Heat Assistance info- November-January
Home Delivered Meals- Please call the ADRC 920-683-4180

Two Rivers Senior Center Services-

Books, DVD's, & Puzzles available to borrow
Chore list (hired help)
Reassurance Calls- During Regular Hours
Tax Assistance (AARP) - February - April
Tours- Call for personal appointment
Vision Assistance TV Reader available
*TRSC Services are open to all

Dining Room

Lunch:
Monday - Friday
@ 11:30 am



Guest day passes are available for \$5 at the front window.
Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



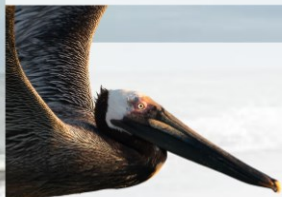
City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- William LeClair, Jackie Ackerman, Lenore McDonough, Kim Graves, PJ Stephens, Jerry Schubring, Virginia Coffman, Jo Yungerman, Kyle Korinek.

Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.



Friends of the Two Rivers Senior Center Board meets the second Thurs.

of each month at 12pm

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Carol Rabitz

Financial Secretary- Ann Plansky

Treasurer- Cindy Schmidt

Board members- Ruth Kadow, Sid Kemp

A BIG THANK YOU TO THE FRIENDS

Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Staff

Senior Center Supervisor

Heather Ihlenfeldt

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E: heaihl@two-rivers.org

Program Coordinator

Megan Marchant

P: 920-793-5597

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Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266

E: maromi@two-rivers.org

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241



ADRC Benefit specialist

Contact the ADRC at **920-683-4180** to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome. Free to everyone. Call **920-793-5596** to schedule today.



Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, or Sharon Glandt, RN, on Wednesday mornings. **By appointment only**. Checks for \$25 payable directly to your nurse. Call **920-793-5596** to schedule today.



COMMITTEE ON AGING

Next Meetings are Monday, August 7th, and Monday, September 11th @ 8:30 AM in the Library

The committee on aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.



Stop by and grab a cup of coffee, tea, or hot cocoa from the coffee cart any time during regular hours for only 25¢

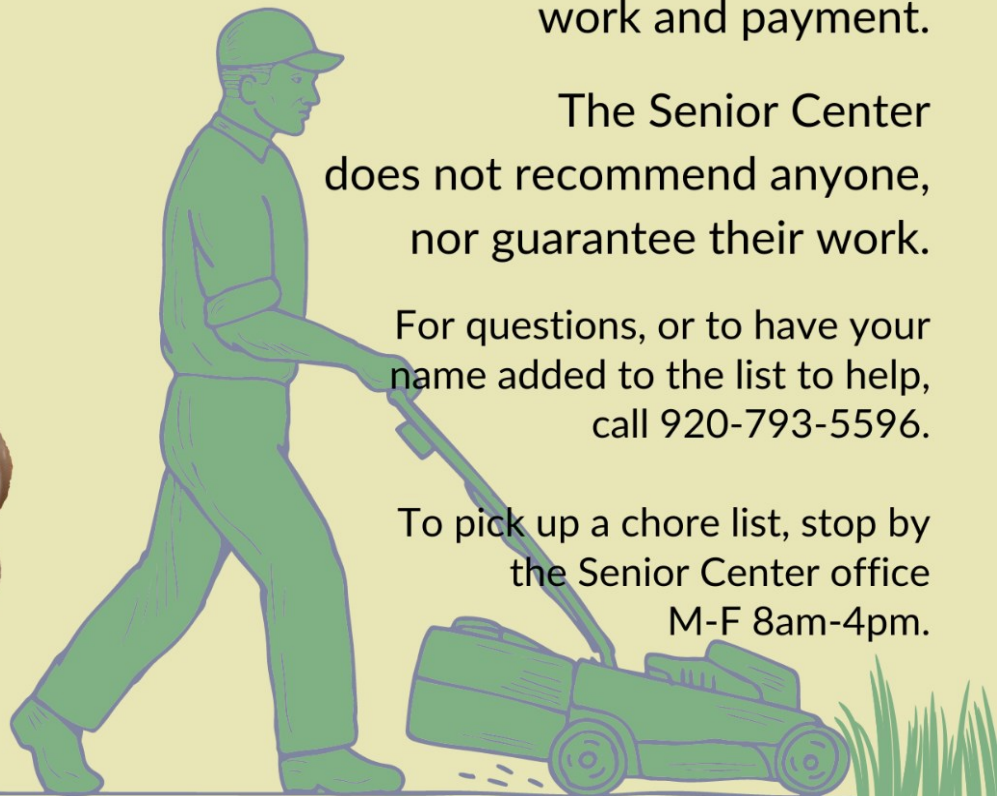
PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

For questions, or to have your name added to the list to help, call 920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.



Pick up our newsletter at these locations !

Two Rivers

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift
Store
Mueller Manor
Community First Bank
River House Apts
Fox Valley Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP
Washington House
St. Vincent De Paul

Village Green East
Village Green West
Schroeder's/ Red Bank Coffee

Manitowoc

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
River Wood Estates
Manitowoc Visitor's Center
Manitowoc Senior Center
Manitowoc County Chamber
YMCA

**All trips to and
from the Senior Center
are now **FREE!****

T.R.U.S.T. CAR

TWO RIVERS UNIQUE SENIOR TRANSPORTATION

The Two Rivers Senior Center TRUST car is available to take you to do all your Two Rivers errands, whether shopping, social, or medical.

This service is for members of the Senior Center who are living in Two Rivers.

TRUST car cards must be used, and can be purchased in office or from the driver for \$15. Each card holds 10 punches, with each stop requiring a punch.

Members must call at least one day ahead of time to schedule a ride. Rides can be scheduled months ahead, but no rides can be scheduled for same day pick up.

For more information or to schedule a ride, call 920-793-5596

The TRUST car vehicle and program are sponsored by the Friends of the Two Rivers Senior Center

Membership Renewals

**\$15/yr per person
\$225 for a lifetime!**

Stop in and sign up or renew your membership anytime during office hours!

Membership is open to anyone over 50, grants you access to many of our programs at no additional cost, and is payable by cash or check.

TWO RIVERS SENIOR CENTER'S ANNUAL

HEALTH & INFORMATION FAIR



**SAVE THE
DATE!**

**OCTOBER 18TH 8 A.M.- 12 P.M.
J.E. HAMILTON COMMUNITY HOUSE**

This FREE community event is meant to provide information to seniors on the health and safety resources available to them in our community.

Stop in and enjoy a complimentary breakfast, vendor booths, health screenings, door prizes, and more!



Story time social!

AUGUST 15TH- 10 AM

Calling all pen pals!

If you were a pen pal to one of the kids from "Heartsville" at Lester Library back in the spring, you are invited to a special storytime with your pen pal kids!

Register by August 11th by stopping in or calling 920-793-5596

THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the 2nd Friday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am- 4pm.

Concerts in the Park, Thursdays 6-8pm

August 3rd- Two Rivers Community Band Presents:
March Madness

August 10th- Eddie Larsen's Classic Memories

August 17th- Dr. Bombay

August 24th- Two Rivers Community Band Presents:
highlights of 2023

August 31st- Model Citizens

East Central Park

Washington Street

Two Rivers, WI 54241

Seed Swap Letterpress with Katie Ries

Saturday, August 12, 2023 - 9:00am to 4:00pm

Set type and print beautiful seed packaging to save, store, and share seeds. Bring some seeds to share with other workshop participants.

No experience necessary. For ages 18+. \$125.

Ries is an artist and educator who makes drawings, prints, objects, and events about the relationships between people and place. She is associate professor of art at St. Norbert College.

Hamilton Wood Type & Printing Museum

1816 10th St

Two Rivers, WI 54241



**TWO
RIVERS**
WISCONSIN

UPCOMING CITY EVENT HIGHLIGHTS**Three Billion Birds Lost & What To Do About It**

Tuesday, August 29, 2023 - 10:00am

Dr. Jackie Augustine, Audubon of Kansas executive director, discusses the loss of birds, describes trends in the data with respect to species and habitats, and shares ways you can prevent further losses in your own neighborhood.

Registration appreciated by Monday, Aug. 28; email jessicaj@woodlanddunes.org or call (920)793-4007.

[See the event on Facebook.](#)

Woodland Dunes Nature Center & Preserve

3000 Hawthorne Ave

Two Rivers, WI 54241

**VISIT exploretworivers.com/events/ for a
complete list and description of events.**

Or call 920-793-5523

Exercise

One wellness card punch per class for Fitness fun, Arthritis Exercise, and Cardio Drumming. Two punches for Senior Yoga. Wellness cards can be purchased at the front desk @ \$10 for 10 punches.

Fitness Fun

**Mondays
@ 9**

Join this eclectic virtual exercise class for all fitness levels. Activities include dancing, cardio, and more! Classes are held in the S.C. Koska room.

Arthritis Exercise

**Tuesdays
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. Classes are held in the S.C. Behringer room.

Let's Get Moving!

**Tuesdays
@ 1:00**

This class is lead by staff from ATI physical therapy, and focuses on range of motion. Classes are held in the S.C. Behringer room.

Senior Yoga

**Wednesdays
@ 10**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. Classes are held in the Behringer room.

**NO YOGA
SEPT. 6th**

Cardio Drumming

**Thursdays
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Behringer Room.

**Call
920-793-5596
to register
for classes.**

**CLASSES ARE GEARED FOR
A WIDE RANGE OF
ENDURANCE LEVELS.
CLASSES ARE ADAPTABLE,
SO EXERSIZE AT YOUR
OWN PACE!**

A collection of craft supplies for card making, including a pink notepad, gold and silver paper clips, a gold pen, a pink pencil, and a small gold star-shaped paper clip.

CARD CREATORS

Wednesdays @10am
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilter's hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in
the Library**

Call 920-793-5596 to register

Creation Station

DIY SCARECROW FRIEND

Put together this festive fall friend using the plate, paper, and buttons provided. You will need to provide glue and markers.

To reserve your kit, call 920-793-5596.
Call by Friday, August 18th.

Kits will be ready for pick up August 24 & 25th at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5



NEW

Thursdays 10-11 am

STOP ON DOWN AND CATCH UP WITH FRIENDS,
NEW AND OLD! ENJOY COFFEE, TEA, OR COCOA
FOR ONLY 25¢ FRESH BAKERY WILL BE
AVAILABLE COURTESY OF THE FRIENDS OF THE
TWO RIVERS SENIOR CENTER.



THE

Early Birds

August Birthday Party!

COME AND HAVE A ROARIN' GOOD TIME!

ENTERTAINMENT BY:
COUNTRY MUSIC WITH BELLARAIN

FRIDAY, AUGUST 25TH
FROM 12-3 PM

**MENU: Sloppy Joes, cole slaw,
fresh fruit, and birthday Cake.**

Sign up by August 18th! 920-793-5596

Event Sponsored by the
Friends of the Two Rivers Senior Center
Balloon creations donated by
Dazzling Creations

OPE!

STARTING IN OCTOBER

**OUR MONTHLY BIRTHDAY PARTIES WILL BE
ON THE 3RD THURSDAY OF EACH MONTH.**

**THIS IS IN AN EFFORT TO KEEP US SANE,
WHICH IS IN EVERYONE'S BEST INTEREST.**





CALLING ALL PIANISTS!!

The Two Rivers Senior Center Choir is looking for a pianist with flexible daytime hours to accompany them. Please call 920-793-5597 to inquire.

TWO RIVERS SENIOR CENTER **RED HATTITUDES**

THURSDAY, AUGUST 17TH @ 11:30 PM

Join us for lunch at 11:30 pm at-
Four Seasons Family Restaurant
3950 Calumet Ave.
Manitowoc, WI 54220

Call 920-793-5596 to sign up

Marilyn & Sandy are our Hostesses

**WE ARE ALWAYS LOOKING FOR PEOPLE TO
HAVE FUN WITH US. IF INTERESTED,
INQUIRE AT THE SENIOR CENTER**



IT'S ALL FUN AND GAMES...



**Come and
join in the
fun! To sign
up ahead
of time,
give us a
call at 920-
793-5596**

Mahjong

Tuesdays
@ 9:30

Join us in
this Chinese
tile memory
game. Don't
know how to
play? We'll
teach you!

In the Library

Bingo

Tuesdays
@ 1:00

Pull up a
chair, bring a
snack, and
join us for a
beguiling
game of
Bingo.

In the Koska

Dominoes

Tuesdays
@ 1:00

Join us and
hop on the
track with
**Mexican
train
dominoes.**

In the Library

Bowling

Wednesdays
@ 9:15

Meet other
seniors at

**On break. Will
resume in the fall!**

\$7.

At the Hook

Cribbage

Wednesdays
@ 1:30

Double
Double run
on down for
some fun
and play
this jaunty
card game.

In the Library

Sheepshead

Thursdays
@ 1:00

Come play
this card
game
derived from
the Bavarian
game
"Schafkopf".

In the Library

Bingo Brunch

Fridays
@ 9:00

Join us for
morning Bingo
and breakfast
treats
sponsored by
community
partners.

In the Koska

NOW SHOWING

MOVIE MATINEE- MONDAYS @ 1 PM

August 7th- The Producers-

Down and out producer Max Bialystock (Zero Mostel), who was once the toast of Broadway, trades sexual favors with old ladies for cash contributions. Max's new accountant Leo Bloom (Gene Wilder), offhandedly muses that if Max found investors for a new production that turned into a flop, he could legally keep all the extra money. The duo begins to put together the worst play possible, titled "Springtime for Hitler", with a terrible director and a hippie-freak star.

PG. Run time 1 hr 28 minutes.

August 14th- Ladies in Lavender-

"Aging spinster sisters Ursula (Judi Dench) and Janet (Maggie Smith) discover a young man (Daniel Brühl) near death on the beach by their home in a small Cornish fishing village. Taking him in, they discover that he is Andrea, a violinist from Krakow, Poland, who had been swept off an ocean liner on which he was sailing to a fresh start in America." -IMDb

Rated PG-13 . Run time 1 hr 44 minutes.

August 21st-Encanto-

"The Madrigals are an extraordinary family who live hidden in the mountains of Colombia in a charmed place called the Encanto. The magic of the Encanto has blessed every child in the family with a unique gift -- every child except Mirabel. Will

Maribel find her gift?" -IMDb

Rated PG . Run time 1 hour 42 minutes.

August 28th-Bridge of Spies-

"During the Cold War, the Soviet Union captures U.S. pilot Francis Gary Powers after shooting down his U-2 spy plane. Sentenced to 10 years in prison, Powers' only hope is New York lawyer James Donovan (Tom Hanks), recruited by a CIA operative to negotiate his release." -IMDb

Rated PG-13 . Run time 2 hours 22 minutes.

**FREE for members. Non-members are welcome,
just stop in for a \$3.00 guest pass. Pre-register
by calling 920-793-5596. Space is limited**

Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.



WORD JUMBLE

YNAROC

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DISNM

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NYNIT

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ARHCEB

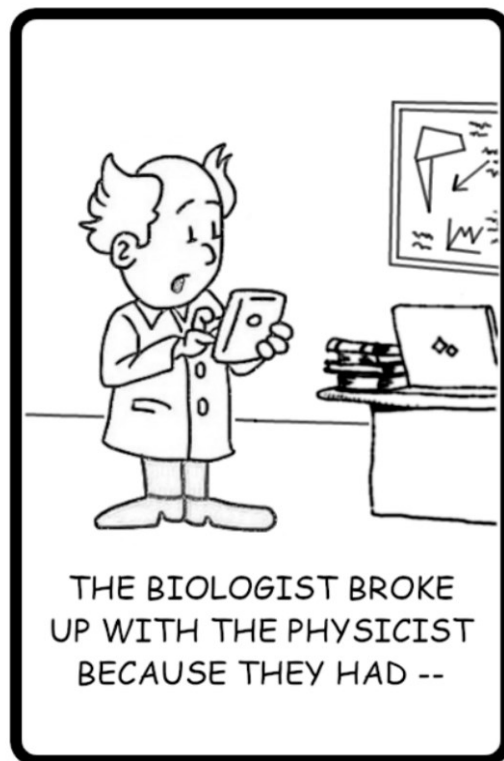
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Print
answer
here

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ANSWERS ON PAGE 32



CORN ROAST



**GRAB A LAWN
CHAIR AND MEET
US AT THE 17TH
STREET PERGOLA
TO ENJOY LIVE
MUSIC WITH JUKEBOX
DAVE, ALL YOU CAN EAT
ROASTED CORN PROVIDED
BY WILFERT FARMS, &
BEVERAGE, WITH ICE
PROVIDED BY PORT
SANDY BAY.
BYOB WELCOME.**

**AUGUST 16TH
2-4PM**

**SIGN UP BY 8/11 BY CALLING
920-793-5596**



**THE SENIOR CENTER IS ASKING FOR
DONATIONS OF BUTTER AND SALT FOR
THE CORN ROAST. PLEASE DROP OFF
ANY DONATIONS TO THE SENIOR
CENTER FRONT DESK BY AUGUST 11TH**

HAPPY BIRTHDAY!

AUGUST 1

Norris Bussie
Rita Costello-Kreeger
Donald Kuchenbecker
Kay Mott
Russell Shambeau

AUGUST 2

Joan Ducat
Mary Sue Eesley
Carol Gagnon
Dale Halvichek
Nancy Pietroske

AUGUST 4

Linda Eis
Paul Rameker
Rita Schilder

AUGUST 5

Jane Stedl

AUGUST 6

Robert Herman
Helen Schmidt

AUGUST 7

Charles Becker
Jeanette Korinek

AUGUST 8

Sharon Desten
Michael Polich

AUGUST 10

Charles Greene
Marilyn Saduske

AUGUST 13

Sandra Kozlowski
Jennie Petri

AUGUST 14

Diane Larson
Gene Pagel

AUGUST 15

Jim Konitzer
Vicki Luebke
Cathy Pettry

AUGUST 16

Karen Cavanaugh

AUGUST 17

Claude Koch
Nancy Piskule
Cindy Schmidt

AUGUST 18

Ken LeGreve
Bonnie Nack
Gail Zahn

AUGUST 19

Marie Gates
Linda Konop

AUGUST 20

Daniel Kleckner

AUGUST 21

Sandra Beyer
Terry Fischer
Betty Saunders

AUGUST 22

Dolores Dyzak
Lee Stefaniak
Joan Taddy
Ann Wilsmann

AUGUST 23

Joan Goessl
Kay Keller
Judy Rank

AUGUST 24

Sandy Abts
Betty Fink

AUGUST 25

Ann DeWitt
Charlotte Mahnke
Lana Porter
Karen Strohm

AUGUST 26

Pat Casavant
Patrick Gagne
Ruth Hauboldt
Janet Malfriod
Charles Smoker

AUGUST 27

Kevin Hagerty
Bernice Knitter

AUGUST 28

LaVerne Bretl
Ann Grady
Daniel Klein
Theodore Melanson
Wayne Mueller
Annette Rohrer
Tom Schiman
Janet Wilsmann

AUGUST 29

Jane Ihlenfeldt
Lee Kaste

AUGUST 31

Steve Becker
Dan Blashka

August 1

Charles Green & Holly
Johnson

August 4

Dave & Sue Weisner
Greg Ross & Barb
Glandt

August 7

John Kreeger & Rita
Costello-Kreeger
Dennis & Mary
Swoboda
Larry & Bonnie Wilker

August 8

John & Susan Schuh
William & Eileen Peters

August 11

Durondee & Joy
Anderson

August 12

Dan & Collete Tegen
Gerald & Gay Wavrunek

August 13

Alvin & Catherine Zellner

August 15

Eugene & Diane Warner

August 16

James & Connie Kronfrost

August 17

Bill & Mary Dean

August 18

Don & Geri Heusterberg

August 19

Victor & Karen Murauskas
Jerry & Joy Walters

August 22

John & MaryAnn Rabitz

August 23

David & Liana Kiff

August 24

Mark & Sally Hunner
Anthony & Maureen
Hoffman

August 25

James & Donna Goettler

August 26

Ken & Yvonne LeGreve
Paul & Leileen Hagebusch

August 27

Gerald & Karen Schuster

August 31

Michael & Sue Cisler
Wayne & Nancy Mueller

Happy Anniversary

2023 Trips

CANYON COUNTRY

September 6-13th



CHICAGO

September 19-21st

COLORFUL COSTA RICA

October 18-26th

ITALY'S AMALFI COAST

November 7-14th

ICELAND'S MAGICAL LIGHTS #1

November 13-19th



ICELAND'S MAGICAL LIGHTS #2

November 27- December 3rd

CHRISTMAS MARKETS OF MONTREAL & QUEBEC CITY

Nov. 30th Dec. 4th

EUROPEAN CHRISTMAS MARKETS

featuring Prague, Budapest, & Vienna
Dec. 10th-18th

CHRISTMAS STARS

December 8th

**WALK THOSE FINGERS THROUGH THE TRAVEL SECTION
OF YOUR NEWSLETTER FOR TRIP DETAILS!**

** Call for availability. Sign up today! 920-793-5596*



2024 Trips

PUERTO VALLARTA

February 16th- 22nd

SPOTLIGHT ON THE FRENCH RIVIERA

March 21st- 29th

CAPE COD AND THE ISLANDS

September 21st- 27th

HIGHLIGHTS OF ENGLAND, SCOTLAND, & WALES

October 30th- November 8th

SPOTLIGHT ON SAN ANTONIO HOLIDAY

November 30th- December 4th

Watch for more in 2024!

ICELAND'S MAGICAL NORTHERN LIGHTS

November 27 — December 3, 2023

7 Days • 11 Meals

Double- \$3,049 pp Single- \$3,545 pp

STOP IN TODAY!
SIGN UP DEADLINE
IS SEPTEMBER 14TH!

THERE ARE ONLY 4 SPOTS LEFT!

TAKE A NORTHERN LIGHTS CRUISE,
VISIT THINGVELLIR NATIONAL PARK
THE SKOGAR MUSEUM
THE LAVA EXHIBITION CENTER
VIEW BREATHTAKING GLACIERS, LAVA
FIELDS, AND LAGOONS!

SIGN UP TODAY!

Get more info at the Senior Center, or by calling 920-793-5596

ICELAND TRIP #1 IS
SOLD OUT!
THIS IS ICELAND
TRIP #2!
SIGN UP TODAY!





Sign up today to learn more about our exciting upcoming trips!

August 10th @ 10am

November 9th @ 10am

French Riviera



**San Antonio Christmas
British Landscapes**



Colorful Costa Rica

October 18th – October 26th, 2023

9 Days • 14 Meals

DOUBLE- \$3,499PP - SINGLE- \$4,199PP

**Stop in today!
Sign up deadline
is August 4th!**

**Find more information at the Senior Center
front desk, or by calling 920-793-5596**



Italy's Amalfi Coast

November 7th – November 14th, 2023

8 Days • 10 Meals

DOUBLE- \$3,749PP - SINGLE- \$4,274PP

**Find more information at the Senior Center
front desk, or by calling 920-793-5596**



**Stop in today!
Sign up deadline
is August 14th!**



Christmas Markets of Montreal & Quebec City

November 30th – December 4th, 2023

5 Days • 6 Meals

DOUBLE- \$2,949PP - SINGLE- \$3,2549PP

**Find more information at the Senior Center
front desk, or by calling 920-793-5596**



**Stop in today!
Sign up deadline
is September
15th!**



European Christmas Markets

Prague

Vienna

Budapest

Dec. 10th — Dec. 18th, 2023

9 Days • 11 Meals

DOUBLE- \$2,999 PP - SINGLE- \$3,499 PP

*rates are before 6/11/23. Call for rates after 6/11/23.

Stop in today!
Sign up deadline
is October 11th!

Visit the Christmas markets of Prague, Vienna, Dresden, and Budapest.

Visit a castle, a candy workshop, and a palace. Take a train ride, and dine with locals.

The Xavier Performing Arts Center Presents:

CHRISTMAS STARS DEC. 8TH!

\$105- MEMBERS \$115 - NON-MEMBERS

Join us for a holiday favorite! The cost includes bus ride, dinner at Cobblestone Creek in Brillion, and a 7pm show.

Seating is limited! Sign up deadline is November 10th

Menu: chicken, haddock, tips, sides, dessert, coffee, & milk, served family style.

Stop in today!
Sign up deadline
is Nov. 10th!



Puerto Vallarta

All Inclusive Resort 🌴 Feb. 16- 22nd 🌴 \$2949 pp (double)

Resort amenities: access to 4 restaurants, themed dinner nights, beach front snack bars and wait service, poolside wait service, spa services and shopping. Included in your fare: Roundtrip airfare, 6 nights at Paradise Nuevo Vallarta,

All meals and Drinks during your stay, and more!

Sign up deadline is Dec 1st. Call or stop in today! 920-793-5596

Puerto Vallarta

All Inclusive Resort

Feb. 16- 22nd

\$2949 pp (double)



PREMIER
WORLD DISCOVERY

French Riviera

March 21- 29th

\$3049 pp (double) when you
book before 9/22/23

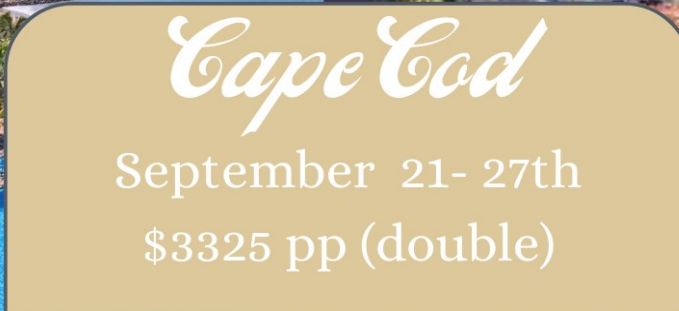


collette

Cape Cod

September 21- 27th

\$3325 pp (double)



PREMIER
WORLD DISCOVERY

Coming

2024!

PREMIER
WORLD DISCOVERY



October 30- November 8th
\$4049 pp (double)

British Isles

collette



Nov. 30- Dec. 4th
\$2029 pp (double) when
you book before 6/30/24

San Antonio

THANK YOU!

WE APPRECIATE YOU!

GENERAL DONATIONS

Sharon & Karen, Virginia Coffman, Patrick Gagne, Paul Creviere, Nancy Cohen, Leonard Wavrunek, Karen & Gerald Schuster, St. Peter the Fisherman's Sheepshead Marathon Group, all those who donated anonymously, and everyone who donated school drive supplies!

SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars. Two Rivers), Village Green East & West

JULY HOME DELIVERED MEAL VOLUNTEERS

St. Peter the Fisherman, Good Shepard Lutheran Church, Kiwanis Club, Rotary Club, and all the individuals who drive for us!

**PLEASE PATRONIZE OUR ADVERTIZERS. THEY
HELP US GROW!**



JOIN

US!

TWO RIVERS SENIOR CENTER MEMBERSHIP

**\$15 per person-annually
\$225 per person-lifetime**

CASH OR CHECK PAYMENTS ONLY

Open to anyone 50+ years of age. We offer wonderful opportunities to stay engaged, socialize, maintain wellness, have fun, and so much more!



ADRC LUNCH PROGRAM

MONDAY- FRIDAY @ 11:30 AM

Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.

Suggested Contribution of \$6.50 for those over 60

August 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
	Brat on WW Bun Caesar Potatoes Baked Beans Golden Salad	Scalloped Potatoes & Ham Romaine Salad Country Blend Veggies Rye Bread Banana	Baked Chicken Mashed Potatoes & Gravy Carrots WW Dinner Roll M&M Bar	Stuffed Pepper Casserole Pears Dinner Roll Poke Cake
7	8	9	10	11
Chicken Vegetable Pizza Side Salad Apricots Garlic Bread Brownie	Tator Tot Casserole Wax Beans Mandarin Oranges WW Bread Frosted Cake	Sloppy Joe on WW Bun German Potato Salad Baked Beans Fresh Fruit	Chef Salad Turkey & Bean Soup French Bread Banana Bar	Fish Sandwich on WW Bun Boiled Red Potatoes Carrots Fruited Lemon Fluff
14	15	16	17	18
Taco Casserole Refried Beans Corn WW Bread Golden Salad	Split Pea Soup Turkey on WW Romaine Salad Chocolate Chip Cookie	Egg, Ham, & Cheese Scramble Diced Sweet Potatoes Tropical Fruit Muffin Yogurt	Pizza Casserole Country Blend Veggies Applesauce Garlic Bread Lemon Bar	Swedish Meatballs Mashed Potatoes California Blend Veggies WW Dinner Roll Strawberry Pretzel Bar
21	22	23	24	25
Meatloaf Whipped Sweet Potatoes Broccoli WW Bread Fresh Orange	Philly Style Mac & Cheese with Chicken Mixed Veggies Peaches WW Bread Tapioca Pudding	Baked Chicken Mashed Potatoes & Gravy Carrots WW Bread Raspberry Bar	Shredded Beef on WW Bun Cheesy Potatoes 3 Bean Salad Apple	Pork w/Fried Rice Stir Fry Veggies Baby Corn Pears Fortune Cookie
28	29	30	31	1
Hamburger on WW Bun Baked Beans Coleslaw Apple Bar	Pineapple Glazed Ham Potato Casserole Green Beans Rye Bread Spice Cake	Vegetable Bean Soup Ham Salad Sandwich Cucumber Salad Pears Bread Pudding	Shepard's Pie Broccoli Carrot Raisin Salad WW Dinner Roll Rice Krispie Bar	
4	5	Notes		



WORD JUMBLE ANSWERS: CRAYON, MINDS, TINNY, BREACH, NO CHEMISTRY