



# Two Rivers Senior Center

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ENHANCING THE LIVES OF  
OLDER ADULTS.



JULY 2023





# ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

## Activities

Bingo                      Tuesdays @ 1 pm & Fridays @ 9 am  
Bowling at The Hook (fall)    Wednesdays @ 9:15am  
Card Creators                      Wednesdays @ 10:00 am  
Creation Station                      Varies, see Calendar  
Cribbage                      Wednesdays @ 1:30 pm  
Dominoes                      Tuesdays @ 1:00 pm  
Mahjong                      Tuesdays @ 9:30 am  
Movie Matinee                      Mondays @ 1:00 pm  
Quilting                      Fridays @ 8:30 am  
Red Hattitudes                      Third Thursdays @ 12 pm  
Sheepshead                      Thursdays @ 1:00 pm

## Exercise

Arthritis Exercise                      Tuesdays @ 10:30 am  
Senior Yoga (in person instructor)    Wed @ 9 am  
Cardio Drumming(virtual)                      Thursdays @ 9:00 am  
Fitness Fun (virtual)                      Mondays @ 9 am  
Simply Seniors (P&R)                      Tues & Thurs @ 9:15 am

## Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

## Health

Blood Pressure- Second Tuesdays  
Health Screenings- See Calendar  
Foot Care- Monday afternoons & Wednesday Mornings by appointment.

## Transportation

TRUST Car Door-to-Door 920-793-5596  
Assist To Transport 920-682-8823  
Maritime Metro (bus) 920-686-3560  
One-stop-shop/ Mobility mgmt. 920-686-6977

## Services

### ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180  
Heat Assistance info- November-January  
Home Delivered Meals- Please call the ADRC 920-683-4180

### Two Rivers Senior Center Services-

Books, DVD's, & Puzzles available to borrow  
Chore list (hired help)  
Reassurance Calls- During Regular Hours  
Tax Assistance (AARP) - February - April  
Tours- Call for personal appointment  
Vision Assistance TV Reader available  
\*TRSC Services are open to all

## Dining Room

Lunch:  
Monday - Friday  
@ 11:30 am



Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.



# GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



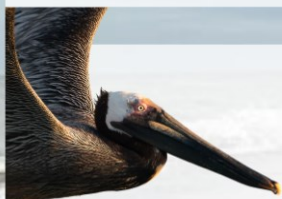
## City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- William LeClair, Jackie Ackerman, Lenore McDonough, Kim Graves, PJ Stephens, Jerry Schubring, Virginia Coffman, Jo Yungerman, Kyle Korinek.

## Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.



## Friends of the Two Rivers Senior Center Board meets the second Thurs.

of each month at 12pm

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Carol Rabitz

Financial Secretary- Ann Plansky

Treasurer- Cindy Schmidt

Board members- Ruth Kadow, Sid Kemp

A BIG THANK YOU TO THE FRIENDS

## Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

## Staff

### Senior Center Supervisor

Heather Ihlenfeldt

P: 920-793-5590

E: [heaihl@two-rivers.org](mailto:heaihl@two-rivers.org)

### Program Coordinator

Megan Marchant

P: 920-793-5597

E: [megmar@two-rivers.org](mailto:megmar@two-rivers.org)

### Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266

E: [maromi@two-rivers.org](mailto:maromi@two-rivers.org)

**Two Rivers Senior Center 920-793-5596**

1520 17th Street, Two Rivers WI 54241





## Services



### ADRC Benefit specialist

Contact the ADRC at **920-683-4180** to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



### Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome. Free to everyone. Call **920-793-5596** to schedule today.



### Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, or Sharon Glandt, RN, on Wednesday mornings. **By appointment only**. Checks for \$25 payable directly to your nurse. Call **920-793-5596** to schedule today.



# COMMITTEE ON AGING

**Next Meetings are Monday, July 3rd and Monday,  
August 7th @ 8:30 AM in the Library**

The committee on aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.

## *Services*

Stop by and  
grab a cup of  
coffee, tea, or  
hot cocoa from  
the coffee cart  
any time during  
regular hours  
for only 25¢

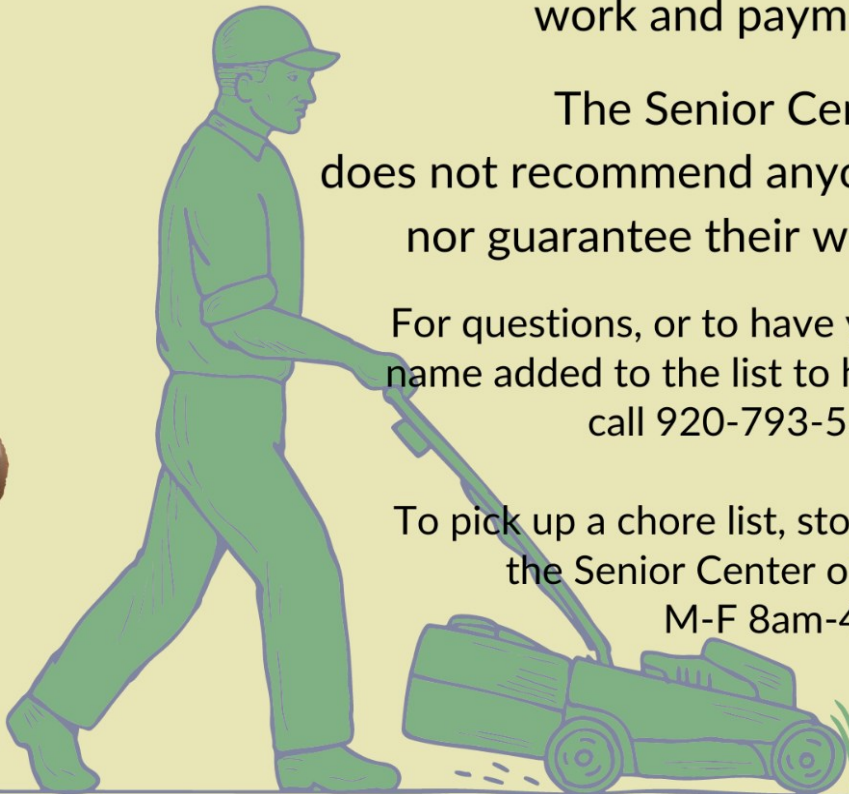
## PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

For questions, or to have your name added to the list to help, call 920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.





## Pick up our newsletter at these locations !

### Two Rivers

Two Rivers Family Dental  
St. Peter the Fisherman  
The Medicine Shoppe  
Patsy's Mobil Mart  
Delwan Apartments  
Bank First National  
Meadow View  
Northland Lodge  
Lester Library  
St. Luke's Place Apts

Two Rivers Christian Thrift  
Store  
Mueller Manor  
Community First Bank  
River House Apts  
Fox Valley Credit Union  
Shoreline Credit Union  
Hamilton Care Center  
TREP  
Washington House  
St. Vincent De Paul

Village Green East  
Village Green West  
Schroeder's/ Red Bank Coffee

### Manitowoc

ADRC of the Lakeshore  
Felician Village  
Manitowoc Public Library  
River Wood Estates  
Manitowoc Visitor's Center  
Manitowoc Senior Center  
Manitowoc County Chamber  
YMCA

## Services

All trips to and  
from the Senior Center  
are now **FREE!**

# T.R.U.S.T. CAR

TWO RIVERS UNIQUE SENIOR TRANSPORTATION

**The Two Rivers Senior Center TRUST car is available to take you to do all your Two Rivers errands, whether shopping, social, or medical.**

This service is for members of the Senior Center who are living in Two Rivers.

TRUST car cards must be used, and can be purchased in office or from the driver for \$15. Each card holds 10 punches, with each stop requiring a punch.

Members must call at least one day ahead of time to schedule a ride. Rides can be scheduled months ahead, but no rides can be scheduled for same day pick up.

For more information or to schedule a ride, call 920-793-5596

**The TRUST car vehicle and program are sponsored by the Friends of the Two Rivers Senior Center**

## Membership Renewals

**\$15/yr per person  
\$225 for a lifetime!**

**Stop in and sign up or renew your membership anytime during office hours!**

Membership is open to anyone over 50, grants you access to many of our programs at no additional cost, and is payable by cash or check.



# Carnival SCHOOL DRIVE

July 22

## School Supplies Needed:

Back Packs  
Note Books  
24 count Crayola Crayons  
Thick Markers  
Thin Markers  
Glue Sticks  
Liquid Glue  
Safety Scissors  
Pink pearl erasers  
#2 Pencils  
Paper Toweling  
Boxes of Kleenex  
Packs of Post it Notes  
Watercolor Paints  
Disinfecting Wipes  
Pencil Boxes  
Dry Erase Markers  
Pocket Folders  
Zip Lock Bags  
Rulers  
Composition Notebooks  
Binders

Dry Erase Eraser  
Pencil Top Easers  
Black Papermate flair pens  
6 inch ruler  
Travel Size deodorant  
Packs Loose Leaf Paper  
Pencil Case  
Highlighters  
Packs of Pens  
Head Phones/Ear Buds  
Scotch Tape  
TI30XII's Calculator  
Hand Sanitizer  
Index cards  
Compass  
Graph Paper  
College ruled- Notebooks  
College Ruled Loose-  
Leaf paper  
Graph Paper  
12" Ruler  
Protractor

## *Services*

The Senior Center will be hosting a back to school carnival where kids can come, play games, and get the school supplies they'll need for the new school year. We're collecting the following supplies to give away at the event, which is set for July 22nd. Please bring items in by July 20th

Monetary donations are also welcome. Please make checks payable to The Two Rivers Senior Center.



## Giving Tree

**SCHOOL DRIVE**  
*July 22*

There are 53 documented homeless children right here in the Two Rivers School District. The actual numbers are probably double that. This year, along with a school supply drive for all kids, we'd like to start a giving tree for our homeless kids. Stop by the Senior center and pick an apple off of our giving tree. Each apple will have the information you need to provide one of these kids with a back to school outfit. Please bring your items to the Senior Center by July 20th.

## *Activities*



### **THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER**



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the 2nd Friday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

**920-684-7117 M-TH 9am- 4pm.**



NEW

Thursdays 9-11 am

STOP ON DOWN AND CATCH UP WITH FRIENDS,  
NEW AND OLD! ENJOY COFFEE, TEA, OR COCOA  
FOR ONLY 25¢ FRESH BAKERY WILL BE  
AVAILABLE COURTESY OF THE FRIENDS OF THE  
TWO RIVERS SENIOR CENTER.



THE

Early Birds



# Exercise

One wellness card punch per class for Fitness fun, Arthritis Exercise, and Cardio Drumming. Two punches for Senior Yoga. Wellness cards can be purchased at the front desk @ \$10 for 10 punches.

## Fitness Fun

**Mondays  
@ 9**

Join this eclectic virtual exercise class for all fitness levels. Activities include dancing, cardio, and more! Classes are held in the S.C. Koska room.

## Arthritis Exercise

**Tuesdays  
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. Classes are held in the S.C. Behringer room.

## Senior Yoga

**Wednesdays  
@ 10**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. Classes are held in the Behringer room.

## Cardio Drumming

**Thursdays  
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Behringer Room.

Call 920-793-5596 to register for classes.

### *Activities*

CLASSES ARE GEARED FOR  
A WIDE RANGE OF  
ENDURANCE LEVELS.  
CLASSES ARE ADAPTABLE  
SO EXERCISE AT YOUR  
OWN PACE!

### NEW!!

Live instruction senior yoga/  
Range of motion class  
Wednesdays @ 10am in the  
Behringer room. The cost is  
only 2 wellness card punches!





## CARD CREATORS

Wednesdays @10am  
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING  
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meals participants, and more on behalf of the Senior Center. Thank you card creators!

## Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilter's hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in  
the Library**

Call 920-793-5596 to register

## *Activities*



## Creation Station

### HOMEMADE APPLE BIRDFEEDER

Attract some feathered friends with this apple bird feeder. Kits will include an apple, bird seed, peanut butter, string, and instructions.

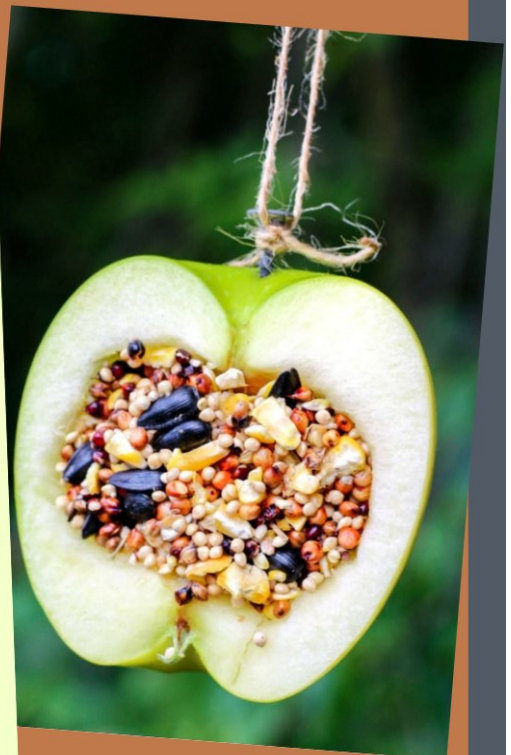
To reserve your kit, call 920-793-5596.  
Call by Friday, July 21st.

Kits will be ready for pick up July 27 & 28th at the Senior Center front desk.

**Due to the kits containing perishable items, we ask that you take special care to pick up your kit on time. If you cannot pick up your kit on July 21st, please ask someone to get it for you, or choose not to get a kit in July.**

One kit per person. Additional kits may be purchased for the guest price of \$5.

**Members FREE, Guest \$5**





NEW

Thursdays 9-11 am

STOP ON DOWN AND CATCH UP WITH FRIENDS,  
NEW AND OLD! ENJOY COFFEE, TEA, OR COCOA  
FOR ONLY 25¢ FRESH BAKERY WILL BE  
AVAILABLE COURTESY OF THE FRIENDS OF THE  
TWO RIVERS SENIOR CENTER.



THE

Early Birds



# July Birthday Party!

**IT'S A SOCK HOP!**

**ENTERTAINMENT BY:  
STEVIE KEYS!**

**FRIDAY, JULY 28TH  
FROM 12-3 PM**

**Dig out your poodle skirt and saddle shoes and come on down for lunch, cake, music and dancing!**

**MENU: Burgers, hot dogs, chips, fruit, and birthday Cake.**

**Sign up by July 21st! 920-793-5596**

Event Sponsored by the  
Friends of the Two Rivers Senior Center  
Balloon creations donated by  
Dazzling Creations



## **CALLING ALL PIANISTS!!**

The Two Rivers Senior Center Choir is looking for a pianist with flexible daytime hours to accompany them. Please call 920-793-5597 to inquire.

## **TWO RIVERS SENIOR CENTER RED HATTITUDES**

**THURSDAY, JULY 20TH @ 12:00 PM**

Join us for lunch at 11:30 pm at-  
Wagner's Country Restaurant  
106 S Packer Dr.  
Francis Creek, WI 54214

Call 920-793-5596 to sign up

Jan is our Hostess

**WE ARE ALWAYS LOOKING FOR PEOPLE TO  
HAVE FUN WITH US. IF INTERESTED,  
INQUIRE AT THE SENIOR CENTER**

*Activities*





# COOK OUT & OUTDOOR GAMES

**\$5**

**JULY 13TH  
4 - 6 PM**

Join us under the pergola for brats and burgers, sides, water, & Lemonade.

BYOB and a chair, play games like corn hole, ladder ball, yard dice, and more!



# IT'S ALL FUN AND GAMES...



**Come and  
join in the  
fun! To sign  
up ahead  
of time,  
give us a  
call at 920-  
793-5596**

## *Activities*

### **Mahjong**

Tuesdays  
@ 9:30

Join us in  
this Chinese  
tile memory  
game. Don't  
know how to  
play? We'll  
teach you!

In the Library

### **Bingo**

Tuesdays  
@ 1:00

Pull up a  
chair, bring a  
snack, and  
join us for a  
beguiling  
game of  
Bingo.

In the Koska

### **Dominoes**

Tuesdays  
@ 1:00

Join us and  
hop on the  
track with  
**Mexican  
train  
dominoes.**

In the Library

### **Bowling**

Wednesdays  
@ 9:15

Meet other  
seniors at

**On break. Will  
resume in the fall!**

\$7.

At the Hook

### **Cribbage**

Wednesdays  
@ 1:30

Double  
Double run  
on down for  
some fun  
and play  
this jaunty  
card game.

In the Library

### **Sheepshead**

Thursdays  
@ 1:00

Come play  
this card  
game  
derived from  
the Bavarian  
game  
"Schafkopf".

In the Library

### **Bingo Brunch**

Fridays  
@ 9:00

Join us for  
morning Bingo  
and breakfast  
treats  
sponsored by  
community  
partners.

In the Koska



## Movies

# NOW SHOWING

MOVIE MATINEE- MONDAYS @ 1 PM

### July 3rd- The Greatest Showman-

Join Hugh Jackman as he tells the story of P.T. Barnum, whose imagination revolutionized the entertainment industry of 1800's America.

PG. Run time 1 hr 45 minutes.

### July 10th- The Theory of Everything-

"Cambridge University student and future physicist Stephen Hawking (Eddie Redmayne) falls in love with fellow collegian Jane Wilde (Felicity Jones). He and Jane defy terrible odds and break new ground in the fields of medicine and science, achieving more than either could hope to imagine." -IMDb

Rated PG-13 . Run time 2 hrs 3 minutes.

### July 17th-The Devil Wears Prada-

Meryl Streep, Anne Hathaway, Emily Blunt, and Stanley Tucci star in this comedy about a new hire at prestigious Runway magazine whose editor is diabolical.

Rated PG-13 . Run time 1 hour 49 minutes.

### July 24th-Knives Out-

The circumstances surrounding the death of crime novelist Harlan Thrombey are mysterious, but there's one thing that renowned Detective Benoit Blanc knows for sure -- everyone in the wildly dysfunctional Thrombey family is a suspect. -IMDb

PG-13 . Run time 2 hours 10 minutes.

### July 31st-High Noon-

Grace Kelly and Gary Cooper star in this 1952 western where Will Kane takes justice into his own hands against a criminal who's out for revenge.

Rated PG-13 . Run time 1 hour 25 minutes.

**FREE for members. Non-members are welcome, just stop in for a \$3.00 guest pass. Pre-register by calling 920-793-5596. Space is limited**

Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.



# MARK YOUR CALENDARS FOR THESE UPCOMING FUNDRAISERS

July 13th **Senior Center Cookout & Outdoor Games**

July 22nd **School Supply Carnival**

August 16th **Senior Center Corn Roast**

*Details to follow!*





# CORN ROAST

*Activities*



**GRAB A LAWN  
CHAIR AND MEET  
US AT THE 17TH  
STREET PERGOLA  
TO ENJOY LIVE  
MUSIC WITH JUKEBOX  
DAVE, ALL YOU CAN EAT  
ROASTED CORN PROVIDED  
BY WILFERT FARMS, &  
BEVERAGE, WITH ICE  
PROVIDED BY PORT  
SANDY BAY.  
BYOB WELCOME.**

**AUGUST 16TH  
2-4PM**

**SIGN UP BY 8/11 BY CALLING  
920-793-5596**

**\$7**

**THE SENIOR CENTER IS ASKING FOR  
DONATIONS OF BUTTER AND SALT FOR  
THE CORN ROAST. PLEASE DROP OFF  
ANY DONATIONS TO THE SENIOR  
CENTER FRONT DESK BY AUGUST 11TH**



# HAPPY BIRTHDAY!

## JULY 1

Lee Neubert  
Floyd Shillcox

## JULY 2

Gerald Duvall  
Audrey Gagnon  
Donnie Polifka

## JULY 3

Julie Carter  
Eldona Daffner

## JULY 4

Judi Bodwin

## JULY 6

Theodore Weidman

## JULY 7

Mary Ann Kaufmann  
Karen Konop  
Vancy Valenta

## JULY 8

Judy Stefaniak  
Janice VanDrisse

## JULY 9

Katherine Wիրr

## JULY 11

Marilyn Kadow  
Joyce Repenn  
Pat Shedal

## JULY 12

Patricia Ciha  
Mary Maurer-Kirk  
Nancy Rameker

## JULY 13

Susan Case  
Carol Hansen  
Marion Kushava  
John Oswald  
Kenneth Vogeltanz

## JULY 14

Beatrice Cisler  
Karin Charland  
Donald Siehr  
Mary Lou Wilson

## JULY 15

Amamda Kober  
Alice Kornely  
Barb Kussman  
Karen Samz  
Jerry Walters  
Kathleen Wondrash

## JULY 16

Georgia Brotski  
Diane Hagerty  
Peter T. Harlow  
Elizabeth Myers  
Gilbert St. Pierre

## JULY 17

Colleen Gordon  
Robin Polsene

## JULY 18

Melanie Anhalt  
Wayne Krall

## JULY 19

Sandra Becker  
Lorne Brown

## JULY 20

Conrad Pettry  
Gerald Stoltzman

## JULY 21

Charles Crabb  
Delores Sisel

## JULY 22

Lois Schroeder  
Philip Zaidel

## JULY 24

Don Noworatzky  
Emmy Rebitz

## JULY 25

Nancy Schroeder

## JULY 26

Susie Carlson  
Lori Garceau  
Kennard Powell  
Leonard Wavrunek

## JULY 27

Janet Graycarek  
Nancy Kunesh  
Bonnie Tonkin  
Joy Walters

## JULY 28

Jeanne Walvoord

## JULY 29

Kay Abendroth  
Shirley Jarvis  
Denise Kluck  
Burton Root

## JULY 30

Alison Hunner  
Judy Johnson  
Laurette Poltzer

## JULY 31

Alice Mohr  
Modesta Olson  
Theresa Pilzak  
Mike Sauer

## *Birthdays*

Birthday donation made by Jerome  
Schubring in honor of Eugene  
Schubring.





**July 2**

Patrick & Ann Grady

**July 4**

Leo & Joanie Szydel

**July 5**

Paul & Susan Case

**July 6**

Paul & Nancy Rameker

Tom & Elizabeth  
Schiman

**July 9**

Donald & Carol Ahrndt

Patrick & Bonnie  
Wichlacz

**July 11**

Pat & Seraphin DeWitt

Dale & Joanne Schmidt

**July 14**

Dean & Kay Smogoleski

**July 15**

Robert & Jean Herman

**July 21**

Greg & Judy Goodchild

**July 23**

Michael & Linda Tollefson

**July 26**

Paul & Pat Hanson

**July 27**

Jim & Debbie Anderson

**July 29**

Dave & Sandra Boehm

Dennis & Janet Harle

**July 30**

Mark & Judy Jacquette

*Happy  
Anniversary*



## 2023 Trips

### BREWER'S GAME

Thursday, July 6th

### CANYON COUNTRY

September 6-13th

**SOLD OUT!**

### CHICAGO

September 19-21st

### COLORFUL COSTA RICA

October 18-26th

### ITALY'S AMALFI COAST

November 7-14th

### ICELAND'S MAGICAL LIGHTS #1

November 13-19th

**SOLD OUT!**

### ICELAND'S MAGICAL LIGHTS #2

November 27- December 3rd

### CHRISTMAS MARKETS OF MONTREAL & QUEBEC CITY

Nov. 30th Dec. 4th

### EUROPEAN CHRISTMAS MARKETS

featuring Prague, Budapest, & Vienna  
Dec. 10th-18th

### CHRISTMAS STARS

December 8th

## 2024 Trips

### PUERTO VALLARTA

February 16th- 22nd

### SPOTLIGHT ON THE FRENCH RIVIERA

March 21st- 29th

### CAPE COD AND THE ISLANDS

September 21st- 27th

### HIGHLIGHTS OF ENGLAND, SCOTLAND, & WALES

October 30th- November 8th

### SPOTLIGHT ON SAN ANTONIO HOLIDAY

November 30th- December 4th

*Watch for more in 2024!*

**WALK THOSE FINGERS THROUGH THE TRAVEL SECTION  
OF YOUR NEWSLETTER FOR TRIP DETAILS!**

*\* Call for availability. Sign up today! 920-793-5596*



# LET'S GO TO THE BALLPARK!



**Brewers VS Cubs  
JULY 6TH @ 10AM**

**\$100**

**Join us to watch our team hit one out of the park! Bus  
ride and ticket included.**

**Lunch is on your own, and the ball park doesn't take  
cash, so either bring a card to enjoy some ballpark  
favorites, or bring a bag lunch.**

**\*The time listed above is our  
departure time.**

**Sign up deadline: June 21st  
Stop in or call 920-793-5596**

***Travel***



# Chicago Weekday Getaway

## September 19th- 21st

**3 Days, 2 Nights- \$450**  
(per person as double occupancy)

Your downpayment of \$79  
is due by JULY 12th!

Find more information at the Senior Center  
front desk, or by calling 920-793-5596

This Diamond Tours trip  
Includes two night's lodging, 2  
breakfasts, 2 dinners, and visits  
to The Museum of Science and  
Industry, Chicago 360, A  
Skyline Cruise, Navy Pier, The  
Field Museum, and a night of  
dinner with entertainment.



# Colorful Costa Rica

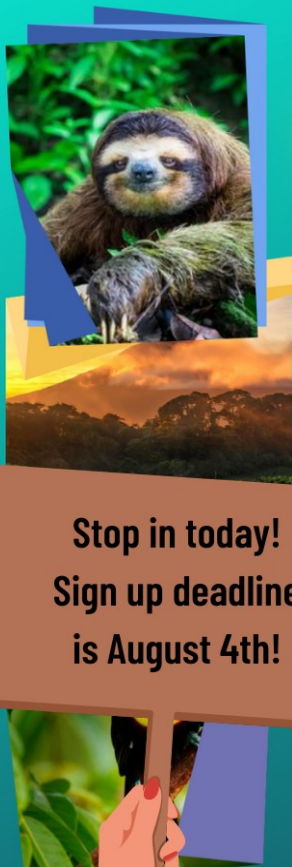
**October 18th – October 26th, 2023**

9 Days • 14 Meals

**DOUBLE- \$3,499PP - SINGLE- \$4,199PP**

Stop in today!  
Sign up deadline  
is August 4th!

Find more information at the Senior Center  
front desk, or by calling 920-793-5596





# Italy's Amalfi Coast

November 7th — November 14th, 2023

8 Days • 10 Meals

**DOUBLE- \$3,749PP - SINGLE- \$4,274PP**

Find more information at the Senior Center  
front desk, or by calling 920-793-5596



Stop in today!  
Sign up deadline  
is August 14th!



## ICELAND'S MAGICAL NORTHERN LIGHTS

November 27 — December 3, 2023. 7 Days • 11 Meals

**Double- \$3,049 pp Single- \$3,545 pp**

Get more info at the Senior Center, or by calling 920-793-5596



ICELAND TRIP #1 IS  
SOLD OUT!  
THIS IS ICELAND  
TRIP #2!  
SIGN UP TODAY!

Stop in today!  
Sign up deadline  
is September 14th!



# Christmas Markets of Montreal & Quebec City

November 30th — December 4th, 2023  
5 Days • 6 Meals

**DOUBLE- \$2,949PP - SINGLE- \$3,2549PP**

Find more information at the Senior Center front desk, or by calling 920-793-5596



**PREMIER**  
WORLD DISCOVERY



Stop in today!  
Sign up deadline  
is September 15th!



*Travel*

## European Christmas Markets

*Prague*

**Dec. 10th — Dec. 18th, 2023**

9 Days • 11 Meals

**DOUBLE- \$2,999 PP - SINGLE- \$3,499 PP**

\*rates are before 6/11/23. Call for rates after 6/11/23.

*Vienna*

*Budapest*

Stop in today!  
Sign up deadline  
is October 11th!

Visit the Christmas markets of Prague, Vienna, Dresden, and Budapest.

Visit a castle, a candy workshop, and a palace. Take a train ride, and dine with locals.

The Xavier Performing Arts Center Presents:

# CHRISTMAS STARS **DEC. 8TH!**

**\$105- MEMBERS \$115 - NON-MEMBERS**

Join us for a holiday favorite! The cost includes bus ride, dinner at Cobblestone Creek in Brillion, and a 7pm show. Seating is limited! Sign up deadline is November 10th

Menu: chicken, haddock, tips, sides, dessert, coffee, & milk, served family style.





# *Puerto Vallarta*

All Inclusive Resort

Feb. 16- 22nd

\$2949 pp (double)



**PREMIER**  
WORLD DISCOVERY

# *French Riviera*

March 21- 29th

\$3049 pp (double) when you  
book before 9/22/23



**collette**

# *Cape Cod*

September 21- 27th

\$3325 pp (double)



**PREMIER**  
WORLD DISCOVERY

**Coming**

**2024!**



**PREMIER**  
WORLD DISCOVERY

October 30- November 8th  
\$4049 pp (double)

# *British Isles*



**collette**

Nov. 30- Dec. 4th  
\$2029 pp (double) when  
you book before 6/30/24

# *San Antonio*



# THANK YOU!

## WE APPRECIATE YOU!

### GENERAL DONATIONS

*Sharon & Karen, Virginia Coffman, Patrick Gagne, Karen Karstaedt, all those who donated anonymously, and everyone who donated pancake supplies!*

### SUPPORTING BUSINESSES AND ORGANIZATIONS

*Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars. Two Rivers), Village Green East & West*

### JUNE HOME DELIVERED MEAL VOLUNTEERS

*St. Peter the Fisherman, Grace Congregational Church, Good Shepard Lutheran Church, Two Rivers Fire Department, Kiwanis Club, Lakeshore United Methodist Church, and all the individuals who drive for us!*



PLEASE PATRONIZE OUR ADVERTIZERS. THEY  
HELP US GROW!



*In Loving Memory*

*In memory of Claudia Gordon  
- by Dale Gordon*







**JOIN**

**US!**

## **TWO RIVERS SENIOR CENTER MEMBERSHIP**

**\$15 per person-annually  
\$225 per person-lifetime**

**CASH OR CHECK PAYMENTS ONLY**

Open to anyone 50+ years of age. We offer wonderful opportunities to stay engaged, socialize, maintain wellness, have fun, and so much more!

*Info* 



## **ADRC LUNCH PROGRAM**

**MONDAY- FRIDAY @ 11:30 AM**

**Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.**

**Suggested donation of \$6.50 for those over 60**



# July 2023

## Two Rivers/Mishicot Area Dine In and Home Delivered Meals

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### Menu

26	27	28	29	30
3	4	5	6	7
Cheeseburger on WW Bun Baked Beans Coleslaw Apple Bar	Closed - Happy 4th of July!	Shepard's Pie Broccoli Carrot Raisin Salad White Bread Rice Krispie Bar	Seasoned Chicken Breast Whipped Sweet Potatoes Wax Beans WW Dinner Roll Butterscotch Pudding	Salmon Caesar Potatoes Mixed Veggies Rye Bread M&M Bar
10	11	12	13	14
Meatloaf Potato Casserole Carrots WW Dinner Roll Chocolate Mousse	Pineapple Glazed Ham Cheesy Potatoes Side Salad Rye Bread Spice Cake	Baked Chicken Whipped Potatoes & Gravy Corn WW Bread Fruited Jello	Vegetable Bean Soup Ham Salad on White Cucumber Salad Diced Pears Bread Pudding	Lasagna Capri Blend Veggies Peaches French Bread Cherry Pie Square
17	18	19	20	21
Chicken Stir Fry Brown/White Rice Carrots Pineapple PB Cookie*	Swedish Loaf Mashed Potatoes & Gravy California Blend Veggies Rye Bread Chocolate Pudding Torte	Brat on WW Bun Cold Potato Salad Baked Beans Golden Salad	Chicken Ala King Peas Warm Cinnamon Apples White Biscuit Frosted Brownie	Chicken Dumpling Soup Ham & Cheese on WW Broccoli Cauliflower Salad Grapes M&M Bar
24	25	26	27	28
Egg, Ham, & Cheese Scramble Diced Sweet Potatoes Tropical Fruit Mini Muffin Yogurt	Meatballs Mashed Potatoes & Gravy 3 Bean Salad WW Bread Strawberries Angel Food Cake	Tuna Noodle Casserole Peas Applesauce WW Roll Chocolate Chip Cookie	Chicken Pizza Bake Romaine Salad Tomato Wedges Potato Bucks WW Bread Frosted Cake	Beef Stroganoff Mashed Potatoes Corn WW Dinner Roll Lemon Bar
31		Notes	*Contains nuts. Please note, our kitchen is NOT a nut-free facility.	
Beef Vegetable Soup Egg Salad on WW Mandarin Oranges Poke Cake				