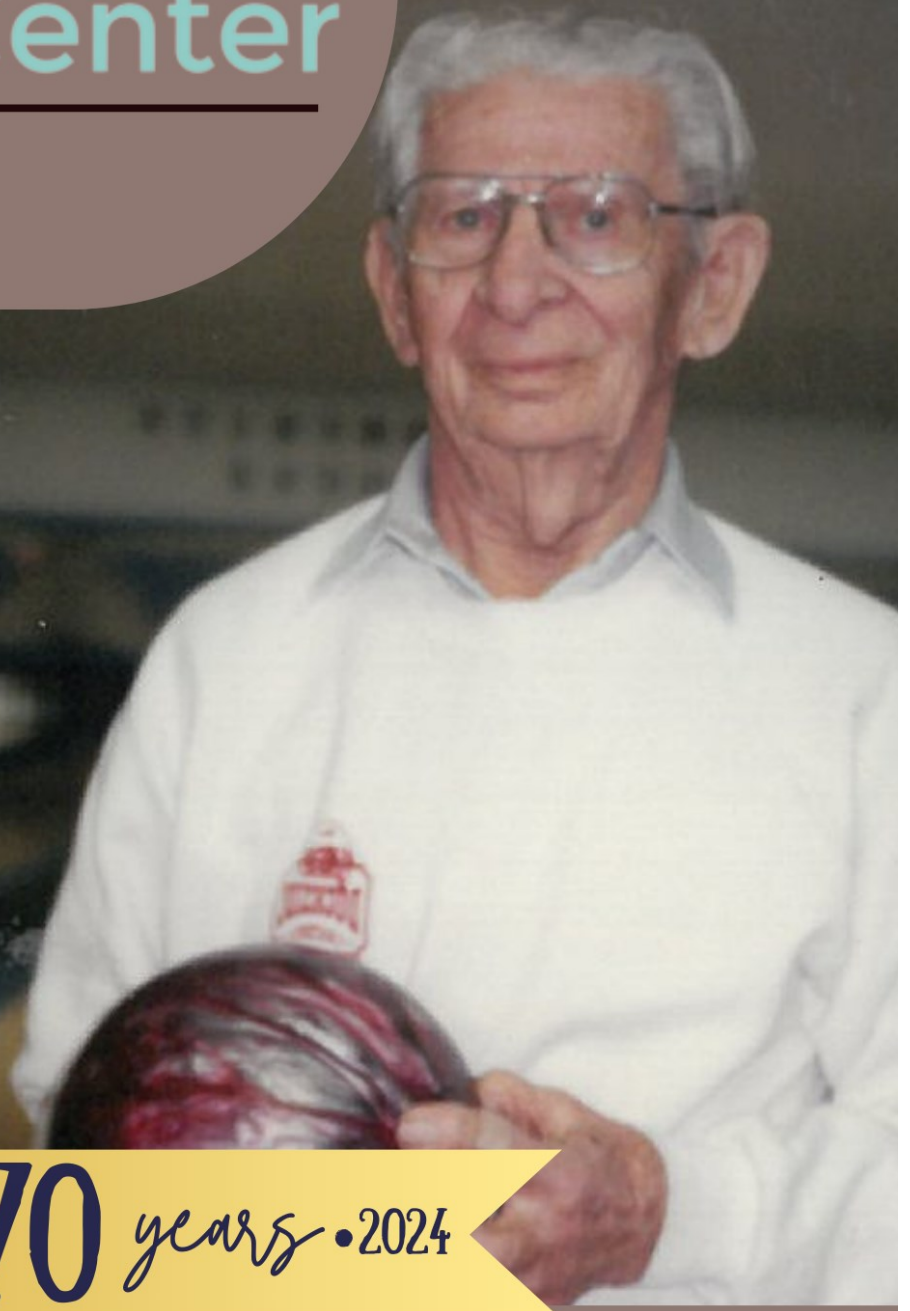




Two Rivers Senior Center

ENHANCING THE LIVES OF
OLDER ADULTS



1954 • Celebrating **70** years • 2024

MAY 2024

Photo: Al Geigel bowling on his 90th birthday, ca. 1989



ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

Activities

Bingo Tuesdays @ 1 pm & Fridays @ 9 am
 Bowling at The Hook (seasonal) Wed @ 9:15am
 Card Creators Wednesdays @ 10:00 am
 Creation Station Varies, see Calendar
 Cribbage Wednesdays @ 1:30 pm
 Dominoes Tuesdays @ 1:00 pm
 Mahjong Tuesdays @ 9:30 am
 Movie Matinee Mondays @ 1:00 pm
 Quilting Fridays @ 8:30 am
 Red Hattitudes Third Thursday of the month
 Sheepshead Thursdays @ 1:00 pm

Exercise

Fitness Fun (virtual) Mondays @ 10 am
 Simply Seniors (P&R) Tues & Thurs @ 9:15 am
 Arthritis Exercise Tuesdays @ 10:30 am
 Let's Get Moving Tuesdays @ 1:00 pm
 Yoga (in person inst.) Mon & Wed @ 9 am
 EnerChi (in person instructor) Wed @ 10 am
 Cardio Drumming(virtual) Thursdays @ 9:00 am

Health

Blood Pressure- Second Tuesdays
 Health Screenings- See Calendar
 Foot Care- Monday afternoons & Tuesday
 & Wednesday Mornings by appointment.

Transportation

TRUST Car Door-to-Door 920-793-5596
 Assist To Transport 920-682-8823
 Maritime Metro (bus) 920-686-3560
 One-stop-shop/ Mobility mgmt. 920-686-6977

Services

ADRC Services-

ADRC Benefit Specialist- First Thursday- call
 ADRC for appt. at 920-683-4180
 Heat Assistance info- November-January
 1-800-506-5596
 Home Delivered Meals- Please call the
 ADRC 920-683-4180

Two Rivers Senior Center Services-

Books, DVD's, & Puzzles available to borrow
 Chore list (hired help)
 Reassurance Calls- During Regular Hours
 Tax Assistance (AARP) - February - April
 Tours- Call for personal appointment
 Vision Assistance TV Reader available
 *TRSC Services are open to all

Dining Room

Lunch:
 Monday - Friday
 @ 11:30 am



Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Guest day passes are available for \$5 at the front window.
 Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



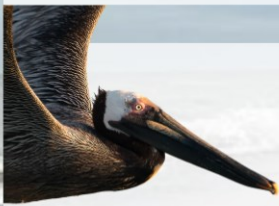
City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- William LeClair, Jackie Ackerman, Lenore McDonough, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner.

Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.



Friends of the Two Rivers Senior Center

Board meets the second Thurs. of each month at 12pm.

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Ruth Kadow

Financial Secretary- Sid Kemp

Treasurer- Cindy Schmidt

Members at large- Cathy Cole, Kim Graves

Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Staff

Senior Center Supervisor

Heather Ihlenfeldt

P: 920-793-5590

E: heahl@two-rivers.org

Program Coordinator

Megan Marchant

P: 920-793-5597

E: megmar@two-rivers.org

Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266

E: maromi@two-rivers.org

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241



ADRC Benefit specialist

Contact the ADRC at **920-683-4180** to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.

Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am** , provided by Sharon S. Richardson Community Hospice. Walk-ins welcome.

Free to everyone.

Call **920-793-5596** to schedule today.

Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, or Sharon Glandt, RN, on Wednesday mornings. **By appointment only.**

Checks for \$25 payable directly to your nurse.

Call **920-793-5596** to schedule today.

**NOW AVAILABLE 3
DAYS A WEEK !**

COMMITTEE ON AGING

Next Meetings are Monday, May 6th, and Monday, June 3rd @ 8:30 AM in the Library

The committee on aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.



VOLUNTEERS

We're always interested in welcoming new volunteers at our events and in our regular positions here at the Two Rivers Senior Center. If you are interested in volunteering, but haven't been called, go ahead and give us a call and remind us! Our goal here is to provide volunteer opportunities for anyone that wants to participate.

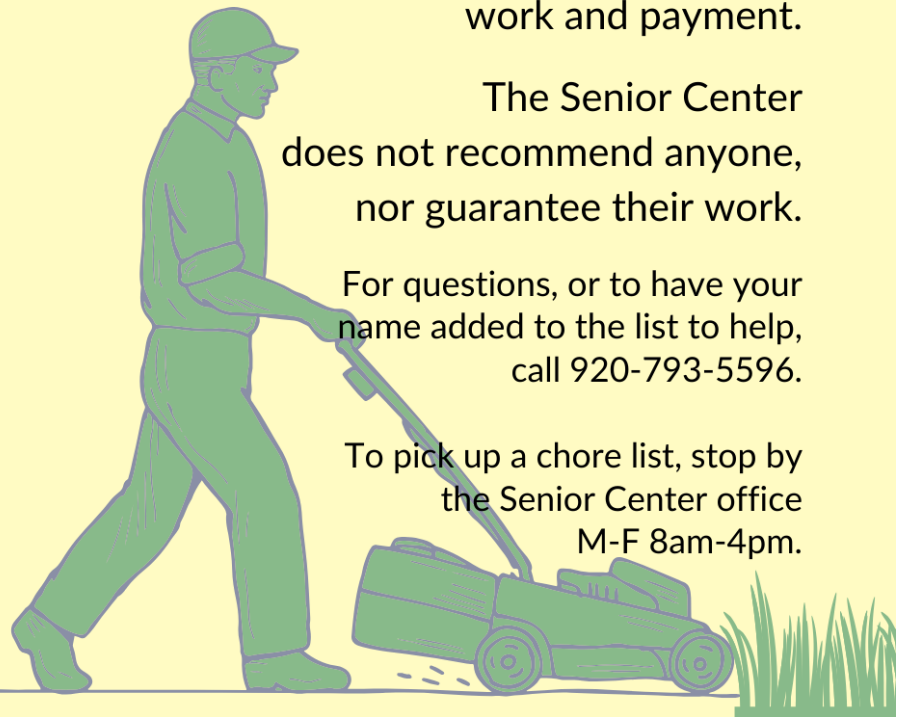
PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

For questions, or to have your name added to the list to help, call 920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.



Pick up our newsletter at these locations !

Two Rivers

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift Store

Mueller Manor
Community First Bank
River House Apts
Fox Valley Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP
Washington House
St. Vincent De Paul
Village Green East

Village Green West

Schroeder's/ Red Bank Coffee

Manitowoc

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
River Wood Estates
Manitowoc Visitor's Center
Manitowoc Senior Center
Manitowoc County Chamber
Manitowoc Tourist Info Center
YMCA

All trips to and
from the Senior Center
are **FREE!**

T . R . U . S . T . C A R

TWO RIVERS UNIQUE SENIOR TRANSPORTATION

The Two Rivers Senior Center TRUST car is available to take you to do all your Two Rivers errands, whether shopping, social, or medical.

This service is for members of the Senior Center who are living in Two Rivers.

TRUST car cards must be used, and can be purchased in office or from the driver for \$15. Each card holds 10 punches, with each stop requiring a punch.

Members must call at least one day ahead of time to schedule a ride. Rides can be scheduled months ahead, but no rides can be scheduled for same day pick up.

For more information or to schedule a ride, call 920-793-5596

The TRUST car vehicle and program are sponsored by the Friends of the Two Rivers Senior Center

Memberships

**\$15/yr per person
\$225 for a lifetime!**

Stop in and sign up or renew your membership anytime during office hours!

Membership is open to anyone over 50, grants you access to many of our programs at no additional cost, and is payable by cash or check.

LIBRARY HOUSEKEEPING

We're getting organized!

Books are now in order alphabetically by author, and movies are now in order alphabetically by title. Please help keep these in order by leaving all book, movie, and puzzle returns and donations at the front desk. As you browse, help keep things tidy by making sure that items you pull from the shelves to look at are put back where you found them. Thank you!



CALLING ALL PHOTOGRAPHERS!

SHOW US THE BEAUTY OF THE LAKESHORE!

The Two Rivers Senior Center is holding a photo contest! This contest is open to anyone in the Two Rivers area who would like to participate. We are now accepting entries! The last date to submit an entry is June 30th. The 12 winning photographs will be featured in our Senior Center 2025 calendar, as well as on the cover of a 2025 Senior Center Newsletter!

**WE WILL BE ACCEPTING DIGITAL ENTRIES ONLY.
CONTACT MEGAN TO RECEIVE AN ENTRY FORM WITH
CONTEST DETAILS.**

***For questions, or to enter, email megmar@two-rivers.org
or call 920-793-5597***

CARS Program

This American Legion program allows folks to donate unwanted vehicles with the proceeds to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit:
careasy.org/nonprofit/friendsofthetworiversseniorcenter
or call 855-500-7433



THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the 2nd Friday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am- 4pm.

Don't miss the last session!

Environmental Advisory Board 2024 Educational Series

Invasive species - Flora & Fauna with Jim Knickelbine/Director Woodland Dunes
Thursday, Jan. 4 • 6:00 PM • Lester Public Library

Exploring Local Ecosystems with Nancy Gill
Thursday, Feb. 1 • 6:00 PM • Lester Public Library

Stormwater with Public Works Director Matt Heckenlaible & Engineer Scott Ahl
Thursday, March 7 • 6:00 PM • Behringer Room @ Community House

Climate Change with Governor's Task Force on Climate Change member Mike Peters of WPPI Energy
Thursday, April 4 • 6:00 PM • Behringer Room @ Community House

Recycling Information with County Recycling Center Operations Manager Jon Reisenbuechler
Tuesday, May 7 • 6:00 PM • Lester Public Library

Rummage SALE

May 23rd 9am-3p & 24th 9am-12pm

We are accepting crafts, outdoor items, holiday wares, home and kitchen goods, decor, books, and more!

You may drop off new or gently used donations for the rummage sale on Tuesday, May 21st from 9am-3pm.

Stuff-a-bag for \$1 from 1-3 on the 23rd
Everything is free from 10-12 on the 24th

NO CLOTHES OR ELECTRONICS PLEASE



Exercise

One wellness card punch per class for Fitness fun, Arthritis Exercise, and Cardio Drumming. Wellness cards can be purchased at the front desk @ \$10 for 10 punches.

See the next page for Silver Sneakers details

Fitness Fun

**Mondays
@ 10**

Join this eclectic virtual exercise class for all fitness levels. Activities include dancing, cardio, and more! Classes are held in the Koska room.
1 wellness punch.

Senior Yoga

**Mondays
@9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Now a Silver Sneakers class!

Arthritis Exercise

**Tuesdays
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.
1 wellness punch.

Let's Get Moving!

**Tuesdays
@ 1:00**

This class is lead by staff from ATI physical therapy, and focuses on range of motion. Classes are held in the Behringer room.
1 wellness punch.

Senior Yoga

**Wednesdays
@9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Now a Silver Sneakers class!

EnerChi

**Wednesdays
@ 10:15am**

A mix of Tai Chi and Qigong, this class improves and maintains health through slow, meditative movements, while focusing on mindful breathing, focus, and visualization. In the Behringer room.

Now a Silver Sneakers class!

Cardio Drumming

**Thursdays
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Koska Room.
1 wellness punch.

CLASSES ARE GEARED FOR A WIDE RANGE OF ENDURANCE LEVELS. CLASSES ARE ADAPTABLE, SO EXERCISE AT YOUR OWN PACE!

**Call
920-793-5596
to register
for classes.**



Silver Sneakers

sign up for Silver Sneakers classes with Cathy!

Here's how it works:

Silver Sneakers eligible members- FREE

Not sure if you're eligible? Visit silversneakers.com to check your eligibility and find your member ID, or ask your instructor.

A punch card will be available for all of Cathy's classes directly through her. Prices are as follows:

Senior Center Members- \$10 for a 5 class punch card

Non-Members- \$20 for a 5 class punch card

Drop in to try a single class for \$5!

Starting in May, EnerChi will follow Wednesday Yoga at 10:15 am

Mondays 9:00 am- Yoga (Range of Motion)
Wednesdays 9:00 am- Yoga (Range of Motion)
Wednesdays 10:15 am- EnerChi (Tai Chi/ Qigong)

Location: Two Rivers Senior Center
1520 17th Street
Two Rivers, WI 54241

Donations: paper towel rolls

In preparation for a future creation station craft, we're asking for donations of clean empty paper towel rolls. Please bring donations to the Senior Center front desk. Thank you!

TWO RIVERS SENIOR CENTER
RED HATTITUDES

Thursday, May 16th at 11:30 am

Join the Red Hattitudes for their meeting and a meal at:

Friar Tuck's
3702 Calumet Ave
Manitowoc, WI 54220

Marge is your hostess.

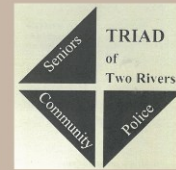
WE ARE ALWAYS
LOOKING FOR PEOPLE
TO HAVE FUN WITH
US. IF INTERESTED,
INQUIRE AT THE
SENIOR CENTER



TRIAD *fundraiser*

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD.

\$36 each





Cemetery Clean-up

The cemetery is getting its spring cleaning! You may resume decorating your plots May 15th.
Thank you!



Memorial Day Parade

The Senior Center is participating in the Memorial Day parade again this year! We're looking for folks who want to walk or ride in this year's parade to represent the Senior Center. Programming starts at 8 AM, and the parade steps off at 9 AM. Call 793-5596 today to sign up!



ADRC Farmer's Market Vouchers

The Senior Center will be hosting the Aging & Disability Resource Center as they hand out their Farmer's Market Vouchers. They will have a tent set up next to the Senior Center building off of 17th Street
JUNE 17th from 1PM- 3PM

HYGENIA DENTAL SERVICES

Registered Dental Hygienist, Kathy Rezba, will be providing dental cleanings, oral cancer screenings, fluoride treatments, and referrals for further treatment when needed.

Appointments available
Fridays 12-4 starting May 3.

Dental Cleanings: \$225
Fluoride Treatments: \$35
Medicaid co-pays: \$50

Sign up through the Senior Center by calling **920-793-5596**

Sharon S. Richardson

COMMUNITY HOSPICE



Caring for the Caregiver: Flourishing

May 2nd- 1pm

Caregiving can be gratifying for both you and the person you are caring for, but the stress and responsibilities that come with it cannot be denied. Finding a balance between caregiving and your self care is essential to everyone's well being. In this presentation, learn how to recognize signs of caregiver fatigue and how fatigue can stress the nervous system. Also gain a better understanding of how to tune into your body to provide some TLC to nourish your nervous system so you can flourish as a caregiver.

Rebuilding: Purpose After Caregiving and Loss

September 5th- 1pm

Being a caregiver may provide you with a deep sense of purpose. As a long-term caregiver, that role becomes a large part of your identity. So, what happens when caregiving ends? Do you lose your sense of self? A part of grief that we may be less aware of is losing our sense of self because we are no longer a caregiver. In this session, we will explore how grief and loss impact our identity and learn strategies for coping and rebuilding purpose after loss.

Caring for the Caregiver: Flourishing

November 7th- 1pm

The holidays are a time for families and friends to gather and make lifetime memories, but when you are grieving loss of a loved one, it can be a difficult time as well. The holidays may serve as a reminder of a loss, but also of tradition and celebration. Learn about the importance of making decisions that feel right for you, and tips for practicing self compassion during the holiday season.

ENTER TO WIN WITH OUR EDUCATION RAFFLE!

EVERY TIME YOU COME TO A CLASS, YOU CAN ENTER YOUR NAME IN OUR RAFFLE TO WIN A GIFT BASKET.

One name will be picked each month.

Make sure to mark your calendars and sign up today!

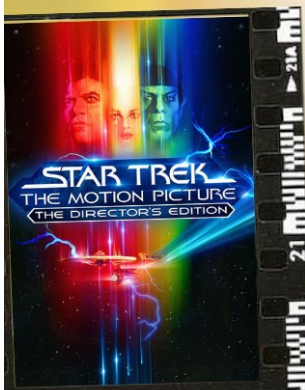
The Senior Center will be hosting a wide range of educational classes geared to help you be empowered to manage your financial and personal health. Sign up today for classes brought to you by Catholic Charities Financial Health Services, The Elder Financial empowerment Project, Froedtert & HFM, And Sharon S. Richardson Hospice.



Refreshments and snacks for all educational programs provided by:
The Friends of the Two Rivers Senior Center

NOW SHOWING

MOVIE MATINEE- MONDAYS @ 1 PM



May 6th- Star Trek the Motion Picture-
The Federation calls on Adm. James T. Kirk (William Shatner) and the crew of the Starship Enterprise to contain an immense nimbused object that's on a crash course with Earth. After investigating, the crew discovers that the alien cloud harbors artificial intelligence with an ominous primary directive. Crisis strikes when a probe dispatched by the energy cloud attacks the crew, abducting navigator Lt. Ilia (Persis Khambatta). An android look-alike containing her memories shows up soon after.- IMDB
Rated PG-13. Run time 2 hrs 16 minutes.

May 13th- Grumpy Old Men-
John Gustafson (Jack Lemmon) and Max Goldman (Walter Matthau) are two curmudgeonly neighbors who have been at each other's throats for years. The rivalry of the former friends intensifies when Ariel (Ann-Margret) comes along and provides a love interest for both of them. When Max finds out that John is experiencing family troubles and financial ruin, however, he steps in to help. Their bond is further cemented when John has a health scare and Max makes the ultimate sacrifice for his friend. -IMDB
Rated PG-13 . Run time 1 hrs 45 mins.

May 20th- The Last Samurai-
Capt. Nathan Algren (Tom Cruise) is an American military officer hired by the Emperor of Japan to train the country's first army in the art of modern warfare. As the government attempts to eradicate the ancient Samurai warrior class in preparation for more Westernized and trade-friendly policies, Algren finds himself unexpectedly affected by his encounters with the Samurai, which places him at the center of a struggle between two eras and two worlds.- IMDB
Rated R. Run time 2 hr 34 minutes.

Pre-register by calling 920-793-5596. Space is limited
Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.



IT'S ALL FUN AND GAMES...

Come and join in the fun! To sign up ahead of time,
give us a call at 920-793-5596

Bowling

Wednesdays
@ 9:15

**Will resume in
the fall.**

Mahjong

Tuesdays
@ 9:30

In the Library

Cribbage

Wednesdays
@ 1:30
In the Library

Bingo

Tuesdays
@ 1:00

In the Koska

Sheepshead

Thursdays
@ 1:00
In the Library

Dominoes

Tuesdays
@ 1:00

In the Library

Bingo Brunch

Fridays
@ 9:00
In the Koska

SPECIAL BINGO EVENT!

MAY 30TH @ 1PM

**Come play bingo with Lakeland Care and
help them celebrate their day of giving!**



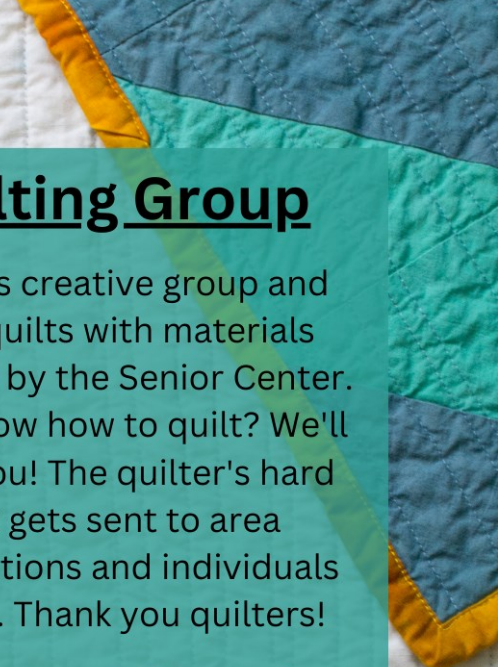


CARD CREATORS

Wednesdays @10am
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!



Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilter's hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in
the Library**

Call 920-793-5596 to register



Creation Station

FATHER'S DAY CARD

Use the instructions & materials provided and whatever else you can find to create a Father's Day card!

To reserve your kit, call 920-793-5596.
Call by Friday, May 10th.

Kits will be ready for pick up May 17th at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5

HAPPY BIRTHDAY!

MAY 1

Sharon Bruckschen
Jan LeClair
Sue Weisner

MAY 2

Alice Davis
Margaret Nemetz
Linda Olp
Donna Reilly

MAY 3

Debbie Cribbs
Gerald Juckem
Judi Mason

MAY 4

Ida Coy
Cecelia Franks
Joyce LaPalm
Robert Schild

MAY 5

Terry Cassavant
James Vanne

MAY 6

Margaret Kappelman
Julie Schroeder

MAY 8

Mary Swetlik

MAY 9

Lloyd Gass
Michael Johaneck
Marion Ralph

MAY 10

Sue Wachowski

MAY 11

Ruth Meier
LaVonne Whitehouse

MAY 12

Jacqueline Ackerman
Debbie Dunn
Cindy Hallada
Linda Hansen
Russell Olp
Lorraine Schroeder
Lynn Skarvan
Wendy Strutz

MAY 13

Barb Schweitzer

MAY 14

Carol Benthein

MAY 15

Joyce Schubring
Mary Jo Vertz

MAY 16

Bonnie Kern
Bonnie Wilker

MAY 17

Roger Murray

MAY 18

Cindy Hogan
Lois Vanne

MAY 20

Berdie Maigatter

MAY 21

Jan Donatell

MAY 22

Karen Tisler

MAY 23

Frank Ciha
Eva Mueller
Dick Ruehr

MAY 24

Anna Fechner
Audrey Hansen
Carol Heller

MAY 25

Gary Clark
Gerald Shimek

MAY 26

Marc Boren
Mary LeVene
Karen Neumaier
Carol Ploeckelmann
Geraldine Ramseth
Dorothy Wolf
Claude Vogel

MAY 27

Mary Wallace

MAY 29

Allen Haws
Gloria Irrgang
Mary Star
Dorothy Tinkham Delo

MAY 31

Janice Kraynik



Happy Anniversary

May 2

Eugene & Joyce Schubring

May 14

Thomas & Sandra Becker

May 22

Vincent & Arlene Vogel

May 3

Robert & Sharon Rudolph

May 17

Allen & Katherine Beranek
Michael & Dian Polich

May 24

Charles & Diana Smoker

May 4

Todd & Roni Mueller

May 18

Dave & Sonja DeVore

May 27

Bill & Betsy Freidberg

May 9

Benjamin & Nancy Valenta

May 19

Daniel Kirk & Mary Mauer- Kirk

May 29

John & Sandra Lee Kleckner

May 10

Joe & Carol Seibold

May 20

Dennis & Mary Swetlik

May 31

Thomas Mittnacht & Maria Urbina

May 11

Philip & Gail Zaidel

May 21

Barry & Joyce Morrison

half page

MAY

Birthdays Party

Friday, May 17th, 1:30-2:30 pm

Entertainment by: BellaRain!

Come down and enjoy Water,
Coffee, and Cake!

Birthdays prize drawing for folks with
May birthdays. Enter at the door to win!

Sign up by May 10th! 920-793-5596

Event Sponsored by the
Friends of the Two Rivers Senior Center
Balloon creations donated by
Dazzling Creations



Spring Yard Clean-up

It's that time of year again! Froedtert & HFM are organizing teams for a spring yard clean-up. Call the Two Rivers Senior Center to be added to the list of folks wanting assistance with their yard clean up this spring. A Froedtert team will then be in touch with you to set up an appointment for late May or early June. Call for an appointment today!

920-793-5596



Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

2024

NUNSENSE: A MUSICAL COMEDY AT THE FIRESIDE

May 30th

BREWERS VS. LA DODGERS

August 15th

ONEIDA CASINO

August 29th

PAINTED CANYONS OF THE WEST

September 10th- 18th

2025

CLASSICAL GREECE DISCOVERY

February 9th-19th

SPOTLIGHT ON WASHINGTON D.C.

March 27th- April 1st

ATLANTIC CITY, NEW YORK CITY, AND PHILADELPHIA

September 21st- 27th

CAPE COD AND THE ISLANDS

September 21st- 27th

HIGHLIGHTS OF ENGLAND, SCOTLAND, & WALES

October 30th- November 8th

SPOTLIGHT ON SAN ANTONIO HOLIDAY

November 30th- December 4th

IRELAND: DUBLIN, CORK, & GALWAY

April 27th - May 4th

** Call for availability.*

Sign up today! 920-793-5596

More Information Coming Soon!

Holiday trip to Appleton which includes: Paine Art Center Nutcracker Exhibit, lunch, and shopping at Fox Valley Mall!

ONEIDA CASINO DAY TRIP!

AUGUST 29th- ONLY \$30 PER PERSON!

Depart from the Senior Center at 8:30am, and return around 4pm. Bingo sales begin at 9am, with games until 1pm. Lunch will be on your own. Call 920-793-5596 to sign up by July 29th!

The Fireside, Inc.

JOIN US AT THE FIRESIDE FOR:

NUNSENSE: A MUSICAL COMEDY

MAY 30TH

Stop by the Senior Center to sign up today!

MEMBERS: \$120

Sign up Deadline 4/26

NON-MEMBERS: \$130

Call 920-793-5596 for more information

Join us for a madcap revue with a hysterical, anything-goes, good natured sense of fun. The Little Sisters of Hoboken are in dire financial straits. It seems they must raise enough money to bury the last four of 52 dearly departed nuns who were accidentally poisoned by the convent cook, Sister Julia (Child of God). The five remaining sisters perform with quick paced, comic flair and high-spirited singing. It's an outrageous premise for a long-running hit show that's "sinfully" hilarious and definitely habit forming! - firesidetheatre.com

Price includes travel, a meal, and a show.



NUNSENSE
A MUSICAL COMEDY

Atlantic City New York City PHILADELPHIA

September 21-27th 2024

Spend **7 days and 6 nights** touring Atlantic City, New York city, and Philadelphia! Highlights include 3 nights at an Atlantic City Hotel, a guided tour of New York City and Philadelphia, with stops at The Rockefeller Center, Times Square, and Independence Hall.

Single- \$1354 Double- \$1075. \$75 downpayment due upon sign up. Final payment due 7/14.

Diamond Tours^{inc}
Bringing Group Travel to a Higher Standard[®]

Cape Cod & The Islands

September 21- 27th \$3,325 pp (double)
when you book before 7/8/24

Join Premier on this 6 night tour featuring Cape Cod and Boston, with stops in Martha's Vineyard, Provincetown, and Newport. Visit Nantucket Island, Plymouth rock, a cranberry bog, Breaker's Mansion, and enjoy a New England Lobster dinner.

Call Heather to sign up today!

920-793-5596





Highlights of England, Scotland, and Wales

October 30- November 8th \$4049 pp (double)

Final Payments due 8/15/24

Enjoy tours of Edinburgh and London. Witness Buckingham Palace's Changing of the Guard. Visit Edinburgh Castle, Stratford-Upon-Avon, Salisbury Cathedral, Stonehenge, The Roman Baths Museum, and more!

Call Heather to sign up today!

920-793-5596



San Antonio Holiday

Nov. 30- Dec. 4th \$2029 pp (double)

when you book before 6/30/24

Visit The Mission in San Jose, The Alamo, El Mercado, Fredricksburg, The National Museum of the Pacific War, the Historic Pearl District, go on a Paseo del Rio cruise, and more!

Call Heather to sign up today!

920-793-5596





Brewers vs. LA Dodgers August 15th

Members: \$60

Non-Members: \$70

Price includes tickets, transportation, and a boxed lunch of a sandwich, chips, cookie, and a bottle of water from Subway.

2025

CLASSICAL GREECE DISCOVERY

February 9-19th

Enjoy stops in Athens, Delphi, and Olympia. Take a cooking class, dance class, and a choice of tours!

3,099 pp Double
3,699 pp Single

Book before 8/10/24
for these rates!

SPOTLIGHT ON WASHINGTON D.C.

Mar. 27th - Apr. 1st

Tour the U.S. Capital building, Arlington National Cemetery, Mt. Vernon, WWII Memorial, the Smithsonian, & more!

2,999 pp Double
3,699 pp Single

Book before 9/27/24
for these rates!

IRELAND: DUBLIN, CORK, & GALWAY

Apr. 27th - May 4th

Visit St. Patrick's Cathedral, the Temple Bar District, Cobh Heritage Centre, Blarney Castle, Cliffs of Moher, & more!

4,134 pp Double

THANK YOU!

WE APPRECIATE YOU!

GENERAL DONATIONS

Bruce & Jo Yungerman, Sharon & Karen, Virginia Coffman, Patrick Gagne, Delores Dworak, Eunice Kuehl, The Quilt Shop of Two Rivers, and all those who donated anonymously!

SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars- Two Rivers), Village Green East & West

APRIL HOME DELIVERED MEAL VOLUNTEERS

Good Shepherd, Kiwanis, Two Rivers School District, 1st Anderson Real Estate LLC, St. Peter the Fisherman, Hamilton Home, Northland Lodge, and all the individuals who drive for us!

IN MEMORIUM

Emily Funk & Carol Parker

From: The Red Hattitudes



JOIN

US!

TWO RIVERS SENIOR CENTER **MEMBERSHIP**

\$15 per person-annually
\$225 per person-lifetime

CASH OR CHECK PAYMENTS ONLY

Open to anyone 50+ years of age. We offer wonderful opportunities to stay engaged, socialize, maintain wellness, have fun, and so much more!



ADRC LUNCH PROGRAM

MONDAY-FRIDAY @ 11:30 AM

Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.

Suggested Contribution of \$6.50 for those over 60

May 2024

Two Rivers/Mishicot Area Dine In and Home Delivered Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1	2	3
		Baked Chicken Whipped Potatoes & Gravy Peas WW Dinner Roll M&M Bar	Scalloped Potatoes & Ham Romaine Side Salad Banana Rye Bread	Stuffed Pepper Casserole Country Blend Veggies Pears Dinner Roll Poke Cake
6	7	8	9	10
Chicken Alfredo Pasta Mixed Veggies Apricots Garlic Bread Black Forest Cake	Sloppy Joe on WW Bun Cold Potato Salad Baked Beans Fresh Fruit	Tater Tot Casserole Wax Beans Mandarin Oranges WW Bread Vanilla Pudding	Chef Salad Turkey & Bean Soup French Bread Banana Bar	Fish Sandwich on WW Bun Boiled Red Potatoes Carrots Fruited Lemon Fluff
13	14	15	16	17
Meatloaf Whipped Sweet Potatoes Broccoli WW Bread Fresh Orange	Philly Style Mac & Cheese w/Chicken Mixed Veggies Peaches WW Roll Tapioca Pudding	Beef Tips Mashed Potatoes & Gravy Green Beans WW Bread Pumpkin Bar	BBQ Shredded Pork on WW Bun Cheesy Potatoes Buttered Lima Beans Raspberry Bar	Chicken Stir Fry White & Brown Rice Blend Baby Corn Pears Fortune Cookie
20	21	22	23	24
WW Spaghetti w/Meatsauce Peas Applesauce Brownie	Split Pea Soup Turkey on WW Mandarin Oranges Chocolate Chip Bar	Pork Roast Baby Red Potatoes Carrots WW Bread Spiced Apples	Lemon Pepper Chicken Rice Side Salad Winter Fruit Salad Strawberry Pretzel Bar	Swedish Meatballs Mashed Potatoes California Blend Veggies Apricots WW Dinner Roll Oatmeal Cookie
27	28	29	30	31
CLOSED - Memorial Day	Baked Chicken Whipped Potatoes & Gravy Carrots WW Bread Fruited Jello	Roast Beef Potato Casserole Broccoli WW Dinner Roll Chocolate Chip Cookie	Chicken Caesar Salad Vegetable Bean Soup Dinner Roll Chocolate Mousse	Lasagna Capri Blend Veggies Peaches French Bread Apple Pie Square
3	4	Notes	