

# May

MON

TUE

WED

THU

FRI

## Special Dates

May 2nd- Sharon Richardson Hospice Presentation @ 1pm

May 6th- Committee on Aging meeting @ 8:30am

May 17th- Monthly Birthday Party @ 1:30pm

May 23-24th- Rummage sale

May 30th- Special BINGO @1pm

1

8:30 Footcare Appts  
9:00 NO YOGA  
10:00 Card Creators  
10:15 NO ENERCHI  
11:30 Lunch  
1:30 Cribbage

2

8:00 ADRC benefit specialist  
9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Lunch  
1:00 Sheepshead  
1:00 Sharon S. Richardson Class

3

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch  
12:00 Dental Appts

6

8:30 Committee on Aging meeting  
9:00 Yoga  
10:00 Fitness Fun  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: Star Trek the Motion Picture

7

8:30 Footcare Appts  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes  
1:00 Let's Get Moving

8

8:30 Footcare Appts  
9:00 Yoga  
10:00 Card Creators  
10:15 EnerChi  
11:30 Lunch  
1:30 Cribbage

9

9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Lunch  
1:00 Sheepshead  
  
12:00- Friends of the TRSC Board Meeting

10

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch  
12:00 Dental Appts  
  
Creation Station reservation deadline

13

9:00 Yoga  
10:00 Fitness Fun  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: Grumpy Old Men

14

8:30 Footcare Appts  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
10:30 Blood Pressure Screening  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes  
1:00 Let's Get Moving

15

8:30 Footcare Appts  
9:00 Yoga  
10:00 Card Creators  
10:15 EnerChi  
11:30 Lunch  
1:30 Cribbage

16

9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Red Hattitudes  
11:30 Lunch  
1:00 Sheepshead

17

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch  
12:00 Dental Appts  
  
1:30-2:30pm- Birthday Party!  
Creation Station pick up

20

9:00 Yoga  
10:00 Fitness Fun  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: The Last Samurai

21

8:30 Footcare Appts  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes  
1:00 Let's Get Moving

22

8:30 Footcare Appts  
9:00 Yoga  
10:00 Card Creators  
10:15 EnerChi  
11:30 Lunch  
1:30 Cribbage

23

9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Lunch  
1:00 Sheepshead

24

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch  
12:00 Dental Appts

RUMMAGE SALE

27

**CLOSED**

*Memorial Day*  
★★★★★

28

8:30 Footcare Appts  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes  
1:00 Let's Get Moving

29

8:30 Footcare Appts  
9:00 Yoga  
10:00 Card Creators  
10:15 EnerChi  
11:30 Lunch  
1:30 Cribbage

30

9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Lunch  
1:00 Sheepshead  
1:00 Special BINGO

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8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch  
12:00 Dental Appts

NUNSENSE

Call 920-793-5596 to sign up for classes and activities today!