

THU **WED** FRI **Special Dates** May 2nd- Sharon Richardson Hospice 8:00 ADRC benefit 8:30 Quilting **8:30** Footcare Appts Presentation @ 1pm 9:00 NO YOGA 9:00 BINGO Brunch specialist May 6th- Committee on Aging meeting @ 8:30am 9:00 Cardio Drumming 11:30 Lunch **10:00** Card Creators May 17th- Monthly Birthday Party @ 1:30pm 10:15 NO ENERCHI **9:15** Simply Seniors 12:00 Dental Appts May 23-24th- Rummage sale 11:30 Lunch **11:30** Lunch May 30th - Special BINGO @1pm 1:30 Cribbage 1:00 Sheepshead 1:00 Sharon S. Richardson Class 10 8:30 Footcare Appts 8:30 Committee on 9:00 Cardio Drumming 8:30 Footcare Appts 8:30 Quilting 9:15 Simply Seniors Aging meeting 9:15 Simply Seniors 9:00 Yoga 9:00 BINGO Brunch 9:30 Mahjong 9:00 Yoga 11:30 Lunch 10:00 Card Creators 11:30 Lunch 10:30 Arthritis Exercise 10:00 Fitness Fun 1:00 Sheepshead **10:15** EnerChi 12:00 Dental Appts 11:30 Lunch 11:30 Lunch 11:30 Lunch 1:00 BINGO **12:00** Footcare Appts 1:30 Cribbage 1:00 Dominoes 1:00 Movie: Star Trek 12:00- Friends of the **Creation Station** 1:00 Let's Get Moving the Motion Picture TRSC Board Meeting reservation deadline 16 17 13 15 8:30 Footcare Appts 9:00 Cardio Drumming 9:00 Yoga 8:30 Quilting 9:15 Simply Seniors **8:30** Footcare Appts 9:15 Simply Seniors 10:00 Fitness Fun 9:00 BINGO Brunch 9:30 Mahjong 9:00 Yoga 11:30 Red Hattitudes 10:30 Arthritis Exercise 11:30 Lunch 11:30 Lunch 10:00 Card Creators 11:30 Lunch 10:30 Blood Pressure 12:00 Footcare Appts 12:00 Dental Appts **10:15** EnerChi 1:00 Sheepshead Screening 1:00 Movie: Grumpy 11:30 Lunch 11:30 Lunch 1:30-2:30pm-Old Men 1:30 Cribbage Birthday Party! 1:00 BINGO 1:00 Dominoes Creation Station pick up 1:00 Let's Get Moving 22 20 23 24 8:30 Footcare Appts 9:00 Yoga 8:30 Quilting **8:30** Footcare Appts 9:00 Cardio Drumming 9:15 Simply Seniors 10:00 Fitness Fun 9:00 BINGO Brunch 9:15 Simply Seniors 9:00 Yoga 9:30 Mahjong 11:30 Lunch 11:30 Lunch 11:30 Lunch 10:00 Card Creators 10:30 Arthritis Exercise 12:00 Footcare Appts 1:00 Sheepshead 12:00 Dental Appts 10:15 EnerChi 11:30 Lunch 1:00 Movie: The Last 11:30 Lunch 1:00 BINGO Samurai 1:30 Cribbage 1:00 Dominoes 1:00 Let's Get Moving RUMMAGE SALE 29 30 27 31

CLOSED

Whemorial Day

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Let's Get Moving

8:30 Footcare Appts
9:00 Yoga
10:00 Card Creators
10:15 EnerChi
11:30 Lunch
1:30 Cribbage

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead
1:00 Special BINGO

NUNSENSE

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch
12:00 Dental Appts