

**8:30** Committee on Aging 9:00 Fitness Fun **10:00** WeCOPE class 11:30 Lunch 12:00 Footcare Appts 1:00 Movie: The Best Exotic Marigold Hotel

MON

9:15 Simply Seniors 9:30 Mahjong **10:30- NO** Exercise-Heart-o-rama 11:30 Lunch 1:00 BINGO 1:30 Dominoes

8:30 Footcare Appts 9:00 Cardio Drumming 10:00 Card Creators 11:30 Lunch 1:00 Stepping On Class 1:30 Cribbage

8:30 ADRC benefit **Specialist** 9:15 Simply Seniors 10:00 Chair Yoga 11:30 Lunch 1:00 Sheepshead

THU

8:30 Quilting 9:00 BINGO Brunch 11:30 Lunch

FRI

Cinco de Mayo! to-go meal pick-up 8-4pm

9:00 Fitness Fun 10:00 WeCOPE class 11:30 Lunch 12:00 Footcare Appts 1:00 Movie: A Man Called Otto

9:15 Simply Seniors 9:30 Mahjong 10:30 Arthritis Exercise 10:30 Blood Pressure Screening 11:30 Lunch 1:00 BINGO 1:30 Dominoes

8:30 Footcare Appts 9:00 Cardio Drumming 10:00 Card Creators 11:30 Lunch 1:00 Stepping On Class 1:30 Cribbage

11 9:15 Simply Seniors 10:00 Chair Yoga 11:30 Lunch 1:00 Sheepshead

12:00- Friends of the TRSC Board Meeting

12 8:30 Quilting 9:00 BINGO Brunch 11:30 Lunch

4-6pm-1000 Member Bash!

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15 9:00 Fitness Fun 10:00 WeCOPE Class 11:30 Lunch 12:00 Footcare Appts 1:00 Movie: National

Treasure

16 9:15 Simply Seniors 9:30 Mahjong 10:30 Arthritis Exercise 11:30 Lunch 1:00 BINGO 1:30 Dominoes

8:30 Footcare Appts 9:00 Cardio Drumming 10:00 Card Creators 11:30 Lunch 1:00 Stepping On Class 1:30 Cribbage Rummage sale

drop off 12-4

18 9:15 Simply Seniors 10:00 Chair Yoga 11:30 Lunch 12:00 Red Hattitudes 1:00 Sheepshead

Creation Station

9:00 BINGO Brunch

8:30 Quilting

11:30 Lunch

reservation deadline Rummage sale

9:00 Fitness Fun 10:00 WeCOPE Class 11:30 Lunch 12:00 Footcare Appts 1:00 Movie: Into the Woods

23 9:15 Simply Seniors 9:30 Mahjong 10:30 Arthritis Exercise 11:30 Lunch 1:00 BINGO 1:30 Dominoes

24 8:30 Footcare Appts 9:00 Cardio Drumming 10:00 Card Creators 11:30 Lunch 1:00 Stepping On Class 1:30 Cribbage

9:15 Simply Seniors 10:00 Chair Yoga 11:30 Lunch 1:00 Sheepshead

Creation Station pick up

8:30 Quilting 9:00 BINGO Brunch 11:30 Lunch

Creation Station pick up

1-3pm-**Birthday Party!** 



30 9:15 Simply Seniors 9:30 Mahjong 10:30 Arthritis Exercise 11:30 Lunch 1:00 BINGO 1:30 Dominoes

31 8:30 Footcare Appts 9:00 Cardio Drumming 10:00 Card Creators 11:30 Lunch 1:00 Stepping On Class 1:30 Cribbage

## **Special Dates**

May 1st- Committee on Aging meeting

at 8:30 am May 5th- Cinco de Mayo Meal sale May 10th-Brewer's Game May 12th-1000 Member Bash May 18-19th-Rummage Sale May 26th- May birthdays party May 29th- Senior Center Closed

Call 920-793-5596 to sign up for classes and activities today!