



# Two Rivers Senior Center

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ENHANCING THE LIVES OF  
OLDER ADULTS.



APRIL 2023





# ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

## Activities

Bingo	Tuesdays @ 1 pm & Fridays @ 9 am
Bowling at The Hook	Wednesdays @ 9:15am
Card Creators	Wednesdays @ 10:00 am
Creation Station	Varies, see Calendar
Cribbage	Wednesdays @ 1:30 pm
Dartball	Wednesdays @ 1 pm
Dominoes	Tuesdays @ 1:30 pm
Mahjong	Tuesdays @ 9:30 am
Movie Matinee	Mondays @ 1:00 pm
Quilting	Fridays @ 8:30 am
Red Hattitudes	Third Thursdays @ 12 pm
Sheepshead	Thursdays @ 1:00 pm

## Exercise

Arthritis Exercise	Tuesdays @ 10:30 am
Cardio Drumming (virtual)	Wednesdays @ 9 am
Chair Yoga (virtual with guide)	Thursdays @ 10:00 am
Fitness Fun (virtual)	Mondays @ 9 am
Simply Seniors (P&R)	Tues & Thurs @ 9:15 am

## Health

Blood Pressure- Second Tuesdays  
Health Screenings- See Calendar  
Foot Care- Monday afternoons & Wednesday Mornings by appointment.

## Transportation

TRUST Car Door-to-Door 920-793-5596  
Assist To Transport 920-682-8823  
Maritime Metro (bus) 920-686-3560  
One-stop-shop/ Mobility mgmt. 920-686-6977

## Services

### ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180  
Heat Assistance info- November-January  
Home Delivered Meals- Please call the ADRC 920-683-4180

### Two Rivers Senior Center Services-

Books, DVD's, & Puzzles available to borrow  
Chore list (hired help)  
Reassurance Calls- During Regular Hours  
Tax Assistance (AARP) - February - April  
Tours- Call for personal appointment  
Vision Assistance TV Reader available  
\*TRSC Services are open to all

## Dining Room

Lunch:

Monday - Friday  
@ 11:30 am



## Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class. Guests of members must be 18+, Individual guests must be 50+.



# GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



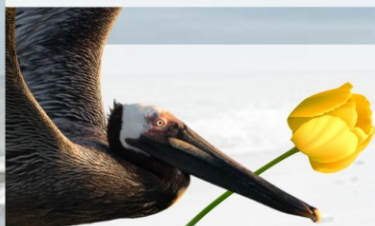
## City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- William LeClair, Jackie Ackerman, Lenore McDonough, Kim Graves, PJ Stephens, Jerry Schubring, Virginia Coffman, Jo Yungerman, Kyle Korinek.

## Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.



## Friends of the Two Rivers Senior Center Board

Meets the second Thurs. of each month at 12pm

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Carol Rabitz

Financial Secretary- Ann Plansky

Treasurer- Cindy Schmidt

Board members- Ruth Kadow, Sid Kemp

A BIG THANK YOU TO THE FRIENDS

## Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

## Staff

### Senior Center supervisor

Heather Ihlenfeldt

P: 920-793-5590

E: heaihl@two-rivers.org

### Program Coordinator

Megan Marchant

P: 920-793-5597

E: megmar@two-rivers.org

### Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266

E: maromi@two-rivers.org

**Two Rivers Senior Center 920.793.5596**

1520 17th Street, Two Rivers WI 54241

Full page Ad





### ADRC Benefit specialist

Contact the ADRC at **920-683-4180** to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



### Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am** , provided by Sharon S. Richardson Community Hospice. Walk-ins welcome.  
Free to everyone.  
Call **920-793-5596** to schedule today.



### Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, or Sharon Glandt, RN, on Wednesday mornings. **By appointment only**. Checks for \$25 payable directly to your nurse.  
Call **920-793-5596** to schedule today.



Join Kory from Molina  
Healthcare for an informational  
presentation on your Medicare  
options.

**April 20th at 10 am**

Register by calling 920-793-5596



## *Services*

Stop by and  
grab a cup of  
coffee, tea, or  
hot cocoa from  
the coffee cart  
any time during  
regular hours  
for only 25¢

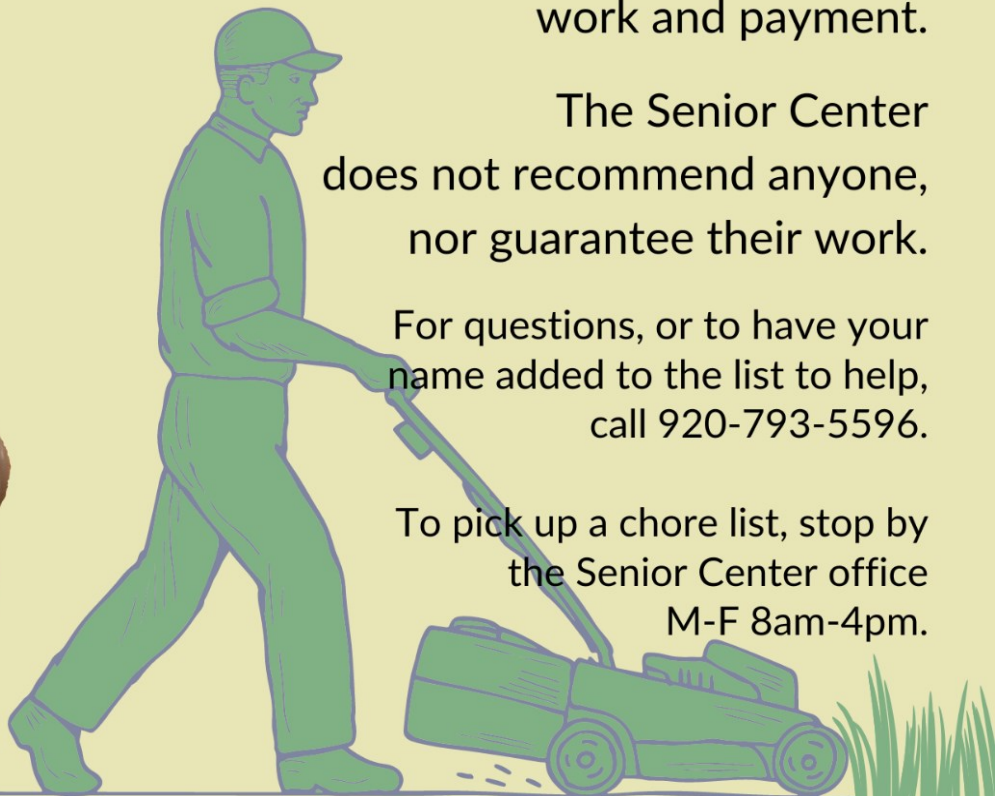
## **PEOPLE HELPING PEOPLE CHORE PROGRAM**

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

For questions, or to have your name added to the list to help, call 920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.





Full page Ad



## Pick up our newsletter at these locations !

### Two Rivers

Two Rivers Family Dental  
St. Peter the Fisherman  
The Medicine Shoppe  
Patsy's Mobil Mart  
Delwan Apartments  
Bank First National  
Meadow View  
Northland Lodge  
Lester Library  
St. Luke's Place Apts

Two Rivers Christian Thrift  
Store  
Mueller Manor  
Community First Bank  
River House Apts  
Fox Valley Credit Union  
Shoreline Credit Union  
Hamilton Care Center  
TREP  
Washington House  
St. Vincent De Paul

Village Green East  
Village Green West  
Schroeder's/ Red Bank Coffee

### Manitowoc

Felician Village  
Manitowoc Public Library  
River Wood Estates  
Manitowoc Visitor's Center  
Manitowoc Senior Center  
Manitowoc County Chamber  
YMCA

## Services

All trips to and  
from the Senior Center  
are now **FREE!**

# T.R.U.S.T. CAR

TWO RIVERS UNIQUE SENIOR TRANSPORTATION

**The Two Rivers Senior Center TRUST car is available to take you to do all your Two Rivers errands, whether shopping, social, or medical.**

This service is for members of the Senior Center who are living in Two Rivers.

TRUST car cards must be used, and can be purchased in office or from the driver for \$15. Each card holds 10 punches, with each stop requiring a punch.

Members must call at least one day ahead of time to schedule a ride. Rides can be scheduled months ahead, but no rides can be scheduled for same day pick up.

For more information or to schedule a ride, call 920-793-5596

## Membership Renewals

**Stop in and begin or renew your membership anytime during office hours!**

Membership is open to anyone over 50, grants you access to many of our programs at no additional cost, and is payable by cash or check.

## COMMITTEE ON AGING

Next Meetings are Monday, April 3rd and Monday,  
May 1st @ 8:30 AM in the Library

The May 1st meeting will host the Board of Long  
Term Care, giving an Ombudsman Presentation



## AARP TAX AIDE 2023

**The AARP Foundation is providing  
Tax-Aide services, hosted at the  
Two Rivers Senior Center  
February 1 through April 14 on  
Wednesday and Friday mornings.**

AARP tax preparer volunteers  
are trained to prepare and  
electronically file basic federal,  
state, and Homestead tax  
returns. Complex returns may  
be advised to see a  
professional tax preparer.

**Call 920-793-5597 to  
sign up today.**

*Services*





# SteppingOn

© Clemson, Swann & Mahoney, 2022

**1 in 4 people age 65 or older has a fall each year. You don't have to be one of them!**

**Stepping On** has been researched and proven to reduce falls by 30%! Join us as the Two Rivers Senior Center partners with the ADRC of the Lakeshore to offer your community this once weekly- 7 week- falls prevention workshop.

**Where:** Two Rivers Senior Center  
1520 17th Street, Two Rivers WI  
Behringer Room

**When:** Wednesdays from  
May 3rd- June 14th (7 weeks)  
1:00pm-3:00pm

Suggested Donation: \$10 to help cover class materials

**Call 1-877-416-7083 to register and reserve your seat in class. Class size is limited- call today!**



## Activities

### WeCOPE: Connecting with Positive Emotions

This six-session morning workshop is designed to promote emotional awareness through conversation and skill building to help us discover strategies to respond to daily stressors. Join us for light-hearted guided group discussions and practice new ways to improve our ability to manage life's daily challenges in healthy ways. Health and Well-being Educator, Cath Tease will facilitate the workshop. Cath works for the University of Wisconsin-Madison Division of Extension – Manitowoc County.

**6 sessions- Mondays April 17 through May 22nd@ 10 AM**

Cost: Free

Location: Two Rivers senior Center Library

Call 920-793-5596 to register



Extension  
UNIVERSITY OF WISCONSIN-MADISON

## ENTER TO WIN A GOODIE BASKET!

Attend either of these classes, clip this coupon, and bring it in to be entered into a drawing for a goodie basket! **Winner will be drawn June 15th!**

Name\_\_\_\_\_

phone\_\_\_\_\_

# THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER

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The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

On the 2nd Friday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

**920-684-7117    M-TH 9am- 4pm.**



# Exercise

One wellness card punch per class. Wellness cards can be purchased at the front desk @ \$10 for 10 punches.

## Fitness Fun

**Mondays  
@ 9**

Join this eclectic virtual exercise class for all fitness levels. Activities include dancing, cardio, strength training, stretching, yoga, and more! Classes are held in the S.C. Koska room.

## Arthritis Exercise

**Tuesdays  
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. Classes are held in the S.C. Behringer room.

## Cardio Drumming

**Wednesdays  
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the S.C. Koska Room.

## Chair Yoga

**Thursdays  
@ 10**

In this in-person class, a fellow senior will guide you through virtual instruction of yoga moves adapted to include more seated poses and movement tailored to seniors. Classes are held in the S.C. Koska room.

**Call 920-793-5596 to register for classes.**

*Activities*





## CARD CREATORS

Wednesdays @10am  
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING  
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meals participants, and more on behalf of the Senior Center. Thank you card creators!

## Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilter's hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in  
the Library**

Call 920-793-5596 to register



## *Activities*

## Creation Station

### POPSICLE STICK BUNNY

Use these wooden popsicle sticks and make a bunny magnet! Fit them together with glue, then decorate with paint, ribbons, pipe cleaners and pom poms. Add a magnet to the back and plop it on your fridge!

To reserve your kit, call 920-793-5596.  
Call by Friday, April 21st.

Kits will be ready for pick up April 27th & 28th at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

**Members FREE, Guest \$5**







## Spring Scattagories

Fill in as many words as you can in each category!

- 1) Spring Flower \_\_\_\_\_
- 2) Kind of Bug \_\_\_\_\_
- 3) Planted in Spring \_\_\_\_\_
- 4) Spring holidays \_\_\_\_\_
- 5) Type of Candy \_\_\_\_\_
- 6) Spring Activities \_\_\_\_\_
- 7) Kinds of Cake \_\_\_\_\_
- 8) Spring Clothes \_\_\_\_\_
- 9) Easter Basket Item \_\_\_\_\_
- 10) Spring Sports \_\_\_\_\_

# April Birthday Party!



Join us to celebrate all of our friends born in April!

Friday, April 28th from 1-3 pm

*Entertainment by Lee & Lloyd!*  
cake and refreshments provided!

Sign up ahead by calling 920-793-5596

Event Sponsored by the Friends of the Two Rivers Senior Center  
Balloon creations donated by Dazzling Creations

## TWO RIVERS SENIOR CENTER **RED HATTITUDES**

THURSDAY, APRIL 20TH @ 12:00 PM

Join us for lunch at Lonz's Tannery Club, 4317 Tannery Rd.

Bring your nickels for our card game!

Call 920-793-5596 to sign up

Joan is our Hostess

WE ARE ALWAYS LOOKING FOR PEOPLE TO  
HAVE FUN WITH US. IF INTERESTED,  
INQUIRE AT THE SENIOR CENTER

*Activities*



Hanging with my peeps



# MARK YOUR CALENDARS FOR THESE UPCOMING FUNDRAISERS

April 4th-7th **Cookie Sale**

April 19th-21st **Soup Sale**

May 5th **Cinco de Mayo to-go meal**

May 23rd-26th **Bake Sale**

June 22nd **Sundae Thursday**

June 24th **Pancake Breakfast**

*Details to follow!*



# IT'S ALL FUN AND GAMES...



**Come and  
join in the  
fun! To sign  
up ahead  
of time,  
give us a  
call at 920-  
793-5596**

## Activities

### **Mahjong**

Tuesdays  
@ 9:30

Join us in  
this Chinese  
tile memory  
game. Don't  
know how to  
play? We'll  
teach you!

In the Library

### **Bingo**

Tuesdays  
@ 1:00

Pull up a  
chair, bring a  
snack, and  
join us for a  
beguiling  
game of  
Bingo.

In the Koska

### **Dominoes**

Tuesdays  
@ 1:30

Join us and  
hop on the  
track with  
**Mexican  
train  
dominoes.**

In the Library

### **Bowling**

Wednesdays  
@ 9:15

Meet other  
seniors at  
The Hook  
(formerly  
Rudy's) and  
bowl for just  
\$7.

At the Hook

### **Cribbage**

Wednesdays  
@ 1:30

Double  
Double run  
on down for  
some fun  
and play  
this jaunty  
card game.

In the Library

### **Sheepshead**

Thursdays  
@ 1:00

Come play  
this card  
game  
derived from  
the Bavarian  
game  
"Schafkopf".

In the Library

### **Bingo Brunch**

Fridays  
@ 9:00

Join us for  
morning Bingo  
and breakfast  
treats  
sponsored by  
community  
partners.

In the Koska





### **April 3rd- Elvis-**

Enjoy this 2022 biographical drama that follows the life of the American rock and roll singer and actor Elvis Presley, told from the perspective of his manager, Colonel Tom Parker.  
PG-13. Run time 159 minutes.

### **April 10th- Something's Gotta Give-**

This romantic comedy stars Jack Nicholson and Diane Keaton as a successful 60-something and 50-somethings, who find love for each other later in life, despite being complete opposites.  
Rated PG-13 . Run time 133 minutes.

### **April 17th- 6 Minutes to Midnight-**

Join this all star cast for a classic wartime spy adventure, set in an English finishing school for German girls.  
Rated PG-13 . Run time 99 minutes.

### **April 24th- Cool Runnings-**

This 1993 Comedy sports film is loosely based on the true story of the Jamaica national bobsled team's debut in competition during the 1988 Winter Olympics.  
Rated PG . Run time 98 minutes.

**FREE for members. Non-members are welcome, just stop in for a \$3.00 guest pass.**

**Pre-register by calling 920-793-5596. Space is limited**

Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.



**Crafternoon: Stationery & DIY Envelopes****Saturday, April 1, 2023 - 1:00pm to 4:00pm**

April is National Letter Writing Month; make your own stationery to celebrate! Participants also receive interesting stamps to affix. Class fee is \$30.

If you have any questions, e-mail [info@woodtype.org](mailto:info@woodtype.org) or call (920) 794-6272.

**Hamilton Wood Type & Printing Museum****1816 10th St****Two Rivers, WI 54241****Heart-a-Rama 2023****Thursday, April 27-29 & May 4-6, 2023 - 7:30pm to****10:00 pm**

You'll have a blast at this nonprofit variety show that runs six nights! Heart-A-Rama is like SNL—with skits and local comedy. The 2023 Heart-A-Rama features classic skits from the past as well as new entertainment.

Doors open at 6:30; auction for best seat in the house starts at 7:10; performances begin at 7:30.

Learn more about Heart-a-Rama, Visit the Heart-a-Rama FB page, or visit [www.heartarama.org](http://www.heartarama.org)

**Rocheleau Gym, J.E. Hamilton Community House****1710 W Park St, Two Rivers, WI 54241****TWO  
RIVERS**  
WISCONSIN**UPCOMING CITY EVENT HIGHLIGHTS****Celebrate Arbor Day: Plant a Tree****Friday, April 28, 2023 - 5:00pm to 7:00pm**

Learn the fundamentals of planting and caring for trees. After helping plant a tree in Zander Park, gather 'round a campfire and make tasty s'mores. Sponsored by Two Rivers Parks & Recreation Department.

**Zander Park, 1406 Parkway Blvd****Two Rivers, WI 54241****Live Music: Branch River Band****Saturday, April 29, 2023 - 7:00pm to 11:00pm**

Hear this great band perform on the East Twin River! See the event on Facebook.

**Whisky D's 1215 26th St, Two Rivers, WI 54241**

**VISIT [exploretworivers.com/events/](http://exploretworivers.com/events/) for a complete list and description of events.**

**Or call 920-793-5523**



# RUMMAGE SALE

**Thursday, 5/18- 8:30am-3:30pm**

**Friday, 5/19- 8:30am- 12pm**

**In the Community House- Behringer room**

**Heads up, the  
date changed!**

Household goods, crafts, outdoor items, holiday crafts, home decor, books, and more!

You may bring new or gently used items to donate for the sale on Tuesday, 6/20 from 12-4pm.

**No clothes or electronics please.**

**Surprise "stuff-a-bag" and "everything-for-free" times throughout the sale!**



*Info*

## Do You Dig Trees?

The Senior Center is looking for volunteers to join in with TR kids and the Parks & Rec. department to plant trees at the newly renovated Central Park in June.

Call 920-793-5596 and let us know if you'd like to help make this project an inter-generational community project. Watch our newsletters for more details!



# HAPPY BIRTHDAY!

## APRIL 1

Dave DeVore  
Sonja DeVore

## APRIL 2

Donald DeWitt  
Judy Goodchild  
Ethel Petrashek  
Paul Reilly

## APRIL 3

Lucille DeWein  
Sandra Fonda  
Jean Haefner  
Elizabeth Roidt  
Wanda Swiggum

## APRIL 4

Elaine Meek  
Ruth Murphy

## APRIL 5

Patricia Glenn  
Janice Pagel  
Florence Schmidt

## APRIL 6

Dave Boehm  
Deborah Farr  
Suzanne Zipperer

## APRIL 8

Virginia Coffman  
Steve Ruzek  
Kenneth Walvoord

## APRIL 10

Helen Belonger  
Peggy Karman  
Nancy Schultz

## APRIL 11

Millie Steinbach  
Lois Struck

## APRIL 12

Don Bonfigt  
Elrene Korinek  
Maria Laurin  
Carol Rabitz  
Pat Schults-Reeths  
Debbie Wochos

## APRIL 13

Rosemary Bodart  
Corrine Duffek  
Debra Eirich  
Marilyn Miller  
Sue Zur

## APRIL 14

Alvis Bleick  
Roger Karman

## APRIL 15

Linda Pekarek  
Joan Schmid

## APRIL 16

Jackie Reed  
Cyndi Teuke  
Lois Thorndson

## APRIL 17

Geraldine Belz  
Ronald Desten  
John Kreeger

## APRIL 18

Lou Ann Gray  
Mary Ann Kirchman  
Elizabeth Malach

## APRIL 9

Renee Anderson  
Donna Coenon  
Patricia Khail  
Richard Laurent  
Amy LeGreve  
Robert Nicholson

## APRIL 20

Marlene Guehlstorf  
Audrey Shambeau  
Constance Willems

## APRIL 21

Ronald Ciha

## APRIL 22

Russell Goedjen  
Jean Huempfer  
Richard Kornely  
Roger Wolf

## APRIL 23

Nancy Denfeld

## APRIL 24

Joan Eis  
Carol Swoboda  
Joyce Wilfert  
Kathryn Zeman

## APRIL 25

Jan Lane

## APRIL 26

Joan Brault  
Judith Delfosse

## APRIL 27

Dorothy Nichols

## APRIL 28

Allen LeClair  
Ruth Koudelka  
Lenore McDonough  
Sharon Wojta

## APRIL 30

Jackquelynn Collins  
Carol Kortenhorn  
Jerry Schubring

*Birthdays*



# Anniversaries

## April 2

Ronald & Donna  
Kryzenske

## April 4

Lee & Rosemary  
Heideman

## April 8

Romy & Jennie  
Petri

## April 14

James & Ruth  
Wichlacz

## April 17

Alan & Diane  
Leidig

## April 18

Joel & Ann  
O'Connell

## April 19

John & Janet  
Wilsmann

## April 23

Bruce & Jo  
Yungerman

## April 25

Ronald & Sharon  
Desten  
Thomas & Yvonne  
Sheley

## April 26

Robert & Joan  
Brault

## April 27

Norman Shanks &  
Debra Frenn

## April 28

Louis & Patricia  
Pivonka

## April 29

Franklin & Kathryn  
Zeman

## April 30

Melvin & Diane  
Danay

William & Joan  
Theodorou





## TWO RIVERS SENIOR CENTER BUS TRIP POLICIES

Find information on sign-ups, insurance, possible fuel surcharges, medical accommodations, partner match-ups, trip change policies, and more by visiting the Senior Center, or by calling 920-793-5596

### 2023 Trips

**GRUMPY OLD MEN  
@ THE FIRESIDE**

Thursday, April 13th

**BREWER'S GAME**

Wednesday, May 10th

**LEGENDS IN CONCERT  
@ THE FIRESIDE**

Thursday, June 29th

**BREWER'S GAME**

Thursday, July 6th

**ISLAND RESORT CASINO**

August 20th-21st

**CHICAGO**

September 19-21st

Sign-up  
Window  
Closed!

SOLD OUT!

**COLORFUL COSTA RICA**

October 18-27th

**ITALY'S AMALFI COAST**

November 7-15th

**ICELAND'S MAGICAL LIGHTS #1**

November 13-19th

**ICELAND'S MAGICAL LIGHTS #2**

November 27- December 3rd

**CHRISTMAS MARKETS OF  
MONTREAL & QUEBEC CITY**

Nov. 30th Dec. 4th

**EUROPEAN CHRISTMAS  
MARKETS**

FEATURING PRAGUE, BUDAPEST, VIENNA

Dec. 10th Dec. 18th

**CHRISTMAS STARS**

December 8th

**WALK THOSE FINGERS THROUGH THE TRAVEL SECTION  
OF YOUR NEWSLETTER FOR TRIP DETAILS!**

*\* Call for availability. Sign up today! 920-793-5596*



Register by calling 920-793-5596



**PREMIER**  
WORLD DISCOVERY

## *Travel Show*

**April 6th @ 10:30am**



Come and talk with our  
Premier travel representative about the following trips-  
**Costa Rica, Italy, Christmas Markets of Montreal and Quebec City**



*Travel*

# BREWER'S GAMES!



Brewers VS Dodgers  
MAY 10TH @ 10 AM **\$82**

Brewers VS Cubs  
JULY 6TH @ 10AM **\$100**

Join us to watch our team hit one out of  
the park! Bus ride and ticket included.

Lunch is on your own, so either enjoy some  
ballpark favorites, or bring a bag lunch.

No cash at the ballpark.

\*The times listed above are departure  
times.





Thursday, June 29th

Costs include a bus ride to  
Fort Atkinson's famous  
Fireside theater for lunch  
and a show with tributes  
to:

Freddie Mercury-Adele-  
Rod Stewart-Elton John-  
Dusty Springfield

**COST- \$155**



*Travel*

## **Island Resort** **Casino**

**August 20-21st**

**\$156 single/ \$108 Double Occupancy**

**Hop on this bus trip to the Island Resort and  
Casino in Harris, MI. Enjoy poker, bingo, and  
more. Meals on your own at one of three on  
site eateries. Sign up by July 15th!**

**Call 920-793-5596 for more info  
or to sign up!**





*Travel*

## Chicago Weekday Getaway

This Diamond Tours trip Includes two night's lodging, 2 breakfasts, 2 dinners, and visits to The Museum of Science and Industry, Chicago 360, A Skyline Cruise, Navy Pier, The Field Museum, and a night of dinner with entertainment.

**September 19th- 21st**

**3 Days, 2 Nights- \$450**  
(per person as double occupancy)

Find more information at the Senior Center front desk, or by calling 920-793-5596

## Discover Canyon Country

featuring Arizona & Utah. September 06 — September 13, 2023.

Double- \$3,249pp Single- \$4,049pp

Save \$50 per person by signing up before 3/6/23



**SOLD  
OUT!**



## Colorful Costa Rica

October 18th — October 26th, 2023

9 Days • 14 Meals

DOUBLE- \$3,499 PP - SINGLE- \$4,199 PP

Find more information at the Senior Center front desk, or by calling 920-793-5596



## Italy's Amalfi Coast

November 7th — November 14th, 2023. 8 Days • 10 Meals

DOUBLE- \$3,749PP - SINGLE- \$4,274PP

Find more information at the Senior Center front desk, or by calling 920-793-5596





# ICELAND'S MAGICAL NORTHERN LIGHTS

November 27 — December 3, 2023. 7 Days • 11 Meals

Double- \$3,049 pp Single- \$3,545 pp



ICELAND TRIP #1 IS  
SOLD OUT!  
THIS IS ICELAND  
TRIP #2!  
SIGN UP TODAY!

Get more info at the Senior Center, or by calling 920-793-5596

## Christmas Markets of Montreal & Quebec City

November 30th — December 4th, 2023

5 Days • 6 Meals

DOUBLE- \$2,949PP - SINGLE- \$3,2549PP

Find more information at the Senior Center front desk, or by calling 920-793-5596



## Travel

Visit the Christmas markets of Prague, Vienna, Dresden, and Budapest.

Visit a castle, a candy workshop, and a palace. Take a train ride, and dine with locals.

## European Christmas Markets

Prague

Vienna

Budapest

Dec. 10th — Dec. 18th, 2023

9 Days • 11 Meals

DOUBLE- \$2,999 PP - SINGLE- \$3,499 PP

\*rates are before 6/11/23. Call for rates after 6/11/23.

The Xavier Performing Arts Center Presents:

# CHRISTMAS STARS

Join us for a holiday favorite! The cost will include bus ride, dinner, and the show. Seating is limited! More information coming soon!

WATCH  
FOR  
DETAILS!!



# Spring Cookie Sale

April 4th - 7th

Pre-order only! Stop in or call us at the Two Rivers Senior Center and buy some spring themed sugar cookies! Order by 4/27

1/2 Dozen- \$3      Dozen- \$5



*Info*

## SOUP SALE

April 19th - 21st

### SPLIT PEA SOUP

Stop in at the Two Rivers Senior Center and pick up your soup!

Pints- \$5

Quarts- \$8



**CINCO DE MAYO MEAL \$10**

**ENCHILADA BAKE 🌸 SPANISH RICE 🌸 MARGARITA BARS**

Pre-order by April 28th to pick up your take-and-heat Cinco De Mayo Meal. Pick up May 5th from 8 am-4pm at the Senior Center front desk.

Full page ad



# THANK YOU!

## WE APPRECIATE YOU!

### GENERAL DONATIONS

*Sharon & Karen, Virginia Coffman, Barb Schweitzer, Judy Goodchild, Jeanette Thomas, Glen Kruse, and all those who donated anonymously!*

### SUPPORTING BUSINESSES AND ORGANIZATIONS

*Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadowview Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars. Two Rivers), Village Green East & West*

### MARCH HOME DELIVERED MEAL VOLUNTEERS

*Grace Church, Two Rivers High School, Rotary Club, Kiwanis Club, Good Shepard Lutheran Church, and all the individuals who drive for us!*

**PLEASE PATRONIZE OUR ADVERTIZERS. THEY  
HELP US GROW!**





**JOIN**

**US!**

## **TWO RIVERS SENIOR CENTER MEMBERSHIP**

**\$15 per person-annually  
\$225 per person-lifetime**

**CASH OR CHECK PAYMENTS ONLY**

Open to anyone 50+ years of age. We offer wonderful opportunities to stay engaged, socialize, maintain wellness, have fun, and so much more!

*Info*



## **ADRC LUNCH PROGRAM**

**MONDAY- FRIDAY @ 11:30 AM**

**Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.**

**Suggested donation of \$6.50 for those over 60**



# April 2023

## Two Rivers/Mishicot Area Dine In and Home Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	31
3 Beef Vegetable Soup Egg Salad on WW Mandarin Oranges Rice Krispie Bar	4 Meatballs & Gravy Mashed Potatoes Broccoli WW Bread Strawberries Angel Food Cake	5 Turkey Noodle Casserole Winter Squash 3 Bean Salad Chocolate Chip Cookie	6 Beef Stroganoff Mashed Potatoes & Gravy Corn WW Dinner Roll Lemon Bar	7 Closed - Good Friday
10 Egg, Ham, & Cheese Scramble Diced Sweet Potatoes Tropical Fruit Mini Muffin Yogurt	11 Brat on WW Bun Caesar Potatoes Baked Beans Golden Salad	12 Baked Chicken Mashed Potatoes & Gravy Carrots WW Dinner Roll M&M Bar	13 Scalloped Potatoes & Ham Romaine Salad Country Blend Veggies Rye Bread Banana	14 Stuffed Pepper Casserole Pears Dinner Roll Poke Cake
17 Chicken Vegetable Pasta Apricots Garlic Bread Black Bean Brownie	18 Sloppy Joe on WW Bun German Potato Salad Cucumber Salad Fresh Fruit	19 Chef Salad Turkey Bean Soup French Bread Banana Bar	20 Tator Tot Casserole Wax Beans Mandarin Oranges WW Bread Frosted Cake	21 Fish Sandwich on WW Bun Boiled Red Potatoes Carrots Fruited Lemon Fluff
24 Meatloaf Whipped Sweet Potatoes Broccoli WW Bread Fresh Orange	25 Philly Style Mac & Cheese w/Chicken Mixed Veggies Peaches WW Bread Tapioca Pudding	26 BBQ Shredded Pork on WW Bun Cheesy Potatoes Baked Beans Raspberry Bar	27 Baked Chicken Mashed Potatoes & Gravy Carrots WW Bread Lemon Pie	28 Pork w/Fried Rice Stir Fry Veggies Baby Corn Pears Fortune Cookie
1	2			



No Meal deliveries on April 7th