March

THU **FRI** TUE WED MON 8:30 Quilting 9:00 BINGO Brunch 11:30 Lunch **Special Dates** March 4th- Committee on Aging meeting at 8:30am March 15th- Soup Sale pre-order deadline. Pick up 21-22nd March 14th- Premier Travel Show @ 1pm March 22nd- Birthday Party 1:30- 2:30 pm March 29th- NO Home Delivered Meals 8:30 Footcare Appts 5 8:30 Committee on 8:00 ADRC benefit 8:30 Quilting **8:30** Footcare Appts Aging meeting **9:15** Simply Seniors specialist 9:00 BINGO Brunch 9:00 Yoga 9:00 Yoga 9:30 Mahjong 9:00 Cardio Drumming 11:30 Lunch **9:15** Bowling at the Hook 10:00 Fitness Fun 10:30 Arthritis Exercise 9:15 Simply Seniors 10:00 Card Creators 11:30 Lunch 11:30 Lunch **11:30** Lunch 11:30 Lunch **12:00** Footcare Appts 1:00 BINGO 1:00 Sheepshead 1:30 Cribbage 1:00 Movie: Barbie 1:00 Dominoes 2:00 EnerChi Movie 1:00 Let's Get Moving 15 14 13 11 8:30 Footcare Appts 9:00 Cardio Drumming 9:00 Yoga 8:30 Footcare Appts 8:30 Quilting 9:15 Simply Seniors 9:00 Yoga Make-up class 10:00 Fitness Fun 9:00 BINGO Brunch **9:00** Yoga 9:30 Mahjong 9:15 Simply Seniors **11:30** Lunch **10:30** Arthritis Exercise **9:15** Bowling at the Hook 11:30 Lunch 11:30 Lunch 10:30 Blood Pressure **12:00** Footcare Appts 10:00 Card Creators 1:00 Sheepshead Screening 1:00 Movie: Fried Green 11:30 Lunch 11:30 Lunch **Tomatoes** 1:30 Cribbage 1:00 BINGO 12:00- Friends of the **Creation Station** 2:00 EnerChi 1:00 Dominoes TRSC Board Meeting reservation deadline **1:00** Let's Get Moving 21 18 19 **8:30** Footcare Appts **8:30** Footcare Appts 9:00 Cardio Drumming 9:00 NO YOGA 8:30 Quilting 9:00 NO YOGA 9:15 Simply Seniors 9:15 Simply Seniors 9:00 BINGO Brunch 10:00 Fitness Fun 11:00 Red Hattitudes 9:15 Bowling at the Hook 9:30 Mahjong 11:30 Lunch 11:30 Lunch 11:30 Lunch 10:00 Card Creators 10:30 Arthritis Exercise **12:00** Footcare Appts 1:00 Sheepshead 11:30 Lunch 11:30 Lunch **1:00** Movie: The League 1:30-2:30pm-1:30 Cribbage 1:00 BINGO of Extraordinary Birthday Party! 2:00 NO EnerChi 1:00 Dominoes Gentleman Creation Station pick up 1:00 Let's Get Moving 8:30 Footcare Appts 25 28 8:30 Footcare Appts 9:00 NO YOGA 8:30 Quilting 9:00 Cardio Drumming 9:00 NO YOGA 9:15 Simply Seniors 9:00 Yoga Make-up 10:00 Fitness Fun 9:15 Simply Seniors **9:15** Bowling at the Hook 9:30 Mahjong 11:30 Lunch class 11:30 Lunch 10:30 Arthritis Exercise 10:00 Card Creators 12:00 Footcare Appts 9:00 BINGO Brunch 1:00 Sheepshead 11:30 Lunch 11:30 Lunch 1:00 Movie: Quigly 11:30 NO LUNCH 1:00 BINGO 1:30 Cribbage Down Under 2:00 EnerChi Make-up 1:00 Dominoes 2:00 NO EnerChi class 1:00 Let's Get Moving