

# March

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TUE

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FRI

## Special Dates

**March 4th-** Committee on Aging meeting at 8:30am

**March 15th-** Soup Sale pre-order deadline. Pick up 21-22nd

March 14th- Premier Travel Show @ 1pm

**March 22nd-** Birthday Party 1:30- 2:30 pm

March 29th- NO Home Delivered Meals

1

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch

4

8:30 Committee on Aging meeting  
9:00 Yoga  
10:00 Fitness Fun  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: Barbie Movie

5

8:30 Footcare Appts  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes  
1:00 Let's Get Moving

6

8:30 Footcare Appts  
9:00 Yoga  
9:15 Bowling at the Hook  
10:00 Card Creators  
11:30 Lunch  
1:30 Cribbage  
2:00 EnerChi

7

8:00 ADRC benefit specialist  
9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Lunch  
1:00 Sheepshead

8

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch

11

9:00 Yoga  
10:00 Fitness Fun  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: Fried Green Tomatoes

12

8:30 Footcare Appts  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
10:30 Blood Pressure Screening  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes  
1:00 Let's Get Moving

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8:30 Footcare Appts  
9:00 Yoga  
9:15 Bowling at the Hook  
10:00 Card Creators  
11:30 Lunch  
1:30 Cribbage  
2:00 EnerChi

14

9:00 Cardio Drumming  
9:00 Yoga Make-up class  
9:15 Simply Seniors  
11:30 Lunch  
1:00 Sheepshead

12:00- Friends of the TRSC Board Meeting

15

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch

Creation Station reservation deadline

18

9:00 NO YOGA  
10:00 Fitness Fun  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: The League of Extraordinary Gentleman

19

8:30 Footcare Appts  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes  
1:00 Let's Get Moving

20

8:30 Footcare Appts  
9:00 NO YOGA  
9:15 Bowling at the Hook  
10:00 Card Creators  
11:30 Lunch  
1:30 Cribbage  
2:00 NO EnerChi

21

9:00 Cardio Drumming  
9:15 Simply Seniors  
11:00 Red Hattitudes  
11:30 Lunch  
1:00 Sheepshead

22

8:30 Quilting  
9:00 BINGO Brunch  
11:30 Lunch

1:30-2:30pm- Birthday Party!

Creation Station pick up

25

9:00 NO YOGA  
10:00 Fitness Fun  
11:30 Lunch  
12:00 Footcare Appts  
1:00 Movie: Quigly Down Under

26

8:30 Footcare Appts  
9:15 Simply Seniors  
9:30 Mahjong  
10:30 Arthritis Exercise  
11:30 Lunch  
1:00 BINGO  
1:00 Dominoes  
1:00 Let's Get Moving

27

8:30 Footcare Appts  
9:00 NO YOGA  
9:15 Bowling at the Hook  
10:00 Card Creators  
11:30 Lunch  
1:30 Cribbage  
2:00 NO EnerChi

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9:00 Cardio Drumming  
9:15 Simply Seniors  
11:30 Lunch  
1:00 Sheepshead

29

8:30 Quilting  
9:00 Yoga Make-up class  
9:00 BINGO Brunch  
11:30 NO LUNCH  
2:00 EnerChi Make-up class

Call 920-793-5596 to sign up for classes and activities today!