## February

**TUE** MON WED FRI 8:30 ADRC Benefit 8:30 Quilting Specialist 9:00 BINGO Brunch 9:00 Cardio Drumming 11:30 Lunch **Special Dates** 9:15 Simply Seniors 11:30 Lunch February 5th- Committee on Aging meeting at 8:30am February 12th- AARP tax-aide begins 1:00 Sheepshead February 16th- Birthday Party 1:30-2:30 pm February 29th- Collette Travel Show 8:30 Committee on 5 8:30 Footcare Appts 6 Aging meeting 8:30 Footcare Appts 8:30 Quilting 9:00 Cardio Drumming 9:15 Simply Seniors 9:00 Fitness Fun 9:00 BINGO Brunch 9:00 Yoga 9:15 Simply Seniors 9:30 Mahjong 9:00 Yoga 9:15 Bowling at the Hook 11:30 Lunch 11:30 Lunch 10:30 Arthritis Exercise 11:30 Lunch 10:00 Card Creators 1:00 Sheepshead 11:30 Lunch **12:00** Footcare Appts 11:30 Lunch 1:00 BINGO 12:00- Friends of the 1:00 Movie: When 1:30 Cribbage 1:00 Dominoes TRSC Board **Creation Station** Harry Met Sally 2:00 EnerChi 1:00 Let's Get Moving Meeting reservation deadline 16 15 12 14 8:30 Footcare Appts 8:30 Footcare Appts 9:00 Cardio Drumming 8:30 Quilting 9:00 Fitness Fun 9:15 Simply Seniors 9:15 Simply Seniors 9:00 Yoga 9:00 Yoga 9:00 BINGO Brunch 9:30 Mahjong 11:00 Red Hattitudes 10:30 Arthritis Exercise 11:30 Lunch **9:15** Bowling at the Hook 11:30 Lunch 11:30 Lunch 10:30 Blood Pressure 12:00 Footcare Appts 10:00 Card Creators 1:00 Sheepshead Screening 11:30 Lunch 1:00 Movie: The 11:30 Lunch 1:30-2:30pm-Sandlot 1:30 Cribbage 1:00 BINGO Birthday Party! 2:00 EnerChi 1:00 Dominoes Creation Station pick up 1:00 Let's Get Moving 23 19 20 8:30 Footcare Appts 8:30 Footcare Appts 9:00 Cardio Drumming 9:00 Fitness Fun 8:30 Quilting 9:00 Yoga 9:15 Simply Seniors 9:15 Simply Seniors 9:00 Yoga 9:00 BINGO Brunch 11:30 Lunch **9:15** Bowling at the Hook 9:30 Mahjong 11:30 Lunch 11:30 Lunch 1:00 Sheepshead 10:00 Card Creators 10:30 Arthritis Exercise 12:00 Footcare Appts 11:30 Lunch 11:30 Lunch 1:00 Movie: The 1:30 Cribbage 1:00 BINGO **Shadow Riders** 2:00 EnerChi 1:00 Dominoes 1:00 Let's Get Moving 8:30 Footcare Appts 28 8:30 Footcare Appts

9:15 8: 26 9:00 Cardio Drumming 9:00 Fitness Fun 9:00 Yoga 9:15 Simply Seniors 9:00 Collette Travel show 9:00 Yoga 9:15 Bowling at the Hook 9:30 Mahjong 9:15 Simply Seniors 11:30 Lunch 10:30 Arthritis Exercise 11:30 Lunch 10:00 Card Creators 12:00 Footcare Appts 1:00 Sheepshead 11:30 Lunch 11:30 Lunch 1:00 Movie: Gigi 1:00 BINGO 1:30 Cribbage 1:00 Dominoes 2:00 EnerChi 1:00 Let's Get Moving