

February

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Special Dates

February 5th- Committee on Aging meeting at 8:30am

February 12th- AARP tax-aide begins

February 16th- Birthday Party 1:30- 2:30 pm

February 29th- Collette Travel Show

1

8:30 ADRC Benefit Specialist
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

2

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

5

8:30 Committee on Aging meeting
9:00 Fitness Fun
9:00 Yoga
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: When Harry Met Sally

6

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Let's Get Moving

7

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling at the Hook
10:00 Card Creators
11:30 Lunch
1:30 Cribbage
2:00 EnerChi

8

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

12:00- Friends of the TRSC Board Meeting

9

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

Creation Station reservation deadline

12

9:00 Fitness Fun
9:00 Yoga
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: The Sandlot

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8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
10:30 Blood Pressure Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Let's Get Moving

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8:30 Footcare Appts
9:00 Yoga
9:15 Bowling at the Hook
10:00 Card Creators
11:30 Lunch
1:30 Cribbage
2:00 EnerChi

15

9:00 Cardio Drumming
9:15 Simply Seniors
11:00 Red Hattitudes
11:30 Lunch
1:00 Sheepshead

16

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

1:30-2:30pm- Birthday Party!
Creation Station pick up

19

9:00 Fitness Fun
9:00 Yoga
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: The Shadow Riders

20

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Let's Get Moving

21

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling at the Hook
10:00 Card Creators
11:30 Lunch
1:30 Cribbage
2:00 EnerChi

22

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

23

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

26

9:00 Fitness Fun
9:00 Yoga
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Gigi

27

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
1:00 Let's Get Moving

28

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling at the Hook
10:00 Card Creators
11:30 Lunch
1:30 Cribbage
2:00 EnerChi

29

9:00 Cardio Drumming
9:00 Collette Travel show
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

Call 920-793-5596 to sign up for classes and activities today!