

December 2022

Two Rivers/Mishicot Area Dine In and Home Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
*Contains nuts. Please note, our kitchen is NOT a nut- free facility.			<u>National Apple Pie Day</u> Meatloaf Potato Casserole Steamed Carrots WW Dinner Roll Apple Pie	Vegetable Bean Soup Ham Salad on Rye Cucumber Salad Pears Bread Pudding
5	6	7	8	9
Seasoned Chicken Breast Wax Beans Roasted Sweet Potatoes WW Dinner Roll Butterscotch Pudding	Beef Tips Mashed Potatoes & Gravy Peas Rye Bread Raspberry Bar	Chili Chicken Salad on WW Broccoli Cauliflower Salad Warm Applesauce Lemon Pie	Shepard's Pie Carrot Raisin Salad Brussel Sprouts White Bread Brownie	Lasagna Broccoli Peaches French Bread Poke Cake
12	13	14	15	16
Chicken Stir Fry Brown/White Rice Carrots Pineapple PB Cookie*	French Bread Pizza Romaine Salad Country Blend Veggies Banana	Brat on WW Bun Caesar Potatoes Baked Beans Golden Salad	Swedish Loaf Mashed Potatoes & Gravy Winter Blend Veggies Rye Bread Marble Cupcake	Salmon Whipped Sweet Potatoes Coleslaw WW Bread Black Forest Cake
19 1st Day of Winter	20	21	22	23
Ham & Bean Soup Egg Salad on WW Mandarin Oranges Berry Torte	Chicken Pizza Bake Romaine Salad Grape Tomatoes Potato Bucks WW Bread Cherry Cake	Turkey Noodle Casserole Winter Squash Grapes Rye Bread Chocolate Chip Cookie	<u>Christmas Meal</u> Ham Mashed Potatoes Green Beans Dinner Roll Christmas Cake	Closed for the Christmas Holiday
26	27	28	29	30
Closed for the Christmas Holiday	Closed for the Christmas Holiday	BBQ Shredded Pork on WW Bun Cheesy Potatoes Baked Beans Banana	Meatballs & Gravy Mashed Potatoes Green Beans Strawberries WW Bread Angel Food Cake	Pork w/Fried Rice Stir Fry Veggies Baby Corn Pears Fortune Cookie
31	1	Notes		
IMMUNE BOOSTING FOODS OF THE MONTH 	Starchy Beans: Loaded with fiber, protein, and many other vitamins and minerals which benefit overall health.	Brown Rice: A whole grain that is full of fiber and is a good source of magnesium.		